



University of California

September 2018

Agriculture and Natural Resources | 4-H Youth Development Program

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**IMPORTANT DATES:**

- Sep 3*     **Star Awards, Landmark Volunteer Services & Friends of 4-H**
- Sep 4*     **4-H Information Night**
- Sep 8 & 9*    **Honey Bee Festival**
- Sep 14*    **Year End Financial Reporting Due**
- Sep 15*    **4-H Makes @Shasta County Mini Maker Faire**
- Sep 19*    **Valley Council Meeting**
- Sep 29*    **Officer Training Day**
- Oct 4*     **Enrollment Fee Invoices Mailed**
- Oct 7*     **4-H Family Kickoff**
- Oct 7-13*   **National 4-H Week**
- Oct 13*    **Livestock Judging Day**

**ELECTRONIC ENROLLMENT**

Please note that each family should be enrolling themselves electronically, through the 4-H Online Enrollment System. This must be done through the family's own profile; not through an enrollment coordinator's profile. The electronic enrollment process minimizes the amount of paperwork that must be completed and collected, while easing the burden placed upon our Community Club Leaders. If reliable internet access presents a significant issue, please seek access at a local school, library, or the 4-H Office. Instructions on how to enroll are available on the county website for both new and returning members. If you are experiencing any difficulties with the enrollment process, please contact your club leader or the 4-H Office 530-224-4900.  
[http://ceshasta.ucanr.edu/4-H\\_Program/Shasta\\_County\\_4-H\\_Information/](http://ceshasta.ucanr.edu/4-H_Program/Shasta_County_4-H_Information/)



**4-H INFORMATION NIGHT**

Please join us for 4-H Information Night at the Redding Public Library's Community Room at **6:00 PM on Tuesday, September 4, 2018**. All Community Clubs and Countywide Projects from the Valley area should be represented at this event. Remember, this is the perfect opportunity to interact with members of the community, recruit new members, and showcase the many fun and exciting opportunities that 4-H has to offer. Please arrive at 5:00 PM to set-up your tables and be sure to wear your club t-shirt, 4-H Uniform, or be neatly attired. Youth wishing to speak about their club or project will have an opportunity to do so, and don't forget, public speaking experience can be listed under Category 6 "Communication Skills" in the 4-H Record Book. Please contact the 4-H Office at 530-224-4900, with any questions.



**VOLUNTEER TRAINING ZOOM**

To further assist volunteers and county-based staff to complete the required trainings by December 2018 we will be offering Zoom based courses. We will offer multiple Zoom courses July-November that will be delivered and administered from the State 4-H Office.

September 8, 2018  
 Time 10 AM - 12:30 AM  
 Registration URL: [https://ucanr.zoom.us/webinar/register/WN\\_7A-1dIPwTyGTdGXwkVlpJQ](https://ucanr.zoom.us/webinar/register/WN_7A-1dIPwTyGTdGXwkVlpJQ)

**MONTHLY COUNCIL MEETING**

**Valley** 4-H Council Meeting  
**Wednesday, September 19, 2018**, at 6:00 PM at the 4-H Office

**Inter-Mountain** 4-H Council Meeting

**TBA**

Contact the 4-H Office for details.  
 As outlined in the 4-H Club Program Planning Guide, each club must have regular representation at Council meetings in order to be considered a "Club in Good Standing" .



# COUNTY NEWS - CLUB NEWS

## PLANT SCIENCE DAY RESULTS

Intermediate

Andrew Leamon Pine Grove Medal

Cesar Alvarez Pine Grove Medal

Senior

Jose Sanchez Pine Grove Medal



## 4-H WHITES...

### A 2ND TIME AROUND

Charlie Little is still handing out whites for fair.

She now has ties, scarves, hats and Record Book covers for sale.

Contact Charlie at 530-547-4195



## 4-H Pledge

I pledge...

My **Head** to clearer thinking

My **Heart** to greater loyalty,

My **Hands** to larger service,

And my **Health** to better living.

For my club, my community, my country, and my world!

## STATE SHOOTING COMPETITION

Liam von Schalscha Burney Silver

Madysen Baber Cow Creek Bronze

Katherine Caton Palo Cedro Gold

Participants

Kassidy Zulliger Golden Acres

Payton Zulliger Golden Acres

Scarlet Baber Cow Creek

Alex Wayman Golden Aces

Jacob Gaynor Golden Acres

Damien Cayton Palo Cedro

Layne Kendall Golden Acres

Owen von Schalscha Burney

Gavin Darst Burney

Francie Ferguson Burney High School

Langston Tate Burney

Shyanne Parker Burney

Tyler Olney Burney

Nathan Dougherty Burney

Jordyn Greer Burney



Happy Valley



## 2018 PALO CEDRO HONEY BEE FESTIVAL SEPTEMBER 8TH & 9TH BISHOP QUINN CATHOLIC CENTER

Earn community service points by helping children complete craft projects at the Children's Beehive Craft Booth! Members aged 12 and up are needed to work in the booth. If you are interested, please contact Palo Cedro Club Leader Leimone Waite at 530-524-3678.

Or come out and support local vendors, entertainers and several 4-H clubs at the 2018 Palo Cedro Honey Bee Festival.

*Look for the Children's Beehive, an arts & craft booth, put on by Palo Cedro 4-H AND the Pepsi Booth put on by Swede Creek 4-H!*





my 4-H

Visit [www.my4-h.org](http://www.my4-h.org)  
 Leaders, looking for resources to enhance your project? Enroll at this website and review the resources available to you.



**4-H UNIFORM SUPPLIES**

If your club or family members need to order hats, scarves, or ties, please go online and order these directly from 'Leslie Carman' at [www.4hsupplies.com](http://www.4hsupplies.com)

**COUNTY NEWS - CLUB LEADERS CORNER**

**UPCOMING ADMINISTRATIVE DEADLINES**

**September 14<sup>th</sup>**

- Year-End Financial Reporting Due **DUE**
  - 2017-2018 Reporting Checklist
  - 2017-2018 Annual Inventory Report
  - 2017-2018 Annual Financial Report
  - 2017-2018 4-H Club Budget
  - 2017-2018 Peer Review Report
  - 2017-2018 Peer Review Checklist

*DON'T MISS THE DEADLINE!*

**November 30<sup>th</sup>**

- Fair Exhibitor and Adult Volunteer Enrollments Due **DUE**
  - All members planning on taking a project to the Shasta District Fair must enroll by this date. All adult volunteers must be enrolled by this date.
- Multiple Items Due
  - 2018-2019 4-H Club Budget
  - 2018-2019 Program Planning Guide
  - 2018-2019 Club Officers
  - Updated List of Club Bank Account Signers

**December 14<sup>th</sup>**

- Enrollment Fee Invoices Mailed
  - This date is approximate
  - Invoices billed in December are the first installment for the current program year
  - Fees must be paid within 45 days following the receipt of the invoice



**Valley Officer Training Day**

**Saturday, September 29, 2018**

Location: Good Times Pizza,  
 Palo Cedro

Time: 10:00 AM - 12:00 PM



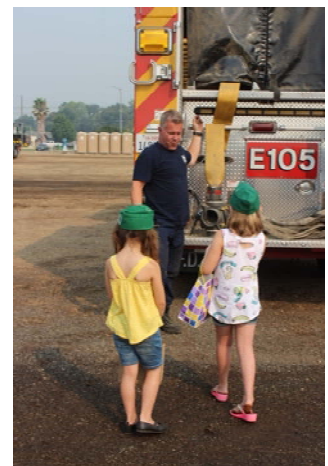
**UPDATE YOUR INFORMATION**

We are currently in the process of updating the following documents for the new program year:

- Club Leader Contact List
- Projects by Club
- Countywide Project Leader Contact List



If you have not already done so, please contact the 4-H Office with your updated information. This includes the addition or removal of leaders and/or projects, as well as changes in contact information like phone numbers and e-mail addresses. Thank you very much and please let us know if you have any questions. Please send information to [sddoll@ucanr.edu](mailto:sddoll@ucanr.edu).



Happy Valley

# COUNTY NEWS

## COUNTYWIDE RIFLE PROJECT NOW ACCEPTING ENROLLMENTS

Are you interested in shootings sports and rifle shooting? If so, the Countywide Rifle Project is now accepting enrollments. There are a limited number of openings available, so act fast, as enrollment is handled on a first come first served basis. Any members who are not able to be accommodated, will be added to a waiting list. Please contact JT Zulliger at (530) 339-2490 for meeting times/dates/location or for other additional information. Thanks and happy shooting!

## FUNDRAISING OPPORTUNITIES AT NASH RANCH

Nash Ranch is looking for clubs that are willing to host and maintain the petting zoo at the Nash Ranch Pumpkin Patch during the month of October. The farm animal petting zoo becomes the club's activity for the week or weekend and is responsible for providing zoo maintenance (feeding the animals and raking manure) and collecting the receipts for their club. Also need support with parking and food concessions. This opportunity is available to all Shasta County 4-H clubs. If your club is interested, please contact Mary Nash at 530-241-0763 or at [nashranch03@sbcglobal.net](mailto:nashranch03@sbcglobal.net).

## FALL 2018 PAPER CLOVER CAMPAIGN AT TRACTOR SUPPLY

It's that time of year again! The Fall 2018 Paper Clover Campaign at Tractor Supply is scheduled for **October 5th through 16th**. As many of you may know, this semi-annual fundraiser goes a long way in supporting the 4-H Youth Development Program at the national, state, and county levels. The Spring 2018 campaign raised **\$64,828** in California alone!! At the local level, 60% of all funds raised are returned to the county where the store is located. These funds are handled by the University of California and are deposited into donor account that can be used at the discretion of county 4-H staff. In the past we have used these funds to offer camperships, purchase awards, pay rental fees for county 4-H events, and more. Want some more great news? Please contact the store nearest you to learn how you can help!

ANDERSON  
1945 MARX WAY  
ANDERSON, CA 96007  
TREVOR ADEY, MANAGER  
(530) 378-1012



REDDING  
5450 MOUNTAIN VIEW DR.  
REDDING, CA 96003  
WAYNE WISHART, MANAGER  
(530) 242-6773



## LIVESTOCK JUDGING DAY

AT

## SHASTA COLLEGE

Saturday, October 13, 2018

Registration: 10:30 AM

Orientation: 11:00 AM

Start: 11:30 AM

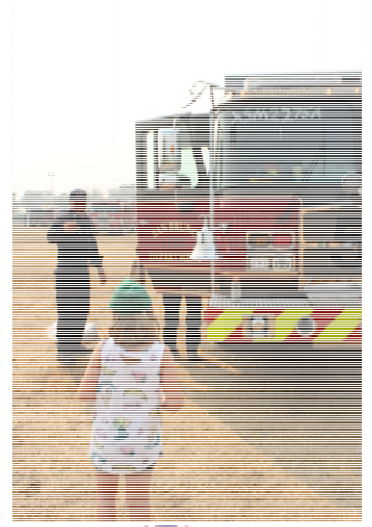


4-H Livestock Judging Day will include: beef, sheep, meat goats, dairy goats, swine, poultry and rabbits. Reasons are required on the species of your choice. Each club must bring one (1) adult to help with the tallying for each ten (10) youth who participate. Additionally, we need a group of teen leaders to help with the rotations. Please contact the 4-H office at 224-4900 to sign up as a Teen Group Leader for the day. Parents do not walk with their child from station to station during the judging; Teen Group Leaders have that responsibility.

Concessions: All Stars | Tabulations: Black Butte |

Registrations: Westside | Organization & Judging: Palo Cedro

**Parking is available in the east parking lot. It's a short walk from there to the farm where the sign-in table is located. Preregistration is NOT required for this event.**



# REGIONAL, STATE & NATIONAL FUNDING & MORE



## Tractor Supply Fundraiser Opportunity!

Tractor Supply has a standing invitation for any 4-H clubs interested in holding a BBQ fundraiser at the Redding store each Saturday throughout the year. Please call three to four weeks in advance to schedule your weekend. Tractor Supply will furnish the barbeque and propane; your club brings the hot dogs, condiments, etc. Car washes or bake sales are also possibilities. Please call Tom or Carol to schedule your fundraiser or to learn more about how your club can help during the fall campaign. *Leaders, please make sure you have your Food Safety Certification.*

## START PLANNING FOR NATIONAL 4-H WEEK

National 4-H Week is always the first full week of October. This year National 4-H Week is October 7-13. The theme and hashtag to use is **#TrueLeaders**. Resources to promote National 4-H Week are available on the [state 4-H website](#). Start planning now to contact local government officials with a request for proclamations – see the new template and guide. Use the press release template to let local news agencies know about the activities in your club celebrating National 4-H Week.



Happy Valley



## NATIONAL 4-H CONFERENCE - APRIL 6 - 11, 2019

Follow the link below to learn more about the 2017 National 4-H Conference. Please note that California delegates must apply through the State 4-H Website to attend.

<http://4h.ucanr.edu/files/289240.pdf>

The 2019 National 4-H Conference registration is **due by November 5, 2018 at 11:59 pm**. Late applications will not be reviewed. As part of this application, you will need to submit a 4-H Resume. For more information on how to build a 4-H Resume, visit the [4-H Resumes page](#) under Resources for Youth Members. Follow the link below for registration.

<http://ucanr.edu/survey/survey.cfm?surveynumber=25431>

The Reference Survey is **due by November 5, 2018 at 11:59pm**. Please send this survey to the person serving as your reference and have them complete it before November 5, 2018. Follow the link below for the reference survey.

<http://ucanr.edu/survey/survey.cfm?surveynumber=25432>

**Staff Coordinator:** Jenna Colburn, [jcolburn@ucanr.edu](mailto:jcolburn@ucanr.edu)

Purpose of California's Delegation to the National 4-H Conference

1. Provide opportunities for California youth and adults to participate in and contribute to 4-H on the national level.
2. Assist California 4-H Youth Development in strengthening youth-adult partnerships and involving youth, volunteers, and staff in 4-H decision-making.
3. Provide a system for an exchange of 4-H Youth Development programming ideas among states.
4. Visit Congress and make legislators aware of the tremendous impact of the 4-H program.

Eligibility Requirements

All delegates must not have represented California 4-H Youth Development at the National 4-H Conference within the past seven years, and will be at least 16 years of age on December 31, 2018

# REGIONAL, STATE & NATIONAL NEWS

## ANNOUNCING THE 2019 STATE FASHION REVUE CATEGORIES

**Traditional with \$40 limit** (unchanged from 2018); only open to 4-H Clothing and Textiles, aka Sewing project members.

**Consumer Science Purchased with \$40 limit** (unchanged from 2018); open to all 4-H members

**Retro/Historical Challenge** (formerly the Retro Challenge) - garments inspired by styles from before the year 2000; only open to 4-H Clothing and Textiles, aka Sewing project members.

**Box Challenge** (our first NEW challenge!) For 2019 it is red/white/blue fabric and incorporates a list of items in your "box." Only open to 4-H Clothing and Textiles, aka Sewing project members.

**Make it Mine Challenge** - altering a pattern or making your own pattern to achieve the fit and style you desire; open to all 4-H members



NOTE: The Upcycled category will **NOT** be offered at the 2019 State Fashion Revue, due to limited interest. As always, this category and others may be included in county fashion revues, but entries will not advance to the State Fashion Revue.

Full guidelines for the Challenge categories are on the [State Fashion Revue](#) website. The theme and service projects will be posted online next month.

Questions? Please contact Mary [maryengebret@comcast.net](mailto:maryengebret@comcast.net) or Sue [2moores.sue@gmail.com](mailto:2moores.sue@gmail.com).

## 4-H MINDFULNESS RETREAT

November 2, 2018 – November 4, 2018

Camp Ocean Pines, Cambria CA

4-H Healthy Living Program for youth age 13-19 and adults

- Fees \$225 plus chaperone fees
- Chaperone fees are estimated to be \$20–\$25 per youth
- Fees will be billed after the close of registration
- Contact your county 4-H office for available funds to cover your fees to attend

Price includes conference registration fees, lodging and conference meals.



## SHOOTING SPORTS WORKSHOPS

### Archery, Rifle, & Shotgun Disciplines

September 8 & 9, 2018 – Winton, CA (Merced County)

There will be three workshops to certify 4-H adult volunteers as Shooting Sports Leaders or Trainers in the Shooting Sports disciplines of “Shotgun Project Leader”, “Rifle Project Leader”, and “Archery Project Leader” presented in Merced County on the weekend of September 8<sup>th</sup> and 9<sup>th</sup>. **You may only attend one workshop for a specific shooting sports discipline and you must attend both days to be certified.** By doing these three popular workshops on the same weekend it will allow counties to ride share and get several shooting sports disciplines completed to bring back to their county. If you have backgrounds in one of these shooting sports disciplines and have a desire to teach youth, why not step up and share your expertise!

This class will be Saturday Sept 8<sup>th</sup>, 9 AM –4 PM, and Sunday, Sept 9<sup>th</sup>, 9 AM - 2 PM, at the Safety First Shooting Association, River Oaks Range Firearms Training Center, 11584 Shaffer Rd, Winton 95388, in Merced County. This class is being hosted by Merced County 4-H. You must become a 4-H leader and attend both days to receive certification to teach the specific shooting sport at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is \$35 per person to include a resource binder, with Saturday and Sunday lite breakfast refreshments. Bring your own lunch each day.

Junior and teen leaders are invited but must attend with an adult or have a certified Shooting sports adult leader they will be helping back home.

Driving directions to the range are at <http://www.safetyfirstshooting.org/html/directions.html> . Tent or Dry RV camping is an option.

To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at <http://4h.ucanr.edu/files/4785.pdf> and an adult or youth 4-H medical release form and a \$35 check payable to “Merced County 4-H Council” and mail to UCCE, 2145 Wardrobe Ave, Merced, 95341. Registration is due Friday, Aug 31<sup>st</sup>. **Space is limited to 25 attendees for each discipline.** For more 4-H general information call Darlene McIntyre at [209-385-7418](tel:209-385-7418) or email her at [dmcintyre@ucanr.edu](mailto:dmcintyre@ucanr.edu). For Shooting Sports information please contact Dave Givens 209-614-1718 or [rivoakstraining@gmail.com](mailto:rivoakstraining@gmail.com)

## 2018 WASHINGTON FOCUS TRIPS



**July 15-20, 2018**

**Leadership Washington Focus (LWF)** is the only national leadership development experience designed exclusively for 4-H'ers ages 12\*-14. It prepares 4-H youth for the future by teaching them leadership skills using an experiential learning model based in 4-H curriculum and the living classroom of Washington D.C.

*Registration will open mid-October 2017*

*\*Must be 12 years old by first day of travel*



**June 16-23, 2018 (Conference Only)**

**June 16-26, 2018 (Conference + Extended Trip)**

**Citizenship Washington Focus (CWF)** is designed for 4-H youth between the ages of 15\* and 19. CWF offers a life-changing week that empowers 4-Her's to take their leadership skills to the next level for themselves and their communities. Using the classroom of Washington D.C., participants will learn how our national government works as well as experience the grandeur of our nation's capital. The extended trip continues the learning experience to Gettysburg and Philadelphia, PA and Baltimore, MD.

*Registration will open mid-October 2017*

*\*Must be 15 years old by first day of travel*





# UCCE - SHASTA COUNTY PROGRAM NEWS

## Harvest of the Month



Network for a Healthy California

The Harvest of the Month featured vegetable is

### bell peppers



#### Health and Nutrition Go Hand-in-Hand

Make half your plate fruits and vegetables and be active every day. Drink water instead of sugary drinks. (Sugary drinks are the largest single source of added sugar in the American diet.) Doing these things may lower the risk of serious health problems like obesity, type 2 diabetes, heart disease, stroke, and some types of cancer.

A ½ cup of bell peppers (green, yellow, and red) is an excellent source\* of vitamin C. A ½ cup of chopped peppers is about one small pepper. Vitamin C helps your body heal cuts and wounds and helps lower your risk of infection. A ½ cup of red bell peppers is also a good source\*\* of vitamin B<sub>6</sub>. This vitamin helps your body build healthy blood cells.

\*Excellent sources provide at least 20% Daily Value.

\*\*Good sources provide 10-19% Daily Value.

#### Healthy Serving Ideas

Mix in bell pepper slices to your morning eggs for a healthy start to your day.



Add sautéed bell pepper slices to chicken dishes.



Eat sliced bell peppers for an afternoon snack.



#### Shopper's Tips

- Look for bell peppers that have thick, shiny, smooth skin and a fresh green stem. Pick peppers with a solid color – red, yellow/orange, or green.
- Put bell peppers in a plastic bag. Keep in the refrigerator for up to five days.
- Green bell peppers may last longer than red or yellow ones.

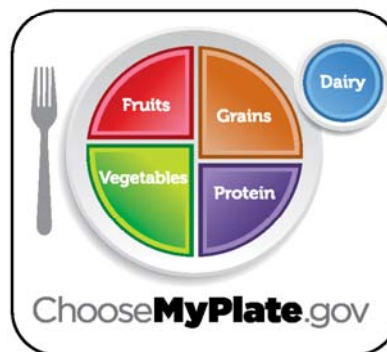
#### Let's Get Physical!

Do you know how intense your physical activity needs to be? Try to raise your heart rate for at least 30 minutes a day on most days of the week. You should be able to talk while you move, but you should be breathing hard enough so that you cannot sing.

#### How Much Do I Need?

The amount of fruits and vegetables you need depends on your age, gender, and the amount of physical activity you get every day. A good tip to follow is:

- Make half your plate fruits and vegetables to reach your total daily needs!



For more recipes and tips, visit:  
[www.CaChampionsForChange.net](http://www.CaChampionsForChange.net)



For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit [www.CaChampionsForChange.net](http://www.CaChampionsForChange.net) for healthy tips. © California Department of Public Health 2013



# UCCE - SHASTA COUNTY PROGRAM NEWS

## WILDFIRE RECOVERY: NEXT STEPS

Property loss and damage from wildfire is an inevitable reality of living in California. While not always avoidable, it is important to remember that wildfire is something we *can* recover from. Review the following tips to help determine the best approach to restore your landscape and reduce future risk.

### Assess Fire Injured Trees

Almost every tree species has an adaptation to help resist damage from fire. These range from preventative features such as fire resistant bark, wide branch spacing to recovery adaptations such as root sprouting. Use the following steps to identify which trees have survived from fire and how they might recover in the spring.

#### Conifers (Pines and Firs)

1. Measure the amount of green foliage remaining.
2. A good rule of thumb is that a tree can survive if 25% of the total height is still green.
3. If there is significant char at the base of the tree, check the cambium to ensure that it is still alive and can transport water and nutrients to the tree .



#### Hardwoods (Oaks)

1. Unlike Conifers, Oaks can survive even when all the foliage has burned off.
2. Check the cambium layer to determine whether the tree has survived.
3. A surviving tree will have moist, light colored cambium while a dead tree will had a dry, dark-color under the bark.



### Help surviving trees:

If you find damaged trees that show potential of survival, take these steps to improve their chances of making it to next Spring.

- Establish no entry zones around individual trees. This will limit the chance that live tissue can be damaged by equipment.
- Do not drive or park over root systems. Compacted tree roots stresses trees.
- Remove nearby snags to reduce the probability of bark beetle or fungal infections colonizing on your trees.

### Other Considerations:

- Falling hazards should be the number one priority when assessing tree damage. Remove all trees which pose a potential hazard (falling or otherwise) to you and your family.
- Even if the trunk of an oak has died, there is potential for the root to be intact. Oaks can resprout from the base, allowing the new tree to use the existing root system rather than starting from scratch.
- Dead trees may be a sore sight, but they also provide habitat for many wildlife species. Birds and small mammals are especially fond of small cavities in snags.
- Most trees require upwards of one year to grow from seed into a condition where it may be planted. Consider organizing a seed collection drive and planting some starts of your own. For more information about germinating trees and planting new starts, contact your UC Forest Advisor or Master Gardeners.



## Mitigate Soil Erosion

Erosion is a natural process by which soil moves. In post-fire situations, the loss of soil stabilizing roots and vegetation often accelerates this process. This often leads to debris flow and flooding, which not only damage aquatic habitat, but also remove the nutrient-rich organic layer of your soil.

Key indicators for a heightened risk of soil erosion include:

- Exposed bare mineral soil
- No vegetative cover to intercept rainfall
- Severely burned soil that repels water
- Steep slopes
- Rain falls in large amounts quickly
- Land directly downslope of other burned areas

If there is significant damage to your soil, consider these steps to minimize the negative impacts **BEFORE** the winter rain and snow arrives.

- Mulch your soil with straw, shredded wood, or even wood chips. Mulch will reduce rain drop impact, overland flow, and soil particle movement while offsetting the effects of water-repellent soils. **Mulching is the only treatment that consistently and significantly reduces erosion rates.** Types of mulch include certified weed-free straw, slash, and geotextile fabrics.
- Check culverts as the fire may have burned hot enough to melt both plastic and steel culverts. A impacted culvert can wash out a road and prohibit access.
- Install rolling dips or waterbars along roads to slow the speed of water and keep your soil where it belongs.
- Install barriers on hill slopes to slow water flow, increase infiltration, and trap sediment. Types of barriers include log barriers, straw wattles, sandbags, silt fences, and straw bale check dams.



Common misconceptions:

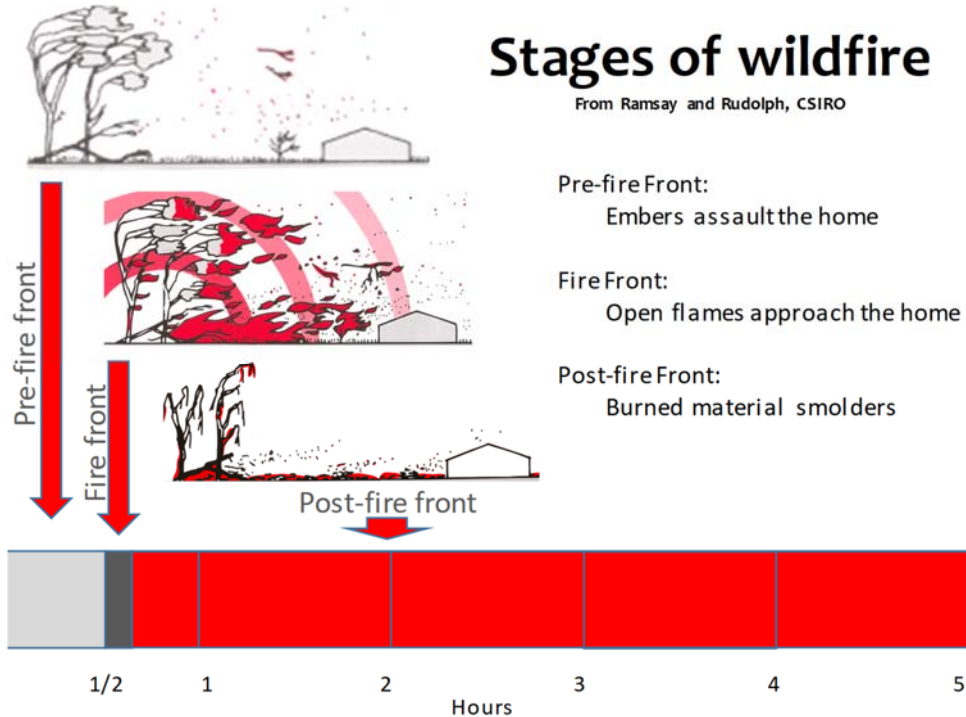
- Seed Bombs often seem like a good solution to revegetating an area, but they are significant drivers of invasive plants. It is impossible to know whether the seeds contained in a seed bomb are invasive.



## Understanding Fire

Fire is a complex interaction between climate, vegetation, weather, and humans. At times, it may seem as though there is little we can do to survive alongside fire in California. However, while first responders have a role in extinguishing the active flame, it is also important to consider how **we** can prepare for the inevitable.

Defensible space recommendations should ALWAYS be followed. Understanding how fires attack and ignite structure will help you understand the weak points in your home. Most structure ignitions result from the ember storm, not direct flame.



Following home design and landscape considerations for defensible space helps to reduce the number of weak points on your property and home. Perhaps most importantly, preparing your home and landscape for fire provides first responders with an opportunity to safely defend your home.

There is a lot to consider, but remember that you are not alone! Many technical and funding resources are available to help with post-fire recovery. Check in with your local CalFire office, UCCE Forestry Advisor, California Forest Stewardship Helpline (1-800-738-8733), or RCD office. For more information on resources available for wildfire recovery, visit: [anrcatalog.ucanr.edu/pdf/8386.pdf](http://anrcatalog.ucanr.edu/pdf/8386.pdf)



S G J Y K L S D F A E T Y B Q G A S G  
D H G A S D E G T F A Q W C U G H J K  
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T E H Y V A A G J G T T J Z T U T P X  
D T J I B T G B L B Y S C I T O B O R

1. Rabbits
2. Quilting
3. Goats
4. Robotics
5. Shooting
6. Chickens
7. Baking
8. Dog
9. Gardening
10. Swine

I pledge...

my *head* to clearer thinking,  
my *heart* to greater loyalty,  
my *hands* to larger service, and  
my *health* to better living for  
my *club*, my *community*,  
my *country*, and my *world*.



THANK



You!



# September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 IM Fair
2 IM Fair	3 Star Awards, Landmark Volunteer Services & Friends of 4-H @2 PM IMF IM Fair	4 4-H Information Night @ 6 PM Redding Library	5	6	7	8
9	10	11	12	13	14 Year End Financial Reporting Due <b>DUE</b>	15 4-H Makes @ Shasta County Mini Maker Faire 9 AM - 5 PM @ SDF
16	17	18	19	20	21	22
23	24	25	26	27	28	29 Officer Training Day 10 AM - 12 PM @Good Times Pizza Palo Cedro
30						

# October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 Enrollment Fee Invoices Mailed	5	6
7 4-H Family Kickoff 5 PM - 7 PM  National 4-H Week 7th - 13th	8	9	10	11	12	13 Livestock Judging Day Shasta College Farm 10:30 AM Sign-in 11:00 AM Orientation 11:30 AM Start
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**Shasta County 4-H** **September 2018**

**Nate Caeton, 4-H Youth Development Program Representative**

1851 Hartnell Avenue

Redding, CA 96002

Phone: 530-224-4900

Fax: 530-224-4904

Website: [http://ceshasta.ucanr.edu/4-H\\_Program/Shasta\\_County\\_4-H\\_Information/](http://ceshasta.ucanr.edu/4-H_Program/Shasta_County_4-H_Information/)

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<b>COUNCIL</b>	<b>VALLEY COUNCIL</b> Next meeting will be <b>September 19, 2018</b> <b>6 pm at the 4-H Office</b>		<b>INTERMOUNTAIN COUNCIL</b> Next meeting <b>TBA</b>
Layout and Editing by Denice Doll <span style="float: right;"><b>All leaders and youth 14 years and older have voting rights. <i>Please come and take part!</i></b></span>			

<b><u>RECORD BOOK CORNER</u></b>	
<u>Activity/Event/Award</u>	
List your projects, don't forget the Leadership Project if your club has one . . . . .	1—4-H Project
Attend a Council Meeting . . . . .	3—4-H Event Attended
Committee Member . . . . .	4—Leadership
Committee Chair Person . . . . .	4—Leadership
Junior or Teen Leader (once for each project) . . . . .	4—Leadership
Participated in a Community Service Event . . . . .	5—Community Service
Represented 4-H at your school or other community group . . . . .	5—Citizenship OR 6—Communication Skills
Led the American Flag Salute at a Council Meeting . . . . .	5—Citizenship
Article Submitted to Cloverleaf or local newspaper about club activities . . . . .	6—Communication
Led the 4-H Pledge at a Council Meeting . . . . .	6—Communication
Received School Honor or Award . . . . .	7—Honors & Recognition
School or Community Sports Team, Private Lessons, Organization Member-ship, . . . . .	8—Lifestyle Activities
After School Job, Music Group	