

4-H Tips 'n Topics



University of California Cooperative Extension, Shasta County 4-H
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Welcome New and returning families!

I would like to welcome all the new and returning families to the 4-H Program. You are encouraged to read this newsletter on a regular basis for upcoming events, youth recognition, and other important information. In an effort to save on printing and postage costs, you are encouraged to access this newsletter through our website at: <http://www.ceshasta.ucdavis.edu>. Event registration forms, 4-H record book forms, and yearly schedules are only a few items included on our website. Your enrollment form has a space for you to indicate that you would like the newsletter through this method. Please be sure to mark it. Those of you who do not have Internet access will receive the newsletter through the mail. **There is an option online to subscribe to the newsletter. Once the newsletter is uploaded to the site an e-mail will be sent to you with a link to the newsletter.**

I encourage you to stop by the office on Hartnell Avenue, meet our staff, and visit our leader lending resource library. **Office hours** are 8 a.m. to 5 p.m. Monday through Friday.

Fees for Valley members this year will be: \$20 per youth and \$10 per adult. A budget assessment fee of \$20/member will be billed to each club.

Enrollment forms are available through your 4-H community clubs. All fees are to be paid directly to the club of your choice. Clubs will be billed based on active enrollments on-line. If paying the fees is a hardship, we encourage you to talk with your community club leader about how to cover the cost.

A "4-H 101" class will be offered November 12th from 6-7pm at the 4-H office. All new and even old 4-H families are encouraged to attend! Feel free to contact the 4-H office with any questions or concerns.

IMPORTANT DATES

- 9/3 4-H Informational Night for the Public - All Clubs
- 9/3 I.M. Fair (till 9/7)
- 9/7 4-H Office Closed for Labor Day
- 9/12 Valley Sweet Achievements
- 9/16 Council Officers Contract Review
- 9/16 Valley Council Meeting
- 9/17 Club Enrollment Training
- 9/21 New Leader Orientation
- 9/23 I.M. Community Club Leader Mtg.
- 9/23 I.M. Council Meeting
- 9/26 Valley Club Officers Training
- 9/30 Farm City Day

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National 4-H Week is almost here! Oct. 4-10

Hosted by Canyon, Whitmore & Anderson 4-H

Sunday, October 4, will be the date for this year's 4-H Day at the Mt. Shasta Mall. **All Valley Clubs** should participate in this event. Create your own booth and see what other clubs have to offer. The mall is letting us use their facility free of charge, so we should all take advantage of this excellent opportunity. This is one of the ways to outreach to many people and let them know just what 4-H is all about. Set up will start at 9 a.m. All clubs need to have their booth set up and ready by 10:30 a.m. and cannot take down their booth until 4 p.m.

Please make an effort to wear your club t-shirt or uniform. Uniforms are not required but provide a professional look.

Let's all get involved and enjoy 4-H week! For more information and/or if you plan to set up a display (**especially if you require a power outlet**) call Gretchen Hackley at 232-1430.

Inter-Mountain 4-H Clubs are encouraged to design window displays in local stores, make posters, or provide flyers to the public advertising your local 4-H club. Visiting local schools is also a great idea!





2009 Shasta District Fair Champions CORRECTIONS:



Rabbit Confirmation Classes

Best of Show Shanelle Hockenberry
Best Doe Shanelle Hockenberry
Best Buck Dustin Miedema



Rabbit Meat Pen

Reserve Champion Jade Whitney

New Leader Orientations

Are you interested in teaching a 4-H project? A minimum of six hours of instruction is all that is needed for a completed non-animal project. Let your club community leaders know your interest. Three things must be completed before your project can begin:

1. Fill out an enrollment form and pay your fee.
2. Obtain a fingerprinting form from the 4-H office and be fingerprinted through the Sheriff's Office (cost: \$18).
3. Attend a new leader orientation. All dates below will be held at the 4-H office in Redding:
 - Monday, September 21, 6 - 8p.m.
 - Thursday, October 15, 6 - 8p.m.
 - Saturday, December 12, 9:30-11:30 a.m.

Farm City Day—September 30, 2009

Each year the Shasta County Farm Bureau conducts "Farm City Day" for several hundred third grade youth at the Shasta District Fairgrounds. These Youth have an opportunity to learn about agriculture in their community. 4-H is part of the day discussing the program and having some small animals to pet. If you have any animals that would be appropriate for this day OR is you can assist, please call the 4-H office at 224-4900 by **September 18, 2009.**

IM Clubs' Finance Reporting

IM Finance reporting to state online system is due by **Monday, October 5, 2009.**



Emerald Star

The Emerald Star is a county award that is earned by developing or adding to something that benefits the 4-H program or the community. Acceptance of a proposal, evidence of work done, review by a committee and final presentation to Council will result in the award. Stars are awarded at the new 4-H year County Achievement Program.

Examples of past projects can be obtained from the 4-H office along with an application.

Deadline: October 19, 2009.

Valley Sweet Achievements

September 12th – 1:30 p.m.

IOOF Hall

Coordinated by the 2009-10 All Star All 4-H Members & Families Invited

This year's All Star, Brandon Wogoman, is excited to present awards to the 4-H members who have achieved stars, Jr./Teen stripes, record book medals & expo achievements. (Please refer to lists in this TnT.) The event will offer a sharing of desserts. **Please bring a dessert enough to serve 10 people** and your own place setting along with a cup. Our All Star will conduct installation of club officers as a group. Please ask your club officers to attend and be appropriately dressed. There will also be a parade of clubs. This is where all club members march behind their club banner. So attendance/participation of all members at this event is fun for all! Leader's recognition will be at a later time. Watch the TnT for more information.

Funds Available for Club Service Projects

Is your club planning on including a service project in your yearly plan? Does your project need additional resources? The California State 4-H Program offers funds to members and volunteer leaders on a competitive basis through the California 4-H Service-Learning RFP. Groups can request up to \$5,000 to fund activities that address significant environmental, economic and/or social issues affecting California's youth, families, and communities. The Service Learning RFP application and information is available on the web at: <http://www.ca4h.org/citizenship/funding/index.asp>. Examples of past projects are also listed. The application is due September 15, 2009.

COUNTY WIDE NEWS CONTINUED



Attention 2009-10 I.M. Community Club Leaders

The co-key leader's annual **required meeting** is scheduled for Wednesday, **September 23rd, 6 pm**, at the Inter-Mountain Fair Office. You will receive enrollment instructions, information regarding any enrollment or changes to State or County policy, required paperwork for the year, etc. Refreshments will be provided. **No children please!**



Attention Valley Club's

4-H Clubs will be responsible for enrolling their members and leaders this year. Enrollment is done through an on line system. Two trainings were scheduled. The last training is Thursday, September 17th, 5:30 – 7:30 pm at the Redding Library Computer room (no food or drinks allowed). These trainings are intended for the person(s) who will be responsible for entering the club's enrollments. No children in the computer room please!

4-H Statewide Postal Shoot Awards



Rifle Telescopic

Division A **Silver** Julianne Mondorf, Co-Wide

Trap

Division A **Bronze** Rick Covey, Co-Wide

Awards to be given out on Achievement Day

Top Barrow Buckle



Thank you to Don and Kathy Heath for co-sponsoring the buckle awarded at the Shasta District Fair for Top Barrow!

Community BBQ 2009

Group Name	Ticket Money	% of Total	\$5 per Ticket	Plus % of Balance	Final Check
4H Council	\$560.00	3.24%	\$280.00	\$231.70	\$511.70
Anderson 4H	370.00	2.14	185.00	153.07	338.07
Black Butte 4H	670.00	3.88	335.00	277.47	612.47
Central Valley FFA	1,000.00	5.78	500.00	413.34	913.34
Comm. BBQ	2,399.00				
Cottonwood 4H	1,440.00	8.33	720.00	595.68	1,315.68
Cow Creek 4H	970.00	5.61	485.00	401.19	886.19
Foothill 4H	470.00	2.72	235.00	194.50	429.50
Foothill FFA	1,400.00	8.10	700.00	579.25	1,279.25
Happy Valley 4H	3,740.00	21.63	1,870.00	1,546.82	3,416.82
Lonetree 4H	480.00	2.77	240.00	198.09	438.09
Golden Acres 4H	830.00	4.80	415.00	343.26	758.26
Palo Cedro 4H	310.00	1.79	155.00	128.00	283.00
Shasta County Poultry 4H	830.00	4.80	415.00	343.28	758.28
Swede Creek 4H	720.00	4.16	360.00	297.48	657.48
West Valley FFA	3,500.00	20.25	1,750.00	1,448.13	3,198.13

Gross Total = \$19,689.00 100.00% \$8,645.00 \$7,151.26 \$15,796.26
 minus sold comm bbq = \$17,290.00

EXPENSES

Anderson Explodes	\$2,602.00
Thank you gift - Walmart	\$60.00
Talent fee - live remote	\$100.00
Insurance	\$33.00
Paper	\$258.47
Seasons & Sauces	\$134.00
Bowls/veggies/groceries	\$705.27
Total =	\$3892.74

TOTAL \$19,689.00
 MINUS EXP. **(\$12,537.74)**
BALANCE \$7,151.26

CLUB & PROJECT CONNECTION



County-Wide Knitting Group

The first meeting for the County-Wide Knitting Group will be on Thursday, October 22, 2009.
Project Leader: Alison Malone (530) 238-8201



County-Wide Sheep Group

Calling all young excited youth that would like to take a market lamb to fair! There is a new County-Wide sheep group that you can join. Fieldtrips to Chico State, breeders, and sheep auctions will be going on in the spring. Emphasis on showmanship and feeding once market lambs have been purchased. It will be fun and laid back for all first time and returning members. Lets make raising a market lamb fun again! For more information come to the informational night on October 20th at 6pm at the 4-H office or contact Simmie Stayer (530) 949-7823.



New Project for Youth 4th - 12th Grades!

Hear Ye, Hear Ye junior 4-H members! Announcing a new county-wide 4-H project - The **Junior Master Gardener** project!

4-H Leaders (and Certified Master Gardeners) Wendi Chico and Benita Moore will be leading a new county-wide project starting in September. Meetings will be held in both the Valley (at the Shasta College Farm, 3rd Saturday of the month) and Intermountain (at the IM Fairgrounds) areas. We'll be learning all about gardening in field and greenhouse, above and below ground and helping our own plants to grow in a get-your-hands-dirty way. There will be lots of fun activities, field trips, and you will grow vegetables to enter in the Fair and donate to local Food Banks. Contact (Benita (Valley) 226-9765, Wendi (Intermountain) 336-1039 or the 4-H office 224-4900 for more info. Meanwhile, check out the junior master gardener website at <http://www.jmgkids.us/> to see what other CA kids are doing!

County-Wide Horse Project Offered



Have you ever dreamed of showing your horse but just didn't know how to get started? Have you "graduated" from your current area of expertise with a horse and want exposure to other disciplines? Are you a first time owner and only know a few things? Are you experienced but want to share your knowledge helping kids get going in the right way? Are you a horse lover and just want to be with others that are the same minded?

County-Wide Horse will help tailor 2009-2010 to your needs and wants. We will have the opportunity to share many disciplines, learn care "beyond the brush", and help you become a better horseman. Come meet former County-Wide horse youth and learn about their success with their horses.

Whatever station you are in your horse world we want you! Please join us and share what you want to learn, accomplish and what your goals are. Sign up party is Thursday, September 17th at Judy Hoffman's, 24294 Dersch Road, (Bear Creek & Dersch) 5 miles east of Hawes or call for directions, 365-4122 or barn: 365-0400.

Second Annual Pop-Tab Challenge Results

By Tiffany Plunk

Congratulations to everyone participating in the "2nd Annual Pop-Tab Challenge".

At the May council meeting I helped weigh each of the club's collections and the results are **AWESOME!**

I'm so excited that 4-H is supporting the Sacramento Ronald McDonald House. I recently had the privilege to deliver all of the Pop-Tab collection and it was unbelievable. Our collection filled the entire storage room at the Ronald McDonald House.

I look forward to another 4-H member to step forward as chairman for future Pop-Top Challenges. Perhaps they will extend the challenge to Inter-Mountain & FFA. What an awesome way to **Pull Together!**

Black Butte	3.1#
Millville	11.7#
Foothill	5.6#
Swede Creek	1.0#
Golden Acres	3.0#
Cottonwood	37.7#
Canyon	1.3#
Palo Cedro	20.0#
Twin Palms	25.8#
Happy Valley	120.0#
Cow Creek	163.7#
TOTAL	392.9#

This made three more 30 gallon trash cans full of pop-tabs in my garage!

CLUB & PROJECT CONNECTION



IM County-Wide Poultry

Meeting Date Changed to:
3rd Monday of the month
Hat Creek Fire Hall 6pm

First Meeting: Monday, September 21, 2009

County-Wide Rocks & Minerals



First Meeting: Saturday, September 12th 10am
6471 Airport Road

Poultry Expo Medalists

2009 Poultry Level I

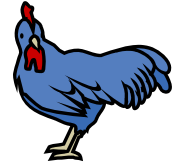
Emma Osborn Sierra Wright
Kutter Wright Ryan Packwood
Devin Goschke Kayla Shannon
Levi Crile

2009 Poultry Level II

Emma Osborn
Adrienne LeRoy

2008 Poultry Level I

Emma Osborn
Alex Strawn
Adrienne LeRoy
Kutter Wright



Help Your Child Create a Healthy Lifestyle

Children are deserving of our energy to nurture and develop. Good role models, safe supportive environments and the opportunity to learn and contribute to their family and community help them cope with challenges and adversity.

Yet we are bombarded with news of unsafe food products winding up in family kitchens, toxic paint on toys and cribs, pollutants inside homes and in yards, and increasing numbers of dangerously obese children. Parents may wonder if it's possible to raise healthy children with the threats to their safety and well-being coming from outside parental control. Thankfully, parents can regain control as they practice and role model healthy lifestyle habits.

For instance, taking the following steps may safeguard your family from toxic foods:

- ◆ Purchase locally grown fruits and vegetables at area farmers markets. Get to know the farmer and ask to visit the farm site.
- ◆ Plant a garden. Have children decide what to plant.
- ◆ Read content labels on packaged foods and encourage children to do the same. Make decisions together on which of the choices are healthier and why.

Some factors that may contribute overweight are:

- ◆ Availability of high-calorie snack food combined with TV viewing
- ◆ Increase in number of fast-food meals.
- ◆ Consistent use of food as a reward.
- ◆ Oversize portions at mealtimes.
- ◆ Availability of soft drinks to ease thirst.
- ◆ Lack of knowledge of how to eat healthfully.
- ◆ Lack of exercise.

Parents can be role models for healthier eating habits and teach their children to make better food choices:

- ◆ Increase the amount of fruits and vegetables for use as snacks.
- ◆ Prepare and eat as many meals together as possible.
- ◆ Encourage children to eat when they are hungry and not as a reward.
- ◆ Allow children to serve themselves. Generally, they will give themselves smaller portions.
- ◆ Offer water rather than soft drinks or juice.

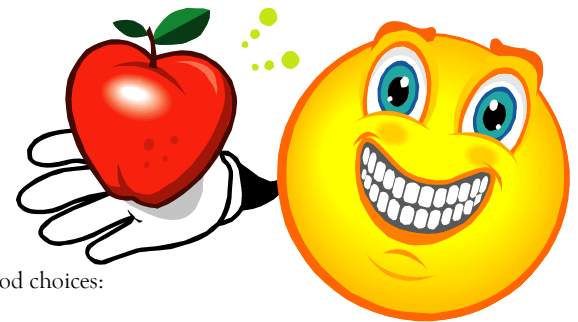
Active families = healthy families. Encourage children to move indoors and outdoors. A lack of daily physical by children and adults can lead to future health problems. It is recommended that young children ages 2 - 5 engage in 60 minutes of free play and 60 minutes of structured physical activity each day. Parents can take an active role in creating imaginative activities indoors and out. Some suggestions are:

- ◆ Take a nature scavenger hike
- ◆ Build and fly a kite
- ◆ Play family tag.
- ◆ Turn on some music and dance
- ◆ Play follow-the-leader. Increase the fun by hopping, jumping or waddling.
- ◆ Have a parade, include the neighbors

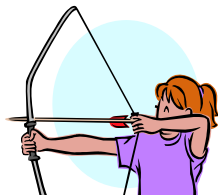
Parents can be proactive about toxins in toys and children's furniture by learning more about who is manufacturing these items. Watch for red flags of past abuse and make purchases based on that information.

- ◆ Use the internet to check on manufacturers of items purchased for children.
- ◆ Be certain regulations for safe standards are in place.
- ◆ Be alert to changes in standards.

Parents who actively involve children in learning how to make healthy choices will set them on a path to continue these habits throughout their lives.



4-H Shooting Sports Leader Certification for Archery



A shooting sports training workshop for the archery discipline will be held in Modesto, CA on Saturday, November 7, 8 AM - 4 PM and Sunday, November 8, 8 AM - 2 PM. Upon successful completion of the course, participants will be certified as archery volunteers and can instruct archery club projects and camp programs. Attendance at both days is required. The course will be held at the Stanislaus County Ag Center, Harvest Hall Room E, 3800 Cornucopia Way, Modesto. The cost will be \$25 and includes lunch, snacks, and class materials. For more information, contact Dan Burner 209-874-2732 (evenings) or dan_burner@yahoo.com. Fees are due by October 23, 2009 and can be submitted to Dan Burner, P.O. Box 829, Waterford, CA 95386.

4-H Shooting Sports Leader Certification for Shotgun Discipline

A shotgun trainer course will be held 9:00am-5:00pm, Saturday and Sunday, October 24-25, 2009 at the Ukiah Gun Club, in Mendocino County. Upon successful completion of this two-day course, participants will be certified as 4-H leader trainers, and will be eligible to serve as shooting sports project leaders, as well as instruct and certify other volunteers in the discipline of shotgun. Cost for the course is \$30, which includes shotgun shells, clay targets, continental breakfast and lunch both days, and class materials. Teen Leaders may attend, with a participating adult volunteer. Limited camping space is available, contact John Holder for arrangements. The course will be limited to twenty (20) participants. You must be an appointed 4-H volunteer or member to attend this training. Send Training Request Form (found at <http://ca4h.org/projresource/shootingsports/index.asp>) with fees payable to "Mendocino County 4-H Council" to UCCE 4-H Shotgun, 890 North Bush Street, Ukiah CA 95482. For more registration information, contact Linda Edgington (707) 463-4495 or lgedgington@ucdavis.edu. If you have questions regarding the course or facility, contact the instructor, John Holder at (707) 485-8445 or bearhunt56@hotmail.com

The Bob and Pat Dean Memorial Legacy Fund

The **Bob and Pat Dean Memorial Legacy Fund** offers resources in support of club work to 4-H members and their volunteer leaders. Funding is intended for activities that meet the following criteria: 1) enable youth to develop citizenship, leadership, or life skills; 2) support the development of new and innovative 4-H projects benefiting 4-H members; 3) increase public awareness of the 4-H Youth Development Program; 4) expand the reach of the 4-H Youth Development Program (new youth, new audiences); 5) provide continuing benefits to the applicant's local 4-H Club or project. Information is available at: <http://www.ca4h.org/citizenship/funding/> and applications are due **September 15, 2009**.



Award Winning Children's Books

At the 2009 American Horticultural Society's National Children & Youth Garden Symposium, three children's books received the 2009 "Growing Good Kids - Excellence in Children's Literature Award". This award program recognizes children's books that effectively promote an appreciation for gardening, plants, and the environment. This year's winners are:

The Apple-Pip Princess by Jane Ray (Candlewick Press)

Big Yellow Sunflower by Frances Barry (Candlewick Press)

Flip, Float, Fly - Seeds on the Move by JoAnne Early Macken and illustrated by Pam Paparone (Holiday House)

"This collection of plant-themed picture books are wonderfully engaging, novel and will draw in a wide audience of young readers," says Randy Seagraves, national curriculum coordinator for the National Junior Master Gardeners Program, which jointly administers the award program with the American Horticultural Society. "From unfolding a larger-than-life sunflower, to following seeds' travels in poetry, to becoming lost in a barren kingdom while it is transformed by the gift of a single precious seed, these diverse titles exemplify excellence in children's literature," he adds. Award nominations for books published in 2009 will be accepted August 1, 2009 through April 23, 2010. For more information about the "Growing Good Kids" book award program, visit <http://www.jmgkids.us>.



State 4-H Record Book Judging

The **State 4-H Record Book Judging applications** are due to the State 4-H Office by **September 30, 2009**. You may visit, <http://www.ca4h.org/4hresource/ir/recordbook/> for more information.

REGIONAL, STATE AND NATIONAL NEWS

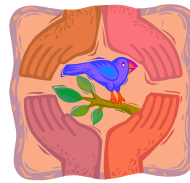
4-H Involvement Makes a Difference!

Youth who participated in 4-H at least twice per month:

- ◆ Showed greater confidence
- ◆ Reported higher grades
- ◆ Were 1.6 times more likely to plan to go to college
- ◆ Scored higher on civic identity and engagement measures
- ◆ Had a greater ability to express opinions on community issues
- ◆ More likely to help neighbors and bond with adults and teachers



Serving as a 4-H Officer Pays Dividends; Annually, over 5,900 California 4-H youth participate in elected leadership roles, serving as club and council officers and providing project expertise and guidance to younger youth. Research shows that this early involvement in civic leadership is a proven potential for earning higher income in later life. 4-H youth who participate in these leadership activities have also been shown to participate at a greater level in other school and community leadership roles.



*Sticks and stones can break your bones,
But words will really hurt us.*
Mignonne Pollard, Ed.D.

In every code of conduct, it states that 4-Hers must maintain a certain level of respect and use language appropriately. This agreement extends to electronic media as well as in-person meetings and events. Ask yourself, "is it okay for a 4-H member to spread rumors at an event? Is it okay for a 4-H member to write insults on their Face Book page about each other or about staff? What happens at camp if someone plays an offensive song from an MP3 player or iPod? What if a 4-H member constantly calls someone else hurtful names?" These activities are not acceptable-they break the California 4-H code of conduct. We can help to prevent these situations with a little knowledge. Go to

http://www.ca4h.org/4hresource/updates/attach/2009/June09/Updates_Diversity_June_2009.doc for the full article.

Structure 4-H projects with Inquiry Learning!

In inquiry-based learning, youth build understanding through active exploration and questioning. The key to inquiry is that youth seek answers to questions rather than being given answers, which requires those who lead activities to facilitate learning and not simply disseminate knowledge. Inquiry-oriented instruction engages youth in investigation and discovery. This will include:

- ◆ active questioning and investigating
 - ◆ acquiring new knowledge
 - ◆ observing & manipulating (mentally or physically) objects, phenomena, and/or nature
- More information on inquiry-based learning and training modules are available at <http://www.experientiallearning.ucdavis.edu/module2.shtml>

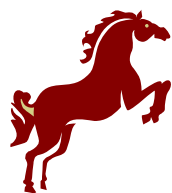


**"Take a Child
Outside Week"**
September 24-30, 2009

The North Carolina Museum of Natural Sciences is encouraging a new program called "Take a Child Out Side Week" from September 24-30, 2009. Take A Child Out Side Week is a program designed to help break down obstacles that keep children from discovering the natural world. By arming parents, teachers and other caregivers with resources on outdoor activities, our goal is to help children across the country develop a better understanding and appreciation of the environment in which they live, and a burgeoning enthusiasm for its exploration. <http://takeachildoutside.org/>

Serving as a 4-H Officer Pays Dividends

Annually, over 5,900 California 4-H youth participate in elected leadership roles, serving as club and council officers and providing project expertise and guidance to younger youth. Research shows that this early involvement in civic leadership is a proven potential for earning higher income in later life. 4-H youth who participate in these leadership activities have also been shown to participate at a greater level in other school and community leadership roles.



State 4-H Equine Field Day

Mark your calendars!! The State 4-H Equine Field Day at UC Davis on Saturday, October 24, 2010 has just been confirmed! There will be speakers from UCD and surrounding areas. Early registration will be due Friday, October 16th. More information will be available soon on the web site at <http://ca4h.org/projresource/horse>

Join the 2009 California 4-H Computer Corps

Do you have experience and interest in computers, the Internet, digital photography, GPS/GIS, or other tech area? Join the 2009 California 4-H Computer Corps! The 4-H Computer Corps increases the use and awareness of computer technology in the California 4-H Youth Development Program. 4-H members, age 15-19, 4-H volunteers and staff may apply by **September 30, 2009**. More information is available at <http://ca4h.org/wrp/compcorps/>.

Apply to Judge Record Books at State

Want to help judge at the 2009 State 4-H Record Book Competition? Adult 4-H volunteer leaders are invited to apply to act as judges at the State 4-H Record Book Competition. Judge's arrive by 1:00 p.m. on **December 4** and judge **December 5 & 6**. Applications are due **September 30, 2009**. Contact the 4-H office for an application.



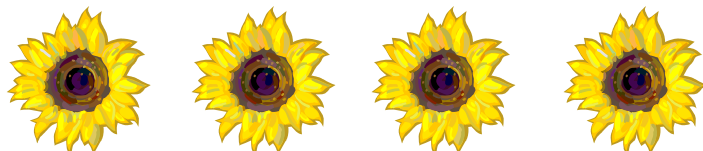
Kids Culinary Convention and Conference

Youth ages 10-15 are invited to attend the 3rd Annual Kids Culinary Convention and Conference, **September 19, 2009** in Sacramento, CA. Youth and parents may register starting Aug. 15. The conference is an opportunity for youth to experience and learn about food, from preparation, hands-on cooking to the benefits of healthy eating habits. Visit: <http://www.jrchefcentral.com> for more information.

Youth Garden Grants



Youth Garden Grants offers awards for schools and community organizations with child-centered garden programs. The National Garden Association helps youth learn vital life lessons from working in gardens and habitats. Priority is given to programs that emphasize: nutrition or plant-to-food connections; environmental awareness/education; entrepreneurship; and the social aspects of gardening. Applicants must plan to garden with at least 15 children between the ages of 3 and 18 years. Applications are due by **November 2, 2009**. For more information, please visit <http://www.kidsgardening.com/YGG.asp>



Tell a Science Story with the Zine-a-thon Contest

The Zine-a-thon Contest wants you to tell an entire science story in art and text on a single 8.5 x 11 sheet of paper folded to make a mini-magaZINE. You can zine about anything in science -- from pigeons to earthquakes to neutrinos as long as they are aligned with one of the Year of Science themes. One top zine contributor will receive a \$500 grand prize and two will receive \$250. Zines are due **November 1, 2009**. More information is available at <http://www.yearofscience2009.org/about/zine-contest.html>

Valley Clubs	Mtg. Date & Time	Location	Leaders	Phone #	
112 Black Butte	2 nd Monday @ 6:45 p.m.	Black Butte Elem. Gym	Debora Scammon Tanya Purvis	474-1207 410-6556	
114 Canyon	2 nd Friday @ 2:30 p.m.	North Valley School	Gretchen Hackley Diane Dollarhide	474-1129 396-2392	
122 Cottonwood Closed	1 st Monday @ 7 p.m.	Cottonwood Community Center	Megan Renihan Valerie Covey	347-9987 347-9574	
123 Cow Creek	1 st Tuesday @ 7 p.m.	Junction School – Room 1	Jana Sylvester Johnny Sylvester	547-5226 547-5226	
991 Foothill	1 st Monday @ 7 p.m.	Millville IOOF Hall	Diane Williams Karen Dixon Sandy Lanzi	547-4318 223-5692 547-3215	
167 Golden Acres	1 st Wednesday @ 7 p.m.	Prairie School – Dersch Rd.	Jean Harp Marla Bernard	547-4751 365-9272	
178 Happy Halley Closed	1 st Monday @ 7 p.m.	Happy Valley Primary School	Denise O'Banion Norma Elkins	357-3764 396-2764	
222 Lone Tree	2 nd Monday @ 7 p.m.	Lone Tree School- Anderson	Kim Perry Staci Rutledge	378-0564 347-1876	
233 Millville	2 nd Monday @ 6:30 p.m.	Millville Grange	May Goode Charlie Little	410-3220 549-4296	
255 Oak Run	2 nd Monday @ 6:30 p.m.	Oak Run Elem. School	Juanita Whitney Oran Whitney	472-3317 472-3317	
266 Palo Cedro	1 st Monday @ 7 p.m.	Millville Grange	Diane Pella Marty Carpenter Jill Claverie	547-5325 245-0732 221-4647	
299 Swede Creek Closed	1 st Monday @ 7 p.m.	North Cow Creek School	Liz Ponce Jami Simmons	222-2217 549-5260	
987 Twin Palms	1 st Tuesday @ 7 p.m.	Buckeye School of the Arts	Lynette Plake Robin Baker	549-3687 275-2868	
986 West Valley	2 nd Monday @ 7 p.m.	Cottonwood Community Center	Jennifer King Sharin Steele Alyssa Nevens	347-4491 347-5206 347-9034	
343 Whitmore	2 nd Wednesday @ 6 p.m.	Whitmore Elementary	Shannon Smith Andi Rodrigues	472-1774 472-3937	
I.M. Clubs	Date & Time of Mtg.	Location	Leader Name(s)	Phone #	Phone #
600 Burney	1 st Wednesday @ 7 p.m.	Lion's Hall	Shiloh Covert	335-2985	
611 Cloverleaf	2 nd Monday @ 6:30 p.m.	Evangelical Free Church	Diane Estes Roxanna Shaffer	336-6739 336-6964	
622 Evergreen	1 st Monday @ 7 p.m.	Evangelical Free Church	Theresa Neugebauer Mimi Buckman	336-6486 949-4596	
633 Hat Creek	2 nd Monday @ 6 p.m.	Hat Creek Fire Hall	Ruth Woolery	335-7245	
644 Pine Grove	2 nd Tuesday @ 7:30 p.m.	Ingram Hall – IM Fair	Suz Crane	*82 336-5135	
Co-Wide Project	Leader Name	Phone #	Co-Wide Project	Leader Name	Phone #
Alpacas	Karen Kelly	223-3364	Junior Master Gardener	Benita Moore (Valley) Wendi Chico (IM)	226-9765 336-1039
Dairy Goats	Diane Pella	547-5325	Market Sheep	Simmie Stayer	949-7823
Dog Training	Wendy Longwell Jennifer Oakes	*82 365-5525 *82 229-7607	Meat Goats—Breeding&Market	Marjory Ostman	848-5678
Eyes for Freedom (Guide Dogs)	Cathy Koch	*82 241-2503	Pack Goats	Mike & Debbie Luzier	
Fiber Arts - Knitting	Alison Malone	238-8201	Poultry – Valley	Leeann Stearns Susan Smallbrook	226-0413 226-0413
Fiber Arts – Spinning & Weaving	Marjory Ostman	848-5678	Poultry – Inter-Mountain	Allison Breedveld	335-5157
GIS/GPS	Benita Moore	226-9765	Rabbits	Juanita Whitney Vickie Rasella	472-3317 275-4677
Horse	Judy Hoffman	365-0400	Rocks & Minerals	Marty Carpenter	245-0732
Horseless Horse	Patricia Mailloux	347-1696	Safety Shooting Sports	Neill O'Brien	244-6617
Hunter Safety	Tom Stone				

VALLEY EVENTS SCHEDULE—2009/2010 YEAR

Achievement Night

Saturday, September 12, 2009

I OOF Hall

All Star (2009-2010)

Officers' Training

Saturday, September 26, 2009

Location: Prairie Elem. School 2pm

All Star & Club: Golden Acres

National 4-H Sunday

Sunday, October 4, 2009

Mt. Shasta Mall

Club: Whitmore, Canyon

Livestock Judging Day

Saturday, October 17, 2009

Shasta College

Feeds & Breeds – Club: Cow Creek

Fun Night

Saturday, November 14, 2009

Shasta District Fairgrounds

Club: Foothill, Swede Creek

Leaders' Appreciation Dinner

Friday, November 20, 2009

I OOF Hall

Pat, All Stars & Council President

Junior/Teen Leader Retreat

Time: TBA

Location: TBA

Pat, & All Star

Valley Presentation Day

Saturday, February 6, 2010

Location: TBA

Club: Twin Palms

Favorite Foods Day

Saturday, March 20, 2010

Location: TBA

Club: Palo Cedro

Scholarships

April 2010

Small Animal Ag. Field Day & Expo

Saturday, April 24, 2010

Shasta College

Rabbit – Oak Run

Poultry – Happy Valley

Pygmy Goat – Millville

Dog – Cow Creek

Hands-On Expo (excluding Poultry) - Species

Written Expo (excluding Poultry) – Charlie Little

Large Animal Ag. Field Day & Expo

Saturday, May 1, 2010

Shasta District Fairgrounds

Dairy Goat – Swede Creek

Sheep – Black Butte

Swine – Lone Tree

Beef – West Valley

Round Robin – Foothill

Hands On & Written Expo – Charlie Little

Home Ec. Field Day

Saturday, May 1, 2010

Shasta District Fairgrounds

Club: Cottonwood

Ag. Mechanics Field Day

Saturday, May 1, 2010

Shasta District Fairgrounds

Club: Millville

County Record Book Judging

Saturday, July 17, 2010

Location: TBA

Club: Palo Cedro

Summer Camp

Date: TBA

Location: TBA

Pat, Directors, & All Stars

Shasta District Fair

Date: TBA

Shasta District Fairgrounds, Anderson

Theme: TBA



September 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 <i>4-H Info. Mtg. for public</i> 6:30-7:30 pm Redding Library Clubs to be present in someway <i>Inter Mountain Fair 9/3 - 9/7</i> →	4	5
6 → <i>IM Fair</i>	7 <i>Labor Day</i> <i>4-H Office Closed</i> <i>9/3 - 9/7</i> →	8	9	10	11	12 <i>Valley Sweet Achievements</i> 1:30pm
13	14	15	16 <i>Council Officers: review contracts</i> 6pm <i>Valley Council Meeting 7pm</i>	17 <i>Club Enrollment Training</i> 5:30-7:30pm	18	19
20	21 <i>New Leader Orientation</i> 6 - 8pm	22	23 <i>IM Comm. Club Leader Meeting</i> 6pm <i>IM Council Meeting 7pm</i>	24	25	26 <i>Valley Club Officer's Training</i> 8:30am
27	28	29	30 <i>Farm City Day</i>	This is your copy of Tips 'n Topics issued by the University of California Cooperative Extension of Shasta County.  Pat Weliver, 4-H Youth Development Program Representative		

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VALLEY COUNCIL

Wednesday, September 16
7 - 9 p.m.

INTER MOUNTAIN COUNCIL

Wednesday, September 23
7 p.m.

All leaders and youth 14 years and older have voting rights.

Please come and take part!

Where to list 4-H participation on PDR

Sept. 3	Information Night (if you presented)	6 – Communication Skills
Sept. 12	V. Achievement (if you attend)	3 – 4-H Events Attended
Sept.	Record Book Medalist	7 & 3 – Honors & Recognition
Sept.	State Postal Shoot Medalist	7 & 3 – Honors & Recognition
Sept.	Animal Expo Medalist	7 & 3 – Honors & Recognition
Oct. 1	Farm City Day (if you presented)	6 – Communication Skills

