

4-H Tips 'n Topics



University of California Cooperative Extension, Shasta County 4-H
<http://ceshasta.ucdavis.edu>

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Valley Leaders' Appreciation Dinner Friday, November 20th RSVP by Nov. 9th

This dinner is for Valley 4-H volunteer leaders who will be recognized for the many hours they give the 4-H program. It will be held at the I.O.O.F. Hall (22551 Silverlode Rd.) in Palo Cedro. Dinner is at 6:00 p.m. with the program beginning at 7:00 p.m. Each year, since I've been in Shasta County, I have conducted a free tri-tip dinner, some prizes and some fun activities. My goal is to express how much our community, members, parents and I appreciate your efforts. So if you were a volunteer leader this past year, I invite you and your spouse/guest to this dinner celebration. Mark your calendars and **RSVP to the 4-H Office by November 2nd** so that plans for food can be made.

COMMUNITY LEADERS: If your members vote to donate club money to help with the expenses, the cost is \$10/person and I am willing to accept that donation.

Reminder to Community Club Leaders

Please remember to file your clubs' 990 E-postcard it is due to the IRS by **November 15th**! Contact Pat if you have questions or are experiencing difficulties.

Inter-Mountain Member Achievement & Leader's Appreciation Sunday, December 6th - 2:00 p.m. Dessert Pot Luck

Our All Star and State Ambassador will be presenting awards to the 4-H member's who have achieved star, Jr/Teen stripes, record book medals and expo achievements. The event will offer a sharing of desserts. **Each family is to bring a dessert enough to serve 10 people.** Installation of club officers will be done as a group. Please ask your club officers to attend and be appropriately dressed. Clubs are to bring their club banners for the parade. Leaders will be recognized for their service this past year. So come and enjoy the day!

Club Officer's Training will be the same day at 1 p.m. This is mandatory for all club President, Vice President, Secretary and Treasurer.

IMPORTANT DATES

Nov 10	On-Line Enrollment - Redding Library
Nov 11	Holiday - Office Closed
Nov 12	4-H 101 Workshop
Nov 14	Fun Night
Nov 18	Swine Leader's Meeting
Nov 18	Valley Council Meeting
Nov 20	Leaders Appreciation Dinner
Nov 26	Holiday - Office Closed
Nov 27	Holiday - Office Closed
Dec 6	IM Club Officer's Training
Dec 12	New Leader Orientation

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November 2009

CLUB & PROJECT CONNECTION



Are You Confused About 4-H Record Books? Then Attend the 4-H "101" Workshop



If you're new to the 4-H program or even if you're not, this workshop will ease the confusion. We will explain the record keeping process, what can be used and where. We'll also discuss the county events and what to expect when you attend. Everyone is invited to attend this workshop on Thursday, Nov. 12, 6-7pm at the 4-H office. Don't wait until the end of the year to find out what your child is required to do, start now. Life will be easier! Contact the 4-H Office at 224-4900 with any questions.

Last Leader Orientation

Are you interested in teaching a 4-H project? A minimum of six hours of instruction is all that is needed for a completed non-animal project. Let your club community leaders know your interest. Three things must be completed before your project can begin:

1. Fill out an enrollment form and pay your fee.
2. Obtain a fingerprinting form from the 4-H office and be fingerprinted through the Sheriff's Office (cost: \$18).
3. Attend a new leader orientation. All dates below will be held at the 4-H office in Redding:

- **Saturday, December 12, 9:30-11:30 a.m.**

County Wide Rocketry to begin.



Would you like to belong to the county wide 4-H Rocketry Group? We meet four to five times to assemble the rockets together and then we shoot the rockets off. Members will have a chance to display the rockets at Ag Field Day and the SDF fair. Members should be accompanied by a parent at each meeting so that the member has help with rocket assembly. You must purchase your own rocket kit and also purchase an engine for it. The usual cost for the project is \$20-\$25 and up depending on the type of rocket chosen. We will be meeting in the Happy Valley area each month. Our first meeting is tentatively planned for Nov 3rd.

If you are interested in joining the County wide 4-H Rocketry Group, please contact Stephen Wogoman, who will be the leader this year at (530) 357-3477 for more information.

4-H Shooting Sports Project Leader Training Certification for Rifle Discipline



A shotgun trainer course will be held 9:00am-5:00pm, Saturday and Sunday, November 7-8, 2009 at the Ukiah Gun Club, in Mendocino County. Upon successful completion of this two-day course, participants will be certified as 4-H leader trainers, and will be eligible to serve as shooting sports project leaders, as well as instruct and certify other volunteers in the discipline of shotgun. Cost for the course is \$30, which includes shotgun shells, clay targets, continental breakfast and lunch both days, and class materials. Teen Leaders may attend, with a participating adult volunteer. Limited camping space is available, contact John Holder for arrangements. The course will be limited to twenty (20) participants. You must be an appointed 4-H volunteer or member to attend this training. Send Training Request Form (found at <http://ca4h.org/projresource/shootingsports/index.asp>) with fees payable to "Mendocino County 4-H Council" to UCCE 4-H Shotgun, 890 North Bush Street, Ukiah CA 95482. For more registration information, contact Linda Edgington (707) 463-4495 or lgedgington@ucdavis.edu. If you have questions regarding the course or facility, contact the instructor, John Holder at (707) 485-8445 or bearhunt56@hotmail.com



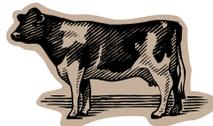
Spaghetti Fundraiser for 4-H Family

The Blumenstein family has been in the 4-H program for several years. Denise was also a co-community club leader of the Foothill 4-H Club for a few years. Their son, Hunter, was involved in a terrible automobile accident and has been at the UC Davis Medical Hospital for a few weeks now. As you may well expect, expenses are terribly high. To help with those expenses a benefit dinner is being planned for Wednesday, November 4th 5pm-8pm, at the Grange in Palo Cedro. I encourage you to come bring a friend or two, enjoy a good dinner and help the Blumenstein family. For more information or to make a donation contact Joelle Pope at offroad@citlink.net.

CLUB & PROJECT CONNECTION

Happy Valley Beef Project Hits the Trail

By Chloe Fowler



Happy Valley 4-H Beef had their first meeting October 4. We recapped last year and set goals for this year. Goal one: to provide a quality beef animal. Goal two: work together as a group. Goal three: community service.

This year Mrs. Coleen Wogoman will again be our beef leader. We welcomed two new members, Ethan Tapal and Laura Elkins. Our returning members are Brandon Wogoman, Julie Mondorf and Chloe Fowler. We have our steers picked out they include Angus, Angus/Herford cross and Herford. Our new member Laura Elkins will be taking a heifer.

After our meeting we worked our booth, Happy Valley Beef, at the Mt Shasta Mall. We had a power point presentation of the past year, pictures of the fair, and handed out Beef recipes. Chloe Fowler did a scientific demonstration on "Marshmallow Man, by product of beef." The question is why does a marshmallow expand or decrease with pressure while in a syringe?

This year for a fund raiser we will be selling seasoned, dry oak firewood, \$125 for 1/2 cord delivered within a 25 mile radius of Anderson. Orders are coming in fast, so get yours in today...when we're full, we're done. Contact Brandon or Coleen Wogoman at 357-3477 to place your order. You can check with your accountant as this may be used as a tax deduction.

We would like to thank all the buyers who purchased Happy Valley Beef steers, we hope you enjoyed the beef, we worked hard to provide you with a quality product. We also would like to thank our local feed stores for providing quality feed, good prices, advice and encouragement, it was much appreciated.

Happy Valley 4-H Beef is hitting the trail on a full run, if you need us to help in any community activities please contact us, 357-3477.



County-Wide Junior Master Gardener Project - Update

The Jr. MGs in the Valley group are off and running, sowing seeds for some fall gardening and on Sat. 10/3/09 the Inter-Mountain group of Jr. MGs went on a field trip to attend Bob and Adele Boster's "Plant Division Workshop", held at Boster's Nursery in Cassel. Some dug from their yards in preparation and brought Iris and Daylilies so that all could learn how to separate their mess of soil and roots, to end up with many new plants from just one clump. The group certainly got dirty and even a little bit wet, but learned a lot about the five types of bulbs and how best to handle each type, all in just a couple of hours. Thank you Bosters for the refreshments too!

On the subject of "thank you's": both the Valley and Inter-Mountain groups would like to say thank you to our Redding Lowe's for over \$200.00 worth of supplies that they donated to get us started. We also wish to thank Renee Shephard's Seeds and the local UC Master Gardeners for purchasing the Jr. Master Gardener level I books for the whole group.

CLUB & PROJECT CONNECTION

Cottonwood 4-H

Our Cottonwood 4-H club was busy on Monday. The kids pulled weeds in our adopted Median. Everyone had a lot of fun pulling weeds in the rain. Thanks again to all our 4-H friends who came to help!

Taylor Renihan, Vice President
Shelby Adams, Reporter



I.M. Collects Pop Tabs for Ronald McDonald House



This year the Inter-Mountain clubs took part in a competition of collecting pop tabs to benefit the Ronald McDonald House in Sacramento. Three clubs collected 13.75 pounds with Cloverleaf bringing in the most and winning an ice cream party for the club. CONGRATULATIONS !

Hunter Safety Course Offered

Tom Stone and Fish & Game will again offer a hunter's safety course for 4-H members signed up for Safety Shooting Sports or those not signed up but would like to take the course and are 9 yrs and older. Those interested should call the 4-H Office at 224-4900 to sign up. The course will start in January. You will be notified with more specifics as the time gets closer.

COUNTY WIDE NEWS

EXHIBITING OR SELLING AT THE SHASTA DISTRICT FAIR?

If you plan to exhibit your 4-H project or show/sell an animal at the Shasta District Fair, you are required to sign and adhere to the rules of the **Shasta County Contract**. The 4-H Council has approved events that qualify a member for showing/selling a market animal at fair. If you have any questions regarding this contract, you can contact your Project leader, Community leader, or the 4-H office.



"Harvest Fun with 4-H"

Saturday, November 14th
Shasta District Fairgrounds - Shasta Building

Don't forget to come out to Fun Night and enjoy the many games and food booths. Bring a friend! There will also be some great baskets to bid on so don't forget your check book! The fun begins at 4 p.m. and concludes at 8 p.m. See the Oct. TnT for more information.



REGIONAL, STATE AND NATIONAL NEWS

Junior Master Gardner Building a Vegetable Garden

The Junior Master Gardner program offers a new series of activities, Building a Vegetable Garden. These novel, hands-on learning experiences will help youth to evaluate the best garden site, select the right vegetables plants and will learn "Paper Towel Gardening" to establish the space requirements for plants. A new Golden Ray Series certification is offered to those young gardeners completing a set of activities from the JMG Teacher/Leader Guide. More information is available at <http://67.59.137.247/index.cfm?did=15948§ionID=2017>

Changes Coming to California State Fair

The California State Fair board of directors has voted to change the fair dates to July starting in 2010. The tentative dates are from Wednesday, July 14 to Sunday, August 1. Those breeding animals for this fair need to plan for the date change! For more information you may contact Erica Manual at emanuel@calexpo.com.

Add Your Video on YouTube

Watch videos of 4-H activities, events and projects on the California 4-H YouTube channel. Videos highlight 4-H SET projects, 4-H clubs, presentations and statewide conferences.

If you have a 4-H video to add, please contact Steven Worker at smworker@ucdavis.edu.

YouTube:

<http://www.youtube.com/user/California4H>



Gobble, gobble -

what's the best way to roast a turkey?

The Open Pan Roasting Method will consistently create a juicy, tender, golden brown, picture-perfect turkey.

1. Place thawed or fresh turkey, breast up, on a flat rack in a shallow pan (2 to 2-1/2 inches deep).
2. Insert oven-safe meat thermometer into the thickest part of the thigh.
3. Brush or rub skin with oil to prevent drying of the skin and to enhance the golden color.
4. Place in a preheated 325°F oven.
5. When the skin is a golden color and the turkey is about two-thirds done, shield the breast loosely with a tent of lightweight foil to prevent overcooking of the breast.
6. Use the roasting schedule below as a guideline; start checking for doneness 1/2 hour before recommended end times.
7. Turkey is done when the meat thermometer reaches the temperatures below.
8. Let turkey stand for 15-20 minutes before carving to allow juices to distribute evenly.

Roasting Schedule

Weight	Un-stuffed	Stuffed
10-18 lbs.	3 to 3 1/2 hours	3 3/4 to 4 1/2 hours
18-22 lbs.	3 1/2 to 4 hours	4 1/2 to 5 hours
22-24 lbs.	4 to 4 1/2 hours	5 to 5 1/2 hours
24-30 lbs.	4 1/2 to 5 hours	5 1/2 to 6 1/4 hours

Temperatures for Done Turkey

180 to 185°F deep in the thigh. Juices should be clear, not pink, when thigh muscle is pierced deeply.

170 to 175°F in the thickest part of the breast, just above the rib bones.

160 to 165°F in the center of the stuffing (if turkey is stuffed).



REGIONAL, STATE AND NATIONAL NEWS

Education Summits on Bio-Security in 4-H

In order to improve the understanding of 4-H adult volunteers, veterinarians, and administrators from fairs and exhibitions about existing bio-security risks associated with 4-H Animal Science projects in California and issues related to traceability, three Regional Education Outreach Summits will be offered by 4-H and Veterinary Medicine Extension. Each Education Outreach Summit will include four major components: a) an overview of current data on bio-security risks associated with 4-H Animal Science projects; b) updated information from USDA on the current status of NAIS and animal traceability; c) a listening session to provide stakeholders the opportunity to share their experiences and provide feedback on traceability issues to USDA; and d) a mini-training for 4-H teens and volunteers on the new 4-H Bio-Security curriculum. Dates and locations of the Education Outreach Summits are: December 12, 2009 - UC-Davis; January 16, 2010 - UCCE Tehama County; and February 27, 2010 - UCCE Kern County. Times for all summits will be 9 a.m. - 3 p.m. Lunch will be provided.

For more information, contact Martin Smith(mhsmith@ucdavis.edu) or Steven Worker(smworker@ucdavis.edu).

2010 State 4-H Field Day

The 2010 State 4-H Field Day will be held on May 29, 2010 at UC Davis. The State 4-H Field Day is the largest California statewide 4-H event, open to 4-H members, siblings, parents, 4-H volunteers and staff. In 2010, 4-H SET will be featured with many hands-on science, engineering and technology activities and challenges! Your 4-H Club or project can help! Stay tuned for more information on how your 4-H project, club or committee can provide exciting 4-H SET activities, challenges or exhibits. More information will be posted at <http://www.ca4h.org/projresource/fieldday/>.

Proposals for Education Grant Program

The Lorrie Otto Seeds for Education Grant Program gives small monetary grants to schools, nature centers, and other non-profit placers of learning. Project goals should focus on enhancement and development of an appreciation for nature using native plants. Projects must emphasize involvement of students and volunteers in all phases of development, and increase the educational value of the site. Proposals are due November 15, 2009. More information is available at <http://www.for-wild.org/seedmony.html>

CSUC

Chico Livestock Educational Days

The following are the dates for the very educational field days at the Chico University Pavilion. All field days begin at 8:00 a.m.

- January 30th - Swine Education Day
- February 13th - Sheep & Goat Education Day
- February 20th - Beef Education Day

California Speech Trek Invites 4-H'ers to Compete

The American Association of University Women (AAUW) invites high school 4-H members to compete in California Speech Trek. Beginning each September and continuing through March 1, high school students throughout California are welcome to contact the local AAUW branch near them (or email speechtrek@aauw-ca.org) for details about the local AAUW speech contest. The theme this year is "Breaking Through Barriers". The first place winner receives \$750, while second and third place winners each receive \$500. More information is available at <http://www.ca4h.org/4hresource/updates/attach/2009/Nov09/SpeechTrek4HBrochure-2PrizeMoney.pdf>

Disney's Planet Challenge Competition for 4th-6th Grade Youth

The Walt Disney Company announces the nationwide launch of Disney's Planet Challenge, a project-based environmental competition for fourth through sixth grade youth. The program empowers youth to make a difference in their homes, schools, and communities and prompts youth to think and act responsibly toward the environment while fostering teamwork, problem solving skills, and lifetime love for learning. Registration for the competition closes December 18, 2009. Registered teams then have until February 26, 2010 to complete their project portfolios. After-school science clubs, like 4-H Clubs, are eligible as long as they are comprised of 4-6th grade youth. For more information about Disney's Planet Challenge or to register for the competition, visit www.Disney.com/planetchallenge.

REGIONAL, STATE AND NATIONAL NEWS



4-H Shooting Sports Workshop Rifle Discipline - Tulare

A 4-H shooting sports workshop for the rifle discipline will be held at Rankin Field Range, 20000 Road 140 in Tulare on Saturday, January 9 (8-6 pm) & 10 (8-4 pm), 2010. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information contact John Borba at: jaborba@ucdavis.edu For information about the facility and a map, please visit the range website at: http://www.tcdsa.org/documents/rankin_field.htm

TELLING THE 4-H STORY - DIRECTOR UPDATES

Over the past month, several prospective donors have asked us at the Foundation to tell the 4-H story. What is it exactly - these folks want to know - that makes 4-H unique? A seemingly simple question, yes, but one that requires a healthy dose of insight as to how best to capture 4-H's reach and impacts across a state as diverse as California. Many of those who see the powerful impacts demonstrated by 4-H each and every day know both directly and intuitively what makes 4-H special: They see a child's eyes light up through the process of mastering a new concept or task. They witness a once-shy teenager standing in front of her peers delivering a project lesson. Or they see a caring adult volunteer helping kids become effective leaders by providing opportunities for them to practice leadership in their communities. As we start to tell our story across the state, several recurring themes are emerging to provide this colorful backdrop to our unique structure and design:

- ▶ **4-H provides leadership opportunities early and often**
- ▶ **4-H provides sustained programming that often spans 10+ years**
- ▶ **4-H promotes strong youth-adult connections, often transcending multiple generations**
- ▶ **4-H delivers projects that are research-based, inquiry-based and experiential**
- ▶ **4-H boasts one of the largest volunteer networks of any youth organization**
- ▶ **4-H incorporates positive youth development concepts into each aspect of program delivery**
- ▶ **4-H is inclusive and community-based**
- ▶ **4-H encourages youth to engage in their communities and give back**



We invite you to begin thinking about the 4-H story and what it means to you - as a volunteer leader, parent, staff member, or participant. What impacts is 4-H demonstrating in your community? What specific examples or personal experiences illustrate these key components? Collectively, our ability to show true, meaningful and lasting impacts will allow 4-H to not only survive, but thrive in this climate of diminishing human and financial resources. By continuing to demonstrate 4-H's unique contribution to youth, their families and communities, we stand poised to lead the youth development march as we have for the past 100 years.

REGIONAL, STATE AND NATIONAL NEWS

Waste Limitation Management and Recycling Design Challenge (grades 5-8)

The Waste Limitation Management & Recycling Design Challenge asks teams of up to six students to create a sustainable water recycling system for the moon. The challenge uses real-world scenarios that meet science and mathematics content standards. Students can participate in a formal, informal or home-school setting. Teams will test their system on a simulated wastewater stream and report results to NASA. Entries are due Feb. 1, 2010.

Go to <http://www.nasa.gov/audience/foreducators/current-ops-index.html>.
Once there click on "All Opportunities" and then on the article heading of your choice.



2010 Citizenship Focus Program

Dates have been set for the 2010 Citizenship Focus Program. Come participate in hands-on programs that bring government and policy issues to life and help you get involved in your own community.

- California Focus June 25-29, 2010
<http://www.ca4h.org/citizenship/focus/>
* Washington Focus I
Road to Democracy, June 27-July 5, 2010
Heritage Trail, I June 27-July 3, 2009
* Washington Focus II
- Global Journey, July 11-21, 2010
Heritage Trail II, July 11-17, 2010
<http://www.ca4h.org/citizenship/dcfocus/>

For more information, contact Pat English at pnenglish@ucdavis.edu or 530-754-8520.

Statewide 4-H Higher Education Scholarships

The fall season is in full swing and as students are researching schools and colleges they'd like to attend after graduation, 4-H members are reminded to plan to apply in Spring 2010 for one of the Statewide 4-H Higher Education Scholarships available. For more information on the scholarship program, visit: <http://www.ca4h.org/4hresource/ir/scholarship/>.

2010 State 4-H Horse Events

Dates have been set for 2010 State 4-H Horse Events. The State 4-H Horse Classic - Educational Contests will be held April 24 & 25 at Reedley College, Reedley, CA (southeast of Fresno). The Championship Horse Show will be held at the Santa Cruz County Fairgrounds in Watsonville on Thursday, June 24 thru Sunday, June 27. Tentatively, the English classes and Over Fences will be held on Friday, Western classes on Saturday and Gymkhana on Sunday. More information will be available by December 1st on the web site at <http://ca4h.org/projresource/horse/>.

Fur and Feathers Show

4-H members are invited to participate in the Fur and Feathers show, a small animal breed show and showmanship event, planned for January 16, 2010. Entry deadline is December 15, 2009. The event is for 4-H members statewide in Cavy, Poultry and Rabbit projects. You may contact Jenean at bass@roadrunner.com for questions.

REGIONAL, STATE AND NATIONAL NEWS



Energy Kids Activities for Kids

The Energy Information Administration (EIA) this week unveiled Energy Kids featuring more than 100 pages of fun educational content for kids, parents and teachers. The site features energy-related stories, hands-on activities and research articles. Making energy fun can excite young people to develop an understanding of energy and its increasingly important role in our daily lives, economy, and environment. For more information, please visit <http://www.eia.doe.gov/kids>

California International Exchange Program

The California International Exchange Program will offer outbound programs to Australia, Costa Rica, and Japan during the summer of 2009. Applications will be accepted until January 15, 2010. An interview with the California 4-H International Exchange Coordinator, Pat English, is required. For more information contact Pat English at: penglish@ucdavis.edu or 530-754-8520.



INTER MOUNTAIN FAVORITE FOODS DAY

REGISTRATION - **MANDATORY**

DUE JANUARY 11 (IM Fair office or 4-H office)



Name: _____

CLUB: _____

GRADE (as of 12/31/09): _____ PHONE: _____

YEARS IN PROJECT: _____

GRADE DIVISION (circle): Primary (K-3) Junior (4-5) Intermediate (6-8) Senior (9-12)

Please check the category(ies) you are entering: (** Projects are open to any 4-H member)

See ***page 15** for recipe card.

- | | |
|---|--|
| <input type="checkbox"/> 1. Hot Dish (Main) | <input type="checkbox"/> 8. ** Edible Centerpiece |
| <input type="checkbox"/> 2. Salad | <input type="checkbox"/> 9. ** Quick Bread |
| <input type="checkbox"/> 3. Dessert | <input type="checkbox"/> 10. ** Formal/Informal Card Table Display |
| <input type="checkbox"/> 4. Yeast Bread | <input type="checkbox"/> 11. Market Animal |
| <input type="checkbox"/> 5. Food Preservation | <input type="checkbox"/> 12. ** Beverage |
| <input type="checkbox"/> 6. Dairy Food | <input type="checkbox"/> 13. ** Appetizer |
| <input type="checkbox"/> 7. Decorated Cake | |

Event Date: Saturday, January 23, 8:30 a.m.

SHASTA COLLEGE JUDGING DAY RESULTS



OVERALL MEDALISTS

★ Senior Division	Kyle Dixon, Foothill
★ Intermediate Division	Bethany Griffith, Cow Creek
★ Junior Division	Hope Schaller, Millville

BEEF

Senior Division

Bud Johns	Golden Acres	1st Place Medalist
Miranda Johns	Golden Acres	2nd Place Recognition
Kristen Nash	Cow Creek	3rd Place Recognition

Intermediate Division

Monica Dixon	Foothill	1st Place Medalist
Cameron Grittits	Cow Creek	2nd Place Recognition
Hunter Parker	Oak Run	3rd Place Recognition

Junior Division

Aja Johnson	Millville	1st Place Medalist
Devin Goschke	Happy Valley	2nd Place Recognition
Daniella Remillard	Golden Acres	3rd Place Recognition

SHEEP

Senior Division

Kassidy White	Swede Creek	1st Place Medalist
Sidney Lloyd	Black Butte	2nd Place Recognition
Kayla Kagle	Happy Valley	3rd Place Recognition

Intermediate Division

Autumn May	Black Butte	1st Place Medalist
Harley Purvis	Black Butte	2nd Place Recognition
Rebecca Peconom	Black Butte	3rd Place Recognition

DAIRY GOATS

Senior Division

Charity Gunn	Palo Cedro	1st Place Medalist
Michelle Lazier	Palo Cedro	2nd Place Recognition
Savannah Kniep	Black Butte	3rd Place Recognition

Intermediate Division

Corrie Pella	Palo Cedro	1st Place Medalist
Adam Fisher	Millville	2nd Place Recognition
Jon Strawn	Foothill	3rd Place Recognition

Junior Division

Zach Sehenone	Swede Creek	1st Place Medalist
David Welsh	Cow Creek	2nd Place Recognition
Mollie White	Swede Creek	3rd Place Recognition

POULTRY

Senior Division

Matt Crum	Cow Creek	1st Place Medalist
Austin Gratteau	Swede Creek	1st Place Medalist
Nastacia Langfield	Cow Creek	2nd Place Recognition

Intermediate Division

Emma Crum	Cow Creek	1st Place Medalist
Bethany Griffith	Cow Creek	2nd Place Recognition
Kory Silva	Swede Creek	3rd Place Recognition

Junior Division

Richelle Griffith	Cow Creek	1st Place Medalist
Cenedra Tanish	Whitmore	2nd Place Recognition

MEAT GOATS

Senior Division

Cierra Barry	Cow Creek	1st Place Medalist
Brian Stack	Oak Run	2nd Place Recognition
Blake Firkins	Cow Creek	3rd Place Recognition

Intermediate Division

Nathan Brown	Twin Palms	1st Place Medalist
Hailey Palmer	Millville	2nd Place Recognition
Darryl Griffith	Cow Creek	3rd Place Recognition

Junior Division

Melina DeLaLoza	Golden Acres	1st Place Medalist
Hannah Borg	Palo Cedro	2nd Place Recognition
Scotti Murphy	Cottonwood	3rd Place Recognition

SWINE

Senior Division

Kody Johns	Golden Acres	1st Place Medalist
Spenser Deardorft	West Valley	2nd Place Recognition
Jarred Tapal	Happy Valley	3rd Place Recognition

Intermediate Division

Olivia Simmons	Millville	1st Place Medalist
Jason Brown	Happy Valley	2nd Place Recognition
Mitch Wallen	Swede Creek	3rd Place Recognition

Junior Division

Deenalee Simmons	Happy Valley	1st Place Medalist
Sarah Roe	West Valley	2nd Place Recognition
Andrew Neil	Lone Tree	3rd Place Recognition

PRIMARY DIVISION

Reese Whitehead	Happy Valley	Participation Medal
Crystal Simmons	Happy Valley	Participation Medal
Julia Norman	Cow Creek	Participation Medal
Indy Johnson	Millville	Participation Medal
Shaina May	Black Butte	Participation Medal
Jayden Gordon	Millville	Participation Medal
Bailey Alexander	Swede Creek	Participation Medal

INTER-MOUNTAIN FAVORITE FOODS DAY --- "TROPICAL TEMPTATIONS"

REGISTRATION DUE (mandatory): Monday, January 11

WHEN: Saturday, January 23

WHERE: IM Fairgrounds - Ingram Hall

THEME: "Tropical Temptations"

COORDINATED BY: Cloverleaf 4-H

APPROX. SCHEDULE

- 8:30 a.m. Check-in and set up entries. If you would like to set up the evening before, please contact Jody Morgan (530)262-8011
- 8:30 - 9 a.m. Judges Orientation AND opportunity to take pictures of member's entries.
- 9 a.m. Judging begins in all divisions. **All adults are to stay out of the judging area.** Each member is to stand by their food entry, serve each judge a sample, and answer any questions. *Members with multiple entries will be told what order to rotate for the judging of entries.* Members must remain with the entry, if feasible, until all judging is completed for that specific category. Members with multiple entries may not be able to stay with each particular entry. *When members are dismissed from their final class, they are to go to the designated area or to the reception area.* Following the completion of all judging, the foods will be open for viewing and picture taking.
- Exceptions** - Members are not required to remain with their entries for Edible Centerpieces, Card Table Displays, or Decorated Cakes during judging.
- Foods Challenge Contest** - All members are invited to take part in this contest to see how knowledgeable they are about foods and related subjects. This contest will be open at 9 a.m. *Bring a pencil and take the challenge!*
- 12 p.m. Buffet lunch is served after all judging is complete. Because Livestock Judging is at 1 p.m. this buffet will be the only lunch for many members, leaders, and parents. **Each family attending is asked to bring an additional salad or main dish for 10 people.** Members are encouraged to use their "Favorite Foods Day" entries for this lunch. Please do not eat your entry until the potluck begins.



IMPORTANT INFORMATION

Market Animal Category - Any member enrolled in a market animal project (beef, sheep, swine, rabbit, or poultry) can enter a food item using meat from their market animal species. A nutritionally balanced menu card (menu and recipe) **must** be included as well as a complete place setting. The place setting and menu are expected to be the event theme. **Entry in this division must have more than one step in the preparation process.** Example: slice of ham (not acceptable) VS casserole with broccoli, rice and ham (acceptable).

REGISTRATION CARD - page 9 of this TNT

RECIPE CARD - page 15 of this TNT

PLEASE NOTE - Adult leaders and parents will **NOT** be allowed in the competition area until all judging is completed. There will be Junior/Teen Leaders and older members available to carry participants' entries to category tables, help with assistance and answer questions following check-in.

Please work with members ahead of time on their table settings and displays. Each participant is responsible for setting up his or her own display(s).

AWARDS (To be awarded at February club meetings)

Food entries - Danish system of judging (blue, red and white ribbons) will be used for 4th grade and above. Medals awarded to top scoring entry in each category, each grade division. Primary participants will receive participation rosettes for all categories entered.

Inter-Mountain Events Schedule

Year 2009/2010

National 4-H Week

October 4-10, 2009

Fall River

Achievement Afternoon/Officer

Training/Christmas Party/Leader

Appreciation & Friends of 4-H Awards

December 6, 2009

Evergreen

Favorite Foods Day

January 23, 2010

Arrive: 8am

Start: 9am

Cloverleaf

Presentation Day

February 27, 2010 - PM

Pine Grove / Fall River Elementary

Scholarships

April 2010

Large Animal Ag. Field Day/Livestock

Judging Day

April 17, 2010 - AM

Hat Creek & Evergreen

Large Animal Expo

May 1, 2010 - AM

Opening Day of BB

Pine Grove / Colleen

Home Ec. Field Day & Ag. Stills/

Fashion Revue

May 15, 2010

Home Ec. Drop off: Sat 9-10am

Fashion Review: 1pm

Cloverleaf

Small Animal Field Day

May 2, 2010 1pm

Pine Grove

County Record Book Judging

July 28, 2010 @ Council 6pm

Burney

Large Animal Show Day

July 31, 2010

8am: weigh-in / 9am: show

Hat Creek / Evergreen

Plant Science Day

August 20, 2010

5pm - 6pm

Summer Camp

tbd



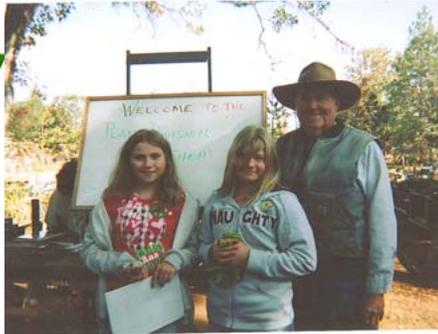
COUNTY-WIDE JUNIOR MASTER GARDENER PROJECT



The first meeting of the Jr. MG Valley group with donated items.

We discussed project goals and I explained how to plant a fall garden using the Square-Foot Garden method. The Valley group's next meeting is this Saturday, Oct. 17th at 2 pm at the Shasta College Farm. We will have a guest speaker, Ken Waranius, talking to us about worm composting and compost tea.

~ Benita Moore

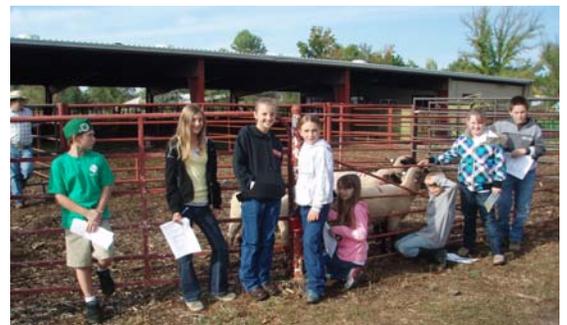


Jr. Master Gardeners Amber Lyn and Jessica pose for a picture with Bob Boster before they get dirty and break in their Lowe's gardening gloves. (In Amber Lyn's hands).



Project leaders Benita Moore and Wendi Chico pose in the Lowe's garden area with the Lowe's crew along with their best wishes for a successful project.

SHASTA COLLEGE JUDGING FIELD DAY





November 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>Record Books for State Judging due to County Office</i>	3	4	5	6 <i>State Leaders Forum . . .</i>	7
8 <i>State Leaders Forum</i>	9 <i>RSVP for Leader's Dinner</i>	10 <i>6-7:30 pm On-Line Enrollment For Clubs @ the Redding Library</i>	11  <i>Veteran's Day</i> <i>Office Closed</i>	12 <i>6pm 4-H "101" Meeting at 4-H Office</i>	13	14 <i>4-H Fun Night SD Fairgrounds 4 - 8 pm</i> 
15	16	17	18 <i>6pm Swine Leaders Mtg.</i> <i>7pm Valley Council Mtg.</i>	19	20 <i>6pm Valley 4-H Leaders' Appreciation Dinner</i>	21
22	23	24	25	26 Thanksgiving Office Closed	27	28
29	30	<p>This is your copy of Tips 'n Topics issued by the University of California Cooperative Extension of Shasta County.</p> <p>Pat Weliver, 4-H Youth Development Program Representative</p>				

(RECIPE)

(FOLD)

Inter-Mountain Favorite Foods Day



(MENU)

“Tropical Temptations”

Name: _____

Project: _____

Club: _____ **Grade:** _____

Year in Project: _____

Menu-(Circle Favorite Food Item):

1851 Hartnell Avenue
Redding, CA 96002
Phone: 530.224.4900
Fax: 530.224-4904
Website: ceshasta.ucdavis.edu

Current Resident Or:

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COUNCIL MEETINGS

-VALLEY-

Wednesday, November 18th
7 - 9 p.m.
Swine Leaders Meeting 6pm

-INTER MOUNTAIN-

Tuesday, November 17th
New Leader Orientation 5:30 pm

All leaders and youth 14 years
and older have voting rights.

Please come and take part!

Where to list 4-H participation on PDR 09-10

Nov 14 Fun Night

3 - 4-H Events Attended

4-H Sunday at the Mall

There were 11 table displays at the
Mall on October 4th in celebration of
National 4-H Week.

Good Job Everyone!!!

