

4-H Tips 'n Topics



University of California Cooperative Extension, Shasta County 4-H

<http://ceshasta.ucdavis.edu>

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Volume 8, Issue 2

WELCOME NEW AND RETURNING FAMILIES!

I would like to welcome all the new and returning families to the 4-H Program. You are encouraged to read this newsletter on a regular basis for upcoming events, youth recognition, and other important information. In an effort to save on printing and postage costs, you are encouraged to access this newsletter through our website at <http://ceshasta.ucdavis.edu>. Event registration forms, 4-H record book forms, and yearly schedules are only a few items included at our website. Your enrollment form has a space for you to indicate that you would like the newsletter through this method. Please be sure to mark it. Those of you who do not have Internet access will receive the newsletter through the mail. **There is an option online to subscribe to the newsletter. Once the newsletter is downloaded to the site an e-mail will be sent to you with a link to the newsletter.**

I encourage you to stop by the office on Hartnell Avenue, meet our staff, and visit our lending resource library. **Office hours** are 8 a.m. to 5 p.m. Monday through Friday.

Fees for Valley members will remain the same this year: \$20 per youth and \$4 per adult. Fees for Inter Mountain members will remain the same as well: \$17 per youth and \$4 per adult.

Enrollment forms are available through your 4-H community clubs. All fees are to be paid directly to the club of your choice. Clubs will be billed based on enrollment forms submitted to the 4-H office. If paying the fees is a hardship, we encourage you to talk with your community club leader about how to cover the cost.

A "4-H 101" class will be offered in November. Watch the TNT newsletter for more information. Feel free to contact the 4-H office with any questions or concerns.

NATIONAL 4-H WEEK IS ALMOST HERE! OCTOBER 1-7

Submitted by Callie Froese, 07/08 All Star, Twin Palms 4-H

Once again, 4-H week is quickly arriving. **Sunday, October 7**, will be the date for this year's 4-H week at the Mt. Shasta Mall. **All Valley Clubs** should participate in this event. Create your own booth and see what other clubs have to offer. The mall is letting us use their facility free of charge, so we should all take advantage of this excellent opportunity. This is one of the ways to outreach to many people and let them know just what 4-H is. Set up will start at 9 a.m. All clubs need to have their booth set up and ready by 10:30 a.m. and cannot take down their booth until 4 p.m.

Please make an effort to wear your club t-shirt or uniform. Uniforms are not required but provide a professional look.

Let's all get involved and enjoy 4-H week! For more information and/or if you plan to set up a display (**especially if you require a power outlet**) call Jean or Callie Froese at 241-1853.

Inter-Mountain 4-H Clubs are encouraged to design window displays in local stores, make posters, or provide flyers to the public, advertising your local 4-H club. Visiting local schools is also a great idea!

SEPTEMBER 2007

IMPORTANT DATES

- **SEPT 6** - PUBLIC 4-H INFORMATION NIGHT
- **SEPT 7-9** - WHY CONFERENCE
- **SEPT 15** - VALLEY ACHIEVEMENT NIGHT
- **SEPT 24** - NEW LEADER ORIENTATION
- **OCT 1-7** - NATIONAL 4-H WEEK
- **OCT 7** - NATIONAL 4-H SUNDAY AT MALL
- **OCT 13** - CLUB OFFICERS TRAINING
- **OCT 20** - LIVESTOCK JUDGING FIELD DAY
- **OCT 30** - NEW LEADER ORIENTATION

INSIDE THIS ISSUE

County Wide News	2-3
InterMtn Ag Field Day Photos	4
Club & Comm. Leader Contacts	5
Regional, National & State News	6
September Calendar	7
Grants, Funding, Etc.	Back

COUNCIL MEETINGS

- Valley -

Wednesday, September 19
7 p.m.

- Inter Mountain -

Wednesday, September 26
7 p.m.

All leaders and youth
14 years and older have voting rights.
Please come and take part!

4-H OFFICE HOLIDAYS

September 3	Labor Day
November 12	Veteran's Day
November 22	Thanksgiving
November 23	Thanksgiving
December 24	Christmas Eve
December 25	Christmas
January 1	New Year's Day

COUNTY WIDE NEWS

VALLEY COUNCIL OFFICERS ELECTED

Congratulations to the following elected officers:

Vice President: **Alli Williams**, Twin Palms 4-H

Secretary: **Charlie Little**, Palo Cedro 4-H

Unfortunately, we still do not have a President.

If you are a volunteer and would like to run for President, please contact the 4-H office. Obligations are minimal.



LOST AND FOUND FROM SUMMER CAMP!

Various items were left behind at Summer Camp. If you find you're missing something, please call or visit us at the office to see if your item is here. If the items are not picked up by **September 17**, we are **discarding them**.



HUNTER SAFETY CLASS OFFERED

Tom Stone will again offer a Hunter Safety Class through the 4-H program. If you are interested, please contact the 4-H office. Dates have not been set, you will be contacted after the first of the year.

SPOOKY LAGOON

The City of Redding Spooky Lagoon is an event in October that is held at the Redding Aquatics Center. The last couple years, 4-H had a booth providing information about the program and gave out candy.

If someone would like to chair this activity, please contact the 4-H office. Those who have participated in the past had a great time! You would get other youth to help work the shifts and you would be able to put it in your PDR under #6 (Communication Skills).

VALLEY ACHIEVEMENT NIGHT

COORDINATED BY 2007-08 ALL STARS:

CALLIE FROESE, CAROL PINGREE AND ALLI WILLIAMS

Last year's Achievement Night was held at the Millville Grange and the turn out was wonderful!! We didn't even have enough sitting space for everyone. So, this year we have the **Fusaro Hall** at the **Shasta District Fairgrounds**. **Please come and help celebrate our youth and enjoy some good food!** There will be plenty of room.

Our 4-H youth will receive their county awards from the previous 06/07 year. The new All Stars will be installed and will become the MC's of the program installing club officers as a group and passing out star awards, Junior/Teen Leader awards, County Record Book medalists and Animal Expo medalists. *Officers should come with a flashlight and appropriately dressed.*

Please join us **September 15** at 6 p.m. starting with a potluck 4-H Council will provide drinks. Families are asked to bring the following based on their last name:

- A - K** Dessert
- L - S** Main Dish
- T - Z** Salad

Please bring enough food for 10 people. Everyone is to bring their own place setting (including a cup).

Leader's Recognition Night will be held at a later time. Watch the T'nT for more information.

REQUIRED CLUB OFFICERS TRAINING

The club officers' training will be held **Saturday, October 13**. Individual officers will be provided with a review of what their duties and responsibilities entail.

The policy handbook reads, "*At a minimum, trainings must be conducted annually and attendance will be required in order to participate in the program.*" The key word here is **required**.

All club officers are strongly encouraged to attend. However, the trainings are **required** for the following offices: **President, Vice President, Secretary, and Treasurer**. There will be trainings offered for Sergeant at Arms, Historian, Song Leader, Activity Leader, and Reporter.

If one of the required officers cannot attend, a volunteer leader **must** attend in their place. They in turn will be responsible for training that officer. **Registration is at 8:30 a.m.** Lone Tree is the responsible club. Please contact the 4-H office with any questions.

COUNTY WIDE NEWS CONTINUED

SELF-DETERMINED PROJECTS

There is always some confusion on what “self-determined” means. The question that often comes up is, “*Since there isn’t a beef project leader in the club, can he/she do beef as a self-determined project?*” The answer is **no**.

Self determined is only for projects **not** listed on the project enrollment list. 4-H leaders should use some discretion in counseling youth to sign up under the self-determined project area. The member must be old enough to determine his/her own objective, and a certified adult leader must provide sound guidance. A plan of action must be written and submitted to the Community Club Leader **and** the 4-H office. This can be a great method in teaching youth to organize and determine in what direction they want to move ahead.

EMERALD STAR

The Emerald Star is a county award that is earned by developing or adding to something that benefits the 4-H program or the community. Acceptance of a proposal, evidence of work done, review by a committee and final presentation to Council will result in the award. Stars are awarded at the new 4-H year County Achievement Night program.



Examples of past projects can be obtained from the 4-H office along with an application.

Deadline: October 19

NEW LEADER ORIENTATIONS

Are you interested in teaching a 4-H project? A minimum of six hours of instruction is all that is needed for a completed non-animal project. Let your club community leaders know your interest. Three things must be completed before your project can begin:

1. Fill out an enrollment form and pay your fee.
2. Obtain a fingerprinting form from the 4-H office and be fingerprinted through the Sheriff's Office (cost: \$18).
3. Attend a new leader orientation. All dates below will be held at the 4-H office in Redding:
 - Monday, September 24, 6 p.m.
 - Tuesday, October 30, 6 p.m.
 - Saturday, November 3, 10 a.m.

PHOTOS FROM SHASTA COUNTY EVENTS

The Shasta County 4-H website (<http://ceshasta.ucdavis.edu>) has a photo album with Summer Camp photos. Check it out, you might be a star!!

Be sure to check the website on a regular basis. After each event this year a photo album will be posted online with photos taken.

Pat always has her camera at events so be sure to SMILE!

FARM BUREAU FARM CITY DAY

The Shasta County Farm Bureau will hold a Farm City Day **October 3**. Several hundred 3rd graders attend this popular event to learn about farming, ranching, and natural resource management.

Shasta County 4-H will again have a booth demonstrating educational opportunities for youth through our program. The event runs from approximately 8:30 a.m. until 2 or 3 p.m. Animals are needed for the students to see and pet. *Any youth able to help with the booth or supplying animals during this time is asked to please call the 4-H office.*

RECOGNIZING LOCAL HEROISM

Do you know someone who inspires you by doing extraordinary things in their local community? If you do, **honor your hero by nominating him or her for the 6th Annual Volvo for life Awards**, a grassroots-driven, national award program recognizing local heroes committed to improving their community's safety, quality of life or environment. In honor of these local heroes, Volvo contributes more than \$1 million to charity each year. **Nominations are welcomed now through October 15**, at which time the American public will be invited to vote online for their favorite heroes from 40 top heroes and decide the finalists in the categories of Safety, Quality of Life, Environment and Butterfly, a newly named youth category. A panel of distinguished judges will then select one winner for each of the categories, who will receive **\$100,000 to be donated to the charities of their choice**; remaining finalists will receive a \$25,000 charitable donation. The Butterfly Award winner will receive \$25,000 and two Butterfly Award finalists will receive \$10,000. One **Grand Award Winner will receive a Volvo car** for the rest of his or her life. To learn more or to nominate a hero, visit www.volvoforlifeawards.com.

HELP YOUR GRANDPARENTS STAY HEALTHY

What's something special you can do to show your grandparents how much you care? How about saying, “Come play with me!” Give them a free booklet with information on how to get started. Exercise: A Guide from the National Institute on Aging. Visit www.nia.nih.gov/HealthInformation/Publications/ExerciseGuide/.

INTERMOUNTAIN AG FIELD DAY PHOTOS

Submitted by Shari Mazzini, Burney 4-H Community Leader

The event was a big success, very well attended. Special thanks to Tony Mazzini, Cooper Allison, Lindsey McQuade, Samantha McQuade and Chuck MacFarlane for volunteering their time and sharing their knowledge at the species stations.



CLUB, COMMUNITY LEADER & COUNTY WIDE PROJECT CONTACT INFO.

Valley Clubs	Date & Time of Mtg.	Location	Leader Name(s)	Phone #
100 Anderson	1st Wednesday @ 7p.m.	Meadow Lane School	Tina Johns Shelly Klein	378-1742 *82 347-3815
112 Black Butte	2nd Monday @ 6:45 p.m.	Black Butte Elem. Gym	Cindy Scott Debra Scammon	474-5343 474-1207
114 Canyon	2nd Friday @ 2:30 p.m.	North Valley School	Gretchen Gurriere Suzanne Hendricks	474-1686 232-0812
122 Cottonwood	1st Monday @ 7 p.m.	Cottonwood Comm. Center	Megan Renihan Scarlett Taff	347-9987 347-2143
123 Cow Creek	1st Tuesday @ 7 p.m.	Millville Grange	Jana Sylvester Donna Langfield	547-5226 247-3735
167 Golden Acres	1st Wednesday @ 7 p.m.	Prairie School – Dersch Rd.	Jean Harp Corene VanEperen	547-4751 221-1503
178 Happy Valley	1st Monday @ 7 p.m.	Happy Valley Primary School	Denise O'Banion Katherine Mondorf	357-3764 *82 357-4059
222 Lone Tree	2nd Monday @ 7 p.m.	Lone Tree School-Anderson	Stacy Hutchins Melisa Roberts	*82 365-1492 917-2456
233 Millville	2nd Monday @ 6:30 p.m.	Millville Grange	Lori Newsom Kelly Bebensee	547-3376 226-0712
255 Oak Run	2nd Monday @ 7 p.m.	Oak Run Elem. School	Wendy Wendt Oran Whitney	472-1399 472-3317
266 Palo Cedro	1st Monday @ 7p.m.	Millville Grange	Charlotte Little Debbi Srp	549-4296 365-0395
299 Swede Creek	1st Monday @ 7 p.m.	North Cow Creek School	Liz Ponce Janice Graham	222-2217 221-0203
987 Twin Palms	1st Tuesday @ 7 p.m.	Buckeye Elementary School	Jean Froese Robin Baker	241-1853 275-2868
986 West Valley	2nd Monday @ 7 p.m.	Cottonwood Comm. Center	Brenda Kreps Becky Munson	347-0287 347-1173

InterMtn Clubs	Date & Time of Mtg.	Location	Leader Name(s)	Phone #
600 Burney	1st Wednesday @ 7 p.m.	Lion's Hall	Shari Mazzini	335-5123
611 Cloverleaf	2nd Monday @ 6:30 p.m.	Evangelical Free Church	Stacy Schneider James Shaffer	336-6832 524-9807
622 Evergreen	1st Monday @ 7 p.m.	Evangelical Free Church	Theresa Neugebauer Mimi Buckman	336-6486 336-5925
633 Hat Creek	1st Tuesday @ 6 p.m.	Hat Creek Fire Hall	Peg Teasley	335-4671
644 Pine Grove	2nd Tuesday @ 7:30 p.m.	Ingram Hall – IM Fair	Suz Crane	336-5135

County Wide Project	Leader Name	Phone #	County Wide Project	Leader Name	Phone #
Alpacas	Susinn Alden	921-2999	Mountain Biking	Lynette Plake	549-3687
Dairy Goats	Diane Pella	547-5325	Pigeons	Ron Schmidt	245-9237
Eyes for Freedom (Guide Dogs)	Cathy Koch	*82 241-2503	Poultry	Leeann Stearns Susan Smallbrook	226-0413 226-0413
GIS/GPS	Benita Moore	226-9765	Rocketry	Jack Pingree	547-3504
Horseless Horse	Patricia Mailloux	347-1696	Rocks & Minerals	Marty Carpenter	474-1137
Hunter Safety	Tom Stone	223-0263	Safety Shooting Sports	Neill O'Brien	244-6617
Japanese Exchange	Lynn Forero	244-4691			
Knitting	Alison Malone	238-8201			

2008 COMPUTER CORPS

The 4-H Computer Corps is composed of youth (ages 15 and above), volunteers, and staff. They administer the state 4-H website www.ca4h.org, conduct computer trainings around the state, and help 4-H clubs design web pages. Applications are available online at <http://ca4h.org/compcorps>.

Deadline: October 31

STATE RECORD BOOK COMPETITION

If you are 14 years or older and are interested in submitting your record book at the state level, please contact your community club leader or the county 4-H office. Books competing are due **October 26** to the 4-H office.



JUDGING

The State 4-H office is recruiting judges for 2007 State 4-H Record Book Judging to be held at UC Davis, **November 30 through December 2**. Judges will take part in a Friday evening orientation and two days of judging. Applications are available at <http://ca4h.org/4hresource/ir/recordbook/competition.asp>

Application Deadline: September 30

AVIAN SCIENCES DAY

Avian Sciences Day will be **October 6** at UC Davis. More information to follow as announced.

AVIAN FLU AWARENESS MATERIALS AVAILABLE

Free materials are available through the USDA's Animal and Plant Health Inspection Service's (APHIS) avian influenza fairs program. Materials, including banners, brochures, posters and giveaway items, include information about dealing with avian influenza. For more information, visit www.aifairs.org.



SHOOTING SPORTS LEADER TRAINING COURSES

RIFLE DISCIPLINE - TULARE, CA

Upon successful completion of this course, 4-H leaders will be certified in the shooting sports discipline of rifle. They will be certified as leader trainers and are eligible to serve as shooting sports leaders for clubs or counties and they may also instruct and certify shooting sports volunteers. Dates are **Saturday, October 13, 8 a.m. to 5:30 p.m.** and **Sunday, October 14, 8 a.m. to 4:30 p.m.** Attendance at both days are required. To get more information or register contact the 4-H office or contact John Borba at jaborba@ucdavis.edu or telephone (661) 868-6216.

ARCHERY DISCIPLINE - RED BLUFF, CA

Upon successful completion of this course, 4-H leaders will be certified as archery volunteers and can instruct archery club projects and camp programs. Dates are **Saturday, October 13, 9 a.m. to 5 p.m.** and **Sunday, October 14, 9 a.m. to 2 p.m.** To get more information or register contact the 4-H office or contact Leland George, State 4-H Archery Instructor at ligeorge@tco.net or telephone (530) 527-4200.

Pre-registration due: October 5

CYFERNET MISSION OF THE MONTH: FAIR FOOD, FUN AND GAMES

Step right up to state fair season with CYFERNET! Discover the secrets behind the deep-fried, the thrill ride, and those impossible carnival games with a trio of fun activities.

Fair Fare: In this activity, youth get a chance to prepare some classic fair treats to see what goes into the recipes. They'll also learn about the science behind our high-fat, high-calorie cravings. **Thrill Rides:** Ever wonder what causes the crazy mix of sensations that has us lining up for roller coasters and free-fall rides? In this lesson, youth discover exactly what makes thrill rides "thrilling." **Fair Games:** Balloon darts or the ring toss may look easy, but they're virtually impossible to win. That's because they are often rigged to give the game operators an unfair advantage. Before you spend your money at this year's fair, or to know where your money went test out the "fraud factor" behind some popular games. Go to www.cyfernet.org/4htech/missions.html for complete details.

PARTICIPATE IN THE 4-H CLUB EXCHANGE DATABASE

Showing off your favorite places to visitors can be as fun as visiting new places yourself. Thanks to the 4-H Exchange program, youth clubs from Ark. to Wash. have enjoyed the best of both worlds. If your club would like to experience another part of the country or to share your home state with a visiting club, the 4-H Exchange database makes it easy to get started. Simply submit your free exchange ad online, highlighting the "best of" your state and listing what parts of the country you'd like visit, as well as your preferred travel and/or host dates. Go to <http://4-h.org/exchanges> to submit your ad and to read other ads from clubs across the country. Let the exchange begin!



SEPTEMBER 2007



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>This is your copy of Tips 'n Topics issued by the University of California Cooperative Extension of Shasta County.</p> <p><i>Pat Weliver</i> Pat Weliver, 4-H Program Representative</p>						<p>1</p> <p><< InterMtn.</p>
<p>2</p> <p>Fair >></p>	<p>3</p> <p>Labor Day Office Closed</p>	<p>4</p>	<p>5</p>	<p>6</p> <p>Public 4-H Information Night at Redding Library 6 - 7 p.m.</p>	<p>7</p> <p><< WHY Conference</p>	<p>8</p>
<p>9</p> <p>Sept. 7-9 >></p>	<p>10</p>	<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p> <p>Valley Achievement Night 6 p.m. Potluck 7 p.m. Program</p>
<p>16</p>	<p>17</p>	<p>18</p>	<p>19</p> <p>Valley Council Meeting 7 p.m.</p>	<p>20</p>	<p>21</p>	<p>22</p>
<p>23</p> <p>30</p>	<p>24</p> <p>Valley New Leader Orientation 6 p.m.</p>	<p>25</p>	<p>26</p> <p>InterMtn Council Meeting and Key Leaders Mtg. 7 p.m.</p>	<p>27</p>	<p>28</p>	<p>29</p>

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GRANTS, FUNDING, ETC.

YOUTH GARDEN GRANTS FOR 2008

The National Gardening Association (NGA) has announced that Home Depot will again sponsor Youth Garden Grants to help young people reap rewards and learn life lessons from **working in gardens and outdoor habitats**. NGA awards grants to schools and community organizations with child-centered, outdoor garden programs. The top fifty programs will receive **gift cards valued at \$500** and an additional 100 programs will receive **\$250 gift cards for the purchase of gardening materials and supplies to meet their program needs**. An activity package is also awarded. Visit the NGA web site, <http://assoc.garden.org/grants/>, for complete program details and application procedures.

Deadline: November 1

CALIFORNIA 4-H CAMP NEWS AND INFO

Want to keep abreast on California 4-H camp news and information? Join the 4-H Camping Announcement List to receive information about trainings, resources, and the latest happenings of the 4-H Camping Task Force. Register at <http://ca4h.org/council/camping/index.asp>.

FUNDING AVAILABLE FOR EXPERIENTIAL LEARNING AND THE ARTS

The Gould Family Foundation supports innovative programs that promote experiential learning and the arts. The Foundation prefers programs in their formative stages, that will become self-sustaining and that are primarily based in California. For more information visit <http://www.gouldfamilyfoundation.org/>. **Deadline: Inquiry letters should be received at the office of the Gould Family Foundation by February 1, 2008.**

2007 SERVICE-LEARNING REQUEST

The California State 4-H office, through the efforts of the California 4-H Foundation, has released the 2007 Service-Learning Request for Proposals (RFP). 4-H clubs, units, and groups who are doing service projects can apply for **funding up to \$5,000** for a service-learning project that they will carry out during the 2007-2008 program year. For more information: <http://ca4h.org/citizenship/funding/index.asp>. **Applications Postmark Deadline: September 10**