

4-H Tips 'n Topics



University of California Cooperative Extension, Shasta County 4-H
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Valley Leaders Appreciation Dinner

Valley 4-H volunteer leaders will be recognized for the many hours they give the program on **Friday, November 7**, at the Millville Grange in Palo Cedro. Each year I've been able to provide a free tri-tip dinner, some prizes and hopefully some fun activities. My hope is to express how much our community, members, parents and myself appreciate your efforts. So if you were a volunteer leader this past year, I invite you and your spouse/significant other to this dinner celebration. Mark your calendars and **RSVP to the 4-H office by October 29** so plans for food can be made.

COMMUNITY LEADERS: If your members vote to donate club money to help with the expenses, the cost is \$6/person and I'm willing to accept that donation.

Community Club Leaders

Returning members are a major part of the 4-H enrollment. Members will want to return if they have had a fun, learning experience. These members should be asked to rejoin! We often take for granted that members & leaders will return on their own. Please take time to contact your members and leaders, express your appreciation and ask them to continue.

NATIONAL 4-H WEEK IS HERE! OCTOBER 5-11

Hosted by Canyon, Whitmore & Anderson 4-H

Sunday, October 5, will be the date for this year's 4-H Day at the Mt. Shasta Mall. **All Valley Clubs** should participate in this event. Create your own booth and see what other clubs have to offer. The mall is letting us use their facility free of charge, so we should all take advantage of this excellent opportunity. This is one way to outreach people and let them know just what 4-H is all about. Set up will start at 9 a.m. All clubs need to have their booth set up and ready by 10:00 a.m. and cannot take down their booth until 4 p.m.

Please make an effort to wear your club t-shirt or uniform. Uniforms are not required but provide a professional look.

Let's all get involved and enjoy 4-H week!

Inter-Mountain 4-H Clubs are encouraged to design window displays in local stores, make posters, or provide flyers to the public advertising your local 4-H club. Visiting local schools is also a great idea!

IMPORTANT DATES

10/1	BBQ Meeting
10/1	Farm City Day
10/4	Club Officers Training
10/5	Sunday @ the Mall
10/5-11	National 4-H Week
10/15	Valley Council Meeting
10/18	Valley Judging Field Day
10/20	Emerald Star Applications Due
10/20	New Leader Orientation Mtg.
10/22	I.M. Record Book Judging
10/23-31	National Red Ribbon Week
10/24	State Record Books Due into 4H Office
11/1	Valley Fun Night
11/7	V. Leaders Appreciation Dinner
11/13	4H "101" Workshop
11/15	New Leader Orientation Meeting
11/19	Beef Leaders Meeting
11/21	Sheep Leaders Meeting

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InterMountain Results 2008

Large Animal Expo Medalists

Beef Level I

Emily Vigil, Evergreen 4-H

Wes Woolery, Hat Creek 4-H

Sheep Level I

Danielle Shaffer, Cloverleaf 4-H

Swine Level I

Jamie Ford, Hat Creek 4-H

Steven Scott, Pine Grove 4-H

Amber Wooden, Hat Creek 4-H

Late Summer Still Medalist

Vegetable Garden - Herbs

Senior

Medalist - Kyle Kellum, Pine Grove

Twin Palms is Ready to Start the New Year

Submitted by Dani Plake, Reporter, Twin Palms 4-H

We had our first meeting of the year on September 2, 2008. The club discussed different events that we are going to participate in this year. This year our club is starting up a new "Beginning 4-H" project for the primary members. They are going to be our new Clover Buds and we can't wait to be good role models for the new members.



InterMountain Council Officers Elected

Congratulations to the following elected officers:

President

Ruth Woolery, Hat Creek 4-H

Vice President

Mimi Buckman, Evergreen 4-H
Theresa Neugebauer, Evergreen 4-H

Secretary

Cherry Chico, Pine Grove 4-H

Coastal Clean Up

Submitted by Dani Plake, Reporter, Twin Palms 4-H

This was the 4th year that Twin Palms 4-H has participated in the Coastal Clean Up. Our club was given the area of Brandy Creek at the Whiskeytown National Forest. Six of us from our club participated. Callie Froese spent her time collecting over 3,000 cigarette butts. Samantha Watkins walked the beach and found all kinds of little different things. Tayler Baker, Anna Simoniet, Ruth Baily and I, Dani Plake, all hiked up the creek and found all kinds of cans, bottles and even some clothes. We then had a hot dog BBQ after all our cleaning. It was a lot of fun to be together and know that we all did a good thing helping keep our area clean.



Facility Use Permits

With the start of a new 4-H year, clubs need to be sure that Facility Use Permits are secured where needed. Remember **ONLY** the County Director may sign the Facility Use Permits, so please get them to the 4-H office as soon as possible.

Animal Insurance Offered to 4-H Members

The Mutual Insurance Company through Mimi LoCoco Insurance in Palo Cedro is offering insurance policy coverage against loss by death from any cause. Coverage is for cattle, sheep, goats, hogs and horses that are a club project of 4-H or FFA members. Mimi will be available at Judging Field Day (Oct. 18) to answer any questions or distribute applications.

Support Our Military

The armed forces annually provide an opportunity for individuals or organizations to support our troops through letter writing. Let's get the Shasta County 4-H program on their list of supporters and help to boost the morale of the men and women who are serving our country. Families, clubs or project groups can send cheerful, newsy notes or letters through Military Mail. It can be lonely being away from home and your loved ones. These letters will help to let our soldiers know we are thinking of them and support them. For more information and specifics, contact the 4-H office at 224-4900.



Platinum Star Achievers

Leslie Forero, Happy Valley 4-H

Kimberly Lyter, Palo Cedro 4-H

Emerald Star

The Emerald Star is a county award that is earned by developing or adding to something that benefits the 4-H program or the community. Acceptance of a proposal, evidence of work done, review by a committee and final presentation to Council will result in the award. Stars are awarded at the new 4-H year County Achievement Program.

Examples of past projects can be obtained from the 4-H office along with an application.

Deadline: October 20, 2008.

Required Club Officers Training

The club officers training will be held **Saturday, October 4**. Individual officers will be provided with a review of what their duties and responsibilities entail.

The policy handbook reads, "*At a minimum, trainings must be conducted annually and attendance will be required in order to participate in the program.*" The key word here is **required**.

All club officers are strongly **encouraged** to attend. However, the trainings are **required** for the following offices: **President, Vice President, Secretary and Treasurer**. There will be trainings offered for Sergeant at Arms, Historian, Song Leader, Activity Leader and Reporter.

If one of the required officers cannot attend, a volunteer leader **must** attend in their place. They in turn will be responsible for training that officer. **Registration is at 8:30 a.m. at Prairie School, 20918 Dersch Road, Anderson.** Golden Acres is the responsible club. Please contact the 4-H office with any questions.

4-H "101" Workshop

Thursday, November 13, 6:00 p.m.

This workshop will be at the 4-H office and is to familiarize families with events and what to expect and also to go over the record book and forms. It will be an opportunity to ask questions and be informed. All new families are encouraged to attend, but anyone can attend. The more times you hear about 4-H materials the easier understanding them will be. Contact the 4-H Office at 224-4900 with any questions.



COUNTY WIDE NEWS CONTINUED

Judging Field Day at Shasta College Saturday, October 18

Shasta College is again hosting a judging field day for beef, sheep, dairy goats, swine, and possibly poultry & rabbit. Reasons are required on the species of your choice. A Feeds & Breeds class will also be offered by Cow Creek 4-H. Registration is at 8:00 a.m. with practice classes and instructions starting at 9:00 a.m. **We will need 8-15 volunteer adults to help with tabulations and 3-4 group youth leaders.** If you can help, please contact the 4-H Office at 224-4900. Parking is available in the east parking lot. It's a short walk from there to the farm where the registration table is located. **Cottonwood 4-H Club will have a concession booth with breakfast & lunch items.**

New Leader Orientations

Are you interested in teaching a 4-H project? A minimum of six hours of instruction is all that is needed for a completed non-animal project. Let your club community leaders know your interest. Three things must be completed before your project can begin:

1. Fill out an enrollment form and pay your fee.
2. Obtain a fingerprinting form from the 4-H office and be fingerprinted through the Sheriff's Office (cost: \$18).
3. Attend a new leader orientation. All dates below will be held at the 4-H office in Redding:
 - **Monday, October 20, 6 p.m.**
 - **Saturday, November 15, 10 a.m.**

4-H Million Tree Project

All Valley Shasta County Clubs will participate in this tremendous service project. A 4-H California Club launched the project with the goal to plant 1,000,000 trees across the United States to beautify America, absorb atmospheric carbon dioxide and combat global climate change. Given the nature of the 6.5 million 4-H members, which is summed up in the 4-H Pledge, it is their hope that every one of the approximate 90,000 4-H Clubs in the U.S. will unite and participate in this community service and plant at least 12 native trees in their area during the current 4-H year. Over 20,000 trees have been planted by over 6,600 4-H youth in 26 states. You can go online at www.4hmilliontrees.org and see the club's virtual "push pin". Shasta County 4-H Council wants to have such a pin! Twin Palms will be working with the 4-H Office to order and plan for a planting date, probably in conjunction with Arbor Day (April). So watch the newsletter for more information to participate. Your club can also plant additional trees as a club community service, (let the 4-H office know if you're interested.)

REGIONAL, STATE AND NATIONAL NEWS

4-H Shooting Sports Course Shotgun Discipline—Ukiah, CA

Cost—\$30

Saturday, October 18, 2008—9:00 a.m.—5:00 p.m.

Sunday, October 19, 2008—9:00 a.m.—5:00 p.m.

A shotgun trainer course will be held at the Ukiah Gun Club, in Mendocino County. Upon successful completion of this two-day course, participants will be certified as 4-H leader trainers, and will be eligible to serve as shooting sports project leaders, as well as instruct and certify other volunteers in the discipline of shotgun. Cost for the course is \$30, which includes shotgun shells, clay targets, continental breakfast and lunch both days, and class materials. Teen Leaders may attend, with a participating adult volunteer. Limited camping space is available, contact John Holder for arrangements. The course will be limited to twenty (20) participants. You must be an appointed 4-H volunteer or member to attend this training. Send Training Request Form found at: <http://www.ca4h.org/projresource/shootingsports/> with fees payable to "Mendocino County 4-H Council" to: UCCE 4-H Shotgun, 890 North Bush Street, Ukiah, CA 95482.

For more registration information, contact: Linda Edgington at (707) 463-4495 or email: lgedgington@ucdavis.edu. If you have questions regarding the course or facility, contact the instructor, John Holder at (707) 4985-8445 or email: bearhut56@hotmail.com.



Lancaster County, PA

4-H Interstate Exchange

Lancaster County, PA 4-H Interstate Exchange program is looking for an exchange for either 2009-10 or 10-11 with any interested California 4-H groups. Scenic Lancaster County Amish country is centrally located close to Gettysburg, Philadelphia, Harrisburg, Washington DC and Hershey. For those interested, please contact Sharon Sherick at: ssherick@dejazzd.com.

2009 Citizenship Focus

Dates have been set for the 2009 Citizenship Focus Program. Come participate in hands-on programs that bring government and policy issues to life and help you understand how you can be more involved in your own community.

California Focus June 26-30, 2009

<http://www.ca4h.org/citizenship/focus/>

Washington Focus I

Road to Democracy June 21-30, 2009

Heritage Trail I June 21-27, 2009

Washington Focus II

Global Journey July 12-22, 2009

Heritage Trail II July 12-18, 2009

<http://www.ca4h.org/citizenship/dcfocus/>



National Youth Horse Leaders Symposium

The 32nd Annual National Youth Horse Leaders Symposium, presented by the American Youth Horse Council (AYHC), will be held on **March 27 through 29, 2009** in Lincoln, Nebraska. The Symposium will again include a variety of presentations including live horse demonstrations, roundtable sessions and classroom presentations on a variety of topics. Additionally, a kickoff reception, vendor booths, a silent auction and the Youth Leaders Celebration Awards Banquet allow attendees to have fun and interact throughout the weekend. For more information go to: www.ayhc.com or call 800-TRY-AYHC or email: info@ayhc.com.

Recognizing Local Heroism

Do you know someone who inspires you by doing extraordinary things in their local community? If you do, **honor your hero by nominating him or her for the 7th Annual Volvo for Life Awards**, a grassroots-driven, national award program recognizing local heroes committed to improving their community's safety, quality of life or environment. In honor of these local heroes, Volvo contributes more than \$1 million to charity each year. **Nominations are welcomed now through October 15**, at which time the American public will be invited to vote online for their favorite heroes from 40 top heroes and decide the finalists in the categories of Safety, Quality of Life, Environment and Butterfly; a newly named youth category. A panel of distinguished judges will then select one winner for each of the categories, who will receive **\$100,000 to be donated to the charities of their choice**; remaining finalists will receive a \$25,000 charitable donation. The Butterfly Award winner will receive \$25,000 and two Butterfly Award finalists will receive \$10,000. One **Grand Award Winner will receive a Volvo car** for the rest of his or her life. To learn more or to nominate a hero, visit: www.volvoforlifeawards.com.

National Red Ribbon Week October 23-31



The 4-H Council and All Stars encourage you to wear a red ribbon during "Red Ribbon Week" and help promote a DRUG FREE community!



Farm Education Programs in California Meeting November 7-8, 2008

The UC Davis Agricultural Sustainability Institute will be hosting the following meeting: Farm Education Programs in California: Opportunities & Challenges on November 7-8, 2008. Please click http://128.120.153.66/4hresource/updates/attach/2008/Sept08/Training_TLTI_RegForm.pdf for the registration form. Early registration fee: \$35. Walk-in Registration is \$40.

REGIONAL, STATE AND NATIONAL NEWS CONTINUED

Do You Have an Extra Bed?

The California 4-H International Exchange Program is looking for host families who are able to host teens from Costa Rica, Finland and Japan for one month during the summer of 2009. Yes, Costa Rica is now included in our offering - are you ready to brush up on your Spanish? 4-H will also offer an outbound program to Australia in 2009. Information about the International Exchange opportunities is available at: <http://www.ca4h.org/exchange/index.asp>.



Match the Flags to the correct Country:

AUSTRALIA COSTA RICA FINLAND JAPAN

Get Ready, Get Creative! For The 2009 State Fashion Revue

CHALLENGE PATTERN IS SIMPLICITY APRON # 9565

Start with Simplicity pattern #9565. Change it to suit your needs! Will you wear it in the kitchen, to barbecue, for woodworking, while you paint or for animal grooming? The possibilities are endless! For example, you could adjust the neck strap; make it shorter, longer, smaller or larger; change the pockets or eliminate them; add trim or appliques; experiment with fabrics, colors or details. Purchase or sew an outfit to coordinate with your apron. This pattern was chosen for the 2009 Challenge because it is suitable for beginners to advance. Happy Stitching! For more information about State 4-H Fashion Revue, go to <http://www.ca4h.org/projresource/fashion/index.asp> or contact Kylie Deal, youth chair at:

dmtigers06@yahoo.com or Sue Moore, staff liaison at samoore@ucdavis.edu or 209-533-6990.



A Career with United Nations

4-H participants interested in a career helping the United Nations are invited to take the UN National Competitive Recruitment Examination (NCRE). Please visit: <http://www.un.org/Depts/OHRM/examin/ncrepage.htm> to see if you qualify for a career with the UN and to sign up for the exam. The United Nations has entry-level professional positions available.

SWEET ACHIEVEMENTS



Sweet Achievements Day recognized Bronze, Silver, Gold and Platinum Star Achievers; Junior and Teen Leaders; 4-H Statewide Postal Shoot Awards; Record Book Medalists and Participants; Animal Expo Medalists, graduating senior and the Installation of New Club Officers.

GRANTS, SCHOLARSHIPS, FUNDING, RECOGNITION & AWARDS



Prudential Spirit of Community Award Program

Students in grades 5-12 who have demonstrated exemplary community service can apply for the Prudential Spirit of Community Award program. Local honorees receive a certificate of recognition from their school or organization. State honorees receive an award of \$1,000, an engraved silver medallion, and an all-expenses-paid trip to Washington, D.C. National honorees receive an additional award of \$5,000, an engraved gold medallion, and a trophy for their school or organization. The 2008 application is now available online at www.prudential.com/spirit or www.principals.org/prudential. Applications need to be returned to 4-H or to your local schools by October 31, 2008.



Junior Master Gardener Program

Four children's books have been awarded the 2008 "Growing Good Kids - Excellence in Children's Literature Award". This award program recognizes children's books that effectively promote an appreciation for gardening, plants and the environment. The award is jointly provided by the American Horticulture Society and the National Junior Master Gardener Program. For more information about these titles and the book awards program, visit <http://www.jmgkids.us/bookawards>. This year's winners, selected from books published in 2007, are: *The Old Tree*, by Ruth Brown (Candlewick Press), *If I Were a Tree*, written and illustrated by Dar Hosta (Brown Dog Books), *The Runaway Garden*, by Jeffery L. Schatzer and illustrated by Jeffrey Ebbeler (Mitten Press), *Mother Earth and Her Children*, by Sibylle von Olfers, illustrated by Sieglinde Schoen Smith, and translated by Jack Zipes (Breckling Press).



Funds Available to 4-H Clubs

The Dean Memorial Legacy Fund allows 4-H Clubs to request funding up to \$2,500 to conduct local 4-H activities and projects. Funding is intended for activities that support new and innovative 4-H projects, increase public awareness of 4-H, and expand the reach of 4-H. Requests for funding are due **October 31, 2008**. More information is available at: <http://www.ca4h.org/citizenship/funding/index.asp>.

Excellent Resource for Scholarships, Grants, etc.

The American Grants and Loans Book is a publication that contains valuable information with more than 1800 financial programs, subsidies, scholarships, grants and loans offered by the United States federal government. The book will provide a description of the grant available, a URL to the government website, a full mailing address, and phone and fax number. To order please call: 819-322-7533.

SWEET ACHIEVEMENTS



Sweet Achievements Day Congratulates Record Book Winners & Primary Participants.

FUN NIGHT THEME: "FALL INTO FUN WITH 4-H"

Come join us for an evening of fun, food, and entertainment!!

WHEN: Saturday, November 1

TIME: 4 p.m. to 8 p.m.

WHERE: Shasta District Fairgrounds - Shasta Building
1890 Briggs Street, Anderson

CONTACT: Diane Williams 547-4318 or Liz Ponce at 222-2217

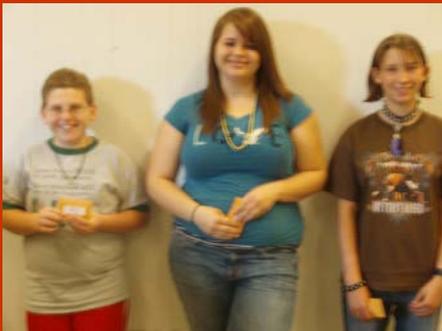


GENERAL INFORMATION AND SCHEDULING

- **This evening is not open to the public, but you may bring your friends and relatives. Talk it up with 4-H friends to attend!**
- Clubs may have one or two game booths, but **must** have a game booth in order to have a food booth.
- **Set-up will begin at 2 p.m.** Booths must be ready for operation by 4 p.m. and operate until 8 p.m. If tape is needed for signs or lines on floor, **only blue painters tape is permitted.**
- **Clean-up will begin at 8 p.m.** Clubs need to provide their own clean-up supplies (broom, dustpan, etc.). You **must** check out with Diane or Liz before you leave.
- Tables and chairs will be available. Food booths must provide their own petty cash. Game booths will supply their own prizes and container for tickets.
- Booths should have signs listing rules, prizes, prices, etc.
- Tickets will be sold at the door for 25¢ each or 5 for \$1 (game booths only)
- Tickets are to be bundled in groups of 25. Rubber bands and bags will be provided to each game booth. Turn in tickets to Diane or Liz immediately after they are counted and bundled. Checks will be issued by the 4-H office. Money from food booths will go directly to the club.
- **Silent Auction** - The auction will **begin promptly at 4 p.m.** NO LATE BASKETS. Baskets will be limited to 2 per club. The auction will end at 8 p.m. Please tape to the basket a list of all items in your basket. Profits from each basket will go directly to the club. Checks are to be written to the club. If a project has a basket the project name is to be listed in the memo line with the check payable to the club.
- **Lip-sync/Skit** - The Lip-sync/Skit will be from 6:30 to 7:30 p.m. Themed: "Fall into Fun with 4-H"
You must sign up prior to 4 p.m. the evening of Fun Night.
- **Prizes for all contests:**
 1. **Lip-sync/Skit Contest**
For ALL ages - 6:30 p.m. to 7:30 p.m.
Bring your music "CD" and be prepared to do themed lip-sync/Skit
 2. **Pumpkin Decorating Event**
4 p.m. to 5:30 p.m. (pumpkins and supplies will be provided)
 3. **Most Club Member Participation in Game Booth**
First, Second, and Third place
The club that has the most members participate in their game booth wins!



MORE SWEET ACHIEVEMENTS DAY PHOTOS



“HANDWASHING COULD SAVE YOUR LIFE”

Fifteen to twenty seconds of scrubbing your hands with soap could save your life. That's the message health experts worldwide are trying to spread about handwashing. Every year, an estimated 79 million Americans get sick from pathogens transmitted by dirty hands. Health officials say that by being diligent about washing your hands you can avoid serious illness.

Imagine a busy mother is performing a chore when a 3-year-old walks in and tugs at her sleeve. The woman gives him a cookie. Now imagine the chore was changing a diaper. It sounds gross, but it makes the point. Health experts are urging people to wash their hands often, before handling food, before picking up a baby and after using the bathroom. Wash them even more often if someone in your household or at your workplace has a cold, the flu or any other contagious disease. “If you're going to worry about germs, the number one thing to worry about is contact with other people,” says Dr. Phillip Tierno, Director of Clinical Microbiology and Immunology at New York University Medical Center. In his book, The Secret Life of Germs, he states that 80% of all infectious

disease is transmitted by touching – either another person or an object that someone else has touched.

Common sense may dictate that people wash their hands, but many don't. Researchers studying the bathroom habits of 6,000 men and women in five U.S. cities found that only 74% of women and 61% of men

*Flushing the toilet
with the lid up can
send drops of
aerosolized fecal matter
onto toothbrushes, combs
and hairbrushes.*

washed their hands. The problem is that most germs can hang around on fingertips for hours and surfaces for days. Most of us unconsciously touch our eyes, nose or mouth several times a day, which can spread germs that cause most illnesses.

Recent efforts by public health agencies to promote hand washing are in response to worries about the world-wide spread of **SARS** (Severe Acute Respiratory Syndrome) It's very important to wash hands PROPERLY. Wash for at least 15 to 20 seconds

with soap and comfortably warm water, making sure to get between fingers and under the fingernails.

The most germ-infested spot in your home is not in your bathroom, but on the average kitchen table, explains Dr. Tierno. Strange as it seems, it makes sense when you realize that kitchens are full of surfaces that come in contact with pathogens (such as Salmonella or E. Coli) found in raw meat, fish, poultry, even vegetables. Every kitchen surface and utensil should be cleaned frequently with soap and water or other household cleansers.

The toilet's role in waste disposal makes it a potential harbinger of all kinds of germs found in fecal matter.

Ironically, the constant flushing that cleans the bowl after each use can spread germs if the lid is not closed during flushing. Flushing the toilet with the lid up can send drops of aerosolized fecal matter onto toothbrushes, combs and hairbrushes as well as faucets, sinks and counters. You can keep germs at bay by sanitizing toilet lids, bowls and seats weekly with a germicidal cleanser.

*By Glowing Germ Company
Newsletter, 2003
www.glogerm.com*



October 2008



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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			1 <i>Farm City Day (Shasta District Fairgrounds)</i> <i>4-H/FFA BBQ Mtg. 6:30 p.m.</i>	2	3	4 <i>Valley Club Officers Training</i> <i>8:30 a.m. (Prairie School)</i>
5 <i>4-H Sunday at the Mall 9 a.m. (Mt Shasta Mall)</i>	6	7	8	9	10	11

<< National 4-H Week October 5 - 11 >>

12	13	14	15 <i>Valley Council Meeting 7p.m. (4-H Office)</i>	16	17	18 <i>Valley Livestock Judging Day 8:00 a.m. (Shasta College Farm)</i>
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19 <i>Co-Wide Shooting Sports Mtg. 12 p.m. (Range)</i>	20 <i>Emerald Star Appls. Due</i> <i>New Leaders Orientation Mtg. 6 p.m. (4-H Office)</i>	21	22 <i>I.M. Record Book Judging 6 p.m.</i>	23	24	25
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<< National Red Ribbon Week

26	27	28	29	30	31 <i>Happy Halloween</i>	
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<<National Red Ribbon Week October 23 - 31 >>

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University of California Non-discrimination

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or service in the uniformed services (as defined by the Uniformed Services Employment and Reemployment Rights Act of 1994: service in the uniformed services includes membership, application for membership, performance of service, application for service, or obligation for service in the uniformed services) in any of its programs or activities. University policy also prohibits reprisal or retaliation against any person in any of its programs or activities for making a complaint of discrimination or sexual harassment or for using or participating in the investigation or resolution process of any such complaint. University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Equal Opportunity Director, University of California, Agriculture and Natural Resources, 1111 Franklin Street, 6th Floor, Oakland, CA 94607, (510) 987-0096. (7/08)

COUNCIL MEETINGS

-VALLEY-

Wednesday, October 15
7 - 9 p.m.

-INTER MOUNTAIN-

No Council Meeting

InterMtn Record Book Judging
Wednesday, October 22
6 p.m.

All leaders and youth 14 years
and older have voting rights.

Please come and take part!

Where to list 4-H participation on PDR 08-09

Oct 5	4-H Sunday @ the Mall (if talked with people about 4-H or gave presentation on stage)	6 - Communication Skills 3 - 4-H Events Attended
Oct 18	Livestock Judging Day	2 - Project Skills Activity 3 - 4-H Events Attended
Oct 18	Livestock Judging Day Medalist	7 - Honors & Recognition
Oct 18	Feeds & Breeds Challenge	2 - Project Skills Activity
Oct 18	Feeds & Breeds Medalist	7 - Honors & Recognition
Nov 1	Fun Night	3 - 4-H Events Attended

Volunteer Leader Website



The volunteer leader website is a new interactive and growing site that can be seen at:

<http://ucanr.org/4-hvolunteers/>. There are sections that will change monthly, a 4-H Blog, 4-H Volunteer Voices, and updates in the program. We hope you'll enjoy seeing all the resources you need in one centralized location. In order to build this new section of the website, please send any recent stories of 4-H in the news in your community that you would like to share. You can email these stories to: fourstateofc@ucdavis.edu.