



## University of California

August 2018

Agriculture and Natural Resources | 4-H Youth Development Program

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### IMPORTANT DATES:

- Aug 1 4-H Club Achievement Night Awards Due Updated Club Info Due*
- Aug 3 Record Book Judging (Books Due to 4-H Office)*
- Aug 10 IM Plant Science Day*
- Aug 15 Club Leader Training*
- Aug 17 Record Book Judging (Books available for Pick-up)*
- Aug 18 Jr & Teen Leader Lock-in*
- Aug 30 - Sep 3 IM Fair*
- Sep 3 Star Awards, Landmark Volunteer Services & Friends of 4-H*
- Sep 4 4-H Information Night*
- Sep 14 Year End Financial Reporting Due*
- Sep 15 4-H Makes @Shasta County Mini Maker Faire*
- Sep 29 Officer Training Day*

### ELECTRONIC ENROLLMENT

Please note that each family should be enrolling themselves electronically, through the 4-H Online Enrollment System. This must be done through the family's own profile; not through an enrollment coordinator's profile. The electronic enrollment process minimizes the amount of paperwork that must be completed and collected, while easing the burden placed upon our Community Club Leaders. If reliable internet access presents a significant issue, please seek access at a local school, library, or the 4-H Office. Instructions on how to enroll are available on the county website for both new and returning members. If you are experiencing any difficulties with the enrollment process, please contact your club leader or the 4-H Office 530-224-4900. [http://ceshasta.ucanr.edu/4-H\\_Program/Shasta\\_County\\_4-H\\_Information/](http://ceshasta.ucanr.edu/4-H_Program/Shasta_County_4-H_Information/)



### 4-H INFORMATION NIGHT

Please join us for 4-H Information Night at the Redding Public Library's Community Room at **6:00 PM on Tuesday, September 4, 2018**. All Community Clubs and Countywide Projects from the Valley area should be represented at this event. Remember, this is the perfect opportunity to interact with members of the community, recruit new members, and showcase the many fun and exciting opportunities that 4-H has to offer. Please arrive at 5:00 PM to set-up your tables and be sure to wear your club t-shirt, 4-H Uniform, or be neatly attired. Youth wishing to speak about their club or project will have an opportunity to do so, and don't forget, public speaking experience can be listed under Category 6 "Communication Skills" in the 4-H Record Book. Please contact the 4-H Office at 530-224-4900, with any questions.



### VOLUNTEER TRAINING ZOOM

To further assist volunteers and county-based staff to complete the required trainings by December 2018 we will be offering Zoom based courses. We will offer multiple Zoom courses July-November that will be delivered and administered from the State 4-H Office.

August 15, 2018  
 Time 6 PM - 8:30 PM  
 Registration URL: [https://ucanr.zoom.us/webinar/register/WN\\_7A-1dIPwTyGTdGXwkVlpJQ](https://ucanr.zoom.us/webinar/register/WN_7A-1dIPwTyGTdGXwkVlpJQ)

September 8, 2018  
 Time 10 AM - 12:30 AM  
 Registration URL: [https://ucanr.zoom.us/webinar/register/WN\\_7A-1dIPwTyGTdGXwkVlpJQ](https://ucanr.zoom.us/webinar/register/WN_7A-1dIPwTyGTdGXwkVlpJQ)

### MONTHLY COUNCIL MEETING

Valley 4-H Council Meeting  
**Wednesday, August 15, 2018**, at 6:00 PM at the 4-H Office

Inter-Mountain 4-H Council Meeting  
**TBA**

Contact the 4-H Office for details.  
 As outlined in the 4-H Club Program Planning Guide, each club must have regular representation at Council meetings in order to be considered a "Club in Good Standing".



# COUNTY NEWS - CLUB NEWS

## 2018 STATE PRESENTATION DAY

Jorden Granger	Blue	Palo Cedro
Richard Greenwood	White	Palo Cedro
Aubrey Severne	Gold	Golden Acres
Owen Severne	Gold	Golden Acres



**4-H Pledge**  
I pledge...

My Head to clearer thinking,

My Heart to greater loyalty,

My Hands to larger service,

And my Health to better living,

For my club,  
my community,  
my country, and  
my world

## 2018 STATE FASHION REVUE RESULTS

Jordyn Greer	Medal	Burney
Piper Lakey	Medal /State Winner	Evergreen
Paige Lakey	Medal /State Winner	Evergreen
Brianna Vargas	Medal	Pine Grove



## INTERMOUNTAIN PLANT SCIENCE DAY

Friday, August 10,  
2018  
Inter-mountain  
Fairgrounds  
5:00 PM



## MERITORIUS SERVICE AWARD/ FRIEND OF 4-H

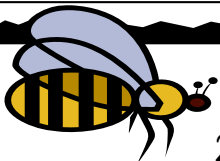
Do you know of someone who has gone above and beyond in their service and dedication to the Shasta County 4-H Program? The Shasta County 4-H Council is requesting nominations of outstanding and selfless individuals who have been instrumental in the success of our program. Nominations should be submitted to Nate at (530) 224-4900 or [nwcaeton@ucanr.edu](mailto:nwcaeton@ucanr.edu). The council plans to vote on a recipient at our September meeting and the award will be presented in the fall at our annual achievement ceremony.



## 4-H WHITES... A 2ND TIME AROUND

Charlie Little is still handing out whites for fair. She now has ties, scarves, hats and Record Book covers for sale.

Contact Charlie at  
530-547-4195



# 2018 PALO CEDRO HONEY BEE FESTIVAL SEPTEMBER 8TH & 9TH BISHOP QUINN CATHOLIC CENTER

Earn community service points by helping children complete craft projects at the Children's Beehive Craft Booth! Members aged 12 and up are needed to work in the booth. If you are interested, please contact Palo Cedro Club Leader Leimone Waite at 530-524-3678.

Or come out and support local vendors, entertainers and several 4-H clubs at the 2018 Palo Cedro Honey Bee Festival.

*Look for the Children's Beehive, an arts & craft booth, put on by Golden Acres 4-H AND the Pepsi Booth put on by Swede Creek 4-H!*





my 4-H

Visit [www.my4-h.org](http://www.my4-h.org)  
 Leaders, looking for resources to enhance your project? Enroll at this website and review the resources available to you.



**4-H UNIFORM SUPPLIES**

If your club or family members need to order hats, scarves, or ties, please go online and order these directly from 'Leslie Carman' at [www.4hsupplies.com](http://www.4hsupplies.com)

**COUNTY NEWS - CLUB LEADERS CORNER**

**UPCOMING ADMINISTRATIVE DEADLINES**

**August 1<sup>st</sup>**

**DUE**

- 4-H Club Achievement Night Awards List Due
- Updated Club Information Due
  - Club Leaders
  - Contact information
  - Meeting information
  - Project list

*DON'T MISS THE DEADLINE!*

**September 14<sup>th</sup>**

**DUE**

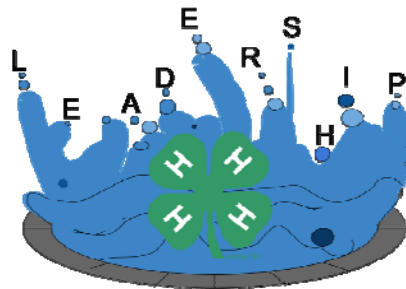
- Year-End Financial Reporting Due
  - 2017-2018 Reporting Checklist
  - 2017-2018 Annual Inventory Report
  - 2017-2018 Annual Financial Report
  - 2017-2018 4-H Club Budget
  - 2017-2018 Peer Review Report
  - 2017-2018 Peer Review Checklist

**DUE**

**November 30<sup>th</sup>**

- Fair Exhibitor and Adult Volunteer Enrollments Due
  - All members planning on taking a project to the Shasta District Fair must enroll by this date.
  - All adult volunteers must be enrolled by this date.
- Multiple Items Due
  - 2018-2019 4-H Club Budget
  - 2018-2019 Program Planning Guide
  - 2018-2019 Club Officers
  - Updated List of Club Bank Account Signers

**Jump Into**



Come join the All Stars at this year's "Jump into Leadership Lock-in" on Aug 18-19 at West Cottonwood School. There will be food, games, activities, swimming and more. This event is open for all 4-H member ages 11 and up. Drop-off starts at 6 PM Aug 18<sup>th</sup> and pick-up is at 7 AM on Aug 19<sup>th</sup>. The All Star Team is excited for the upcoming year and wants to kick it off a great "Jump into Leadership Lock-in".

**INTER-MOUNTAIN FAIR - AUGUST 30 - SEPTEMBER 3, 2018**



**INTER-MOUNTAIN FAIR HIGHLIGHTS**

Dates: August 30 - September 3, 2018

(All fair entries should be submitted directly to the Inter-Mountain Fair Office at 44218 A Street, McArthur, CA 96056)

**2018 State Rules**

[https://www.cdfa.ca.gov/Fairs\\_&\\_Expositions/Documents/State\\_Rules\\_for\\_California\\_Fairs/2018\\_State\\_Rules\\_for\\_California\\_Fairs.pdf](https://www.cdfa.ca.gov/Fairs_&_Expositions/Documents/State_Rules_for_California_Fairs/2018_State_Rules_for_California_Fairs.pdf)

**2018 Premium Book**

<https://www.inter-mountainfair.com/s/Local-Rules-Jr-Livestock-Rules-Dress-Codes-8fp3.pdf>

**BALL® & KERR® FRESH PRESERVING™ PROUDLY PRESENTS 2018 BALL® FRESH PRESERVING™ AWARD FOR YOUTH LEVEL**

Newell Brands Inc., marketers of Ball® and Kerr™ Fresh Preserving Products, is proud to recognize today's fresh preserving (canning) enthusiasts. An award for First Place will be presented to the individual whose home-canned entry is selected the best in the category.

A panel of judges will select the best entry in each category for Fruits, Vegetables, Pickles, and Soft Spreads. Entries must be preserved in Ball® Jars, sealed with Ball® Lids and bands specially designed for home canning, or preserved in Kerr™ Jars sealed with Kerr™ Lids and bands specially designed for home canning. In addition, entries in the Soft Spread category must be prepared using Ball® Pectin: Classic, Low or No-Sugar, or Liquid. Proof of pectin purchase, in the form of a receipt or product UPC, must be submitted with entry.

Entries from each category honored with a First Place award will receive:

- One (1) Five-Dollar (\$5) Coupon for Ball® or Kerr™ Fresh Preserving Products and
- One (1) Free (up to \$6 value) Coupon for Ball® Pectin

**LADS & LADIES LEAD CONTEST**

Thursday, August 30th - 1:00 P.M.

Use Separate Entry Form

**Final commentary is due Wednesday, August 29, 2018, 5:00 P.M., and must be typed. Please use commentary form provided.**

The purpose of the Lads & Ladies Lead Class is to promote the use of wool and to give spectators an opportunity to view sheep and a product they produce in an attractive manner. Entries in this class will be open to any young man or lady ages 9 through 18 years. Sheep may be breeding ewes or market lambs. No ram lamb animals will be permitted. Exhibitor need not be the owner. The entrant will be judged on the mode of dress selected. Clothing may range from a scarf to a three-piece outfit, with material being at least 70% wool. Article need not be handmade.

**DIVISION 58 - LADS & LADIES LEAD CLASS:**

1. Ages 9 - 10 (as of day of Contest)
2. Ages 11 - 13(as of day of contest)
3. Ages 14 - 18 (as of day of contest)

**Premiums Offered Per Class:**  
**1st - \$20.00      2nd - \$15.00**  
**3rd - \$10.00      4th - \$5.00**

**Entry Fees: \$1.00**

**See Premium book for more details.**

**INTER-MOUNTAIN FAIR MERIT AWARD CONTEST**

Sponsored by Intermountain Cattlewomen Merit Awards to be used to help purchase a market steer to be exhibited at the following year's Inter-Mountain Fair.

Entries must be received by mail by Friday, August 3, 2018

Interviews will be held during the Inter-Mountain Fair, time to be announced.

For an entry form call Ruth at 335-7245 or 604-2553.

- \$350 to a 4-H member in the Beef Project
- \$350 to a FFA member in the Beef Project
- \$275 encouragement award to a member in the Beef Project

**"HIT ME WITH YOUR BEST SHOT"**

Enter your most striking photo!

**Photo will be voted on by the public! People's Choice Award - \$50.00**

1. No Digital Special Effects
2. Photo may be in black and white or color
3. Photo must be an 8 x 10 and must be mounted according to the Inter-Mountain Fair policy
4. Limit one (1) entry per exhibitor.
5. Same Exact Photo or Same Exact Subject must not be entered in any other division or class.

**DIVISION 290**

Class: 1

**Premiums sponsored by Fred & Stacy Schneider**

**INTER-MOUNTAIN FAIR YOUTH STEER CARCASS CONTEST**

Sponsored by Fall River - Big Valley Cattlemen's Association

1st - \$100 2nd - \$75 3rd - \$50

Rules and Guidelines:

1. In order to be eligible to compete, steers must have been bred from within the Junior Inter-Mountain Livestock Sale Area.



# Welcome to the 100th Annual Inter-Mountain Fair.

**PLEASE READ YOUR STATE AND LOCAL RULES** - Copy of State Rules are located in the Fair Office

## Inter-Mountain Fair LOCAL RULES

### 1. ENTRIES

ALL ENTRIES ARE DUE IN THE FAIR OFFICE BY 5:00 PM, FRIDAY, AUGUST 3, 2018! NO POST ENTRIES.

OPEN HORSE SHOW: Open to the world (except 4-H Classes).

OTHER SENIOR DIVISIONS: Limited to residents of Shasta, Lassen, Modoc, and Siskiyou counties.

JUNIOR DIVISIONS: (except market animals) Limited to residents of Shasta, Lassen, Plumas, Modoc, Tehama, Trinity, & Siskiyou counties.

JUNIOR MARKET ANIMALS: Limited to juniors enrolled in the Fall River and Big Valley School Districts. One market animal per exhibitor. Must attend and participate in a field day to sell in Jr. Livestock Sale.

MASTER SHOWMANSHIP representation is limited to juniors enrolled in the Fall River & Big Valley School Districts.

ANIMALS THAT ARE NOT ENTERED IN THE FAIR ARE NOT ALLOWED ON THE FAIRGROUNDS.

2. ENTRY FORMS: Entry forms must be used for each different department; i.e., beef, sheep, horse show, agriculture, clothing, each 4-H project, etc. Each entry form must bear the exhibitor's original signature. All entry forms must be complete and fees paid in order for the entry form to be accepted. *4-H Note: The Farm Advisory Signature requirement for "out-of-county" entries has been waived. Project or Community Leader signature will be required on all 4-H entry forms.*
3. ENTRY FEES: No refunds will be given on entry fees under \$25.00. Request for refund must be in writing and sent to the Inter Mountain Fair Advisory Committee.
4. JUDGING: All classes will be judged on the AMERICAN SYSTEM except when the Danish System is specified at the Class or Division heading.
5. REMOVAL OF EXHIBITS: No exhibits shall be removed from the fair prior to 3 pm on Monday, September 3, 2018 with the following exceptions: All horses are released after the judging of their classes. 4-H Rabbits, Poultry and Dogs are released after showing on Saturday. Jackpot Cattle are released at 6:00 PM Sunday, September 2, 2018. All Sifted animals must be removed by 6 PM Saturday, September 1, 2018. Exhibitors of Market animals are responsible for their animal until the animal is loaded on the truck for processing.
6. AGES OF EXHIBITORS: 4-H Primary members may participate if they are at least 5 years old by Jan. 1, 2018 and who is not over 8 years old by Jan. 1, 2018. A Primary member may not enroll in a large animal project, but they may enroll in a small animal project. Primary members are limited to two entries in each division and receive ribbons only and no premiums. Upon conclusion of judging each specie, primary exhibitors are allowed to participate in a discussion type setting with the judge. Primary exhibitors are not judged, but do receive a participation ribbon. Primary exhibitors may only enter in primary classes. A full 4-H member must be at least 9 years old by Jan. 1, 2018 and not over 18 or the completion of High School. Members who participate in the large animal show/sale must be 9 years old (or older) by Jan. 1, 2018.
7. OWNERSHIP OF EXHIBIT: Exhibitors must be the bonafide owner of all entries. In addition, livestock must be owned prior to the opening date of the fair for:
  - A. 30 days for Jr. Dept. Small animals
  - B. 60 days for Junior Department exhibitors, except that market beef must be owned for 120 days.
  - C. Horse projects must be owned by the exhibitor or leased 120 days prior to fair.
8. FAIR STAFF AND MANAGEMENT RESERVES THE RIGHT TO REJECT OR REMOVE ANY ENTRIES FOUND OFFENSIVE OR DISTASTEFUL.
9. NO DOGS ARE ALLOWED ON THE FAIRGROUNDS! Only exceptions to this rule are: 1) Dogs that are entered in the Pet Show or in the 4-H Dog show on Saturday, Sept. 1, 2018 and must leave following event. 2) Dogs that are Service Dogs as define by ADA rules! .
10. SUBSTITUTIONS: (includes horses) Substitutions must be completed at least 24 hours before judging is scheduled to begin.
11. HORSE STALLS: \$15.00 per stall. Stall fees must accompany entries and will be assigned on first come basis. Must be cleaned by occupant upon vacancy.
12. CAMPING : There will be a \$165.00 fee per unit for the RV Park and Lawn Area, and a \$88.00 fee for dry camping areas. These fees include TOT Tax and cover camping from Wed., Aug. 29 – Mon., Sept. 3. Barn Area camping available to Livestock Exhibitors only. Exceptions only to 4-H club trailers and Staff. Limited space is available. All other campers will be moved to overflow. Camping spaces on beef barn fence may not plug into the Beef Barn, generators are acceptable. RVs can move onto the lawn Sunday August 28<sup>th</sup> after 3pm. Those

who wish to camp on the grounds must so state on their entry forms, but this does not guarantee a camping space. *Camping fees must be paid in full at the time of reservation and are due on the Livestock Entry closing day.* Unpaid spaces will be given away. Space will be assigned by the management; preference to be given on seniority basis. **Dogs are not allowed on the fairgrounds with exception of ADA Compliant Service dogs.** Outside food & Beverage brought in Trailer must stay in Camping Area! Exhibitors must remove vehicles from inside Fairgrounds prior to 8:00 a.m. daily. No vehicles will be allowed to be "camped" or parked on the grounds. All trash must be put in livestock area trashcans. Violations of these rules will result in loss of camping space!

13. **FEED AND BEDDING:** Exhibitors must provide their own bedding. Livestock exhibitors must keep pens and stalls clean and well bedded. Animals are to be fed and pens are to be cleaned by 8:00 a.m. daily. East Gate will be open prior to 8:00 a.m. for the purpose of bringing in feed and bedding. No Straw is allowed.
14. **HEALTH CHECK:** Management reserves the right to dismiss any animal that has a health issue. Animal health decisions will be made in the best interest of the animal and for the other animals at the fair as determined by the Fair Management in consultation with the Fair veterinarian. All sheep must have Scrapie tags or tattoos. All animals that do not comply will not be accepted.
15. **WEIGHING OF ANIMALS:** All animals for which weights are required must be weighed on the Inter-Mountain fair county certified scales according to the following schedule:  
WEDNESDAY, Aug. 30th - 6:00 p.m. - Market Lambs & Unregistered Ewe Lambs  
THURSDAY, Aug. 31st - 8:00 a.m. - Market Swine, 10:00 am - Market beef  
Animals will be assigned to classes by management. If weight is disputed, the animal is immediately taken off of the scale, the scale is checked for balance and the animal is immediately re-weighed. At no time can the animal leave the scale area. Jr. Market Animals will be divided by weight into classes. All Lambs before entering scale must be shorn and have a fleece no longer than ¼ inch stretched fleece. Wet Lambs will not be weighed. *Pre weighing of animals may only be done prior to 5 PM, Tuesday, August 28, 2018. Scales will be locked until weigh-in.*
16. **SHOWMANSHIP:** Only animals owned, fitted and shown by the exhibitor in the Junior Department Livestock Classes are eligible. Sifted animals are eligible. Entries in Showmanship must be made on original entry form at the time Livestock and/or Horse Show entries are made. Leader's Signature required. NOTE: All exhibitors are required to wear the official show uniform of the organization they represent. Independents exhibitors must follow dress code as stated in the local rules.
17. **FAIR PASSES:** All Commercial exhibitors, concessionaires, exhibitors, and public will be able to purchase Fair passes when submitting entry forms and contracts. Passes are \$15. Daily Admission is \$5. *Admission passes will be available thru Thursday, August 30, 2018.*
18. **THEFT AND RISK:** All livestock and other entries are shown at the owner's risk and management shall not be responsible for loss or damage by fire, theft or otherwise. Management shall provide watchmen during the fair.
19. **CASH AWARDS:** All Premiums awarded to Exhibitors and all Jr. Sale checks must be cashed within 90 days of issue or will be void and considered a donation back to the Fair. Only the official placing on the judging sheets constitutes the final placement. Ribbons or tags have no value as to payment.
20. **STATE RULES:** State Rules, Animal Health Rules, Horse Rules, Horse Health Rules, USDA Canning Rules, and the Score Cards for judging as prescribed by the Division of Fairs and Exposition, apply to all entries of the Fair. *A copy of the State Rules is available in the Inter-Mountain Fair Office.*
21. **FAMILY ATMOSPHERE:** The Inter-Mountain Fair will not allow gang clothing or clothing affiliated with a gang which promotes, intimidates or influences actions that will disrupt the fair policy of promoting a family atmosphere thus interfering with the business within the fair grounds. No Dogs are allowed on Fairgrounds unless they are entered in an event and must be removed immediately following the conclusion of such event. Service dogs with proper paperwork or identification are allowed.
22. **DIVISIONS:** Any division with insufficient numbers will be cancelled upon review by the management.
23. **ADDITIONAL INFORMATION:** Address correspondence to, General Manager,  
Inter-Mountain Fair and Events Center,  
P.O. Box 10,  
McArthur, CA 96056  
Phone (530) 336-5695



# Livestock Schedule

- Times noted below are deadlines to have entry form paperwork and animals place.
- A separate entry form must be made for each department – Example: Market Beef on one entry form, Baked Foods on another entry form.
- All entry forms must be complete and in the Fair Office or postmarked no later than the below mentioned dates. Late entries will not be accepted.
- Livestock may begin arriving on Tuesday, August 28, 2018, at 12:00 NOON
- All entries will be released on Monday, September 3<sup>rd</sup> starting at 3 PM!
- Be sure to check your Inter-Mountain Fair local rules and animal showing schedule for more details!

CATEGORY	ENTRY FORM DEADLINE	ANIMAL ENTRY DEADLINE	WEIGH INS OR INSPECTIONS	JUDGING SCHEDULE	ANIMALS RELEASED
BEEF	FRI. AUG. 3, 2018	WED. AUG. 29, 9:00 PM	THUR. AUG. 30, 10:00 AM	FRI. AUG. 31, 2:00 PM	MON. SEPT. 3, 3:00 PM
SWINE	FRI. AUG. 3, 2018	WED. AUG. 29, 9:00 PM	THUR. AUG. 30, 10:00 AM	FRI. SEPT. 1, 8:00 AM	MON. SEPT 3, 3:00 PM
SHEEP	FRI. AUG. 3, 2018	WED AUG. 29, 6:00 PM	WED. AUG. 29 6:00 PM	THUR. AUG. 30, 6:00 PM	MON. SEPT. 3, 3:00 PM
POULTRY	FRI. AUG. 3, 2018	SAT. SEPT. 1, 9:00 AM	SAT. SEPT. 1, 8:00 AM	SAT. SEPT. 1, 10:00 AM	SAT. SEPT. 1, 4:00 PM
DOG	FRI. AUG. 3, 2018	SAT. SEPT. 1, 10:00 AM		SAT. SEPT. 1, 10:00 AM	CONCLUSION OF SHOW
RABBITS & CAVIES	FRI. AUG. 3, 2018	SAT. SEPT. 1, 10:00 AM		SAT. SEPT. 1, 10:00 AM	SAT. SEPT 1, 4:00 PM
HORSES	FRI. AUG. 3, 2018	SAT. AUG. 25, 8:00 AM		SAT. AUG. 25, 8:00 AM	CONCLUSION OF SHOW

## SHOW ORDERS

### SATURDAY, AUG 25, 2018

#### 8:00 AM Horse show

- 4-H Horse
- Halter Classes
- Showmanship
- Performance Classes

### THURSDAY, AUG 30, 2018

#### 1:00 PM Lad & Ladies Lead

#### 2:00 PM Sheep Show

- FFA Market
- 4-H Market
- Champion Selection
- Pen of 3 Market Lambs
- FFA Showmanship
- 4-H Showmanship
- Breeding Sheep

#### 6:30 PM Over the Hill Round Robin

### FRIDAY, AUG 31, 2018

#### 8:00 AM Swine Show

- FFA Market
- 4-H Market
- Champion Selection
- Pen of 3 Market Hogs
- FFA Showmanship
- 4-H Showmanship

#### 2:00 PM Beef Show

- FFA Market
- 4-H Market
- Champion Selection
- Pen of 3 Market Steer
- FFA Showmanship
- 4-H Showmanship
- Jr. Registered Cattle
- Jr. Commercial Cattle

### SATURDAY, SEPT 1, 2018

#### 10:00 AM Small Animal Show

- Poultry Showmanship
- Dog Showmanship
- Rabbit Showmanship
- Cavy Showmanship
- Small Animal Master Showmanship
- Jr. Poultry Breeding
- 4-H Dog Obedience
- Jr. Rabbit Breeding
- Cavy Breeding

#### 1:00 PM Pee Wee Showmanship

#### 5:00 PM Large Animal Master Showmanship

### SUNDAY, SEPT 2, 2018

#### 9:00 AM OPEN BEEF SHOW

# LADS & LADIES LEAD COMMENTARY FORM

**DIVISION: 58**

PLEASE CHECK ONE

**Class 1 (9 - 10)** \_\_\_\_\_ **Class 2 (11- 13)** \_\_\_\_\_ **Class 3 (14 - 18)** \_\_\_\_\_

Final commentary **deadline** is Wednesday, August 29, 2018, 5:00 p.m. at the fair office. **This form must be typed !**

NAME \_\_\_\_\_ TELEPHONE \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

AGE \_\_\_\_\_ GRADE \_\_\_\_\_ SCHOOL \_\_\_\_\_

Was your outfit purchased? \_\_\_\_\_ Made? \_\_\_\_\_ By Whom? \_\_\_\_\_

Describe your outfit, noting colors, styling detail, use (for school, sports, parties, work, etc.) and all accessories to be modeled with outfit \_\_\_\_\_

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Describe accessories on Sheep (if any) \_\_\_\_\_

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Breed of Sheep in Ladies Lead \_\_\_\_\_

Owner of Sheep \_\_\_\_\_



## 2018 INTERMOUNTAIN CATTLEWOMEN

### BEEF MERIT AWARD APPLICATION

To be eligible for a merit award you must be a member of a 4-H Club or FFA Chapter in the Intermountain Area. You must be enrolled in a beef project in 2017 and plan on entering a steer at the **2018 Inter-Mountain Fair.**

1-\$350 Merit Award to a 4-H member

1-\$350 Merit Award to a FFA member

1-\$275 Encouragement Award

**\*\*\*\*\* Merit Award applications and Handwritten Summaries are due to the Inter-Mountain Fair Office by Friday, August 3, 2018, at 5:00 PM.\*\*\*\*\***

*Interviews will be held during the Intermountain Fair. Ruth Woolery will be contacting you to schedule an interview time.*

If you have any questions, please contact Ruth Woolery at 335-7245 or 604-2553.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone Number \_\_\_\_\_ Year in Beef Project \_\_\_\_\_

Club/Chapter \_\_\_\_\_

Leaders Name \_\_\_\_\_

Have you received a prior Merit or Encouragement Award from the Cattlewomen? \_\_\_\_\_

If yes please specify which award \_\_\_\_\_



# REGIONAL, STATE & NATIONAL FUNDING & MORE



## Tractor Supply Fundraiser Opportunity!

Tractor Supply has a standing invitation for any 4-H clubs interested in holding a BBQ fundraiser at the Redding store each Saturday throughout the year. Please call three to four weeks in advance to schedule your weekend. Tractor Supply will furnish the barbeque and propane; your club brings the hot dogs, condiments, etc. Car washes or bake sales are also possibilities. Please call Tom or Carol to schedule your fundraiser or to learn more about how your club can help during the fall campaign. *Leaders, please make sure you have your Food Safety Certification.*

## BECOME A COMPUTER SCIENCE TEEN LEADER

Win \$1,000 by bringing CS to your community!

Google and 4-H need you to help bring computer science to kids in your community! This October, 4-H and Google will launch an exciting National Youth Science Day (NYSD) challenge, **Code Your World**, which is all about learning computer science through four fun, hands-on activities. Google and 4-H need your help bringing the online activity, called Animate a Name, to kids in your community.

Here's how it works:

Register to be a CS Leader in your community. **Registration opens July 2.**

Choose a partner and create a plan to reach as many kids as you can with Animate a Name.

Execute your plan and have fun!

Your goal is to reach at least 100 kids with Animate a Name at school, special events, county fairs, or anything else you can think of.

The team that makes the biggest impact in their community by the end of October will be awarded \$1,000.

Runners-up will also qualify for additional great prizes.

Visit [Teens CS Leaders](#) for more information and to register.

Contact [Erin Gilfenbaum](#) with questions.

## WELCOME TO 4-H STEM LAB!

Looking for easy ways to get your kids interested in science?

National 4-H [STEM Lab](#) provides fun, hands-on STEM activities for kids of all ages to do anywhere!

These hands-on activities are designed to instill curiosity, and critical thinking, helping kids develop the skills needed to be successful in life. They are also fun, easy to do, and feature a messy factor just for you! Check out the activities today to get started.

With the support of HUGHESNET, 4-H is bringing some of the best STEM activities from its land grant university network and other education partners to STEM Lab. 4-H has clubs in every county across the nation and STEM Lab can help you bring 4-H experiential learning to your family.

For more information visit the [4-H STEM Lab website](#)



# REGIONAL, STATE & NATIONAL NEWS

## 2018-19 VOLUNTEER TRAINING

All 4-H adult volunteers are required to complete online training courses in eXtension in order to volunteer with 4-H youth. The eXtension training sessions are interactive and most volunteers have no problems accessing and completing the training.

### If you have an older computer or low internet bandwidth

The State 4-H Office will facilitate training in a Zoom session, an online system that allows video conferencing, for those who have computers with older operating systems or low internet bandwidth. We will offer multiple Zoom-based sessions from July to November.

Zoom participants need to INDIVIDUALLY pre-register online **at least 1 day prior to the desired training date** using the links for the session. Participants must stay on the webinar for the entire session in order to complete the training.

[Click here](#) for a list of the webinar dates and times and their registration links.

## ANNOUNCING THE 2019 STATE FASHION REVUE CATEGORIES

**Traditional with \$40 limit** (unchanged from 2018); only open to 4-H Clothing and Textiles, aka Sewing project members.

**Consumer Science Purchased with \$40 limit** (unchanged from 2018); open to all 4-H members

**Retro/Historical Challenge** (formerly the Retro Challenge) - garments inspired by styles from before the year 2000; only open to 4-H Clothing and Textiles, aka Sewing project members.

**Box Challenge** (*our first NEW challenge!*) For 2019 it is red/white/blue fabric and incorporates a list of items in your "box." Only open to 4-H Clothing and Textiles, aka Sewing project members.

**Make it Mine Challenge** - altering a pattern or making your own pattern to achieve the fit and style you desire; open to all 4-H members



NOTE: The Upcycled category will **NOT** be offered at the 2019 State Fashion Revue, due to limited interest. As always, this category and others may be included in county fashion revues, but entries will not advance to the State Fashion Revue.

Full guidelines for the Challenge categories are on the [State Fashion Revue](#) website. The theme and service projects will be posted online next month.

Questions? Please contact Mary [maryengebret@comcast.net](mailto:maryengebret@comcast.net) or Sue [2moores.sue@gmail.com](mailto:2moores.sue@gmail.com).

## RECORD BOOK UPDATES

### Manuals and Forms 2018-19

The 2018-19 Record Book Manuals and forms will not change this year. We will update and post the manual with the current year's date by July 1, 2018 on the state website.



### State Record Book Competition 2018

Members who are entering State Record Book Competition should review the [2018 State 4-H Record Book Competition Evaluation Process](#).

[Intent to Submit forms](#) are due by August 31<sup>st</sup> and are [available online](#).

Books should be delivered to the member's county 4-H office as determined by the county. Watch for your county due dates. Books will be **due electronically** to the State 4-H Office by **October 26, 2018!**



- 4-H/FFA BBQ



# UCCE - SHASTA COUNTY PROGRAM NEWS

## Harvest of the Month



Network for a Healthy California

The *Harvest of the Month* featured produce is **zucchini**



### Health and Nutrition Go Hand-in-Hand

Make half your plate fruits and vegetables and be active every day. Drink water instead of sugary drinks. (Sugary drinks are the largest single source of added sugar in the American diet.) Doing these things may lower the risk of serious health problems like obesity, type 2 diabetes, heart disease, stroke, and some types of cancer.

A ½ cup of sliced zucchinis is a good source\* of vitamin C. This vitamin helps your body heal cuts and wounds and lowers your risk of infection. Zucchinis are also a source of vitamin B<sub>6</sub>. This vitamin helps your body build healthy blood cells. It is also needed to help build proteins and release energy.

\*Good sources provide 10-19% Daily Value.

### Healthy Serving Ideas

Add extra shredded zucchini to zucchini bread. Bake in muffin tins for an easy snack. Make this treat even healthier by using applesauce instead of oil and adding in raisins.



Sauté chopped zucchini, onions, and bell peppers to add to chicken enchiladas.



Sauté zucchini sticks with garlic and a dash of oregano. Top this tasty side dish with a little Parmesan cheese.



### Shopper's Tips

- Look for zucchinis with shiny skin that feel heavy for their size. Ripe zucchinis should feel slightly firm.
- Keep whole zucchinis in the refrigerator for up to five days. Wash zucchinis just before using.
- Put sliced zucchinis in a sealed plastic bag. Keep in the refrigerator for up to two days.

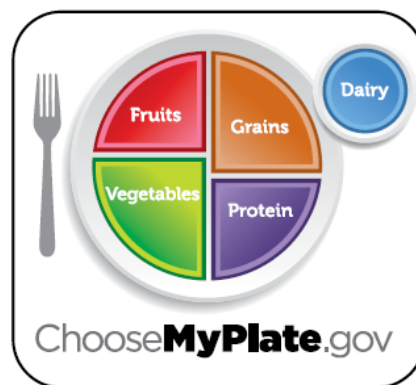
### Let's Get Physical!

You can enjoy team sports without the team. Get a soccer ball and practice kicking the ball back and forth between your feet. Grab a basketball and practice bouncing it from hand to hand. Play with a volleyball to see how long you can keep it off the ground. Challenge yourself and do these actions while jogging back and forth.

### How Much Do I Need?

The amount of fruits and vegetables you need depends on your age, gender, and the amount of physical activity you get every day. A good tip to follow is:

- Make half your plate fruits and vegetables to reach your total daily needs!



For more recipes and tips, visit:  
[www.CaChampionsForChange.net](http://www.CaChampionsForChange.net)

# UCCE - SHASTA COUNTY PROGRAM NEWS

## YOUTH DEVELOPMENT ADVISOR SELECTED TO SERVE SHASTA, TRINITY AND TEHAMA COUNTIES

Larry Forero and Josh Davy

In the 2016 position call we requested and were granted a Youth Development Advisor position by the University of California Division of Agriculture. This position will be housed in the Redding office. After a national search, Nate Caeton was selected to fill this position. Nate has held the position of Community Education Specialist (formally Program Representative) for five years. During the time he was working in that position he completed a Bachelor of Arts in Social Science (CSU, Chico) and a Master of Science in Instructional Science and Technology (CSU Monterey Bay).

We will be recruiting to backfill the Community Education Specialist position he will soon be vacating. The duties and responsibilities for these two positions are different. Examples of the duties of each are outlined below:

### Advisor

1. Supervise and support the 4-H Youth Development Community Education Specialists in Shasta/Trinity and Tehama counties
2. Understand and communicate policies associated with the 4-H Youth Development program
3. Seek opportunities to conduct applied research "*furthering the field of youth development*" that are relevant to the counties he serves
4. Serve as the conduit between our community and the University of California—both sharing new knowledge through educational meetings and newsletters and communicating youth development problems and issues that the need to be addressed to University of California researchers

### Community Education Specialist

1. Work with leaders and youth on the implementation of the statewide 4-H Youth development program at the local level. This includes:
  - a. Meet with council
  - b. Work with treasurer on biannual billing for leaders and youth
  - c. Develop a strategy to recruit members and leaders
  - d. Listen to community members to gain insight into program needs
2. Assure program requirements are met. Examples include:
  - a. Leader background checks and compliance with enrollment process
  - b. Fiscal propriety
  - c. Consider complaints

The UCCE offices in Shasta, Trinity and Tehama counties are very excited to have this position and are confident that Nate will be successful in it. One of his first tasks will be to train his replacement after they are hired. His serving in that role for five years has provided him with in depth knowledge of the program that will be a huge advantage to the new hire.

Please join us in welcoming Nate to his new position!!!!



Welcome

# August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 4-H Club <b>DUE</b> Achievement Night Awards List Due Updated Club Info Due	2	3 Record Book Judging Books due to 4-H office <b>DUE</b>	4
5	6	7	8	9	10 IM Plant Science Day @ 5PM IM fairgrounds @ 5	11
12	13	14	15 Club Leader Training 4-H Office @ 6 PM	16	17 Record Book Judging Books available for pick-up	18 Jr & Teen Leader Lock-in @ West Cottonwood School 6 PM Drop-off
19	20	21	22	23	24	25
26	27	28	29	30 IM Fair	31 IM Fair	

# September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 IM Fair
2 IM Fair	3 Star Awards, Landmark Volunteer Services & Friends of 4-H @2PM IMF IM Fair	4 4-H Information Night @ 6PM Redding Library	5	6	7	8
9	10	11	12	13	14 Year End Financial Reporting Due <b>DUE</b>	15 4-H Makes @ Shasta County Mini Maker Faire 9AM - 5PM @ SDF
16	17	18	19	20	21	22
23	24	25	26	27	28	29 Officer Training Day 10 AM - 12 PM @Good Times Pizza Palo Cedro
30						

Nate Caeton, 4-H Youth Development Program Representative

1851 Hartnell Avenue

Redding, CA 96002

Phone: 530-224-4900

Fax: 530-224-4904

Website: http://ceshasta.ucanr.edu/4-H\_Program/Shasta\_County\_4-H\_Information/

nwcaeton@ucanr.edu

Current Resident OR:

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at http://ucanr.edu/sites/anrstaff/files/215244.pdf )

Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.

COUNCIL

VALLEY COUNCIL

Next meeting will be August 15, 2018
6 pm at the 4-H Office



INTERMOUNTAIN COUNCIL

Next meeting TBA

Layout and Editing by Denice Doll

All leaders and youth 14 years and older have voting rights. Please come and take part!

RECORD BOOK CORNER

Activity/Event/Award

- List your projects, don't forget the Leadership Project if your club has one . . . . . 1-4-H Project
Attend a Council Meeting . . . . . 3-4-H Event Attended
Committee Member . . . . . 4-Leadership
Committee Chair Person . . . . . 4-Leadership
Junior or Teen Leader (once for each project) . . . . . 4-Leadership
Participated in a Community Service Event . . . . . 5-Community Service
Represented 4-H at your school or other community group . . . . . 5-Citizenship OR 6-Communication Skills
Led the American Flag Salute at a Council Meeting . . . . . 5-Citizenship
Article Submitted to Cloverleaf or local newspaper about club activities . . . . . 6-Communication
Led the 4-H Pledge at a Council Meeting . . . . . 6-Communication
Received School Honor or Award . . . . . 7-Honors & Recognition
School or Community Sports Team, Private Lessons, Organization Member-ship, . . . . . 8-Lifestyle Activities
After School Job, Music Group