

4-H Tips 'n Topics



University of California Cooperative Extension, Shasta County 4-H
http://ceshasta.ucdavis.edu
1851 Hartnell Avenue, Redding, CA 96002 530-224-4900 Fax: 530-224-4904

Volume 10, Issue 9

5th Annual 4-H/FFA Community BBQ July 3



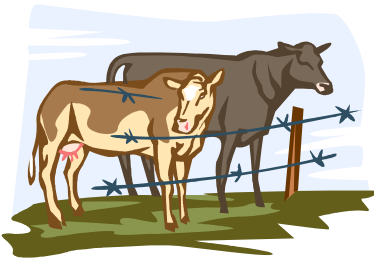
Hosted by local 4-H and FFA organizations, a BBQ dinner will be served in conjunction with the Anderson Explodes Fireworks at the Shasta District Fairgrounds. All meat provided for dinner will be grain fed and raised by our local 4-H and FFA members. Tickets are a \$10 donation and include a drink with their meal. This dinner was created to benefit agricultural education programs offered through our local 4-H/FFA organizations. Again this year, the committee has secured a building and is **asking each project group or each club to design a display/poster that shows projects other than livestock.** You may also bring in some of the items you have made in projects. Clubs participating will see a \$5 return for every ticket sold! If not participating, you can also come and help out that day!

Attention youth selling an animal!

Council is asking all youth who sell an animal through the SDF to purchase tickets for their buyers. An informational flyer is available at the 4-H office and should accompany the ticket.

Clubs who are not officially participating in the BBQ can still purchase tickets for their buyers through the 4-H office.

Steer Hoof Trimming at Ag. Field Day



Those youth who have steers and have registered for Ag. Field Day can have their animals hoofs trimmed at approx. 9:00 a.m. 4-H steers not registered for the field day should arrive at 1:00 p.m. FFA steers are asked to arrive at 1:30 p.m. Cost is \$25/steer.

MAY 2010

IMPORTANT DATES

MAY 1	Vly Lg. Aminor Ag. Field Day
MAY 1	Vly Home Ec Field Day
MAY 1	Vly Ag Mechanic & Science Field Day
MAY 2	I.M. Small Animal Ag Field Day
MAY 8	Pat's Retirement Party
MAY 15	IM Home Ec & Ag Stills
MAY 15	County Fashion Revue
MAY 20	4-H/FFA BBQ Meeting
MAY 23	Co-Wide Horse Show
MAY 24	State 4-H Field Day
MAY 25	Buyer's Gifts due to SDF
MAY 31	Memorial Day HOLIDAY
JUL 3	4-H/FFA Community BBQ

INSIDE THIS ISSUE

Club & Project Connection	2
County Wide News	3 & 4
Regional, State and National News	5 - 8
4-H Hat Guidelines	9
SDF - Livestock & Exhibit Schedule	10
May Calendar	11
Valley Council Officer Election Ballot	Back Page
PDR	Back Page

!!!!IMPORTANT!!!!

**Error in April TNT - Sheep weight is 110 - 160 lbs. NOT 105
No BBQ's will be allowed at the Shasta District Fairgrounds.**

CLUB & PROJECT CONNECTION

4-H Shooting Sports Builds Targets

By Devin Ryan Goschke

The Palo Cedro Shooting Sports Discipline Project members came together on Saturday, March 20, 2010, to build targets. We had fun building four targets, with our dads, to use for target practice. Most of the materials were generously donated by one family.

The Shasta County 4-H Shooting Sports meets on the 3rd Sunday of every month at the Redding Gun Club at noon. For more information, contact Tom Pella at 530.547.5325.



Left to Right ~ McKenna Munday, Nicole Galba, Natalie Galba, Ashley Goodrich, Jocelyn Galba, Paige Flores-Jauregui, Melina Delaloza.
The Golden Acres 4-H photography takes a break for some upside down fun at Anderson River Park.



Happy Valley Beef Group

Reporter: Chloe Fowler

At the last Happy Valley Beef meeting we all took our steers and one heifer to our newest member's house, Ethan Tapal. While we were there Mr. and Mrs. Tapal provided us with a delicious BBQ lunch and a Dutch Oven dessert, dump cake... we loved it!

During lunch we had our meeting and watched a DVD on showmanship. Ethan did a demonstration Beef Parts, then we all went out to the arena to practice showing our steers. We had a mock judge, Jarod Tapal who is on the West Valley Livestock Judging Team, he walked around and felt the steers and asked us questions. Some of the things we learned was how to set the steer, look and talk to the judge, which direction to walk and conformation to name a few. This was good experience for us and helped us prepare for what will happen at fair. At the end of the day we all learned a lot and had a great time.

We are thankful to the Tapal family for providing us with a meeting place that we could bring our steers and heifer to and for providing a great lunch for just us but our parents too. We also appreciate Jarod Tapal for helping us learn more about what the judges might look for, and what we could work on to help finish our steers.

Beef Fact, the average cow drinks about 30 gallons of water and eats about 90lbs of feed a day.

COUNTY WIDE NEWS

Looking for Older 4-H'ers

If you are 7th grade or older and would like to earn some community service points here's an opportunity. I need 6-8 youth 7th grade or older to assist with serving lunch at the SDF Pioneer Luncheon, Friday, June 11th. If you are interested, please contact the 4-H Office at 224-4900. It will be on a first come, first serve basis.

Showmanship Clinic Offered

West Valley FFA will once again be offering a Showmanship Clinic for beef, sheep and swine on May 29th, 9 am – noon at the West Valley FFA Farm. Entry fee is \$5/person with lunch being provided. No pre-entry required.



Come Celebrate Pat's Retirement!



Any adult or youth who has had “an experience” with Pat over the years’ is invited to attend her retirement celebration on Saturday, May 8th. Cost is \$30/person, \$45/couple and \$15/additional person which includes your dinner/dance and contribution for a gift. This fun (roast) event will be held at the Anderson Veterans Hall in Anderson beginning at 5 p.m. with a no host cocktail hour. Dinner is at 6 pm with the program beginning at 7:30 pm. If you would like to speak at the dinner, please contact Linda at the 4-H Office (224-4900). The registration form can be found in last month’s newsletter or by accessing it electronically at the 4-H website (ceshasta.ucdavis.edu).

Ten Commandments for Parents of 4-H'ers Showing Livestock



- ☆ Thou shalt not feed, train, or care for the animals for thou art trying to teach the child responsibility.
- ☆ Thou shalt forgive a child for making mistakes in the show ring for thou hast made mistakes, too!
- ☆ Thou shalt not get mad when thy child forgets items in the show box for one day. Thou may forget the show box.
- ☆ Thou shalt help the show manager for they are doing a job that thou would not want to do.
- ☆ Thou shalt see that thy child is on time for all show activities for thou would not want to wait on another.
- ☆ Thou shalt make sure thy child has animals entered and registration papers in order by the designated time.
- ☆ Thou shalt teach the child that winning a blue ribbon is a desirable goal, but making friends along the way is a more worthy goal.
- ☆ Thou shalt not complain about the judge for it is his opinion that has been sought.
- ☆ Thou shalt remember that livestock projects are teaching projects, not necessarily money-making projects.
- ☆ Thou shalt remember that the livestock project is a family project that shall be enjoyed and supported by the entire family.



~Clyde D. Lane, Jr., Extension Specialist, University of Tennessee

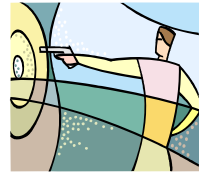
REGIONAL, STATE & NATIONAL NEWS

4-H Statewide Advisory Committee

Are you interested in participating on a 4-H Statewide Advisory Committee? These committees offer insight, review and input for the operation and management of the Statewide 4-H YDP to the State 4-H YDP Director. Committees meet face-to-face various times of the year, and may schedule conference calls, and utilize email to conduct committee business. Travel to meetings may be reimbursed through the State 4-H YDP Office. 4-H Youth, Adult Volunteers, County Staff and Administration are all encouraged to apply for this opportunity. The committees you may apply for are: *Policy Advisory Committee, Incentives and Recognition Advisory Committee, Citizenship/Service Learning Council, International Exchange Support Advisory Committee, Equine Education Advisory Committee, Animal Science Education Advisory Committee, Camping Advisory Committee, CA 4-H Technology Leadership Team, and Healthy Living Advisory Committee (new)*. Applications for the 2010-2011 Statewide Advisory Committees are due to the State 4-H YDP Office postmarked by May 31, 2010. You may contact the State 4-H Office for any questions, 530-754-8518.

4-H Shooting Sports Leader Certification for Pistol

A shooting sports training workshop for the pistol discipline will be held in central California on:



Saturday, May 22	8:00 a.m. – 6:00 p.m.	Stanislaus County Ag Center, Modesto
Sunday, May 23	8:00 a.m. – 3:30 p.m.	Safety First Shooting Association, Winton

Upon successful completion of the course, participants will be certified as pistol trainers and can instruct pistol club/county projects and certify pistol volunteers. Attendance at both days is required. The class size is limited and restricted to adults only who are age 21 or older.

The first day of the course will be held at the Stanislaus County Ag Center Room G, 3800 Cornucopia Way, Modesto. The second day will take place at the Safety First Shooting Association in Winton (Merced County).

For more information, contact Jim Atherstone 209-993-7971 or email: jatherstone@ssjid.com



State Leadership Conference 2010 "Operation 4-H"

The State Leadership Conference 2010 "Operation 4-H" is now online at <http://www.ca4h.org/conference/slc/>. Financial assistance will be allotted on an "as needed and available" basis and is not transferable. Applications are due **May 15th**. Delegates may request up to \$330 of financial aid. Please direct questions to Quang "Hogan" Tong at 530-752-5644 or email at qtong@ucdavis.edu.

2010 4-H State Leadership Conference

The 2010 4-H State Leadership Conference will be held July 29 - August 1, 2010 at UC Davis. The conference - "Operation 4-H" - will provide over 500 high school aged youth and adult 4-H volunteers with an opportunity to engage in hands on learning experiences while developing citizenship and leadership skills. During the conference, participants can select a number of 4-H SET sessions focusing on animal science, engineering and technology, environmental education, and agriculture. Registration for the conference is now available and due by June 10, 2010 at <http://www.ca4h.org/conference/slc/>

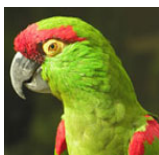


Help Today's Gardeners & Scientist

Conduct the Vegetable Varieties investigation and help today's gardeners and scientists! Relate your own experience in gardening or interview someone else. You will contribute to an online library of gardeners' and their vegetable variety experiences. This database will serve as a tool for preserving knowledge and promoting biodiversity. Visit vegvariety.cce.cornell.edu/vvi for more information.

Endangered Species Day

May 21, 2010



Thick-billed Parrot

Endangered Species Day takes place on May 21, 2010. Founded in 2006 by a resolution from Congress, Endangered Species Day is an opportunity for young and old to learn about actions that people can take to help protect our nation's disappearing wildlife. The Endangered Species Day website, www.endangeredspeciesday.org,



Fun Science Activities

The award-winning, non-profit "Science Buddies" empowers K-12 students, parents, and teachers to quickly and easily find over 900 free project ideas and help in all areas of science from physics to food science and music to microbiology. Whether your goal is to find a fun science activity for your kids or win the international science fair, [sciencebuddies.org](http://www.sciencebuddies.org) puts comprehensive, scientist-authored tools, tips, and techniques at your fingertips. Visit <http://www.sciencebuddies.org>.

Introducing Green Technology



Horizon Fuel Cell is introducing green technology science education tools! They have over 10 science kits to choose from, including miniature wind turbines and hydrogen fuel cars. For a complete listing of kits, visit http://www.horizonfuelcell.com/files/Education_Series_PDF.pdf.



4-H Golden Clover Awards

4-H Golden Clover Awards recognize outstanding achievements of 4-H members, volunteers, 4-H program staff, and other 4-H YDP groups. Applicants may apply or be nominated in any applicable category. Recipients are awarded \$500 to be used at their discretion, a medallion, lapel pin, and recognition on the State 4-H website. Recipients will also be recognized at the 4-H State Leadership Conference and State 4-H Leaders' Forum. Applications are due postmarked by **May 31, 2010**. For forms and information, please visit <http://ca4h.org/4hresource/ir/goldenclover/>.

REGIONAL, STATE & NATIONAL NEWS

Do You Have an Interest in Technology?



Are you a 4-H member or volunteer with experience and interest in technology? Apply to the 2010-2011 California 4-H Technology Leadership Team (CTLT)! The CTLT increases the use and awareness of technology in the 4-H program through workshops, providing IT support, assistance to 4-H Clubs, and at statewide events. Candidates must be at least 16 years of age or older. Membership is a fourteen-month commitment, July 2010 through August 2011. The deadline to apply is May 31, 2010. More information is available at <http://www.ca4h.org/compcorps/>.

A Science Video Contest



Enter now for the USA Science & Engineering Festival Kavli Science Video Contest! Students grades K-12 are eligible to create a short video that explores the question, "Why is science cool?" You could win up to \$1,000 for your school! The contest opens on April 1, 2010 and closes on July 15, 2010. More information at http://www.usasciencefestival.org/index.php?option=com_content&view=article&id=92&Itemid=93.

Apps for Healthy Kids



USDA has joined First Lady Michelle Obama in announcing the Apps for Healthy Kids competition. They are calling for the development of innovative, fun, and engaging tools and games that encourage children, especially "tweens," to make more nutritious food choices and be more physically active. The contest is open March 10-June 30, 2010. For more information and the application, visit <http://www.appsforhealthykids.com/>.



Garden Crusader Awards

Do you know someone who is improving the world through gardening? Nominate them for the Garden Crusader Awards! Categories for 2010 are: Education, Feeding the Hungry, Urban Renewal and Restoration. Winners receive gift certificates awarded to their organizations. The deadline is June 1, 2010. For more information and to nominate a crusader, visit www.gardeners.com.

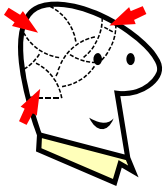
Glenn County Hosts 4-H Horse Show

June 6, 2010



4-H horse members are invited to take part in this fun horse show being held at the Glenn County fairgrounds in Orland June 6th. Entry fees are \$30 for all day or \$4.99 per class with sign-ups at 8 am. For entry form and more information, contact the 4-H Office at 224-4900.

REGIONAL, STATE & NATIONAL NEWS



Do You Have a Growth Mindset? Do You Want One?

By: Sharon Junge,
Acting Director, Statewide 4-H Youth Development Program and Center for Youth Development

Everyday each of us are faced with disappointments and setbacks, some bigger than others. How we perceive and handle these setbacks can affect our future life success, as youth and adults. Some of us approach disappointments and mistakes as threats to our ego and may lose self-confidence because these errors are attributed to our lack of ability. Others approach setbacks with perseverance and perceive them as opportunities to further grow skills and abilities. These two approaches have been described as *fixed or growth mindsets*. Those with fixed mindset may risk developing their full potential as they view hard work and effort as an indicator of a lack of ability or intelligence. While those with growth mindsets are more oriented towards learning and want to challenge and stretch their abilities. So are we stuck with one or the other of these mindsets? Here there is good news! New brain development research by Carol Dweck and others, which identified these two types of mindsets, has shown that our brains are not static, and in fact we can train our minds to function in a growth mindset. Youth have an enormous ability to shape their brains by exercising those regions of the brain that manage reason and emotional competence. According to Dweck, ".if we foster development of a growth mindset, we can empower youth to love challenges and believe in effort, thereby helping them to achieve their fullest potential." Over the coming months, the California 4-H Youth Development Program with funding from the Thrive Foundation for Youth, will be introducing training and activities to help 4-H volunteers and parents assist youth in developing a growth mindset and thereby, starting youth off on a lifetime of thriving!



Spend Smart - Eat Smart Blog

The Spend Smart. Eat Smart Blog focuses on sharing ideas, tips, resources and recipes to help feed your family for less. The blog is maintained by Iowa State University Extension staff members who are trained in food, nutrition, and health.

Check out the website at <http://blogs.extension.iastate.edu/foodsavings/> as blog contributors share their experiences and tips to help individuals eat healthy and stay within their budget.

4th Annual Rachel Carson Contest

The EPA has announced the 4th Annual Rachel Carson Contest and is seeking entries for creative projects in the areas of poetry, photography, essays and dance. Entries need to be from a team of two or more. Entry deadline is June 16, 2010. For more information, visit: <http://www.epa.gov/aging/resources/thesenseofwonder/index.htm>



Kids Cookbook On Line

The new PowerPlay cookbook "KIDS.GET COOKIN'!" is now available. View the entire cookbook and find great ideas on fast and fun recipes at https://web3.kpcorp.com/v25/static/acct/cann2/pdf/COOK-204_09_09.pdf.

California 4-H Photography Contest and 4-H Film Festival



The first annual California 4-H Photography Contest and 4-H Film Festival will be hosted this year by the California 4-H Technology Leadership Team. The event will take place during State Field Day on May 29, 2010 at UC Davis. Online registration for the photography contest is due May 7, 2010. Entries for the photography contest can be dropped off during State Field Day from 8:30 - 10:30 am at Wellman Hall. All videos submitted for the film festival must be postmarked by May 7, 2010. No late entries will be accepted. For more information and registration, please visit <http://ca4h.org/projresource/fieldday/>.



4-H Dress Code for Fair's

The following dress code has been developed by the State 4-H Office and the Shasta County 4-H Council to assure that no one will feel offended or uncomfortable during participation at fairs. Parents/leaders are asked to set examples by also following these as much as possible.

1. All clothing shall be worn within the bounds of decency and good taste as appropriate for 4-H events.
2. Articles of clothing which display profanity, products, or slogans which promote tobacco, alcohol, drugs, sex or are in any other way distracting, are prohibited.
3. Excessively baggy or tight clothing and clothing which advertises gang symbols or affiliation is prohibited.
4. Items of clothing which expose bare midriffs, bare chests, undergarments, or that are transparent (see-through) are prohibited. Tops that display visible cleavage, backless shirts, tube tops & visible underwear are also prohibited.
5. Shorts, cut-offs, etc. should not be shorter than the length of where your arm and hand can reach. (Standing in a straight line put your arms down. The tip of your longest finger should be able to reach material.)
6. Shoes should be appropriate for the species. NO OPEN TOES SHOES. Rubber boots or close toed shoes should be worn when washing (no flip flops).

4-H Hat Guidelines

Hat to Wear:

- **Green Hat** - Junior 4-H members, defined as a 4-H member in the eighth grade and below.
- **White Hat** - Senior 4-H members, defined as a 4-H member who has graduated from the eighth grade.

Stars, stripes, and medals:

- **Left Side of Hat** - All Star, gold, silver, or bronze stars in front. Behind the stars are placed the Jr./Teen Leader emblems after that, the Hi 4-H Patch. These patches are only worn while the member is serving as a junior or teen leader.
- **Right Side of Hat** - A year stripe and year pin is earned for each year completed in 4-H.
Junior members (8th grade and below) wear a white stripe on green background for that year.
A Jr. Leader (6th, 7th, 8th grades) wears a gold stripe on green background for that year.
Senior members (9th grade and up) wear a green stripe with a white background for that year.
Teen Leaders (9th grade and up) wear a gold stripe on white background.
Year pins are fastened to the hat above the stripe, starting with the first year pins next to the 4-H clover. The 100% attendance pin, if earned, should be fastened to the hat below the stripe of the year that the pin was earned.
- **Either Side** - Medals may be worn on either side of the hat, but it is recommended that they are on the left side of the hat.
- **Note** - No other pin or ribbon should be worn on the hat other than 4-H. The hat should reflect the dignity of the 4-H Youth Development Program. Some items that **should not** be worn on the hat include buttons, fair medals, convention badges or other regalia.

Silver Star: achievement in a variety of areas, confirmed by member's record book.

Left Side View



Other medals won in various project areas. May include judging contests, knowledge, public speaking skills, etc.

Record Book Medal: recognizes achievement in record-keeping

Right Side View

100% Pin: Member has attended all of his/her club's meetings for an entire year



Primary Member Pin: One year as a Primary Member

Year Stripe: One for each year as a 4-H Member

Year Pin: Recognizes one year in 4-H

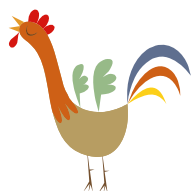
2010 LIVESTOCK RECEIVING and RELEASE SCHEDULE

Saturday/Sunday June 12th & 13th	Tuesday June 15th	Wednesday June 16th	Sunday June 20th	Sunday June 20th
11AM to 5PM Pen/Stall Set-up Only NO Livestock Will be received on these days	6AM to 8PM Beef Cattle Dairy Cattle Poultry 6PM to 8PM Must Pass Inspection In North Lot	Any animal sifted in their market class may stay on the grounds until the conclusion of showmanship. Must be off grounds by 8pm	Release Time Barn E 3:00 PM Dairy Goats Meat Goats Dairy Cattle Poultry <i>No exhibitors in Barn E after 6 PM</i>	Release Time Barn D 4:00 PM Swine Carry Out Items Only <i>No exhibitors in Barn D after 6 PM</i>
		Thursday June 17th Any animal sifted in their market class may stay on the grounds until the conclusion of showmanship. Must be off grounds by 8pm	Release Time Barn C 4:30 PM Breeding Sheep <i>No exhibitors in Barn C after 6 PM</i>	Release Time Barn A 5:00 PM
Monday June 14th 7AM to 8PM Receiving Livestock No Sheep or Goats	Market Weigh-in Starting at 8:00 AM Jr Market Swine followed by Jr Market Beef followed by Jr Market Sheep followed by Jr Market Meat Goat	Any animal sifted in their market class may stay on the grounds until the conclusion of showmanship. Must be off grounds by 8pm	Release Time Barn C 4:30 PM Breeding Sheep <i>No exhibitors in Barn C after 6 PM</i>	Beef Cattle Must walk animal over to load on grass area only No vehicles allowed in the area surrounding Barn A Any tack items must be carried out. Exhibitors may lead their steer to the truck. The Barn Supervisor will relay details to the steer exhibitors on Sunday PM.
Tuesday June 15th Market Sheep/Goats Vet Inspection at Scale Breeding Sheep Dairy Goat & Meat Goat Vet Inspection 7:00PM	Any animal sifted for weight must leave prior to 8PM. All Market Animals Must be in place prior to their species starting to weigh-in. We will not wait for animals that are not on site.	Friday June 18th Jr. Rabbit 8AM Poultry Meat Pens 8AM Any animal sifted in their market class may stay on the grounds until the conclusion of showmanship. Must be off grounds by 8pm		

STILL EXHIBITS RECEIVING SCHEDULE

Saturday June 12th	Sunday June 13th	Tuesday June 15th	Wednesday June 16th	Friday June 18th	Saturday June 19th
8:00AM-6:00PM Wine & Beer	<i>Continued</i> Website Design Computer Graphics Computer Art Ag. Literacy Ruby Slippers 4-H Robotics & Rocketry Roots in Agriculture Treasures from Trash Lego Sculpture Gems & Minerals	8:00AM-6:00PM Ag/Horticulture Baked Foods Chocolate Cake Floriculture Ag Art Picnic Basket G'ma Cookie jar Scarecrow Gardens Ugly Cake Feature Booth	8:00AM Cream Pies Pastries 5:00PM-6:00PM Fair-ly Beguiling BBQ	7:00AM-8:00AM Floriculture for Friday Show Baked Foods for Friday Show 5:00PM-6:00PM Fair-ly Ravishing Ruby Red Velvet Cake	5:00PM-6:00PM Fair-ly Colorful Cobbler
Sunday June 13th 8:00AM-6:00PM Vocational Arts Arts & Crafts Beading Clothing & Textls. Gift Wrapping Home Arts-4-H Deco. Hats & Boxes Photography Preserved Foods Scrap Books Stamp Art Christmas In June Feature Booth Gardens Needle Art		Monday June 14th 8:00AM-6:00PM Gardens Feature Booth	Decorated Cow Cookies Color Bowls	Thursday June 17th 5:00PM-6:00PM Fair-ly Vivacious Vegetable Salad	Sunday June 20th 5:00PM-6:00PM Fair-ly Flavorful Fudge

* Hours for Receiving entries 8 AM to 6 PM



May 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>This is your copy of Tips 'n Topics issued by the University of California Cooperative Extension of Shasta County.</p> <p>Pat Weliver, 4-H Y.D. Program Representative</p>						<p>1 </p> <p>IM Large Animal Expo</p> <p>Valley Large Animal Ag Field Day</p> <p>Valley Home Ec & Ag Mechanics</p>
<p>2 </p> <p>IM Small Animal Ag Field Day & Expo</p>	3	4	<p>5 </p>	6	7	<p>8 </p> <p>Pat's Retirement Party!</p>
<p>9</p> <p>Mother's Day</p>	10	11	12	13	14	<p>15 </p> <p>IM Home Ec & Ag Skills</p> <p>County Fashion Revue</p>
16	17	18	<p>19</p> <p>7pm Valley Council Mtg.</p>	<p>20 </p> <p>4-H/FFA BBQ Mtg. Round Table - Anderson</p>	21	22
<p>23</p> <p>Co-Wide Horse Show </p>	24	<p>25 </p> <p>Buyer's Dinner gifts due to SDF</p>	26	27	28	29
30	<p>31 </p> <p>Holiday</p> <p>MEMORIAL DAY</p> <p>Office Closed</p>					

1851 Hartnell Avenue
Redding, CA 96002

Phone: 530-224-4900
Fax: 530-224-4904

Website: ceshasta.ucdavis.edu

Current Resident OR

VALLEY COUNCIL

Wednesday, May 19, 2010
7 - 9 p.m.

INTER MOUNTAIN COUNCIL

NO May Meeting

All leaders and youth 14 years and older have voting rights.

Please come and take part!

University of California Non-discrimination

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (covered veterans are special disabled veterans, recently separated veterans, Vietnam era veterans, or any other veterans who served on active duty during a war or in a campaign or expedition for which a campaign badge has been authorized) in any of its programs or activities. University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Staff Personnel Services Director, University of California, Agriculture and Natural Resources, 300 Lakeside Drive, 6th Floor, Oakland, CA 94612-3550, (510) 987-0096. More information may be found at the [University of California Affirmative Action Office](#).

VALLEY COUNCIL OFFICER ELECTION BALLOT



The following people have been nominated for the a 2 year term as Council Officers. All 4-H leaders and 4-H members over the age of 14 are eligible and encouraged to vote.

Instructions:

- Mark your ballot and return it to the 4-H office at 1851 Hartnell Avenue, Redding, 96002.
- All ballots must be returned by **May 18**.
- Ballots will be counted by the 4-H office and results will be read at the Council meeting, Aug. 19th.

Name: _____

Club: _____

Age: _____

President: () Lynette Plake, Twin Palms 4-H
() Write in Nomination: _____

Vice President: () Lane Simmons, Swede Creek 4-H
() Write in Nomination: _____

Secretary: () Charlie Little, Millville 4-H
() Write in Nomination: _____

Treasurer: () Trish Strawn, Co-Wide 4-H
() Write in Nomination: _____

Where to list 4-H participation on 09/10 PDR

<u>Date:</u>	<u>Activity/Event:</u>	<u>PDR Category:</u>
May 1	IM LG. Animal Expo	2 - Project Skill Activity
May 1	Vly Large Animal Ag. Field Day Plaque or Medal Round Robin Winner	3 - 4-H Events Attended 2 - Project Skill Activity 7 - Honors and Recognition
May 1	Home EC./Ag. Mechanics Medalist Best of Show	3 - 4-H Events Attended 2 - Project Skill Activity 7 - Honors and Recognition
May 1	Vly Large Animal Expo	2 - Project Skill Activity
May 2	IM SM. Animal Expo	2 - Project Skill Activity
May 2	IM Small Animal Ag. Field Day Round Robin Winners	3 - 4-H Events Attended 2 - Project Skill Activity 7 - Honors and Recognition
May 15	IM Home Ec/Ag. Stills Medalist	3 - 4-H Events Attended 2 - Project Skill Activity 7 - Honors and Recognition
May 26	SDF Buyers Dinner (servers)	5 - Citizenship & Community Service