



University of California

August 2020

Agriculture and Natural Resources | 4-H Youth Development Program

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IMPORTANT DATES:

<i>Sep 1</i>	<i>Year End Financial Reporting Due</i>
<i>Sep 1</i>	<i>Secretary & Treasurer Book Due</i>
<i>Sep 1</i>	<i>Completed Club Planning Guide</i>
<i>Sep 1</i>	<i>Outreach Methods</i>
<i>Nov 30</i>	<i>Fair Exhibitor & Adult Volunteer Enrollments Due</i>
<i>Dec 1</i>	<i>Current Club Documents Due</i>
<i>Dec 15</i>	<i>Enrollment Invoices mailed to Community Leaders</i>
<i>Jan 1</i>	<i>Volunteer Enrollment Requirements Due</i>



UC ANR MEETINGS, EVENTS, AND ACTIVITIES FOR EMPLOYEES, VOLUNTEERS, AND PARTICIPANTS

To reduce potential exposure to COVID-19, the five basic protocols that are required to follow:

1. Do not come to work or participate in any in-person ANR activities if sick (frequent cough, fever, difficulty breathing, chills, muscle pain, headache, sore throat, recent loss of taste or smell) or if you or someone you have been in contact with has been diagnosed with COVID-19.
2. Maintain six feet of distance between people at all times.
3. Wear face coverings (cloth or paper masks, cloth bandanas, etc.) when six feet of separation between people cannot be maintained.
4. No group meetings/gatherings/events with more than 10 persons.
5. Maintain sanitary practices – wash hands often and/or use hand sanitizer, frequently clean, and disinfect high-touch surfaces, and avoid shared materials, handouts, equipment, tools, etc.

ENROLLMENT INFO

Electronic Enrollment

Please note that each family should be enrolling themselves electronically, through the 4-H Online Enrollment System. This must be done through the family's own profile; not through an enrollment coordinator's profile. The electronic enrollment process minimizes the amount of paperwork that must be completed and collected, while easing the burden placed upon our Community Club Leaders. If reliable internet access presents a significant issue, please seek access at a local school, library, or the 4-H Office. Instructions on how to enroll are available on the county website for both new and returning members. If you are experiencing any difficulties with the enrollment process, please contact your club leader or the 4-H Office 530-224-4900.

http://ceshasta.ucanr.edu/4-H_Program/Shasta_County_4-H_Information/

Shasta County Fees: Youth \$78.00 | Adult \$44.00

Do you like animals? There are plenty of animal projects you can join.

Do you have a dog? Join the dog project and learn how to effectively train and care for your dog.

Do you like to see things grow? Try the garden project.



COUNTYWIDE - NEWS & EVENTS

DON'T FORGET TO COMPLETE FUNDRAISER FORMS

Fundraising

Fundraiser Forms must be completed and turned in at the UCCE Office for approval at least 2 weeks prior to your event to ensure we are following state policy and are able to receive approval from our County Director. Please be sure all sections are completed properly and all signatures are obtained. The fundraiser approval forms are available at: http://ceshasta.ucanr.edu/4-H_Program/4-H_Forms/.

Just that all clubs involved in food service and preparation activities must have at least one volunteer on hand who has completed Food Safety Training. The university's "Make It Safe, Keep It Safe" Food Safety Education has been made available in an online format for your convenience. The training can be accessed at: <http://ucanr.edu/sites/MISKIS/Intro/>



4-H Pledge

I pledge...

My **Head** to clearer thinking

My **Heart** to greater loyalty,

My **Hands** to larger service,

And my **Health** to better living

For my club,
my community,
my country, and
my world!

COUNTY WIDE PROJECT

The 4-H program is in search of a Pack Goat Project Leader for the 2020 - 2021 Program Year. If you are interested please contact the 4-H Office at 224-4900 or email sddoll@ucanr.edu or ecparadis@ucanr.edu



BECOME A 4-H VOLUNTEER

As a 4-H volunteer, you are helping our youth "learn-by-doing"

To meet the requirements of USDA, University of California, and the 4-H Youth development Program, volunteers are required to participate in yearly trainings related to positive youth development, cultural competency, and 4-H policy. These trainings can be completed online.

New volunteer link: <https://campus.extension.org/course/view.php?id=1867>

Returning volunteer link: <https://campus.extension.org/course/view.php?id=1868>

Ways to volunteer...

Become a community leader

Teach a skill as a project leader

Serve on committees

Help with events

For more information please visit: http://ceshasta.ucanr.edu/4-H_Program/Volunteering/ or contact Erin Paradis at the 4-H office 224-4900

Visit <http://4h.ucanr.edu/files/14270.pdf> to see a complete list of California 4-H projects.

Additional training that can be beneficial as 4-H volunteer:

[Helping Youth Discover their Spark](#)

[Understanding the G.P.S. Goal management System](#)

COUNTYWIDE - NEWS & EVENTS



Primary Jams & Jellies – Benita Moore, Project Leader for County-wide Home Food Preservation, is offering a one-day Jams & Jellies session for any club in the county with a Primary Project. Primary members will choose from 6 recipes to make four 8-oz jars of jam or jelly that they can enter in the 4-H Field Days. All equipment is provided. Contact Benita, 262-3338, for more information.



A big shout-out to the New Save Mart store. They donated \$1000.00 and the garden boxes that you see outside the store. We are working on a new garden project this year with the Save Mart store. We will be planting and maintaining the flowers in the winter and produce in the summer. If you are interested in learning more, please contact Erin Paradis at the 4-H office.



Farm Camp

COUNTYWIDE



Square Foot Gardening Project – Twin Palms 4-H Leader (and UCCE Master Gardener) Benita Moore will be offering a County-wide Square Foot Gardening project. Meetings will be held on the 3rd Sunday of the month in Redding, 1-3 pm, starting September 20th. We will be learning all about gardening in field and greenhouse, above and below ground and helping our own plants to grow in a get-your-hands-dirty sort of way. There will be lots of fun activities, and you will grow vegetables to enter in the Fair and donate to local Food Banks. Contact Benita, 262-3338 or the Shasta County 4-H office, 224-4900, for more information. All youth including Primaries are welcome.



Home Food Preservation Project – Twin Palms 4-H Leader Benita Moore will be offering a County-wide Home Food Preservation project. Meetings will be held on the 4th Sunday of the month, 1-4 pm, in Redding starting September 27th. We will be learning all about preserving in water bath/steam and pressure canners, dehydrating, pickling, cheese making, and jams & jellies. There will be lots of fun activities, and you will preserve foods to enter in the Fair. Contact Benita, 262-3338, or the Shasta County 4-H office, 224-4900, for more information. All youth 4th thru 12th grades are welcome. Enrollment limited to 6 youths.



Climbing Your Family Tree – Twin Palms 4-H Leader (and longtime family genealogist) Benita Moore will be offering a County-wide Climbing Your Family Tree project. This project will cover the basics of online research, tree building, and DNA testing. Meetings TBA on Sundays. Contact Benita, 262-3338, or the Shasta County 4-H office, 224-4900, for more information. All youths welcome. Enrollment limited to 6 youths.



Farm Camp



Farm Camp



Farm Camp



Farm Camp



Farm Camp



my 4-H

Visit www.my4-h.org
 Leaders, looking for resources to enhance your project? Enroll at this website and review the resources available to you.



4-H UNIFORM SUPPLIES

If your club or family members need to order hats, scarves, or ties, please go online and order these directly from 'Leslie Carman' at www.4hsupplies.com

LEADER RESOURCES

UPCOMING ADMINISTRATIVE DEADLINES

September 1st

DUE

- Year-End Financial Reporting due (2019/2020 Program)
 - Reporting Checklist
 - Annual Inventory Report
 - Annual Financial Report
- Secretary & Treasurer Book (2019/2020 Program)
- Completed Club Planning Guide (2019/2020 Program)
- Outreach Methods (2019/2020 Program)

DON'T MISS THE DEADLINE!

MEMBER SPOTLIGHT



The member spotlight will be returning September 2020! If you have a member you want featured please submit their name, club, how many years they have been apart of 4-H, 4-H experience, 3 fun facts and short term goal(s). Send your email to sddoll@ucanr.edu or ecparadis@ucanr.edu.

4-H CLUB UPDATES 2020 - 2021

If you have not done so already please update your club info.

Club leaders please update your clubs information for the upcoming program year.

Please use the link provided.

<http://ucanr.edu/survey/survey.cfm?surveynumber=30362>



If you have an article for the Tips n' Topics please have the article submitted by the 20th of every month to Denice at sddoll@ucanr.edu.



SHASTA COUNTY 4-H EVENTS

We'd like your input about Shasta County events.

<http://ucanr.edu/survey/survey.cfm?surveynumber=30032>

4-H WHITES... A 2ND TIME AROUND

Charlie Little is still handing out whites for fair. She now has ties, scarves, hats and Record Book covers for sale.

Contact Charlie at 530-547-4195



MONTHLY COUNCIL & COMMITTEE MEETINGS

All council agendas and minutes are available online at: http://ceshasta.ucanr.edu/4-H_Program/
 Please contact the office if you have items you would like included on the agenda.

Valley 4-H Council Meeting
 Wednesday, TBD



Inter-Mountain 4-H Council Meeting
 Wednesday, TBD

Did you know that in order to be a club in good standing a representative from each club is required to be at each meeting? Did you know that **EVERYONE is welcome at these meetings and are encouraged to attend, including youth members?**

The Shasta County Council meetings are where the county events are planned, finances are gone over, information from the state and local level is shared, and everyone is kept up to date.

Shasta County Budget Planning - TBD
 Valley Event Calendar Planning - TBD



VALLEY COUNCIL MEETING ATTENDANCE 2020 - 21

IM COUNCIL MEETING ATTENDANCE 2020 - 21

	AUG	SEP	OCT	JAN	APR
BLACK BUTTE					
COTTONWOOD					
COW CREEK					
FOOTHILL					
GOLDEN ACRES					
HAPPY VALLEY					
LONE TREE					
OAK RUN					
PALO CEDRO					
SWEDE CREEK					
TWIN PALMS					
WEST VALLEY					
WESTSIDE					
WHITMORE					

	JAN	APR	JUL	OCT
BURNEY				
CLOVERLEAF				
EVERGREEN				
HAT CREEK				
PINE GROVE				



REGIONAL, STATE & NATIONAL NEWS

INCENTIVES AND RECOGNITIONS: NOW AVAILABLE

[2020 Higher Education Scholarships](#) Accepting applications Due August 9, 2020

[2019-2020 Golden Clover Nominations](#) DUE AUGUST 9, 2020

[Diamond Clover Application](#) now completed online

Applications are available year round and open for youth members who are at least 17 and adult volunteers not older than 25 years old.

[Record Book Forms](#) now available in Google Docs format

2020 - 2021 Manuals and Forms will be available August 1, 2020



RECORD BOOKS DURING SOCIAL ISOLATION

How do I record and earn Star Rank credits in a virtual world?
What options are there for holding Record Book evaluations for our club and county?

For answers to these two questions and more, take a look at new resources on the state website at http://4h.ucanr.edu/Resources/Member_Resources/RecordBook/



Includes:

1. Video and document with tips on meeting 4-H club and project requirements with virtual learning, and how to record them.
2. Video and slide deck that helps you decide how best to host both Club and County Record Book Evaluations/Competitions
3. Considerations such as unknowns, inequitable access to tools, and reducing stress on families
4. Star Rank Achievements
5. Evaluation/Competition Recommendations—guidance regardless of how you decide to complete evaluations
6. Options for collecting signatures
7. Options for submitting books: email, scanned, drop-off
8. Options to evaluate virtual independently, virtual small group, in-person after Safe at Home lifted
9. Supports provided by Statewide Incentives & Recognition Advisory Committee



DIGITAL CITIZENSHIP: WHAT IS IT?

Digital Citizenship is a concept that guides our responsible use of the Internet and related digital technologies. Here's how you can be a good digital citizen.



Be respectful of others and their beliefs while online. Treat people with the same courtesy that you would show them in person.



Think before you post. Online activities leave digital footprints that leave lasting impressions.



Check the facts. Think about the source. Is it reliable? Try to verify the information shared.



Protect yourself. Know who you're interacting with. Avoid sharing personal information and your location. Check privacy settings.



Ask permission. Get the okay to use other people's work and give credit to the creator.



Take ownership. You're responsible for your online presence. Make it a positive one and use technology to make the world a better place for your club, your community, your country, and your world.

August 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19 Valley Council Meeting 6 PM 4-H Office	20	21	22
23	24	25	26	27	28	29
30	31					

September 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Year-End Financial Reporting Due (2019/2020 Program) Secretary & Treasurer Book(2019/2020 Program) Completed Club Planning Guide (2019/2020 Program) Outreach Methods (2019/2020 Program)	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Erin Paradis, 4-H Youth Development Program Representative

1851 Hartnell Avenue

Redding, CA 96002

Phone: 530-224-4900

Fax: 530-224-4904

Website: <http://ceshasta.ucanr.edu/4-H Program/Shasta County 4-H Information/ecparadis@ucanr.edu>

Current Resident OR:

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf>)

Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.

RECORD BOOK CORNER

Record Books – What Goes Where?

What do I include in my Personal Development Report and where do I record these events and activities?

- Record your participation and activities in and outside 4-H for the current program year (July 1, 2020-June 30, 2021).
- When you attend a 4-H event, record it as a 4-H event.
- If you did something at the event that meets the requirement of another category, you can record that as well. Although some events and activities may be applicable for multiple categories you can only count that activity in one category. Record the activity in the category needed for your star ranking.
- You may record up to two significant activities outside of 4-H in categories 2, 4, 5, 6, and 7.

Category 1 - Projects Completed	Record the projects you completed ie. Sewing project, Market Swine etc.
Category 2 - 4-H Project Skills Completed	Must demonstrate your knowledge to an audience/judge ie. Fashion Revue etc.
Category 3 - Events Attended	Actively participate in 4-H event ie. Field Day, Council Meeting, Fundraisers etc.
Category 4 - Leadership Development	Led or leadership position held ie. Jr/Teen Leader, Led a group activity etc.
Category 5 - Citizenship & Community Service	Community Service activity, Service Learning Project or Civic Engagement
Category 6 - Communication Skills	Communication activities ie. Presentation Day, TnT Article, Served as a judge etc.
Category 7 - Honors & Recognitions	High honors & recognition ie. Star Rank, Best of Breed, Event Medalist etc.
Category 8 - Healthy Lifestyle Activities	Activity outside of 4-H with a min. 25 hours ie. Band, Employment, Youth Grp etc.

*** Friends of the Fair Dinner counts as community service**

CA Record Book Manual 2019-20 <http://4h.ucanr.edu/files/263720.pdf>