

# 4-H Tips 'n Topics



University of California Cooperative Extension, Shasta County 4-H

<http://ceshasta.ucdavis.edu>

1851 Hartnell Avenue, Redding, CA 96002 530-224-4900 Fax: 530-224-4904

Volume 8, Issue 4

## HEAR YE, HEAR YE...CALLING ALL VALLEY LEADERS

With the help of Jennifer Wiersma, Stan Gordon and the Shasta College Ag. and Natural Resource Leadership Club, I will again have another enjoyable dinner and evening of fun activities. Make sure to mark **November 16** on your calendars to attend. The dinner will be held at the **Millville Grange** in Palo Cedro, **7 p.m.** with the program starting at 7:30 p.m.



'06 - Diane Pella, Palo Cedro 4-H, hoping to win the "Price is Right" game.

Be sure to **RSVP by November 5** to the 4-H office, so plans for food can be made.

As a past leader you have volunteered many hours for the 4-H program. This dinner is a way for me to show my appreciation. **This is FREE!** Only the youth in your club can vote to donate money to help with the expenses. **Hope to see you there!**

## JOIN THE "4-H GET-AWAY"

The 2008 All Stars have an exciting, active Junior/Teen Leader "Get-Away" planned for **Saturday, November 17!** This activity will meet the new Junior/Teen requirement and you will have fun too! Junior's (6-8th grades) will participate from 10:30 a.m. to 2:30 p.m. Teens (9-12th grades) will participate from 1:30 p.m. on Saturday to 10 a.m. on Sunday. **Applications are due November 8** and are available from the 4-H office, your key leaders, or the 4-H website at <http://ceshasts.ucdavis.edu>. Cost is \$10/Junior and \$20/Teen.



**Adult** (male and female) **chaperones and a nurse are needed.** Contact the 4-H office is you can help.

## BENEFIT TO HELP 4-H FAMILY

The Armstrong/LeRoy family suffered a tragic accident where young Beau, age 2, and his great-grandmother Kay suffered major burns. Beau is still in ICU at Shriners' Hospital. To help with the expenses a benefit dinner is being conducted on **Saturday, November 10** at Mountain View Middle School. Doors open at 5 p.m. with dinner at 6 p.m.

Adults are \$8 with children 12 and under \$4. Call 222-2700, 244-7990, 221-5224, or 223-4070 for tickets. You can also visit the 4-H website <http://ceshasta.ucdavis.edu> for more details. Take the family to dinner or make a donation!



## CONGRATULATIONS ARE IN ORDER!

We are pleased to welcome **Johnny Sylvester** of Cow Creek 4-H as the new **Valley Council President.** The full board is now ready to function as a whole and are eager to have you attend the monthly meetings (the 3<sup>rd</sup> Wednesday of each month). Any changes to that date are announced in this newsletter. We start promptly at 7 p.m. and end no later than 9 p.m. All leaders and members over the age of 14 years have voting rights. They are asked to attend and take part in the decisions of county events, rules, and finances.

## NOVEMBER 2007

### IMPORTANT DATES

- **Nov 3** - FUN NIGHT
- **Nov 10** - OAK RUN 4-H RABBIT SHOW
- **Nov 14** - 4-H "101" MEETING
- **Nov 15** - VALLEY SWINE LEADERS MEETING
- **Nov 15** - VALLEY COUNCIL MEETING
- **Nov 16** - LEADER'S RECOGNITION DINNER
- **Nov 17-18** - JR./TEEN LEADER'S RETREAT
- **Nov 28** - INTERMTN COUNCIL MEETING
- **DEC 2** - INTERMTN ACHIEVEMENT NIGHT

### INSIDE THIS ISSUE

County Wide News	2
Livestock Information	3
InterMtn Events Schedule 07/08	3
Club & Project Connection	4
Regional, State, and National News	4-5
Challenges, Contests, & Competitions	6
Grants, Scholarships, Funding, Etc.	6
Vly Livestock Judging Day Results	7
InterMtn Favorite Foods Day Info	8
InterMtn Registration Forms	9
November Calendar	10
InterMtn Favorite Foods Recipe Card	11
Where to list 4-H Activity on PDR	Back

### COUNCIL MEETINGS

**DIFFERENT DATE!!** - **Valley** -  
Thursday, November 15  
7 p.m.

- **Inter Mountain** -  
Wednesday, November 28  
7 p.m.

All leaders and youth  
14 years and older have voting rights.  
*Please come and take part!*

### 4-H OFFICE HOLIDAYS

November 12	Veteran's Day
November 22	Thanksgiving
November 23	Thanksgiving
December 24	Christmas Eve
December 25	Christmas
January 1	New Year's Day

# COUNTY WIDE NEWS

## DO YOU HAVE 4-H QUESTIONS?

*Are you confused with the paperwork?*

Then you are encouraged to attend 4-H "101" evening on **Wednesday, November 14**, 6-8 p.m. at the 4-H Office. Record Book keeping and what to expect at events are just some of what will be discussed.

## EXHIBITING OR SELLING AT THE SHASTA DISTRICT FAIR?

If you plan to exhibit your 4-H project or show/sell an animal at the Shasta District Fair, you are required to sign and adhere to the rules of the **Shasta County Contract**. The 4-H Council has approved events that qualify a member for showing/selling a market animal at fair. If you have any questions regarding this contract, you can contact your Project leader, Community leader, or the 4-H office.

## HUNTER SAFETY CLASS OFFERED

Tom Stone will again offer a Hunter Safety Class through the 4-H program. If you are interested, please contact the 4-H office. Dates have not been set, you will be contacted after the first of the year.



## 4-H COOKBOOKS...AN EASY SELL

There isn't a neighbor, grandmother, or aunt that wouldn't like to purchase a 4-H cookbook. The buyer(s) of your market animal would appreciate a 4-H cookbook instead of the same old hats, cups or flowers. So take a little time, plan ahead and purchase a few 4-H Cookbooks for only \$10/each. It could mean less fundraisers at the county level! Contact the 4-H office to pick them up.



## FACILITY USE PERMITS

With the start of a new 4-H year, clubs need to be sure that Facility Use Permits are secured where needed. Remember **ONLY** the County Director may sign the Facility Use Permits, so please get them to the 4-H office as soon as possible.

## "A SILVER CHRISTMAS JUBILEE"

On **December 1** the streets of downtown Redding will be lit up with the "A Silver Christmas Jubilee" Redding Lighted Parade. Entry form and list of categories are now available.

**Entry fee is just \$15.** Clubs or project groups may contact the 4-H office or go online at [www.reddingtradeclub.com](http://www.reddingtradeclub.com) for more information or a registration form. **Deadline** for entries is **November 23**. This is a great opportunity to promote your club, project and the 4-H Program!



## GOBBLE, GOBBLE - WHAT'S THE BEST WAY TO ROAST A TURKEY?

*The Open Pan Roasting Method will consistently create a juicy, tender, golden brown, picture-perfect turkey.*

1. Place thawed or fresh turkey, breast up, on a flat rack in a shallow pan (2 to 2-1/2 inches deep).
2. Insert oven-safe meat thermometer into the thickest part of the thigh.
3. Brush or rub skin with oil to prevent drying of the skin and to enhance the golden color.
4. Place in a preheated 325°F oven.
5. When the skin is a golden color and the turkey is about two-thirds done, shield the breast loosely with a tent of lightweight foil to prevent overcooking of the breast.
6. Use the roasting schedule below as a guideline; start checking for doneness 1/2 hour before recommended end times.
7. Turkey is done when the meat thermometer reaches the temperatures below.
8. Let turkey stand for 15-20 minutes before carving to allow juices to distribute evenly.

### Roasting Schedule

Weight	Un-stuffed	Stuffed
<b>10-18 lbs.</b>	3 to 3 1/2 hours	3 3/4 to 4 1/2 hours
<b>18-22 lbs.</b>	3 1/2 to 4 hours	4 1/2 to 5 hours
<b>22-24 lbs.</b>	4 to 4 1/2 hours	5 to 5 1/2 hours
<b>24-30 lbs.</b>	4 1/2 to 5 hours	5 1/2 to 6 1/4 hours



### Temperatures for Done Turkey

**180 to 185°F** deep in the thigh. Juices should be clear, not pink, when thigh muscle is pierced deeply.

**170 to 175°F** in the thickest part of the breast, just above the rib bones.

**160 to 165°F** in the center of the stuffing (if turkey is stuffed).

## LIVESTOCK INFORMATION

### INTERMTN LIVESTOCK JUDGING FIELD DAY

This event will be held Saturday, **January 26**. Judging starts at 1 p.m. Poster pictures will be used for beef, sheep, swine and horse judging, the same in previous years. Participants will be required to give reasons in all classes.

**Registration forms are due January 14** at the IM Fair office or the 4-H office. Forms can be found on page 9 of this TNT. Contact Peggy Teasley at 335-4671 or the 4-H office with any questions.

#### **Awards: (To be awarded at February club meeting)**

Top scoring individual in overall species, for each grade division, will receive a medal and top reasons score for each grade division will receive a medal. Certificates will be awarded through third place. Based on total scores of all species, teams of 4 youth per club, per grade division will be awarded a certificate.

### WEST VALLEY 4-H CLASSIC BUCKLE SHOW SERIES

*Submitted by Taylor Deppen, West Valley 4-H Horse Project Teen Leader*

The West Valley 4-H horse project will be hosting the 3rd annual West Valley Classic Buckle Show Series, to be held on Sunday, April 6, 2008 and Sunday, April 27, 2008 at Cottonwood Creek Equestrian Center. This is a covered area, so we will show rain or shine. Sign ups will be at 8 a.m. and the shows will start at 9 a.m. BUCKLES will be presented to the overall HIGH POINT winners in each age division for PLEASURE and each age division for GYMKHANA. This year we will also be presenting HORSE SHEETS for our overall RESERVE HIGH POINT winners. In addition to the high point and reserve high point awards, we also have some GREAT PRIZES that will be given away, thanks to the generous donation made by the Redding Pet Smart store, at both of our shows. Our past shows have been a lot of fun and very educational, thanks to our wonderful judges who take the time to talk to the riders and give them pointers. The entry form is available online at the 4-H website. For further information, please contact Lana Deppen at 604-6539 or 241-6944. We hope to see you at the shows. **COME HAVE FUN!!**

### ATTN: SWINE PROJECT LEADERS!

The Happy Valley 4-H swine project leaders will host a swine leaders meeting on **Thursday, November 15, 6 p.m.** at the 4-H office. Bring information to share about project curriculum, breeders, and anything else you would like to see discussed.



### STATE 4-H HORSE CLASSIC

The State 4-H Horse Classic will be **moving to a new location - the Santa Cruz Fairgrounds in Watsonville**. The dates are **June 26-29, 2008**. The educational contests will be held at CSU Fresno in partnership with the Equestrian Team and Equine Science Department in March 2008. More details will be posted on the web site as planning is confirmed.

### CSU CHICO LIVESTOCK EDUCATIONAL DAYS

There are several upcoming livestock learning events and animal sales at Chico State Farm

- **February 2**  
Swine Education Day  
Registration at 8 a.m.
- **February 16**  
Beef Education Day  
Registration at 8 a.m.
- **February 23**  
Sheep Education Day  
Registration at 8 a.m.

## INTER MOUNTAIN EVENTS SCHEDULE - 2007/08

#### NATIONAL 4-H WEEK

October 7-13, 2007  
All Clubs at Schools

#### JUNIOR/TEEN LEADER RETREAT

November 17 & 18, 2007  
Location: TBA  
All Stars & Pat

#### ACHIEVEMENT NIGHT, CHRISTMAS PARTY, LEADER APPRECIATION, AND FRIENDS OF 4-H AWARDS

December 2, 2007 2-4 p.m.  
All Stars, Pat, & Evergreen 4-H

#### LIVESTOCK JUDGING DAY

January 26, 2008  
IM Fairgrounds  
Hat Creek 4-H

#### FAVORITE FOODS DAY

January 26, 2008  
IM Fairgrounds - Ingram Hall  
Hat Creek 4-H

#### PRESENTATION DAY

March 1, 2008  
Location: TBA  
Burney 4-H

#### SCHOLARSHIPS

April 2008  
Scholarship Committee

#### FASHION REVUE

April 5, 2008  
Cloverleaf 4-H

#### LARGE ANIMAL EXPO

April 26, 2008  
Colleen Taylor

#### SMALL ANIMAL AG FIELD DAY

May 4, 2008  
Location: TBA  
Pine Grove 4-H

#### HOME EC FIELD DAY & AG STILLS

July 25, 2008  
InterMtn Fairgrounds  
Evergreen 4-H

#### LATE SUMMER STILLS

July 25, 2008  
InterMtn Fairgrounds  
Cloverleaf 4-H

#### LARGE ANIMAL AG FIELD DAY

July 26, 2008  
InterMtn Fairgrounds  
Evergreen 4-H

#### SUMMER CAMP

August 2008  
Location: TBA  
Pat, Jean Froese, & All Stars

#### COUNTY RECORD BOOK JUDGING

October 22, 2008  
IM Fairgrounds

## CLUB & PROJECT CONNECTION

### COUNTY WIDE ANIMAL FOSTERING

Submitted by Tiffany Plunk, Twin Palms 4-H

This summer I began volunteering, as a 4-H member, for a no kill animal rescue group called Another Chance. I have helped at several pet adoption days. It's been a lot of fun and I really enjoy helping animals find a new home. The group founder, Sandy Shelby, has decided to offer this as a county wide project now! 4-H kids can sign-up for the Animal Fostering Project to learn about rescuing animals and helping animals get "another chance."

### JAPANESE EXCHANGE MTG. DATE CHANGE

The first meeting for Japanese Exchange has changed to **Tuesday, November 13** at 7 p.m. at Round Table Pizza in Anderson. Hope to see everyone there!

### MEADOW PARK TREE PLANTING

Submitted by Harley Liane Purvis, Black Butte 4-H

The Black Butte 4H club went to Meadow Park on Saturday, October 27 and replaced trees and shrubs that had died in previous years. We also planted flower bulbs around the park to help beautify the park. It was a lot of work but we had a great time doing it. The trees we planted were a sycamore, a red wood, a maple, a tulip tree, and a birch. We also planted silver berry and juniper shrubs because they are deer resistant. The



silver berry shrub is edible. It will have a berry on it in later summer that you can eat.

We would like to thank Circle-C-Nursery in Millville for helping us get the trees and shrubs for the park. They were very generous giving us a great discount on the trees and shrubs and they even taught us how to pick out the right trees and shrubs for our area and how to plant them so they would grow big and strong. Thank you Cindy Scott and Debora Scammon for donating the iris and daffodil bulbs for us to plant. I would also like to thank all of our parents for their help and Kimberly Fancher for allowing us the opportunity to work with her on this project. I would also like to thank Tristin Touvell and Bernard for their additional help they gave us.

### PHOTOGRAPHY IS A REAL BLAST

Submitted by Tiffany Plunk, Twin Palms 4-H

This year, Twin Palms Photography Project will have a photography booth at Family Fun Night - *Blast From the 4-H Past*. Members of our project met last weekend to plan and prepare the background for our booth. We had so much fun painting the backdrop, because we taped sponges to our feet, dipped them in paint, and walked across a huge piece of cloth. We blended the paint together so it would look like colorful fall leaves. Afterward we discussed our decorations and practiced taking portraits. We learned how important it is to keep each shot centered and balanced. We are learning a lot and having a real blast at the same time!



## REGIONAL, STATE, AND NATIONAL NEWS

### STATEWIDE 4-H RECORD BOOK TRAINING OFFERED

The State 4-H office will be conducting a training that will **cover changes for the 2007-2008 year**. The training will be **Sunday, February 24**, 11 a.m. to 3 p.m. Because surrounding counties are also invited, there is a **maximum attendance of 10 adults per county**. Those wishing to attend will also be required to train other clubs. Shasta County currently has two adults signed up. If you are interested in taking part, please let your community leader know and contact Pat at 224-4900. **Deadline to sign up through the county office is January 25.**

### FREE INSECT TEACHING KIT FROM THE ENTOMOLOGICAL FOUNDATION

The Entomological Foundation is conducting a survey to determine what the needs of K-12 educators are regarding the use of insects in teaching science. Responses will be used by the Entomological Foundation to develop an Insect Science Education Kit for Educators. This comprehensive curriculum toolbox will help educators incorporate entomology and other environmental content into current non-formal and formal programming. The first 500 educators to respond to the web-based survey will receive the Science Education Kit free once it is developed. Interested in filling out the survey? Go to [www.entfdn.org](http://www.entfdn.org) and select the link to the survey.



## REGIONAL, STATE, AND NATIONAL NEWS CONTINUED

### 2008 4-H EXCHANGE SUMMER TRAVEL

California offers an alternate year program, hosting on odd-numbered years and traveling on even-numbered years. Contact the 4-H office to receive more information or an application!

#### **JAPAN:**

4-H links with a youth development organization in Japan called Labo. Participants, ages 14 to 19, live with a family and see Japan through the everyday experiences. This is an opportunity to experience life in Japan from the inside - not as a tourist. Host families eagerly introduce California teens to life in Japan. Teens may request a specific host family **or** a family with a teen the same gender and close in age, with similar interests and hobbies, will be selected by Labo.

For those who wish to spend more time in Japan, Labo also offers the Nihongo Program, an intensive three-week Japanese language program. This program begins in mid-June and ends just prior to the four-week home-stay program. Participants live with Japanese families in the Tokyo area and attend Japanese language classes five days a week at the Labo Center.

Through this program, participants can:

- Share cultures, customs, and heritage with Japanese youth.
- Learn to value diversity and show respect and understanding for others.
- Increase their language and communication skills
- Increase their compassion for people new to our culture.
- Develop understanding of issues related to living in a global society.
- Improve self understanding.

#### **AUSTRALIA:**

Students can travel to Victoria, Australia and live with host families. This exchange is intended for members with a strong agricultural interest and will focus on placing delegates with a host family in an agricultural setting. If a delegate does not have an interest in agriculture, the placing agent will try to locate a non-farming family. The tentative dates of the exchange are June 17 to July 17, 2008

#### **FINLAND:**

California will send delegates to Finland for one-month exchange. The tentative dates of the exchange are June 14 to July 13. Delegates will live with host families who participate in the Finland 4-H Program.

---

### 2008 CITIZENSHIP PROGRAM

The dates for the 2008 Citizenship Focus Program are:

**California Focus:** June 27 - July 1

**Washington Focus I - Global Journey:** June 29 - July 9

**Washington Focus I - Heritage Trail I:** June 29 - July 5

**Washington Focus II - Road to Democracy:** July 6-14

**Washington Focus II - Heritage Trail II:** July 6-12

The National 4-H Center is requiring contract commitments for the Washington Focus Program in November. **Online registration** will take place on the California 4-H website (<http://ca4h.org>) from **October 1 through November 5**. Additional delegates may be added after on a first-come, first served basis. *Registrations for California Focus registrations will be open until January 14, 2008.*

### NEW 4-H EXCHANGE LINK

Please note that the 4-H Exchange Database website has changed from [www.4-h.org/exchanges](http://www.4-h.org/exchanges) to <http://exchanges.ces.ncsu.edu/>. The 4-H Exchange Database brings together 4-H members across the country. Ads for current exchanges are posted on the site which explains each planned exchange.

### HELP PLAN THE 2008 STATE 4-H FIELD DAY

The State 4-H Office is recruiting for 4-H members (age 9 and above), 4-H volunteers and 4-H YDP Staff to help plan the 2008 State 4-H Field Day! The event will take place on **May 31, 2008** at UC Davis. Help is needed for the Presentation Day, Fashion Revue and overall event support. 4-H Clubs are also encouraged to provide activities and fundraise during the event. More information is available at <http://ca4h.org/projresource/fieldday/SFD-RecruitingFlyer2008.pdf>

## CHALLENGES, CONTESTS, & COMPETITIONS

### 2008 CALIFORNIA 4-H STATE FASHION REVUE BACKPACK CHALLENGE

Design and sew a backpack using Butterick pattern 5054, views C or E only. Purchase or sew an outfit to coordinate with your backpack. For Fashion Revue judging, the backpack is the main "garment" and the outfit is the "accessory." Use your creativity with fabrics, colors, and details to personalize your design. The optional iPod accessory may be added to enhance your backpack. For more information:



<http://www.ca4h.org/projresource/fashion/>.

### NASA ENGINEERING DESIGN CHALLENGE

Join the NASA Engineering Design Challenge and be part of space exploration by growing seeds flown in space! Plant growth will be an important part of space exploration with scientists anticipating the growth of plants on the moon in specialized plant growth chambers. Elementary, middle, and high school students are invited to participate and build your own lunar growth chamber! To register and receive more information, visit:



<http://www.nasa.gov/education/plantchallenge>.

### 4-H BEEKEEPING ESSAY CONTEST

Sponsored by the Foundation for the Preservation of Honey Bees, Inc., the rules and essay topic for this year's contest is *The Results of Honey Bee Pollination in my Community*. There will be three cash prizes for the national winners:

1st - \$250      2nd - \$100      3rd - \$50

Each state and national winner will receive an appropriate book about honey bees, beekeeping, or honey.

Completed California essays must be postmarked by **February 1, 2008**.

The winning state essay will be forwarded to the national competition. Results will be announced by May 1, 2008.



## GRANTS, SCHOLARSHIPS, FUNDING, RECOGNITION, & AWARDS

### VOLUNTEER RECOGNITION AWARDS

The Salute to Excellence 2008 Volunteer Recognition Awards are due to the State 4-H Office by **November 26, 2008**. These awards are in two categories, Volunteer of the Year, for volunteers with under 10 years of service qualify for this award and Outstanding Lifetime Volunteer Award, for individuals who have served for 10 years or more. Only the State 4-H Office can officially designate a volunteer as a state nominee. Nominations and attachments should be in Word format. More information is available at: <http://ca4h.org/4hresource/updates/attach/Salute To %20Excellence2008.doc>

### RURAL YOUTH LOANS AVAILABLE

The U.S. Department of Agriculture's Farm Service Agency makes operating loans to individual rural youth ages 10 through 20 to establish and operate income-producing projects. These projects must be of modest size and be initiated, developed, and carried out by rural youth participating in 4-H clubs, FFA, or a similar organization. To qualify for a loan the borrower must be a citizen of the US, live in a town of less than 10,000 people, are unable to get a loan from other sources & conduct a modest income-producing project in a supervised program of work as outlined. For more information and application, please contact the 4-H office.

### FUNDING AVAILABLE FOR EXPERIENTIAL LEARNING AND THE ARTS

The Gould Family Foundation supports innovative programs that promote experiential learning and the arts. The Foundation prefers programs in their formative stages, that will become self-sustaining and that are primarily based in California. For more information visit <http://www.gouldfamilyfoundation.org/>.

**Deadline: Inquiry letters should be received at the office of the Gould Family Foundation by February 1, 2008.**

# VALLEY LIVESTOCK JUDGING DAY AND FEEDS & BREEDS RESULTS

Shasta College Ag. & Natural Resource Department sponsored Judging Field Day Saturday, October 20.

Medalists are as follows:

## CLASS 1 - BEEF

### **Senior Division:**

Celeste Ostman Cow Creek

### **Intermediate Division:**

Monica Dixon Palo Cedro

### **Junior Division:**

Brody Gill Millville

## CLASS 2 - MEAT GOAT

### **Senior Division:**

Mary Kate McAuliffe West Valley

### **Intermediate Division:**

Michael Sample Cottonwood

### **Junior Division:**

Cameron Pella Palo Cedro

## CLASS 3 - SHEEP

### **Senior Division:**

Justin Garrett Black Butte

### **Intermediate Division:**

Harley Purvis Black Butte

### **Junior Division:**

Nicolus Purvis Black Butte

## CLASS 4 - DAIRY GOATS

### **Senior Division:**

Ben Heino Palo Cedro

### **Intermediate Division:**

Charity Gunn Palo Cedro

## CLASS 5 - SWINE

### **Senior Division:**

Miranda Johns Anderson

### **Intermediate Division:**

TJ Santos Millville

### **Junior Division:**

Shelby Fogel Millville

## CLASS 6 - POULTRY

### **Senior Division:**

Megan Goddard Swede Creek

### **Intermediate Division:**

Quinton Langfield Cow Creek

### **Junior Division:**

Keeley Chain Happy Valley

## OVERALL

### **Senior Division:**

Celeste Ostman Cow Creek

### **Intermediate Division:**

Kyle Dixon Palo Cedro

### **Junior Division:**

Dalton Giles Cottonwood

## PRIMARY PARTICIPANTS

Connor Blackford	Palo Cedro
Cody Geisler	Cow Creek
Chloe Headrick	Happy Valley
Ginger Headrick	Happy Valley
Anthony Reynolds	Happy Valley
Colby Whitney	Oak Run



## Feeds & Breeds Results

### **Senior Division:**

Ryan Scott Black Butte

### **Intermediate Division:**

Autumn May Black Butte

### **Junior Division:**

Taylor Renihan Cottonwood

## PRIMARY PARTICIPANTS

Chase Bunn	Millville
Colby Whitney	Oak Run

# INTER MOUNTAIN FAVORITE FOODS DAY

**REGISTRATION DUE (mandatory):** Monday, January 14

**WHEN:** Saturday, January 26

**WHERE:** IM Fairgrounds - Ingram Hall

**THEME:** "Favorite Food From Your Favorite State"

**COORDINATED BY:** Hat Creek 4-H



---

## APPROX. SCHEDULE

- 8:30 a.m. Check-in and set up entries. If you would like to set up the evening before, please contact Peg Teasley, 335-4671.
- 8:30 - 9 a.m. Judges' Orientation AND opportunity to take pictures of member's entries.
- 9 a.m. Judging begins in all divisions. **All adults are to stay out of the judging area.** Each member is to stand by their food entry, serve each judge a sample, and answer any questions. *Members with multiple entries will be told what order to rotate for the judging of entries.* Members must remain with the entry, if feasible, until all judging is completed for that specific category. Members with multiple entries may not be able to stay with each particular entry. *When members are dismissed from their final class, they are to go to the designated area or to the reception area.* Following the completion of all judging, the foods are will be open for viewing and picture taking.
- Exceptions** - Members are not required to remain with their entries for Edible Centerpieces, Card Table Displays, or Decorated Cakes during judging.
- Foods Challenge Contest** - All members are invited to take part in this contest to see how knowledgeable they are about foods and related subjects. This contest will be open at 9 a.m. *Bring a pencil and take the challenge!*
- 12 p.m. Buffet lunch is served after all judging is complete. Because Livestock Judging is at 1 p.m. this buffet will be the only lunch for many members, leaders, and parents. **Each family attending is asked to bring an additional salad or main dish for 10 people.** Members are encouraged to use their "Favorite Foods Day" entries for this lunch. Please do not eat your entry until the potluck begins.

---

## IMPORTANT INFORMATION

**Market Animal Category** - Any member enrolled in a market animal project (beef, sheep, swine, rabbit, or poultry) can enter a food item using meat from their market animal species. A nutritionally balanced menu card (menu and recipe) **must** be included as well as a complete place setting. The place setting and menu are expected to the event theme. **Entry in this division must have more than one step in the preparation process.** Example: slice of ham (not acceptable) VS casserole with broccoli, rice and ham (acceptable).

**RECIPE CARD** - page 11 of this TNT

**PLEASE NOTE** - Adult leaders and parents will **NOT** be allowed in the competition area until all judging is completed. There will be Junior/Teen Leaders and older members available to carry participants' entries to category tables, help with assistance and answer questions following check-in.

**Please work with members ahead of time on their table settings and displays.** Each participant is responsible for setting up his or her own display(s).

---

**AWARDS (To be awarded at February club meetings)**

**Food entries** - Danish system of judging (blue, red and white ribbons) will be used for 4th grade and above. Medals awarded to top scoring entry in each category, each grade division. Primary participants will receive participation rosettes for all categories entered.

**Demonstrations** - Gold medals will be awarded to those who receive qualifying scores. Those scores are determined using the same score sheet that is used at County Presentation Day.





## INTER MOUNTAIN FAVORITE FOODS DAY

REGISTRATION - **MANDATORY**

**DUE JANUARY 14** (IM Fair office or 4-H office)



NAME: \_\_\_\_\_

CLUB: \_\_\_\_\_

GRADE (as of 1/1/08): \_\_\_\_\_ PHONE: \_\_\_\_\_

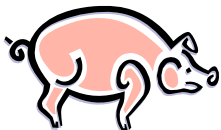
YEARS IN PROJECT: \_\_\_\_\_

GRADE DIVISION (circle):      Primary (K-3)      Junior (4-5)      Intermediate (6-8)      Senior (9-12)

Please check the category(ies) you are entering: (\*\* Projects are open to any 4-H member) See **\*page 11** for recipe card.

- |                                               |                                                                                                |
|-----------------------------------------------|------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> 1. Hot Dish (Main)   | <input type="checkbox"/> 8. ** Edible Centerpiece                                              |
| <input type="checkbox"/> 2. Salad             | <input type="checkbox"/> 9. ** Quick Bread                                                     |
| <input type="checkbox"/> 3. Dessert           | <input type="checkbox"/> 10. ** Formal/Informal Card Table Display                             |
| <input type="checkbox"/> 4. Yeast Bread       | <input type="checkbox"/> 11. Market Animal                                                     |
| <input type="checkbox"/> 5. Food Preservation | <input type="checkbox"/> 12. ** Beverage                                                       |
| <input type="checkbox"/> 6. Dairy Food        | <input type="checkbox"/> 13. ** Appetizer                                                      |
| <input type="checkbox"/> 7. Decorated Cake    | <input type="checkbox"/> 14. ** Demonstration Talk: (please circle: Individual or Team player) |

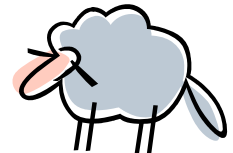
**Event Date: Saturday, January 26, 8:30 a.m.**



## INTER MOUNTAIN LIVESTOCK JUDGING DAY

REGISTRATION - **MANDATORY**

**DUE JANUARY 14** (IM Fair office or 4-H office)



Judging Classes will be offered for beef, sheep, swine and horse. Reasons will be required in all classes.

NAME: \_\_\_\_\_

CLUB: \_\_\_\_\_

GRADE (as of 1/1/08): \_\_\_\_\_ PHONE: \_\_\_\_\_

AGE (as of 1/1/08): \_\_\_\_\_

GRADE DIVISION (circle):      Primary (K-3)      Junior (4-5)      Intermediate (6-8)      Senior (9-12)

**Event Date: Saturday, January 26, 1 p.m.**



# NOVEMBER 2007



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>This is your copy of Tips 'n Topics issued by the University of California Cooperative Extension of Shasta County.</p> <p><i>Pat Weliver</i> Pat Weliver, 4-H Program Representative</p>				1	2	3 <i>LAST</i> Vly New Ldr Orientation 6 p.m. (4-H office) Fun Night 4-8 p.m. (SD Fairgrounds)
4	5	6	7	8	9	10 Oak Run 4-H Sponsored Rabbit Show (Shasta College) 
11	12 Veteran's Day Office Closed 	13	14 4-H 101 6-8 p.m. (4-H Office)	15  Valley Swine Ldr's Mtg. 6 p.m. Valley Council Meeting 7 p.m.	16 Valley Leaders Recognition Dinner (Millville Grange)	17 Junior/Teen Leader Retreat (Junction School) 
18	19	20	21	22 Thanksgiving 	23 Office Closed	24
25	26	27	28 InterMountain Council Meeting 7 p.m. 	29	30 State Record Book Judging	

---

---

---

---

---

---

---

---

---

---

(RECIPE)

(FOLD)

(MENU)

**Name:** \_\_\_\_\_

**Project:** \_\_\_\_\_

**Club:** \_\_\_\_\_ **Grade:** \_\_\_\_\_

**Year in Project:** \_\_\_\_\_

**Menu-**(Circle Favorite Food Item):

---

---

---

---

---

1851 Hartnell Avenue  
Redding, CA 96002

Phone: 530-224-4900  
Fax: 530-224-4904

Website: <http://ceshasta.ucdavis.edu>

**University of California Non-discrimination**

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (covered veterans are special disabled veterans, recently separated veterans, Vietnam era veterans, or any other veterans who served on active duty during a war or in a campaign or expedition for which a campaign badge has been authorized) in any of its programs or activities. University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Staff Personnel Services Director, University of California, Agriculture and Natural Resources, 300 Lakeside Drive, 6th Floor, Oakland, CA 94612-3550, (510) 987-0096. More information may be found at the [University of California Affirmative Action Office](#).

**WHERE TO LIST 4-H PARTICIPATION ON 07/08 PDR**

<u>Date:</u>	<u>Activity/Event:</u>	<u>PDR Category:</u>
8/2-5/07	Summer Camp	3 - 4-H Events Attended
9/15/07	Achievement Night	3 - 4-H Events Attended
	Achievement Night Medalist	7 - Honors and Recognition
10/1-31/07	Nash's Petting Zoo	6 - Communication Skills (Represented 4-H in another way/Fundraiser)
10/7/07	National 4-H Sunday	3 - 4-H Events Attended
	National 4-H Sunday Presentation	6 - Communication Skills
10/13/07	Officer's Training	3 - 4-H Events Attended
10/20/07	Livestock Judging Field Day	2 - 4-H Project/Skill Activity (Judging Contest)
	Livestock Judging Medalist	7 - Honors and Recognition
	Feeds & Breeds Activity	3 - 4-H Events Attended
	Feeds & Breeds Medalist	7 - Honors and Recognition
10/27/07	Spooky Lagoon	6 - Communication Skills (Represented 4-H in another way)
11/3/07	Fun Night	3 - 4-H Events Attended
11/17/07	Junior/Teen Leader Retreat	3 - 4-H Events Attended

**MEMBERS AND LEADERS**

Take the record book survey **before January 10, 2008!** Go to <https://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=2052>