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4-H Tips 'n Topics

University of California Cooperative Extension, Shasta County 4-H
<http://ceshasta.ucdavis.edu>

1851 Hartnell Avenue, Redding, CA 96002 530-224-4900 Fax: 530-224-4904

November 2010

Volume 11, Issue 4

Current Resident Or:



American 4-H Fun Night

Come join us for an evening of fun, food, and entertainment!!

WHEN: Saturday, November 13
TIME: 4 p.m. to 8 p.m.
WHERE: Shasta District Fairgrounds - Shasta Building
 1890 Briggs Street, Anderson

Reminder: Please get those fundraiser forms in if you have not already done so!

Inexpensive Curriculum Available

The California 4-H Youth Development Program offers inexpensive curriculum for 4-H volunteer leaders and members through ANR Communication Services. Please check out the catalog on-line at <http://anrcatalog.ucdavis.edu/>. Browse through the collection by clicking on 4-H Youth Development in the "Browse Menu" to the left. Items can be ordered on-line.



Inter-Mountain Member Achievement & Leader's Appreciation Sunday, December 5th - 1:00 p.m. Dessert Pot Luck

Our All Stars will be presenting awards to the 4-H member's who have achieved star, Jr/Teen stripes, record book medals and expo achievements. The event will offer a sharing of desserts. **Each family is to bring a dessert enough to serve 10 people.** Installation of club officers will be done as a group. Please ask your club officers to attend and be appropriately dressed. Clubs are to bring their club banners for the parade. Leaders will be recognized for their service this past year. So come and enjoy the day!

Inter-Mountain Officer's Training

Training will take place on Sunday, December 5th. This is mandatory for all club President, Vice President, Secretary and Treasurer.

IMPORTANT DATES

Nov 11	Holiday - Office Closed
Nov 13	Fun Night
Nov 17	Valley Council Meeting
Nov 25	Holiday - Office Closed
Nov 26	Holiday - Office Closed
Dec 5	IM Achievement Night/ Leader Appreciation/ Friends of 4-H Awards
Dec 11	New Leader Orientation

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Council Meetings -VALLEY-

Wednesday, November 17th
7 - 9 p.m.

-INTER MOUNTAIN-

No November Council Meeting

DECEMBER Meeting is:
THURSDAY, DECEMBER 16th
7pm Gippetto's Pizza

All leaders and youth 14 years and older have voting rights.

Please come and take part!

Where to list 4-H participation on PDR 10-11		
Nov 13	Fun Night	3 - 4-H Events Attended

COUNTY WIDE NEWS

County-Wide Pack Goats

Our names are Michelle and Ryan Luzier and we have been packing with our goats for 4 years. Mostly day hikes, some short and some long. Since our goats are getting older and can pack more weight now, we can do longer hikes. We have gone up into the Trinities for hikes. The best was to Stoddard Lake! Lots of really cool plants! Some that we had never seen before were the Californian Pitcher Plant or Cobra Lilly, There was a huge meadow of them, it was really cool! Our mom began teaching pack goats with 4-H 3 years ago. We have lots of fun. We go on hikes, do agility with our goats, go to fair and do demos with them. We learn how to take care of our goats, how to saddle our goats, how much weight our goats can carry. We learn about the Leave No Trace hiking and camping. Last year we made a life size paper mache goat, it was a lot of fun and people love it when they see it! This year we are planning on hiking all the waterfall hikes at Whiskeytown. We have made double ended lead ropes in the past and this year we are hoping to make our own panniers and rope halters. If getting out in the woods and walking with friends sounds like fun, come join us!



By Michelle and Ryan Luzier

Twin Palms 4-H Petting Zoo



On October 2, 2010 the Twin Palm 4H club held a petting zoo in front of Tractor Supply in Redding. Shanelle and her mother brought rabbits, guinea pigs, cats, chickens, ducks and a goat to share with the public. The County Wide Goat Packing Group demonstrated milking, hoof trimming and obstacle courses with their goats. The club held this event to raise money for the clubs. In the end, I got to milk a goat. It was a fun event to meet other people in the group.

Abby Kellar Twin Palms 4-H



Pop Top Tabs for Ronald McDonald House

Please keep pulling those tabs (we know some of you have already started) and get your friends & neighbors to save them too. The challenge among Valley clubs is on. You will have until the April Council meeting to save. The club with the most weighed will win a prize!



WED	THUR	FRI	SAT
3	4	5	6
10	11 Office Closed for VETERAN'S DAY	12	13 FUN NIGHT Shasta District Fairgrounds 4pm-8pm
17 Valley Council Meeting 7pm 4-H Office	18	19	20
24 No Intermountain Council Meeting	25 Thanksgiving Day OFFICE CLOSED	26 OFFICE CLOSED	27
<p>This is your copy of Tips 'n Topics issued by the University of California Cooperative Extension of Shasta County.</p> <p>Erika Stephens, 4-H Y.D. Program Representative</p>			

	SUN	MON	TUE
		1	2
	7	8	9
November	14	15	16
	21	22	23
	28	29	30

COUNTY WIDE NEWS

Twin Palms Photography

Twin Palms 4-H Photography Project was asked to judge youths art work from the After School Ace Program at Shasta Meadows Elementary School. The 'winners' from this judging event would go on to participate in a Shasta County Ace Art Contest. The Theme of the contest was "What Ace Means to You." There were 2 age groups to judge from K-2nd grade and 3rd -5th grade. Here are a few comments from these new judges.

"It was hard to be a judge. I had to make tough decisions about the pictures uniqueness and its quality. I learned how to look at artwork differently" Karah Harbuck Age:

"I liked being a judge. I thought it was cool to be on the other side of the artwork. I learned to look at art differently on account of age and category. It was interesting to see how all the judges have different perspectives on the art work." Dani Plake.

It was difficult because there were a lot of drawings.. It was hard to find original work because some pictures all looked the same. Judging was tough and I can see why judges get tired.

Anna Simoneit



Facility Use Permits

With the start of a new 4-H year, clubs need to be sure that Facility Use Permits are secured where needed. Remember ONLY the County Director may sign the Facility Use Permits, so please get them to the 4-H office as soon as possible.

Tips 'N Topics

Do you have something fun or interesting happening in your project? Share your story with the county!

Submit your articles (and pictures if you have any) to Mary by the 3rd Wednesday of the month at mgbeasley@ucdavis.edu.

New Leader Orientations

Are you interested in teaching a 4-H project? A minimum of six hours of instruction is all that is needed for a completed non-animal project. Let your club community leaders know your interest. Three things must be completed before your project can begin:

1. Fill out an enrollment form and pay your fee.
2. Obtain a fingerprinting form from the 4-H office and be fingerprinted through the Sheriff's Office (cost: \$18).
3. Attend a new leader orientation. All dates below will be held at the 4-H office in Redding:

- Saturday, December 11th
9:30-11:30 a.m.

County Wide Horse Gymkhana

Written by Mariah Hoffman

The Gymkhana held October 10th was a very inspiring day and everyone had so much fun competing. So many riders were just learning they all said that they want to try again sometime. Jennifer Doolittle was the teacher and judge, she did an awesome job. Many thanks to all the helpers. There were 25 kids in all going through six events.

4-H Sunday at the Mall

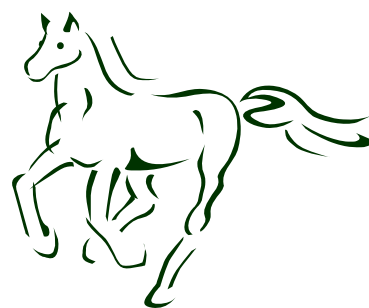
I would like to Thank all those 4-H clubs, leaders, members and parents who participated in the 4-H Sunday at the Mall this year. We were able to fill 16 tables and many chairs. It was nice to have so many different projects represented. We had everything from sheep to photography. It was great to see everyone interacting with the other clubs and members, more importantly letting the public know what 4-H is all about.

A great big THANK YOU to everyone again!!

Lynette Plake

Twin Palms Community Leader

COUNTY WIDE NEWS

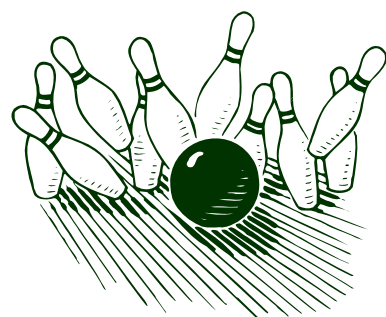


County Wide Horse

Shasta County is horse country and yet we only have two clubs plus County Wide with horse leadership. I am extremely interested in advising and assisting anyone who has desire to become a horse leader for the future. It would be wonderful to see many clubs and many activities for our "horsey" kids in which to participate. There are many parents who have much knowledge to share in this venue, in many disciplines. If you are strong in one area and need assistance in others we could join forces combining groups.

The only way for a successful endeavor is to become strong unified groups. Please feel free to contact me with questions.

Judy Hoffmann
Shasta County Wide Horse



Hi 4-H

Come bowl with us on 11/20 2010 at 6:30 pm at Shasta Lanes on Lake Blvd. Cost \$9.00 including shoes. 4-hers in the 9th thru 12 grade only please RSVP by 11/17/10 to 222-3456 thank you.

Due to schedule conflicts, the Feeds Clinic has been cancelled till January 2011. Look for information in the January 2011 newsletter.

Countywide Shooting Sports Shotgun

First meeting is still tentatively scheduled for the 3rd Sunday in November at 12pm. The meeting will take place at the Redding Gun Club.

Twin Palms Photography visits Robin Birmingham-Master Photographer

By Ruth Bailey

Today, our 4-H photography club went to Robin Birmingham's Studio to learn how to pose people and look at different variables that could alter the way a picture turns out. One of the variables is lighting. If it's too bright, it makes faces look washed out. If it's too dark, you can't see faces well and the picture doesn't come out as sharp.

Mrs. Birmingham is a great teacher. She does a lot of weddings and is the only women master photographer in the Redding area. I learned a lot from her and hope we can have another meeting with her.



Intermountain Primary Record Book Participants

Sara Dean	Cloverleaf	Purple Ribbon
Lyndi Denny	Cloverleaf	Purple Ribbon
Eric Simmons	Pine Grove	Purple Ribbon
Cole Murray	Pine Grove	Purple Ribbon

INTERMOUNTAIN FAVORITE FOODS DAY REGISTRATION

MANDATORY

DUE JANUARY 17 (IM FAIR OFFICE OR 4-H OFFICE)

Event Date: Saturday, January 22, 8:30 a.m.
Intermountain Fairgrounds ~ Ingram Hall



Name: _____

CLUB: _____

GRADE (as of 12/31/10): _____ PHONE: _____

YEARS IN PROJECT: _____

GRADE DIVISION (circle): Primary (K-3) Junior (4-5) Intermediate (6-8) Senior (9-12)

Please check the category(ies) you are entering: (** Projects are open to any 4-H member)

- | | | |
|---|---|--|
| <input type="checkbox"/> 1. Hot Dish (Main) | <input type="checkbox"/> 6. Dairy Food | <input type="checkbox"/> 10. ** Formal/Informal Card Table Display |
| <input type="checkbox"/> 2. Salad | <input type="checkbox"/> 7. Decorated Cake | <input type="checkbox"/> 11. Market Animal |
| <input type="checkbox"/> 3. Dessert | <input type="checkbox"/> 8. ** Edible Centerpiece | <input type="checkbox"/> 12. ** Beverage |
| <input type="checkbox"/> 4. Yeast Bread | <input type="checkbox"/> 9. ** Quick Bread | <input type="checkbox"/> 13. ** Appetizer |
| <input type="checkbox"/> 5. Food Preservation | | |

Updates from the CA 4-H Foundation

CA 4-H Foundation's Fundraising Tips for Your Annual Appeal

One role of the CA 4-H Foundation is to be a resource to County programs by assisting them in thinking about their fundraising strategies and actively working with them to enhance existing efforts or think about creating new ones. **One effective fundraising strategy is the annual appeal.** An annual appeal is a letter that is sent to your supporters and would be supporters, inviting them to be a part of your organization by providing donations.

If you are considering creating an annual appeal process in your county or club, be mindful of who you are sending it to. The Foundation is more than happy to work with you on creating lists and donor databases to help get you started. Contact Amy at almcguire@ucdavis.edu if you are interested in starting this process.

Below are some tips for writing a compelling annual appeal letter that have been provided by Guide Star. www.Guidestar.org
The Foundation believes these fundraising highlights will be very helpful to those of you who are contemplating creating an annual appeal letter. We encourage you to read them and please feel free to contact us with any thoughts or questions these tips may provoke. Thank you and happy fundraising!

"Tips to Help You Raise More Money by Mail"

- Tell a story. Narrative is far more powerful than a set of statistics and organizational accomplishments. Use photos in your letter or accompanying materials. The donor will read captions under photos before your letter copy.
- Photos of cute kids doing 4-H activities are always well received.
- Don't just focus on need; focus on specifically explaining the impact a donation will make. Clearly show which programs and youth are being helped by a donation.
- Always, always, always send out personalized letters ("Dear Mr. Smith," rather than "Dear Friend").
- Use the word "you" immediately in the first sentence of your appeal. Repeat the word "you" frequently; it's the most important word in your letter. Always make it about the donor.
- The appeal letter can have only one objective: a clear ask for support. It is not a newsletter, an end-of-year report, or item mixed in with other communications.
- Be sure to communicate with your donors frequently in between appeals so they are up to date and feel connected to your organization.
- Always, always, always thank your donors when they have made a gift and don't be afraid to be creative. Send a picture of how their funds were used and include a handwritten thank you from a 4-H member.

Annette Leeland
Executive Director
California 4-H Foundation

INTER-MOUNTAIN FAVORITE FOODS DAY --- " AROUND THE WORLD "

REGISTRATION DUE (mandatory): Friday, January 14

WHEN: Saturday, January 22

WHERE: IM Fairgrounds - Ingram Hall

THEME: "Around the World"

COORDINATED BY: Cloverleaf 4-H

APPROX. SCHEDULE

- 8:30 a.m. Check-in and set up entries. If you would like to set up the evening before, please contact Jody Morgan (530)262-8011
- 8:30 - 9 a.m. Judges Orientation AND opportunity to take pictures of member's entries.
- 9 a.m. Judging begins in all divisions. **All adults are to stay out of the judging area.** Each member is to stand by their food entry, serve each judge a sample, and answer any questions. *Members with multiple entries will be told what order to rotate for the judging of entries. Members must remain with the entry, if feasible, until all judging is completed for that specific category. Members with multiple entries may not be able to stay with each particular entry. When members are dismissed from their final class, they are to go to the designated area or to the reception area.* Following the completion of all judging, the foods will be open for viewing and picture taking.
- Exceptions** - Members are not required to remain with their entries for Edible Centerpieces, Card Table Displays, or Decorated Cakes during judging.
- Foods Challenge Contest** - All members are invited to take part in this contest to see how knowledgeable they are about foods and related subjects. This contest will be open at 9 a.m. *Bring a pencil and take the challenge!*
- 12 p.m. Buffet lunch is served after all judging is complete. Because Livestock Judging is at 1 p.m. this buffet will be the only lunch for many members, leaders, and parents. **Each family attending is asked to bring an additional salad or main dish for 10 people.** Members are encouraged to use their "Favorite Foods Day" entries for this lunch. Please do not eat your entry until the potluck begins.

IMPORTANT INFORMATION

Market Animal Category - Any member enrolled in a market animal project (beef, sheep, swine, rabbit, or poultry) can enter a food item using meat from their market animal species. A nutritionally balanced menu card (menu and recipe) **must** be included as well as a complete place setting. The place setting and menu are expected to be the event theme. **Entry in this division must have more than one step in the preparation process.** Example: slice of ham (not acceptable) VS casserole with broccoli, rice and ham (acceptable).

RECIPE CARD - page 11 of this TNT

PLEASE NOTE - Adult leaders and parents will **NOT** be allowed in the competition area until all judging is completed. There will be Junior/Teen Leaders and older members available to carry participants' entries to category tables, help with assistance and answer questions following check-in.

Please work with members ahead of time on their table settings and displays. Each participant is responsible for setting up his or her own display(s).

AWARDS (To be awarded at February club meetings)

Food entries - Danish system of judging (blue, red and white ribbons) will be used for 4th grade and above. Medals awarded to top scoring entry in each category, each grade division. Primary participants will receive participation rosettes for all categories entered.



REGIONAL, STATE & NATIONAL NEWS

4-H Center for Youth Development

The 4-H Center for Youth Development (CYD) conducts and promotes collaborations in research and evaluation between University of California (UC) Cooperative Extension professionals and UC campus-based scientists that deepen our understanding of youth development in the contexts of family and community. Please visit the 4-H Center for Youth Development's website, <http://www.ca4h.org/Research/CYD/> to find the latest research findings and updates of ongoing studies in the field of youth development.

4-H International Exchange

The world is shrinking!! This isn't the opening line of a science fiction story. It's true! We live in a global community. In our inter-related world, events in one country affect others and we have many more opportunities to interact with people from around the world. Find out how you can begin to prepare yourself to be an active citizen in a global world by participating in the 4-H International Exchange Programs. In 2011, California 4-H members and families will host students from Costa Rica, Japan, and Norway. In addition, 4-H members and leaders can travel outbound to Australia. Information about the 4-H programs is available at: <http://www.ca4h.org/Projects/Citizenship/International/> or by contacting Pat English at penglish@ucdavis.edu or 530-754-8520

Fashion cents, the 2011

Challenge category will be the \$15 Challenge. Members are challenged to coordinate and purchase an entire outfit for \$15 or less, not counting shoes. Additional categories for 2011 will be Traditional, Consumer Science-Purchased, Recycled, and Wearable Art-Embellished. In CS-Purchased, the limit has been reduced to \$100 for everything showing. The Recycled rules have been rewritten to differentiate between recycling an old garment into a new one and alterations. In WA-Embellished, the rules clarify that the original garment must be purchased. The SFR committee welcomes your participation in planning and presenting this state event. To join the committee, contact Karli Draxler, Youth Chair, at chat2kd@unwiredbb.com. For event information, the Challenge flyer, and 2010 photos, see the SFR website at <http://www.ca4h.org/Programs/Events/SFR/>. The committee is looking for historic photos and stories about 4-H Dress Revue and SFR when it was part of State Leadership Conference. If you have any to share, please contact Sue Moore at samoore@ucdavis.edu.

Camping Advisory Committee

4-H Adult volunteers and youth are still needed to serve on the **Camping Advisory Committee**. The application for Statewide Advisory Committees has been attached here. Please share this recruitment opportunity for service with your county volunteers and members that you anticipate having an interest and are willing to serve. Applications need to be signed by county staff before submitting to the State 4-H Office. Recruitment is open until filled at this time. Please contact John Borba, jaborba@ucdavis.edu or Marianne Bird, mbird@ucdavis.edu for additional questions. Visit the website for an application.

2010 State Leaders' Forum

The **2010 State Leaders' Forum: Upgrade, S.E.T. Your System, Go!** will be held November 5-7, at the Asilomar Conference Center. For registration forms and information about **Registration & Housing arrangements** on grounds or off grounds visit <http://www.ca4h.org/Programs/Conferences/SLF/>.



Valley Livestock



OVERALL MEDALISTS

Senior Division	Harley Purvis, Black Butte
Intermediate Division	Mackenzie Nash, Palo Cedro
Junior Division	Carson Shaw, Golden Acres

DAIRY GOATS

<u>Senior Division</u>			
Terrence Hill	Canyon	1st Place Medalist	
Haley Vukelic	Swede Creek	1st Place Medalist	
Erin Lanzi	Foothill	2nd Place Recognition	
Seth Martin	Black Butte	2nd Place Recognition	

<u>Intermediate Division</u>			
Cameron Pella	Palo Cedro	1st Place Medalist	
Alanna Williams	Swede Creek	1st Place Medalist	
Richelle Griffith	Golden Acres	1st Place Medalist	

<u>Junior Division</u>			
Oscar Simonis	Oak Run	1st Place Medalist	
Kendell Dinning	Foothill	1st Place Medalist	
Mikaela Santos	Cottonwood	1st Place Medalist	
Kathlyn Smith	Whitmore	1st Place Medalist	

POULTRY

<u>Senior Division</u>			
Jared Deardorff	West Valley	1st Place Medalist	
Zach Robinsky	Black Butte	1st Place Medalist	
Cody Garrett	Swede Creek	1st Place Medalist	

<u>Intermediate Division</u>			
Logan Theobald	Whitmore	1st Place Medalist	
Mitchel Schaller	Palo Cedro	1st Place Medalist	
Natalie Tavis	Swede Creek	1st Place Medalist	

<u>Junior Division</u>			
Faith Simonis	Swede Creek	1st Place Medalist	
Rhett Jones	Cottonwood	2nd Place Recognition	
Morgan Wells	Whitmore	2nd Place Recognition	

MEAT GOATS

<u>Senior Division</u>			
Brandon Wogoman	Happy Valley	1st Place Medalist	
Collin Wogoman	Happy Valley	1st Place Medalist	
Kayla Kagle	Happy Valley	1st Place Medalist	
Levi Crile	Happy Valley	1st Place Medalist	
Zach Robinsky	Black Butte	1st Place Medalist	
Harley Purvis	Black Butte	1st Place Medalist	
Jessica Allen	Swede Creek	1st Place Medalist	
Allison Terrell	Swede Creek	1st Place Medalist	
Nastascia Langfield	Swede Creek	1st Place Medalist	
Tyler Low	Swede Creek	1st Place Medalist	
Haley Vukelic	Swede Creek	1st Place Medalist	
Andrew Ponce	Swede Creek	1st Place Medalist	
Ciera Barry	Cow Creek	1st Place Medalist	
Terrance Hill	Canyon	1st Place Medalist	
Cameron Griffith	Golden Acres	1st Place Medalist	
Shanelle Hockenberry	Twin Palms	1st Place Medalist	

BEEF

<u>Senior Division</u>		
Levi Crile	Happy Valley	1st Place Medalist
Hunter Parker	Oak Run	1st Place Medalist
Ciera Barry	Cow Creek	1st Place Medalist

<u>Intermediate Division</u>		
Cameron Pella	Palo Cedro	1st Place Medalist
Emmaline deBern	Golden Acres	1st Place Medalist
Chase Bunn	Millville	1st Place Medalist

<u>Junior Division</u>		
Hope Schaller	Palo Cedro	1st Place Medalist
Ross Packwood	Palo Cedro	1st Place Medalist
Blake Clark	Palo Cedro	1st Place Medalist

SHEEP

<u>Senior Division</u>		
Collin Wogoman	Happy Valley	1st Place Medalist
Henrietta Simonis	Oak Run	1st Place Medalist
Hunter Parker	Oak Run	1st Place Medalist
Brian Stack	Oak Run	1st Place Medalist
Spenser Deardorff	West Valley	1st Place Medalist
Erin Lanzi	Foothill	1st Place Medalist

<u>Intermediate Division</u>		
Patty Doolittle	Palo Cedro	1st Place Medalist
Jenna Waite	Palo Cedro	1st Place Medalist
Colette Cox	Palo Cedro	1st Place Medalist
Ashley Neau	Palo Cedro	1st Place Medalist
Sadie Simonis	Swede Creek	1st Place Medalist
Natalie Tavis	Swede Creek	1st Place Medalist
Corban Kniep	Black Butte	1st Place Medalist
Sabrina Rouse	Black Butte	1st Place Medalist
Kaylee Trimble	Cottonwood	1st Place Medalist
Shelby Fogel	Millville	1st Place Medalist
Adam Blalock	Millville	1st Place Medalist

<u>Junior Division</u>		
Austin Grijalva	Happy Valley	1st Place Medalist
Camryn Clark	Swede Creek	1st Place Medalist
Mikaela Santos	Cottonwood	1st Place Medalist

(RECIPE)

----- (FOLD) -----

Inter-Mountain Favorite Foods Day



(MENU)

“Around the World”

Name: _____

Project: _____

Club: _____ **Grade:** _____

Year in Project: _____

Menu-(Circle Favorite Food Item):

National 4-H Week
October 3-9, 2010
Fall River

Achievement Afternoon/Officer Training/Leader Appreciation & Friends of 4-H Awards
December 5, 2010
Evergreen

Favorite Foods Day
January 22, 2011
Cloverleaf

Presentation Day
February 27, 2011
2pm
Fall River Elementary School
Pine Grove

Large Animal Ag. Field Day (Educational Day)
April 9, 2011 in the morning
Hat Creek & Evergreen

Livestock Judging Day
April 9, 2011 in the afternoon
Hat Creek & Evergreen

Summer Camp
TBD

Large Animal Expo
Dates Pending

Small Animal Field Day
May 1, 2011
1 pm
Pine Grove

Home Ec. Field Day, Ag Stills & Fashion Revue
July 9, 2011
Home Ec Drop off 9-10am
Fashion Revue 1pm
Cloverleaf

County Record Book Review
July 18, 2011

Large Animal Show Day
July 30, 2011
9am Weigh-in
10am Show
Hat Creek & Evergreen

Plant Science Day
August 19, 2010
5-6pm



Judging Day Results

MEAT GOATS (continued)

Intermediate Division

Bethany Griffith	Golden Acres	1st Place Medalist
Lillian Griffith	Golden Acres	1st Place Medalist
Emmaline deBern	Golden Acres	1st Place Medalist
Laura Bernal	Golden Acres	1st Place Medalist
Darryl Griffith	Golden Acres	1st Place Medalist
Daniella Remillard	Golden Acres	1st Place Medalist
Richelle Griffith	Golden Acres	1st Place Medalist
Melina Delaloza	Golden Acres	1st Place Medalist
Joshua Hall	Foothill	1st Place Medalist
Adam Blalock	Millville	1st Place Medalist
Ryan Morris	Palo Cedro	1st Place Medalist
Patty Doolittle	Palo Cedro	1st Place Medalist
Jenna Waite	Palo Cedro	1st Place Medalist
Ashley Neau	Palo Cedro	1st Place Medalist
Sadie Simonis	Swede Creek	1st Place Medalist
Andrew Nail	Lone Tree	1st Place Medalist
Kaylee Trimble	Cottonwood	1st Place Medalist

Junior Division

Austin Grijalva	Happy Valley	1st Place Medalist
Jimmy Bigger	Black Butte	1st Place Medalist
Jarett Firkins	Cow Creek	1st Place Medalist
Emalee Hiscock	Twin Palms	1st Place Medalist
Hannah Borg	Twin Palms	1st Place Medalist
Jake Mussmann	Twin Palms	1st Place Medalist
Carson Shaw	Golden Acres	1st Place Medalist

SWINE

Senior Division

Kristen Nash	Palo Cedro	1st Place Medalist
Tyler Low	Swede Creek	1st Place Medalist
Haley Vukelick	Swede Creek	1st Place Medalist
Andrew Ponce	Swede Creek	1st Place Medalist
Mya Robison	Black Butte	1st Place Medalist
Sidney Lloyd	Black Butte	1st Place Medalist
Alexa O'Brien	Black Butte	1st Place Medalist
Hunter Parker	Oak Run	1st Place Medalist
Brittany Cole	Cow Creek	1st Place Medalist
Spenser Deardorff	West Valley	1st Place Medalist
Carol Peterson	Canyon	1st Place Medalist
Tiesha Barnett	Canyon	1st Place Medalist
Trevor Hall	Foothill	1st Place Medalist
Monica Dixon	Foothill	1st Place Medalist
Erin Lanzi	Foothill	1st Place Medalist
Cameron Griffith	Golden Acres	1st Place Medalist

Intermediate Division

Corban Kneip	Black Butte	1st Place Medalist
Sabrina Rouse	Black Butte	1st Place Medalist
Janice Farrar	Cow Creek	1st Place Medalist
Emilee Deardorff	West Valley	1st Place Medalist

SWINE (continued)

Junior Division

Bethany Chamlers	Happy Valley	1st Place Medalist
Hope Schaller	Palo Cedro	1st Place Medalist
Caeden Kniep	Black Butte	1st Place Medalist
Oscar Simonis	Oak Run	1st Place Medalist
Andrew Terrell	Swede Creek	1st Place Medalist
Bryson Serna	West Valley	1st Place Medalist
Jake Mussmann	Twin Palms	1st Place Medalist
Carson Shaw	Golden Acres	1st Place Medalist

RABBIT

Senior Division

Megan Potterton	Happy Valley	1st Place Medalist
Sidney Lloyd	Black Butte	1st Place Medalist
Harley Purvis	Black Butte	1st Place Medalist
Nastascia Langfield	Swede Creek	1st Place Medalist
Tyler Low	Swede Creek	1st Place Medalist
Jared Deardorff	West Valley	1st Place Medalist
Cameron Griffith	Golden Acres	1st Place Medalist
Shanelle Hockenberry	Twin Palms	1st Place Medalist

Intermediate Division

Chase Kniep	Black Butte	1st Place Medalist
Nic Purvis	Black Butte	1st Place Medalist
Sabrina Rouse	Black Butte	1st Place Medalist
Alec Ponce	Swede Creek	1st Place Medalist
Emilee Deardorff	West Valley	1st Place Medalist
Emily Neel	Millville	1st Place Medalist
Adam Fisher	Millville	1st Place Medalist
Adam Blalock	Millville	1st Place Medalist
Darryl Griffith	Golden Acres	1st Place Medalist

Junior Division

Emalee Hiscock	Twin Palms	1st Place Medalist
Abby Garrett	Black Butte	1st Place Medalist
Camille Pryde	Golden Acres	2nd Place Recognition
Faith Simonis	Swede Creek	2nd Place Recognition



REGIONAL, STATE & NATIONAL NEWS



2011 Western Regional Leaders' Forum

The **2011 Western Regional Leaders' Forum**, "Cruise to 4-H Excellence!", is planned for **May 7-14, 2011**, and will be held aboard a cruise ship and will be visiting Alaskan and Canadian ports as attendees participate and learn at the many workshops being offered. You can visit: <http://4h.wsu.edu/conferences/2011wrlf/index.html> for more information and registration details.



California & Washington Focus

Looking for a way to enhance your leadership and citizenship skills? Delegates who participate in **California and Washington Focus** say they enhance these very skills as they engage in one of the citizenship study/travel programs and carry out a plan of action to address an issue in their school or community. The 2011 programs are planned for: **June 17 – 21, 2011, California Focus** in Sacramento **Late June 2011, Washington Focus #1** - Washington D.C.; Williamsburg Jamestown/ Yorktown (dates to be finalized soon)

July 10 – 19, 2011, Washington Focus #2 – Washington, D.C.; Philadelphia & New York. More information is available at: <http://www.ca4h.org/Projects/Citizenship/Focus/> or with Pat English, pnenglish@ucdavis.edu

4-H Military Partnership

Are you the child of someone who is serving in the military, including: Army, Navy, Air Force, Marines, Reserves, National Guard, Coast Guard or other services? If so please make sure to check the box when you enroll in 4-H this year! There are many opportunities and incentives available to you through the 4-H Military Partnership and this will allow us to contact you with notification about the opportunities. Visit www.ca4h.org to locate the 4-H office in your county today! Staff, please encourage your community club leaders to collect this information when enrollment begins.

Shooting Sports Volunteer Trainer Course Rifle Discipline

Saturday, November 6, 2010 8am-5pm
Sunday, November 7, 2010

Upon successful completion of this course, 4-H leaders will be certified in the rifle shooting sports discipline. They will be certified as Volunteer Leaders and be eligible to serve a club or camp rifle project leader. There is a \$20 fee for the course. To get more information contact Linda Edgington at lgedgington@ucdavis.edu or call 707-463-4495. To register for the class you must complete the *Training Request and Registration Form* found at: <http://www.ca4h.org/files/4785.doc> and have it signed by your county 4-H staff person. Mail this form along with a check for \$20 made payable to Mendocino County 4-H to: Rifle Class 890 N. Bush Street, Ukiah, CA 95482.



THE PRUDENTIAL SPIRIT OF COMMUNITY AWARDS

The **Prudential Spirit of Community Awards Program** is currently seeking applications to nominate and recognize 4-H members in grades 5-12 for their volunteer activities in the last year. 4-H participants may apply online at <http://spirit.prudential.com>. Top high school and middle level volunteers will receive silver medallions, \$1,000 awards and a trip to Washington, D.C. All applications must be completed, printed out, signed and submitted to your county 4-H office by **November 1, 2010**.

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Pay it Forward Minigrants

Pay it Forward Foundation's - Pay It Forward Mini-Grants are designed to fund youth-identified projects with educational value that benefit their school, neighborhood, or greater community. Programs must illustrate how their projects will embody a "pay it forward" concept, where benefits multiply exponentially in the community. Grant applications are considered throughout the year. For more information go to <http://www.payitforwardfoundation.org/educators/grant.html>.

Community Grants Available Through the Allstate Foundation

The Allstate Foundation is offering ongoing grants to promote safer communities, community revitalization, catastrophe assistance, non-profit organizations, environmental responsibility, and a more tolerant and inclusive society. To learn more, click the link: <http://www.allstate.com/citizenship/allstate-communities.aspx>.

Grants for Youth Promoting Collaboration

The Southern Poverty Law Center is sponsoring the Mix It Up Grants program, which provides \$500 for youth-directed activist projects that identify, cross and challenge social boundaries in schools and communities. There is no application deadline. For more information, visit www.tolerance.org/teens/grants.jsp.

CSUC Chico Livestock Educational Days

The following are the dates for the very educational field days at the Chico University Pavilion. All field days begin at 8:00 a.m.

- January 29th - Swine Education Day
- February 12th - Sheep & Goat Education Day

Gobble, gobble -

what's the best way to roast a turkey?

The Open Pan Roasting Method will consistently create a juicy, tender, golden brown, picture-perfect turkey.

1. Place thawed or fresh turkey, breast up, on a flat rack in a shallow pan (2 to 2-1/2 inches deep).
2. Insert oven-safe meat thermometer into the thickest part of the thigh.
3. Brush or rub skin with oil to prevent drying of the skin and to enhance the golden color.
4. Place in a preheated 325°F oven.
5. When the skin is a golden color and the turkey is about two-thirds done, shield the breast loosely with a tent of lightweight foil to prevent overcooking of the breast.
6. Use the roasting schedule below as a guideline; start checking for doneness 1/2 hour before recommended end times.
7. Turkey is done when the meat thermometer reaches the temperatures below.
8. Let turkey stand for 15-20 minutes before carving to allow juices to distribute evenly.

Roasting Schedule

Weight	Un-stuffed	Stuffed
10-18 lbs.	3 to 3 1/2 hours	3 3/4 to 4 1/2 hours
18-22 lbs.	3 1/2 to 4 hours	4 1/2 to 5 hours
22-24 lbs.	4 to 4 1/2 hours	5 to 5 1/2 hours
24-30 lbs.	4 1/2 to 5 hours	5 1/2 to 6 1/4 hours

Temperatures for Done Turkey

180 to 185°F deep in the thigh. Juices should be clear, not pink, when thigh muscle is pierced deeply.

170 to 175°F in the thickest part of the breast, just above the rib bones.

160 to 165°F in the center of the stuffing (if turkey is stuffed).

