

# 4-H Tips 'n Topics



University of California Cooperative Extension, Shasta County 4-H

<http://ceshasta.ucdavis.edu>

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## Welcome New and returning families!

I would like to welcome all the new and returning families to the 4-H Program. You are encouraged to read this newsletter on a regular basis for upcoming events, youth recognition, and other important information. In an effort to save on printing and postage costs, you are encouraged to access this newsletter through our website at: <http://www.ceshasta.ucdavis.edu>. Event registration forms, 4-H record book forms, and yearly schedules are only a few items included on our website. Your enrollment form has a space for you to indicate that you would like the newsletter through this method. Please be sure to mark it. Those of you who do not have Internet access will receive the newsletter through the mail. **There is an option online to subscribe to the newsletter. Once the newsletter is uploaded to the site an e-mail will be sent to you with a link to the newsletter.**

I encourage you to stop by the office on Hartnell Avenue, meet our staff, and visit our lending resource library. **Office hours** are 8 a.m. to 5 p.m. Monday through Friday.

Fees for Valley members this year will be: \$20 per youth and \$10 per adult. A budget assessment fee of \$20/member will be billed to each club.

Enrollment forms are available through your 4-H community clubs. All fees are to be paid directly to the club of your choice. Clubs will be billed based on enrollment forms submitted to the 4-H office. If paying the fees is a hardship, we encourage you to talk with your community club leader about how to cover the cost.

**A "4-H 101" class will be offered in November.** Watch the TNT newsletter for more information. Feel free to contact the 4-H office with any questions or concerns.

## National 4-H Week is almost here! Oct. 5-11

Hosted by Canyon, Whitmore & Anderson 4-H

**Sunday, October 5**, will be the date for this year's 4-H Day at the Mt. Shasta Mall. **All Valley Clubs** should participate in this event. Create your own booth and see what other clubs have to offer. The mall is letting us use their facility free of charge, so we should all take advantage of this excellent opportunity. This is one of the ways to outreach to many people and let them know just what 4-H is all about. Set up will start at 9 a.m. All clubs need to have their booth set up and ready by 10:30 a.m. and cannot take down their booth until 4 p.m.

Please make an effort to wear your club t-shirt or uniform. Uniforms are not required but provide a professional look.

Let's all get involved and enjoy 4-H week! For more information and/or if you plan to set up a display (**especially if you require a power outlet**) call Gretchen Hackley at 232-1430.

**Inter-Mountain 4-H Clubs** are encouraged to design window displays in local stores, make posters, or provide flyers to the public advertising your local 4-H club. Visiting local schools is also a great idea!

## IMPORTANT DATES

9/1	4-H Office Closed for Labor Day
9/4	4-H Informational Night for the Public—All Clubs
9/13	Vly. Achievement Program ( <i>Desserts</i> )
9/17	Valley Council Meeting
9/24	I.M. Key Leaders Meeting
9/24	I.M. Council Meeting
9/30	New Leader Orientation Meeting
10/1	Farm City Day
10/4	Club Officers Training
10/5	Sunday @ the Mall
10/5-11	National 4-H Week Oct 5 -11
10/18	Judging Field Day (Shasta College)
10/20	Emerald Star Applications Due
10/20	New Leader Orientation Meeting
11/15	New Leader Orientation Meeting

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## CLUB & PROJECT CONNECTION

### Happy Valley Horse Project Holds Camp at Twin Bridges

*Submitted by Leslie Forero, Happy Valley 4-H*

The Happy Valley Horse Project, led by Kathleen Lichlyter, held a camp at Twin Bridges in Lassen Park. The camp lasted for four days and worked on developing horsemanship skills.

Campers rode and cared for their horses or ponies daily; no little feat, as there was a total of twelve horses present. Duties included hauling water, food and waste, saddling and bridling horses and brushing down horses after rides.

When not riding, campers sang songs, performed skits and worked on crafts. The crafts in particular were entertaining because many of them were horse themed. Campers learned how to make lead ropes and worked on painting horse figurines. Several skits made the use of Spotman the pony, to teach the importance of wearing helmets, respecting elders and wearing flashy show clothes.

Horse camp was a very enjoyable experience.

### GIS/GPS Takes Field Trip

*Submitted by Cherry Chico, Co-Wide GIS/GPS Project*

On August 4th, 2008, the Co-Wide GIS/GPS project took a field trip to Fenwood Ranch; a property 1.2 miles east of Deschutes Road. The purpose of the field trip was to collect data for the Shasta Land Trust using both recreational and resource grade GPS units. We arrived at the Ranch at 9 a.m. Those in attendance were: our leader, Benita Moore, Shirley and Bryce Goldstein, and Wendi and Cherry Chico. There were also two men from the Shasta Land Trust. One was employed by the land trust and the other was a volunteer. They were Ben Miles and Dave Klasson. After we arrived, Benita told everyone what she had in mind for the day and the men from Shasta Land Trust talked about the conservation easement, history and wildlife of Fenwood Ranch. Benita tried to get the Thales Mapping Grade unit to work properly, but because it couldn't get enough PDOP (Position Dilution of Precision), it refused to cooperate. So Bryce took the first waypoint from the driveway with a Garmin Legend (one of the recreational grade units). Then we all walked over to the first vernal pool we were going to be GPS-ing'. Unfortunately the pool was dried up, but we could still see the outline of where it was. Bryce took waypoints all around the pool at roughly 10 ft intervals. When he was finished, we drove down the road to the next vernal pool. Most were surprised at the amount of wildlife that were roaming the ranch that late in the morning. We saw a large group of bucks (mule deer) and then later a couple coyotes running underneath the transmission lines. This time Bryce took a "track" around the pool and Cherry took waypoints every 8-13 steps. After the collection of data at this spot we continued on our way to an area of the property called the "China Garden". Our leader Benita and Dave Klasson named some of the flora on the way to the China Garden, which included Dutchman's pipevine and Buckeye trees. When in the China Garden we saw huge elderberry bushes, a doe and fawn sneaking through the blackberries, some Dutchman's pipevine swallowtails and large expanses of star-thistle in bloom (which were quite pretty despite the thistle's painful reputation). We stopped for a while to see if we could get to the Sacramento River which runs along an edge of the property. Unfortunately we couldn't get to the river but we took the opportunity to pick some blackberries while stopped. We then drove back up the road to a vehicle track that led us closer to the river, but this time poison oak prevented us from going down to it. We took two waypoints in this area; Bryce took one by a large oak tree, and Cherry took another. Then we climbed back into the vehicle and made our way to another oak tree. Bryce took the waypoint at this oak and Benita tried again to make the mapping grade GPS work, but to no avail. We stopped at one last tree before leaving, and after Cherry took the waypoints we drove back to the gate and everyone went on their way. Our leader hopes we will be able to do more field trips and we also hope to make maps for natural resource conservation and of shaded fuel breaks for Gary Nakamura for our next community service.

### Come and Join Us!

*Submitted by Isabella Greenleaf, Knitting Club Teen Leader*

Knitting is a lot of fun and remarkably easy! You can knit almost anything: cell phone and i-Pod cases, dolls, hats, wristbands, purses and more! It is a very entertaining activity for any 4-H'er; boys and girls alike. We'd love it if you'd come and share our fun on Thursday, September 18th at the 4-H Office from 3:30 to 5:00 p.m.

### Genealogy Project

*Submitted by Benita Moore, Project Leader*

Have you ever wondered about your great-great grandparents and where they came from? A new county-wide project will help you climb your family tree! 4-H Leader Benita Moore is offering a Genealogy project for youth from any club. The project will start in September. Members of the Shasta Genealogical Society will be guest speakers and there will be fieldtrips to local cemeteries and record collections. If you are curious about your family origins, and are 9 years or older, please contact Benita at 226-9765 or the 4-H office at 224-4900. Be warned, collecting ancestors can become addictive!

### GIS/GPS Project

*Submitted by Benita Moore, GIS specialist*

Did you enjoy geocaching at 4-H Camp? Come and explore the world of geospatial science and go where no 4-H project has ever gone before! 4-H Leader Benita Moore is offering a GIS/GPS project for youth from any club. Sign-ups for the GIS/GPS project have started August 1<sup>st</sup>. If you would like to learn about maps, Geographic Information Systems (GIS) and Global Positioning Systems (GSP) and are 11 years or older, please contact Benita at 226-9765 or the 4-H office at 224-4900.

### Required Club Officers Training

The club officers training will be held **Saturday, October 4**. Individual officers will be provided with a review of what their duties and responsibilities entail.

The policy handbook reads, "*At a minimum, trainings must be conducted annually and attendance will be required in order to participate in the program.*" The key word here is **required**.

All club officers are strongly **encouraged** to attend. However, the trainings are **required** for the following offices: **President, Vice President, Secretary and Treasurer**. There will be trainings offered for Sergeant at Arms, Historian, Song Leader, Activity Leader and Reporter.

If one of the required officers cannot attend, a volunteer leader **must** attend in their place. They in turn will be responsible for training that officer. **Registration is at 8:30 a.m. at Prairie School, 20918 Dersch Road, Anderson**. Golden Acres is the responsible club. Please contact the 4-H office with any questions.



### Valley Council Officers Elected

Congratulations to the following  
elected officers:

*President*

**Johnny Sylvester, Cow Creek 4-H**

*Vice President*

**Callie Froese, Twin Palms 4-H**

*Secretary*

**Charlie Little, Palo Cedro 4-H**

### 4-H In Another Way

4-H is collaborating with the Oak Run School District in bringing 4-H through school enrichment. The "Animal Academy" will bring together California Standards-Based academic subjects and 4-H enrichment activities for home school youth. Some of those activities will include kitchen science, junior master gardening, recycling, energy, worm composting and experiences with a variety of animals. Any home school families interested in getting more information are asked to contact the 4-H Office at 224-4900 or Bruce Katz at 472-3241.

### Judging Field Day at Shasta College Saturday, Oct. 18th

Shasta College is again hosting a judging field day for beef, sheep, dairy goats, swine, and possibly poultry & rabbit. Reasons are required on the species of your choice. A Feeds & Breeds class will be offered by Cow Creek 4-H. Registration is at 8:30 a.m. with practice classes and instructions starting at 9:00 a.m. **We will need 8-15 volunteer adults to help with tabulations and 3-4 group youth leaders**. If you can help, please contact the 4-H Office at 224-4900. Parking is available in the east parking lot. It's a short walk from there to the farm where the registration table is located. As of this date there will be no concessions. So bring your own water and snacks.



### Self-Determined Projects

There is always some confusion on what “self-determined” means. The question that often comes up is, “*Since there isn’t a beef project leader in the club, can he/she do beef as a self-determined project?*” The answer is **no!**

Self determined is only for projects **not** listed on the project enrollment list. 4-H leaders should use some discretion in counseling youth to sign up under the self-determined project area. The member must be old enough to determine his/her own objective, and a certified adult leader must provide sound guidance. A plan of action must be written and submitted to the Community Club Leader **and** the 4-H office. This can be a great method in teaching youth to organize and determine in what direction they want to move ahead.

### Farm City Day—October 1, 2008

Each year the Shasta County Farm Bureau conducts “Farm City Day for several hundred third grade youth at the Shasta District Fairgrounds. These Youth have an opportunity to learn about agriculture in their community. 4-H is part of the day discussing the program and having some small animals to pet. If you have any animals that would be appropriate for this day OR is you can assist, please call the 4-H office at 224-4900 by **September 19, 2008.**

### New Leader Orientations

Are you interested in teaching a 4-H project? A minimum of six hours of instruction is all that is needed for a completed non-animal project. Let your club community leaders know your interest. Three things must be completed before your project can begin:

1. Fill out an enrollment form and pay your fee.
2. Obtain a fingerprinting form from the 4-H office and be fingerprinted through the Sheriff’s Office (cost: \$18).
3. Attend a new leader orientation. All dates below will be held at the 4-H office in Redding:
  - Monday, September 30, 6 p.m.
  - Tuesday, October 20, 6 p.m.
  - Saturday, November 15, 10 a.m.

### Emerald Star

The Emerald Star is a county award that is earned by developing or adding to something that benefits the 4-H program or the community. Acceptance of a proposal, evidence of work done, review by a committee and final presentation to Council will result in the award. Stars are awarded at the new 4-H year County Achievement Program.

Examples of past projects can be obtained from the 4-H office along with an application.

**Deadline: October 20, 2008.**

### Recognizing Local Heroism

Do you know someone who inspires you by doing extraordinary things in their local community? If you do, **honor your hero by nominating him or her for the 7th Annual Volvo for life Awards**, a grassroots-driven, national award program recognizing local heroes committed to improving their community’s safety, quality of life or environment. In honor of these local heroes, Volvo contributes more than \$1 million to charity each year. **Nominations are welcomed now through October 15**, at which time the American public will be invited to vote online for their favorite heroes from 40 top heroes and decide the finalists in the categories of Safety, Quality of Life, Environment and Butterfly; a newly named youth category. A panel of distinguished judges will then select one winner for each of the categories, who will receive **\$100,000 to be donated to the charities of their choice**; remaining finalists will receive a \$25,000 charitable donation. The Butterfly Award winner will receive \$25,000 and two Butterfly Award finalists will receive \$10,000. One **Grand Award Winner will receive a Volvo car** for the rest of his or her life. To learn more or to nominate a hero, visit: [www.volvoforlifeawards.com](http://www.volvoforlifeawards.com).

### Avian Sciences Day

Avian Sciences Day will be **October 4** at UC Davis. More information to follow as announced.

#### AVIAN FLU AWARENESS MATERIALS AVAILABLE

Free materials are available through the USDA’s Animal and Plant Health Inspection Service’s (APHIS) avian influenza fairs program. Materials, including banners, brochures, posters and giveaway items, include information about dealing with avian influenza. For more information, visit: [www.aifairs.org](http://www.aifairs.org).

## REGIONAL, STATE AND NATIONAL NEWS

### National Youth Horse Leaders Symposium

The 32nd Annual National Youth Horse Leaders Symposium, presented by the American Youth Horse Council (AYHC), will be held on **March 27 through 29, 2009** in Lincoln, Nebraska. The Symposium will again include a variety of presentations including live horse demonstrations, roundtable sessions and classroom presentations on a variety of topics. Additionally, a kickoff reception, vendor booths, a silent auction and the Youth Leaders Celebration Awards Banquet allow attendees to have fun and interact throughout the weekend. For more information go to: [www.ayhc.com](http://www.ayhc.com) or call 800-TRY-AYHC or email: [info@ayhc.com](mailto:info@ayhc.com).

### Fight Hunger Initiative

Secretary Ed Schafer announces a "Fight Hunger Initiative" and is looking for individuals and groups to help the USDA fight hunger in communities across America. For more information and a toolkit of ideas to start a program to fight hunger, visit [www.usda.gov/secretary](http://www.usda.gov/secretary). If you or your group have a new, unique idea for solving the hunger problem, visit <http://www.usda.gov/wps/portal/!ut/p/s.70A/701OB?navid=FBCI FORM> enter for the chance to win Secretary Schafer's Fight Hunger Initiative Award.

### Researchers Create Proposals

With so many families straining to make ends meet, a team of Urban Institute researchers, including labor economists, health researchers, housing experts and children's policy analysts, has created a set of interconnected proposals designed "to make work pay in today's economy." The set of proposals include recommendations to make housing costs more affordable, provide universal health care coverage, making funds available for child care/development programs, helping parents prepare to find higher paying jobs, increasing money available for unemployment insurance, and creating savings accounts for all children at birth. For more information and to read all of the complete proposals visit: <http://www.urban.org/projects/newsafetynet>.

### The State Leaders Council Meeting

The State Leaders Council Meeting will be held **October 25** from 10 a.m. - 3 p.m. in the Northern California region. Please contact Vicky Bosworth at: [vgboz@comcast.net](mailto:vgboz@comcast.net) for further details on location and time of the meeting.

### We Can Change the World Challenge

Siemens We Can Change the World Challenge - 4-H members who have great program ideas for helping the environment can enter this national middle school competition. Students will be challenged to identify and come up with solutions to an environmental problem in their community. For more information on how to enter the competition, visit: <http://www.wecanchangetheworldchallenge.com>.

### A Career with United Nations

4-H participants interested in a career helping the United Nations are invited to take the UN National Competitive Recruitment Examination (NCRE). Please visit: <http://www.un.org/Depts/OHRM/examin/ncrpage.htm> to see if you qualify for a career with the UN and to sign up for the exam. The United Nations has entry-level professional positions available.

### 4-H Fur & Feathers Show

Ventura County 4-H will be hosting its 2<sup>nd</sup> annual 4-H All Breed Shows & Jr. Showmanship Events on **November 15**. Entries are due by **October 30, 2008**. For more information, please click: <http://ca4h.org/4hresource/updates/attach/FurFeathers2008.pdf>. \*\*\* Please note - The Premium Book listed on the flyer will soon be posted on the website.

### Got Photos?

The 2008 California Farm Bureau sponsored photo contest is calling all shutterbugs! Participants must be members of a county Farm Bureau in California. This year's categories include: kids & critters, from farm to fork, all in a day's work on the farm, natural beauty and budding artists (a new category for young photographers 13 yrs. and under). Deadline for entries is **September 26, 2008**. Visit: [www.cfbf.com](http://www.cfbf.com) for more information or to download an entry form.

### Apply to Judge Record Books at State

Want to help judge at the 2008 State 4-H Record Book Competition? Adult 4-H volunteer leaders are invited to apply to act as judges at the State 4-H Record Book Competition. Judge's arrive by 1:00 p.m. on **December 5** and judge **December 5—7**. Applications are due **September 30, 2008** and available at: <http://www.ca4h.org/4hresource/ir/recordbook/StateJudging2008/2008-Record-Book-JudgesApp.pdf>.

## REGIONAL, STATE AND NATIONAL NEWS CONTINUED

### 2009 National 4-H Conference

Applications for the 2009 National 4-H Conference are now being accepted from 4-H members (age 16-19), 4-H volunteers and 4-H staff. The National 4-H Conference is the Secretary of Agriculture's premier youth development opportunity to engage youth in developing recommendations for the 4-H Youth Development Program. Join the California delegation and apply by: **September 30, 2008**. More information is available at: <http://www.ca4h.org/conference/n4hc/index.asp>.

### Are Computers Your Thing?

Do you have experience and interest in computers, the Internet, digital photography, GPS/GIS or other tech area? Join the 2009 California 4-H Computer Corps! The 4-H Computer Corps increases the use and awareness of computer technology in the California 4-H Youth Development Program. 4-H members, age 15-19, 4-H volunteers and staff may apply by **September 30, 2008**. More information is available at: <http://ca4h.org/wrp/compcorps/>.



### Merit Awards & Grand National Stock Show April 1 – 5, 2009

Merit Award applications are now available. Their purpose is to provide financial assistance for the purchase, care and feeding of animals that will be shown at the 2009 Grand National Stock Show. New this year merit awards will be given for Classic, Breeding and Market Animals. All interested members are encouraged to apply regardless of whether or not they've previously shown at the Grand National Show. Applications must be postmarked no later than Tuesday, **September 30, 2008**. Youth interested can call the 4-H office or visit their website at: [www.grandnationalrodeo.com](http://www.grandnationalrodeo.com).

### Lancaster County, PA 4-H Interstate Exchange

Lancaster County, PA 4-H Interstate Exchange program is looking for an exchange for either 2009-10 or 10-11 with any interested California 4-H groups. Scenic Lancaster County Amish country is centrally located close to Gettysburg, Philadelphia, Harrisburg, Washington DC and Hershey. For those interested, please contact Sharon Sherick at: [ssherick@dejazzd.com](mailto:ssherick@dejazzd.com).

## GRANTS, SCHOLARSHIPS, FUNDING, RECOGNITION AND AWARDS

### Do Something Grants

"Do Something" is a non-profit organization that inspires, supports and celebrates young social entrepreneurs and community activists. Visit the Do Something website at: <http://www.dosomething.org/grant-list> for complete program information and application forms. The organization is accepting applications for the following grant programs:

- Do Something and GameStop (<http://www.gamestop.com/>) are offering grants of **\$500 each** to young people, age 25 and younger, who have a great idea for a **community action project** and need support to turn their idea into reality. *GameStop grants are given out weekly.*
- Do Something and Plum TV (<http://www.plumtv.com/>) are offering grants of **\$500 each** to social entrepreneurs, age 25 and younger, who have recently created a **sustainable project, program or organization** and need funding to further the growth of their program. *Plum TV grants are given out weekly.*

### Ben & Jerry's Foundation

The Ben & Jerry's Foundation is offering grant funds of varying amounts to organizations that seek to create social change and exemplify problem solving. For additional information, visit: [www.benjerry.com/foundation/guidelines](http://www.benjerry.com/foundation/guidelines).



### Robert Brownlee Science Award is Re-Opened

The 2008 4-H Golden Clover Award program is seeking qualified 4-H members and volunteers to apply for the Robert Brownlee Science Award. Since no recipients were awarded a Brownlee Science Award during the initial 4-H Golden Clover Award selection process in June 2008, this category is being re-opened for additional applications. Application deadline is: **September 30, 2008**. See Website: <http://www.ca4h.org/4hresource/ir/goldenclover/2008GoldenCloverAwards-ReRelease.pdf>.

## SHOOTING SPORTS INFORMATION

### 4-H Shooting Sports Workshop Rifle Discipline

Corona, CA

Saturday, October 1, 2008  
8:00 a.m.—5:30 p.m.

Sunday, October 12, 2008  
8:00 a.m.—4:30 p.m.



A 4-H Shooting Sports Workshop for the rifle discipline will be held at Raahauge Shooting Enterprises, 14995 River Road, Corona. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. Continental breakfast and lunches will be provided both days courtesy of the *Monte Vista Diamonds 4-H Club*. To register for the course contact John Borba at: [jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu). For directions, visit: <http://www.raahauges.com>.

### Leader/Trainer Muzzle Loading Discipline Offered Saturday & Sunday, October 18 & 19



After successful completion of this two day training, 4-H leaders may lead a muzzle loading project and can train other volunteers who are interested in leading a project.

There is no cost for this training, but class size is limited. Contact John Borba at: [jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu) or (661) 868-6216.



### Hunter Safety Class Offered

Tom Stone will again offer a Hunter Safety Class through the 4-H program. If you are interested, please contact the 4-H office at 224-4900 and leave your name, club name, address and phone number. Dates will be in February or March. You will be contacted with meeting dates.

### 4-H Shooting Sports Course Shotgun Discipline

Ukiah, CA

Saturday, October 18, 2008  
9:00 a.m.—5:00 p.m.

Sunday, October 19, 2008  
9:00 a.m.—5:00 p.m.

Cost—\$30



A shotgun trainer course will be held at the Ukiah Gun Club, in Mendocino County. Upon successful completion of this two-day course, participants will be certified as 4-H leader trainers, and will be eligible to serve as shooting sports project leaders, as well as instruct and certify other volunteers in the discipline of shotgun. Cost for the course is \$30, which includes shotgun shells, clay targets, continental breakfast and lunch both days, and class materials. Teen Leaders may attend, with a participating adult volunteer. Limited camping space is available, contact John Holder for arrangements. The course will be limited to twenty (20) participants. You must be an appointed 4-H volunteer or member to attend this training. Send Training Request Form (found at: <http://ca4h.org/projeresource/shootingsports/index.asp>) with fees payable to "Mendocino County 4-H Council" to: UCCE 4-H Shotgun, 890 North Bush Street, Ukiah, CA 95482.

For more registration information, contact: Linda Edginton at (707) 463-4495 or email: [lgedginton@ucdavis.edu](mailto:lgedginton@ucdavis.edu). If you have questions regarding the course or facility, contact the instructor, John Holder at (707) 4985-8445 or email: [bearhut56@hotmail.com](mailto:bearhut56@hotmail.com).

### *4-H Statewide Postal Shoot Awards*

#### Rifle Open Sights

Intermediate **Bronze** Rick Covey, Co-Wide

#### Trap

Proj. Leader **Silver** Allen Garrett, *Black Butte*  
Intermediate **Bronze** Rick Covey, Co-Wide

## THE IDEAL 4-H CLUB

### What is the ideal 4-H Club?

Many 4-H club leaders and parents ask that question. Actually, it's a complex question, and a simple answer is not really possible. However, there are certain basic features that should be a part of every 4-H club. Without them, no club could truly be effective, let alone ideal. The basic "ingredients" are the following:

- ◆ Focus should always be on the boys and girls who are the members in the club. Why did they join? What do they and their parents hope will happen as part of their enrollment? Is it imperative that we offer programs that meet some of the expectations of the 4-H member: otherwise, they will quit.
- ◆ The club should provide the opportunity for members to learn new knowledge and skills related to one of the 4-H projects. The projects books help guide the members' learning through activities and/or recommended practices and skill procedures. Each year should be a challenge to the 4-H'er to try new ideas or experiment with a different technique. Members should be helped in setting goals, then they should be guided through the processes to achieve them
- ◆ Every member should be encouraged to become involved in learning some leadership skills. There are many opportunities for this: e.g., being a member of a committee or giving a demonstration or talk. Younger members should be helped in becoming involved in some beginning level leadership responsibility during the year. Older members should be encouraged to increase their responsibility in leadership roles.
- ◆ Citizenship should be emphasized. There are many ways to encourage citizenship. One of the simplest is to encourage members to have respect for each other, their club leader, parents and guests. Another way is to let members discuss opinions of an idea or activity for the club; through this they experience group decision making, participate in the voting process and learn to support the majority rules. Still another approach to citizenship training is community service projects or investigation into how citizen's involvement makes improvement or helps people in need. These ideas are a few examples. There are many other approaches.
- ◆ The club should provide recreation and social experience. All work and no play makes a 4-H club dull. 4-H should be exciting, fun, positive and enjoyable. Trying new ideas will make all members want to take part.
- ◆ Members should be given the opportunity and encouraged to participate in county-wide events and activities, such as camp, county fair, presentation contests, judging contests, project skills day, Fashion Revue, Achievement Night, etc. These educational events and activities are designed to help a 4-H member grow and develop.
- ◆ In summary, the ideal—or at least, effective—4-H club must be shaped with the members' interest and needs I mind. The club should help every member grow in knowledge, skill and attitude. It should provide the opportunity for personal development in terms of self-motivation, self-confidence, self-discipline and self-worth. It should foster feelings of achievement. The effective club and its positive worth will be realized by the club leader who knows and considers his/her members and inspires them to re-enroll each year for several years. The bottom line is the 4-H club must be important, exciting and challenging and continually offer new experiences.

*Written by James Helt  
Past State Leader, 4-H Youth Development*

Valley Clubs	Date & Time of Mtg.	Location	Leader Name(s)	Phone #
100 Anderson	1st Wednesday @ 7 p.m.	Meadow Lane School	Tina Johns Shelly Klein	378-1742 *82 347-3815
112 Black Butte	2nd Monday @ 6:45 p.m.	Black Butte Elem. Gym	Cindy Scott Debora Scammon	474-5343 474-1207
114 Canyon	2nd Friday @ 2:30 p.m.	North Valley School	Gretchen Hackley Diane Dollarhide	474-1129 396-2392
122 Cottonwood	1st Monday @ 7 p.m.	Cottonwood Community Center	Megan Renihan Valerie Covey	347-9987 347-9574
123 Cow Creek	1st Tuesday @ 7 p.m.	Junction School – Room 1	Jana Sylvester Johnny Sylvester	547-5226 547-5226
991 Foothill	1st Monday @ 7 p.m.	Millville IOOF Hall	Diane Williams Denise Blumenstein Joelle Pope	547-4318 547-5758 547-4379
167 Golden Acres	1st Wednesday @ 7 p.m.	Prairie School – Dersch Rd.	Jean Harp Marla Bernard	547-4751 365-9272
178 Happy Valley Closed	1st Monday @ 7 p.m.	Happy Valley Primary School	Denise O'Banion Norma Elkins	357-3764 396-2764
222 Lone Tree	2nd Monday @ 7 p.m.	Lone Tree School-Anderson	Staci Rutledge Kim Perry	347-1876 378-0564
233 Millville	2nd Monday @ 6:30 p.m.	Millville Grange	May Goode Lori Newsom Kelly Bebensee	410-3220 547-3376 226-0712
255 Oak Run	2nd Monday @ 6:30 p.m.	Oak Run Elem. School	Juanita Whitney Oran Whitney	472-3317 472-3317
266 Palo Cedro	1st Monday @ 7 p.m.	Millville Grange	Diane Pella Debbi Srp Marty Carpenter	547-5325 365-0395 245-0732
299 Swede Creek Closed	1st Monday @ 7 p.m.	North Cow Creek School	Liz Ponce Jami Simmons	222-2217 549-5260
987 Twin Palms	1st Tuesday @ 7 p.m.	Buckeye School of the Arts	Jean Froese Robin Baker	241-1853 275-2868
986 West Valley	2nd Monday @ 7 p.m.	Cottonwood Community Center	Brenda Kreps Becky Munson	347-0287 347-1173
343 Whitmore	2nd Wednesday @ 6 p.m.	Whitmore Elementary	Shannon Smith Andrea Rodrigues	472-1774 472-3937

I.M. Clubs	Date & Time of Mtg.	Location	Leader Name(s)	Phone #
600 Burney	1st Wednesday @ 7 p.m.	Lion's Hall	Shari Mazzini	335-5123
611 Cloverleaf	2nd Monday @ 6:30 p.m.	Evangelical Free Church	Stacy Schneider James Shaffer	336-6832 524-9807
622 Evergreen	1st Monday @ 7 p.m.	Evangelical Free Church	Theresa Neugebauer Mimi Buckman	336-6486 336-5925
633 Hat Creek	1st Tuesday @ 6 p.m.	Hat Creek Fire Hall	Peg Teasley	335-4671
644 Pine Grove	2nd Tuesday @ 7:30 p.m.	Ingram Hall – IM Fair	Suz Crane	336-5135

Co-Wide Project	Leader Name	Phone #	Co-Wide Project	Leader Name	Phone #
Alpacas	Susinn Alden	921-2999	Japanese Exchange	Lynn Forero	244-4691
Animal Fostering	Karen Plunk Sally Sanders	953-5192 226-9366	Knitting	Alison Malone	238-8201
Dairy Goats	Diane Pella	547-5325	Meat Goats—Breeding & Market	Marjory Ostman	848-5678
Dog Training	Wendy Longwell Jennifer Oakes	365-5525 229-7604	Poultry – Valley	Leeann Stearns Susan Smallbrook	226-0413 226-0413
Eyes for Freedom (Guide Dogs)	Cathy Koch	*82 241-2503	Poultry – InterMtn	Allison Breedveld	335-5157
GIS/GPS	Benita Moore	226-9765	Rocketry	Jack Pingree	547-3504
Horseless Horse	Patricia Mailloux	347-1696	Rocks & Minerals	Marty Carpenter	245-0732
Hunter Safety	Tom Stone		Safety Shooting Sports	Neill O'Brien	244-6617

# VALLEY EVENTS SCHEDULE—2008/2009 YEAR

## **Achievement Program**

Saturday, September 13, 2008  
Shasta District Fairgrounds, Fusaro Hall  
All Stars (2008/2009)

## **National 4-H Sunday**

Sunday, October 5-11, 2008  
Mt. Shasta Mall  
Club: Whitmore/Canyon/Anderson

## **Officers Training**

Saturday, October 4, 2008  
Prairie Elementary School  
All Stars & Club: Golden Acres

## **Livestock Judging Day**

Saturday, October 18, 2008  
Shasta College  
Feeds & Breeds – Club: Cow Creek

## **Fun Night**

Saturday, November 1, 2008  
Shasta District Fairgrounds  
Club: Foothill, Swede Creek

## **Leaders Appreciation Dinner**

Friday, November 7, 2008  
Millville Grange  
Pat, All Stars & Council President

## **Junior/Teen Leader Retreat**

Saturday, November 8, 2008  
Location: TBA  
Pat, Jean & All Stars

## **Valley Presentation Day**

Saturday, February 7, 2009  
Location: TBA  
Club: Twin Palms

## **Favorite Foods Day**

Saturday, March 21, 2009  
Location: TBA  
Club: Palo Cedro

## **Scholarships**

April 2009  
Location: TBA  
Club: TBA

## **Small Animal Ag. Field Day & Expo**

Saturday, April 18, 2009  
Shasta College  
Rabbit – Oak Run  
Poultry – Happy Valley  
Pygmy Goat – Millville  
Dog – Cow Creek  
Hands On Expo (excluding Poultry) - Species  
Written Expo (excluding Poultry) – Charlie Little

## **Large Animal Ag. Field Day & Expo**

Saturday, May 2, 2009  
Shasta District Fairgrounds  
Dairy Goat – Swede Creek  
Sheep – Black Butte  
Swine – Lone Tree  
Beef – West Valley  
Round Robin – Foothill  
Hands On & Written Expo – Charlie Little

## **Home Ec. Field Day**

Saturday, May 2, 2009  
Shasta District Fairgrounds  
Club: Cottonwood

## **Ag. Mechanics Field Day**

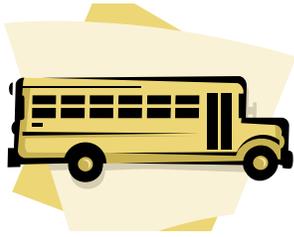
Saturday, May 2, 2009  
Shasta District Fairgrounds  
Club: Millville

## **County Record Book Judging**

Saturday, July 18, 2009  
Location: TBA  
Club: Palo Cedro

## **Summer Camp**

Date: TBA  
Location: TBA  
Pat, Directors, & All Stars



# September 2008



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Labor Day— office closed</i>	2	3	4  4-H Informational Night 6:30–7:30 p.m.	5	6
7  This is your copy of Tips 'n Topics issued by the University of California Cooperative Extension of Shasta County.  <i>Pat Weliver</i>  Pat Weliver, 4-H Program Representative	8	9	10	11	12	13  Valley Achievement Program 1:30 p.m.
14	15	16	17  Valley Council Meeting 7:00 p.m.	18	19	20
21	22	23	24  I.M. Key Leaders Mtg. 6:00 p.m.  I.M. Council Meeting 7:00pm	25	26	27
28	29	30  New Leader Orientation 6:00 p.m.	Oct. 1  Farm City Day	2	3	4  Club Officers Training 8:30 a.m.

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**VALLEY COUNCIL**

**Wednesday, August 17**  
**7 - 9 p.m.**

**INTER MOUNTAIN COUNCIL**

**Wednesday, August 24**  
**7 p.m. approximately**

All leaders and youth 14 years and older have voting rights.

***Please come and take part!***

**Where to list 4-H participation on PDR**

Sept. 4	Information Night (if you presented)	6 – Communication Skills
Sept. 13	V. Achievement (if you attend)	3 – 4-H Events Attended
Sept. 13	Record Book Medalist	7 & 3 – Honors & Recognition
Sept. 13	State Postal Shoot Medalist	7 & 3 – Honors & Recognition
Sept. 13	Animal Expo Medalist	7 & 3 – Honors & Recognition
Sept. 13	Jr/Teen Leader Stripe	4 & 3 – Leadership Development
Oct. 1	Farm City Day	6 – Communication Skills



**Volunteer Leader Website**

The volunteer leader website is a new interactive and growing site that can be seen at:

<http://ucanr.org/4-hvolunteers/>. There are sections that will change monthly, a 4-H Blog, 4-H Volunteer Voices, and updates in the program. We hope you'll enjoy seeing all the resources you need in one centralized location. In order to build this new section of the website, please send any recent stories of 4-H in the news in your community that you would like to share. You can email these stories to: [fourhstateofc@ucdavis.edu](mailto:fourhstateofc@ucdavis.edu).

Thank you Taylor Renihan and Megan Brown for submitting your 4-H story to the State Office!