

4-H Tips 'n Topics



University of California Cooperative Extension, Shasta County 4-H
<http://ceshasta.ucdavis.edu>
1851 Hartnell Avenue, Redding, CA 96002 530-224-4900 Fax: 530-224-

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High School Members Needed

We are looking for some teens who would be interested in earning community service points and using their leadership skills. You would be assisting Pat in training 7th & 8th grade youth in a science curriculum for the Gateway School District. This would be M-F, 4 – 5 pm (approx.), Feb. or March. We would work out the exact days to work with your school schedule. Contact Pat at 224-4900 for more information or if you are interested.

Attention Swine Members

A fan will once again be rented for the SDF hog barn. It will be located in the holding area where it can keep the hogs cool and temperament under control. Each swine member is to pay \$5 to their leader who, in turn, will submit the funds to the county office where the bill will be paid.

Valley Presentation Day Changes

Saturday, March 7

Entries due **February 19**

Due to conflict with CSUC swine day, the Valley County Presentation Day has moved to **March 7** with registration forms due February 19th. There will also be a concession booth serving breakfast and lunch items. So be sure to bring some money.

Shasta District Fair

Sponsors Needed

The Shasta District Fair has a list of awards that currently are not being sponsored. Without sponsors there are no awards for our kids. Our members hopefully do their best with their projects and many choose to enter them in the fair. If the stars are lined up correctly and the member has had a good day and they win a top honor, wouldn't it be even more special to bring home something that says what they won? If you or your club can help out by sponsoring an award, please call the fair office at 378-6789. For a list of available sponsorships contact the 4-H office at 224-4900 or ask your community club leader. They will receive a copy via club boxes at the 4-H Office.

Silent Auction Opportunity

If you make an item in your 4-H project that your leader feels would be auction worthy, you can make some extra cash through the Silent Auction at the SDF. Start now with those ideas!

IMPORTANT DATES

- Feb 12** Lincoln's Birthday—Office Closed
- Feb 15** 4-H/FFA Steer Tagging & Heifer paperwork
- Feb 16** Presidents Day Office Closed
- Feb 18** Valley Council Meeting
- Feb 19** IM and Valley Presentation Day Registrations Due
- Feb 25** IM Council Meeting
- Feb 28** CSU Sheep Education Day
- March 1** IM Presentation Day
- Mar 9** Valley Favorite Foods Day Registration Due
- Mar 7** Valley Presentation Day
- Mar 21** Valley Favorite Foods Day

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CLUB & PROJECT CONNECTION



Pack Goat Project Offered

Do you enjoy hiking and spending the night outdoors but find it difficult carrying the gear you need (water, snack, tent)? Well here's a project that will carry all that for you! 4-H members 9 years and up have an opportunity to take this county-wide pack goat project led by Debie Luzier. Youth will be

learning how to

pick a pack goat from a bottle baby to an already grown goat. You'll train the goat, learn how to pack them correctly and you will go on short day hikes. You will also be doing an obstacle course demonstration at the SD Fair. For more information contact project leader Debbie at 275-1678.



each age division (9-10, 11-13, 14-18) for both pleasure and gymkhana. We also have horse sheets for our reserve high point winners. If you have any questions please contact Lana Deppen at 604-6539. We hope to see you there. Happy Showing!

Happy Valley 4-H Beef Club

The Happy Valley 4-H beef club held our monthly meeting in the beautiful town of Ono in January at a members house. During our meeting, we shared how our steers are doing, how much they weigh and how the year was going so far. We also talked about what events we have been involved in such as Wreathes Across America, and the annual toy food drive and caroling. We went over the things that are coming up for our club like tag day and demonstration day. I did a demonstration for the club on the "beef basics". Things you need to have to take a beef project. I brought along a poster and had all the items like brushes, combs, a showstick, buckets etc. Then I did another demonstration activity on beef breeds. We got to guess which pictures of beef cattle went with the correct matching breed name. Some of them we had never seen before or pronounce, or had a hard time guessing what they were. The items came from our 4-H office. You can check out a "beef box" that has lots of items that help you teach the rest of your club all kinds of things to do with your project. After some great tasting chili and cornbread that our host mother made us, we finished up working in our record books and went outside to weigh one of our members steers for the fair. Then we all worked together and showed her how to properly groom the steer since this is her first year in 4-H. We all had a great time in Ono.

Brandon Wogoman, Reporter
Happy Valley 4-H Beef Club

Attention 4-H Horse Members and Leaders

Submitted by Project Leader Lana Deppen

The West Valley 4-H horse project will once again be holding the West Valley 4-H Classic Buckle Series. This show is open to all 4-H horse project members. This is a two show series to be held Sunday, April 5th and Sunday, April 26th, 2009 at the Cottonwood Creek Equestrian Center in Cottonwood, CA. This is a covered arena, so we will show rain or shine. Sign ups are at 8 am and the show will start at 9 am. Trail will be set up in a second arena and will be judged from 10 am to 2 pm to help move things along quicker. This show has been a lot of fun and a great learning experience for the kids. We have lots of daily prizes as well as high point buckles for



INTERMOUNTAIN FAVORITE FOODS DAY



INTERMOUNTAIN FAVORITE FOODS DAY RESULTS

Senior Division

Cherry Chico Foods Quiz, Medalist
 Pine Grove Formal/Informal Table Display, Medalist

Aaron Gill Market Animal, Medalist
 Pine Grove

Maria Shannon Dessert, Medalist
 Hat Creek

Intermediate Division

Amy Brown Quick Breads, Medalist
 Cloverleaf Formal/Informal Table Display, Blue Ribbon

Scotty Dean Mail Dish, Red Ribbon
 Cloverleaf

Sarah Estes Main Dish, Medalist
 Cloverleaf
 Dessert, Blue Ribbon
 Yeast Bread, Blue Ribbon
 Beverage, Blue Ribbon

Napaua Gonsales-Merch Main Dish, Red Ribbon
 Hat Creek

Danielle Shaffer Main Dish, Blue Ribbon
 Cloverleaf
 Salad, Blue Ribbon
 Dessert, Medalist
 Yeast Bread, Medalist
 Beverage, Blue Ribbon

Kayla Shannon Dessert, Blue Ribbon
 Hat Creek
 Decorated Cake, Medalist
 Formal/Informal Table Display, Medalist
 Foods Quiz, Medalist

Intermediate Division Continued

Matthew Taylor Dessert, Blue Ribbon
 Hat Creek Formal/Informal Table Display, Blue Ribbon

Beverage, Medalist
 Appetizer, Medalist

Alex Winn Salad, Medalist
 Evergreen Yeast Bread, Blue Ribbon
 Edible Centerpiece, Medalist
 Beverage, Blue Ribbon
 Appetizer, Blue Ribbon
 Presentation, Silver Medal

Junior Division

Robee Knoch Main Dish, Blue Ribbon
 Evergreen Salad, Medalist
 Dessert, White Ribbon

Forrest Moore Dessert, White Ribbon
 Hat Creek

Jace Neugebauer Main Dish, Medalist
 Evergreen Dessert, Medalist

Rachael Wellmeyer Market Animal, Blue Ribbon
 Pine Grove

Jessica Wildoner Edible Centerpiece, Medalist
 Pine Grove

Wesley Woolery Market Animal, Medalist
 Hat Creek Yeast Bread, Medalist
 Foods Quiz, Medalist

Primary Division

Sara Dean Quick Breads
 Cloverleaf

Shane Dean Beverage
 Cloverleaf

Madison Hamilton Main Dish
 Evergreen

17th Annual Shasta County 4-H Poultry Show Saturday, March 28 – Shasta College

County-wide poultry will once again sponsor a 4-H Poultry Show on March 28th. Coops are to be in starting at 8 am with judging and showmanship starting at 9 am. There will also be a knowledge quiz, a best dressed bird contest and an opportunity to take the poultry expo challenge. Cost is \$3 a bird with entries due by March 9th. A snack bar serving breakfast and lunch will be available through the National Guard Family Readiness. All the proceeds used to send supplies to the troops.

SHOOTING SPORT WORKSHOPS

4-H Shooting Sports Workshop Rifle Discipline—Bakersfield, CA

Saturday, February 28, 2009

8 am to 5:30 pm

Sunday, March 1, 2009

8 am to 4:30 pm

A 4-H shooting sports workshop for the rifle discipline will be held at Five Dogs Shooting Range, 20238 Woody Road in Bakersfield. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information contact John Borba at: jaborba@ucdavis.edu For information about the facility and a map, please visit the range website at: <http://www.5dogsrange.com>.

25th Annual Statewide Postal Shoot

Siskiyou County 4-H is again sponsoring the Statewide 4-H Postal Shoot. Shooting sports members who wish to participate can do so through their project leaders. Cost is \$4.50 per category. Forms and fees must be to the Shasta County 4-H Office by Monday, March 2. Contact the 4-H office for more information.

LIVESTOCK INFORMATION

CSU CHICO LIVESTOCK EDUCATIONAL DAYS

There are several upcoming livestock learning events and animal sales at Chico State Farm

February 7

Swine Education Day
Registration at 8 a.m.

February 21

Beef Education Day (Geared towards Adults)
Registration at 8 a.m.

February 28

Sheep Education Day
Registration at 8 a.m.

4-H/FFA BEEF & HEIFER TAGGING & WEIGH IN

Youth wishing to take a market steer or bred heifer to the Shasta District Fair are required to attend one of the following tagging activities. They will take place on **Sunday, February 15.**

- **Shasta College** 9 - 11 a.m.
- **Shasta Livestock Yard** 1 - 3 p.m.

Those with heifers do not bring the animal but must show up with the bill of sale and a photo id.

FOOD SAFETY SURVEY

DO YOU . . .

1. Wash hands with warm water and soap for at least 20 seconds before cooking or eating? Yes No
2. Clean countertops before preparing food? Yes No
3. Rinse fruit and vegetables with cold running water before eating or preparing them? Yes No
4. Clean the cutting boards used for raw meat, fish and poultry before using for any other food? Yes No
5. Keep raw meat, fish and poultry wrapped properly in the refrigerator so juices do not drip on other foods? Yes No
6. Put cooked meat, fish or poultry on a different platter than the one with the raw juices? Yes No
7. Eat cookie dough or cake batter that was made with raw eggs? Yes No

8. Rotate food in the microwave to avoid "cold spots?" Yes No
9. Bring sauces, soups, and gravy to a boil when reheating? Yes No
10. Make sure eggs were cooked thoroughly? Yes No
11. Use a cold pack for lunches or picnic foods? Yes No
12. Refrigerate leftovers right away? Yes No
13. Defrost foods in the fridge or microwave? Yes No

Check your answers below

Food Safety Survey Answers:
Every answer should be YES except 7
For more Food Safety Fun go to www.fightbac.org

VALLEY FAVORITE FOODS DAY

REGISTRATION DUE (mandatory): Monday, March 9 (No late entries accepted)

WHEN: Saturday, March 21

WHERE: IOOF Hall, 22551 Silverload Lane, Palo Cedro

THEME: Think Green

COORDINATED BY: Palo Cedro 4-H, Diane Pella 547-5325

SCHEDULE (Approximate times)

9 - 9:45 a.m. Check-in and set up entries. **NO LATE ARRIVALS.**

9:30 a.m. Judges' Orientation

10 - 11 a.m. Judging begins in all categories. **All adults are to stay out of the judging area.** Each member is to sit by their food entry, serve each judge a sample, and answer any questions. *Members with multiple entries should watch for the judges as to which entry is judged first.* Members must remain with the entry, if feasible, until all judging is completed for that specific category. Members with multiple entries may not be able to stay with each particular entry. *When members are dismissed from their final class, they are to go to the Foods Quiz area.* **Following the completion of all judging, the foods will be open for viewing and picture taking.**

Exceptions - Members are not to remain with their entries for Edible Centerpieces, Card Table Displays, or Decorated Cakes. They go to the Foods Quiz area to take part in the fun activities, heading to a waiting area when they are finished.

Foods Quizzes - All members are invited to take part in this quiz to see how knowledgeable they are about foods and related subjects. This quiz will be open at 10 a.m. *Bring a pencil and take the challenge!*

11:30 a.m. Buffet lunch is served after all judging is complete. **Each family attending is asked to bring an additional salad or main dish for 10 people.** Extra dishes are important so everyone attending (parents, siblings, etc.) will have enough to eat. Members are also encouraged to use their "Favorite Foods Day" entries for this lunch. Please do not eat your entry until the potluck begins. Everyone will need to bring their own place setting (plates, cups, utensils, etc.). Drinks will be provided. During check-in your additional food dish can be kept cold/warm in the kitchen until lunch.

Noon Awards Ceremony

NOTE: **Participants may not leave until the awards ceremony is complete if they wish to receive credit for attendance.**

IMPORTANT INFORMATION

EVENT ELIGIBILITY: This event is open to all 4-H members. Please check the category rules for entry restrictions.

RECIPE CARD: Page 10 of this TNT. **A signed copy of the recipe must accompany each submitted entry form. These will not be taken to the event.** *Community leader* must sign categories 6, 11 & 12. *Project leader* must sign categories 1, 2, 3, 4, & 7. *No signature needed* for categories 5, 8, 9, 10 & 13.

MENU CARD: Prepare one for each entry except 8 & 13. Type or neatly print on the sample menu card on page 10. Menus must be nutritionally balanced. Circle your entered Favorite Food item. Place the recipe for the entry on the back of the card. Be sure to include your name, project, year in project, club and grade. Bring to the event and set on table with place setting. These will also be collected at the end of the event.

CARD TABLE DISPLAYS: Formal and informal will be combined. *Please work with members ahead of time on their table settings and displays.* Each participant is responsible for setting up his or her own display(s).

UNIFORMS: Uniforms are acceptable, but not required. Clothing must be neat and clean.

PLEASE NOTE: Adult leaders and parents will **NOT** be allowed in the competition area until all judging is completed. There will be activities planned for parents in a separate room during the judging period. All Stars, Junior/Teen Leaders and older members will be available to help younger members and answer questions following check-in. Leaders and parents are to help fill out any required paperwork in advance. Allow enough time if you have entries in more than one category.

FOOD PREPARATION: Foods may be prepared using any source. No food preparation will be allowed at the event. They must be complete and ready for judging when brought in. All foods must be prepared with fresh ingredients. If presenting hot foods and prepared prior to the event day, properly refrigerate or freeze, then properly warm for presentation. Pack dishes properly - hot dishes stay hot and cold stay cold. *Items may be kept in the facility refrigerator or oven upon request.* **Cream pies are prohibited for health reasons.**

AWARDS

Danish system of judging (blue, red and white ribbons) will be used. Medals awarded to top scoring entry in each category, each division. Primary participants will receive one participation pin. Entries will not be released until awards ceremony is completed.

GRADE DIVISIONS AND CARD COLORS

Primary (K-3): PINK Junior (4-5): WHITE Intermediate (6-8): YELLOW Senior (9-12): GREEN

CATEGORIES

- | | | | | |
|--------------|-------------------|-------------------------------------------|-----------------------------|---------------|
| 1. Main Dish | 4. Low Fat Foods | 7. Food Preservation | 10. Primary Member Division | 12. Appetizer |
| 2. Salad | 5. Decorated Cake | 8. Edible Centerpiece | 11. Breads | 13. Beverage |
| 3. Dessert | 6. Market Animal | 9. Card Table Display - formal & informal | | |

CATEGORY ELIGIBILITY, RULES & REQUIREMENTS

Category 1- 4 Members may compete in ONE of these categories. Open to **Foods & Nutrition** members only.

Category 5 Open to **Cake Decorating** members only.

Category 6 Open to **Market Animal** members only (poultry, rabbit, & meat goat included)

Category 7 Open to **Food Preservation** members only.

Category 8 Open to **any** 4-H member, including vegetable gardening.

Category 9 Open to **Home Arts/Furnishings, Creative Arts & Crafts, and Foods & Nutrition** members.

Category 10 Open to **Primary** members only.

Category 11 Open to **any** 4-H member, *does not satisfy fair requirement*

Category 12 Open to **any** 4-H member, *does not satisfy fair requirement*

Category 13 Open to **any** 4-H member, *does not satisfy fair requirement*.

Category 1-4 Bring one complete place setting for the course being served. This includes: plate(s), napkin, place mat, utensils, and beverage glass(es). Members have the option of using paper, glass, pottery, wicker, plastic, etc. The place settings or centerpieces are expected to fit the theme. **Be sure to bring an appropriate serving utensil for your food entry to serve the judge.** Menu card **MUST** be nutritionally balanced. Small centerpieces and decorative touches are optional.

Category 5 Decorated cakes should follow the theme. All cakes will be judged for appearance only. Recipe method is not a consideration. Include a menu card showing use of cake. Cake forms may be used.

Category 6 Any 4-H member enrolled in a Market Animal project (beef, sheep, swine, meat goat, rabbit, or poultry) may enter a food item using meat from their market animal species. A nutritionally balanced menu card and recipe **MUST** be included along with a complete place setting. The place setting and menu are expected to fit the theme. *Participation here **DOES** meet SDF Contract requirements.* **Entry in this division must have more than one step in the preparation process.** Example: slice of ham (*not acceptable*) vs. casserole with broccoli, rice and ham (*acceptable*).

Category 7 Entrants prepare and serve a dish or bread using the food they have preserved. Bring a complete place setting for the course being served. Include menu card and recipe.

Category 8 Create a sculpture from foods like cheese, crackers, vegetables, nuts & fruits, and edible flowers. Creations may be on wicker, foam, paper plates, plastic, etc. Be sure the theme is followed and at least 5 fruits and/or vegetables are used. A card giving directions on how the centerpiece was assembled is required.

Category 9 Decorate a card table to illustrate "A Taste of Italy." **No food is to be placed on these tables!** Entrants must furnish their own card table, tablecloth, or place mats, dishes, and utensils. Entries will be judged on overall appearance, color design, and texture coordination. Each display must have a menu card which will state whether it is a luncheon, dinner, or party.

Category 10 Primary members should enter their item under this Primary category.

Category 11 Prepare your bread using the appropriate utensils and dishes for serving. You must include a menu card with your recipe. A place setting for your bread should follow the theme.

Category 12 Prepare your appetizer using the appropriate utensils and dishes for serving. You must include a menu card with your recipe. A place setting for your appetizer should follow the theme.

Category 13 Prepare your beverage and your table to support the theme in some way. You do not have to have a menu card, however the recipe does have to accompany the beverage and the proper place setting for serving a beverage is required. Any 4-H member may enter this category. This does not satisfy fair requirements.

VALLEY FAVORITE FOODS DAY

REGISTRATION - **MANDATORY**

DUE MARCH 9 (4-H office)

NAME: _____

CLUB: _____

GRADE (as of 12/31/08): _____ PHONE: _____

PROJECT(S): _____ YEARS IN PROJECT(S): _____

GRADE DIVISION (circle): Primary (K-3) Junior (4-5) Intermediate (6-8) Senior (9-12)

Please check the category(ies) you are entering. See page 10 for recipe card.

- | | |
|----------------------------|---------------------------------------------------|
| _____ 1. Main Dish | _____ 8. * Fruit and Vegetable Sculpture |
| _____ 2. Salad | _____ 9. Card Table Display - Formal and Informal |
| _____ 3. Dessert | _____ 10. Primary Member Division |
| _____ 4. Low Fat Foods | _____ 11. * Bread |
| _____ 5. Decorated Cake | _____ 12. * Appetizer |
| _____ 6. ** Market Animal | _____ 13. * Beverage |
| _____ 7. Food Preservation | |

* Open to any 4-H Member (Vegetable Gardening projects are encouraged to enter here.)

** Meets Market Animal Fair Contract requirements.

NOTE: A copy of your recipe **MUST** be signed and submitted with this entry form. Be sure to bring an additional recipe card on the event day. See page 7 for instructions. A signature is required for all categories except 5, 8, 9, 10 & 13.

SCORING CRITERIA

Categories 1- 4, 6, 11 & 12

Neat in appearance	10
Personal cleanliness	5
Pleasant, Interesting	5
Menu nutritionally balanced	10
Menu: Food color combo.	5
Menu: Texture of foods	5
Recipe posted on card	5
Flavor of food prepared	20
Food: Good color	5
Food: Good texture	5
Attractive place setting	10
Order of utensils & dishes	10
Theme	5

Points Poss. 100

Category 5

Overall design, relates to theme	20
General appearance	20
Selection of colors	15
Preparation	15
Border	10
Frosting	10
Icing originality	10

Points Poss. 100

Category 7 & 13

Scoring is the same as Categories 1-4, 6, 11 & 12, with correct utensils eliminated and proper food preservation or beverage servicing utensils added.

Category 8

Follows theme	20
Appearance	15
Only edible items	10
Shows imagination	10
Recipe (directions)	10
Design	30

Points Poss. 100

Category 9

Follows theme	25
Menu nutritionally balanced	10
Attractive place setting	40
Original Design	25

Points Poss. 100

(FOLD)

(MENU)

Name: _____

Project: _____

Club: _____ **Grade:** _____

Year in Project: _____

Menu-(Circle Favorite Food Item):

INTERMOUNTAIN PRESENTATION DAY

REGISTRATION DUE (mandatory): Thursday, February 19 (*No late entries accepted*)

WHEN: Sunday, March 1, 2009

WHERE: East Burney Elementary School, 37403 Toronto Avenue, Burney

COORDINATED BY: Burney 4-H Shari Mazzini, 335-5123

IMPORTANT INFORMATION

EVENT ELIGIBILITY: This event is open to all 4-H members.

UNIFORMS: Uniforms are acceptable, but not required.

GRADE DIVISIONS: Teams will be assigned rooms by *oldest member*.

Primary	(K-3)	Intermediate	(6-8)
Junior	(4-5)	Senior	(9-12)

AWARDS

Danish system of judging is used with gold and silver medals or blue ribbons awarded. Primary participants will not be ranked, but will receive participation pins. Those receiving a gold award will be eligible to compete at the *Regional Level* on **Saturday, April 4th**, here in Shasta County. Gold medalists at Regional Level will qualify for competition at the *State Level* on **Saturday, May 30** in Davis..

SPECIAL EQUIPMENT

4-H members are responsible for arranging any special equipment or facilities they may need for their presentations! This includes a TV and VCR for videos, slide projector and screen for slide presentations, tri-folding standup display for the Tabletop Displays, etc. Any special considerations for "Share the Fun" must be arranged by the 4-H members, including sound systems, pianos, tumbling mats, etc.

TIME LIMITS

A demonstration can range in length from 3 minutes for an individual primary presentation to 15 minutes for a senior individual or team presentation. The complexity of the topic, and the age of participants should dictate the appropriate length. Team members should divide work and speaking parts. An uneven distribution of work or speaking parts will impact the scoring of the "Presentation" skill.

SCHEDULE (*Approximate times*)

1—1:30 pm	Registration - then report to gym.
1:00 p.m.	Judges & MC's Registration
1:15 p.m.	Judges & MC's Orientation
1:30—1:45 p.m.	Welcome & Rules in Gym
1:45—2:00 p.m.	Members to Set-up Presentation
1:45—2:30 p.m.	Presentations
3:00 p.m.	Awards

PRESENTATION DESCRIPTIONS

Below are some brief descriptions of the different types of presentations. Each community club was provided a copy of the judging rubric forms and a more detailed description of the types of presentations. Talk with your community leader. You can also find a presentation manual on the State 4-H website at www.ca4h.org.

Demonstration: teaches a skill by the "show how" method. Posters or equivalent visual aids are used by the member to enhance the teaching process. The demonstration will include a title, materials, process, and summary posters or visual aids.

Illustrated Talk: teaches a concept or skill that would be impractical to demonstrate in a classroom setting. Posters or equivalent visual aids should include at least an introduction/title card, process card and a summary card. Models or other visual aids can be used to enhance the presentation.

Educational Display: an organized visual presentation of a program or a concept. A display should be designed to convey its message in a limited amount of time. Educational displays do not include science fair exhibits, other depictions of process, project exhibits or collections. Card Table Display – Approx. 30" x 30" and features a tri-fold poster board that includes a title, the member's name and 4-H club and a depiction of the program or concept. Panel Display – 48" x48" and is a vertical, free standing display that is presented on an easel. The display includes a title, the members name and 4-H club and a depiction of the program or concept.

Prepared Speech: may only be given as an individual activity. This format requires that the member write and deliver his/her own speech. The speaker will either persuade or educate the audience on a single issue or topic dealing with society or individuals. The topic is only limited by the age appropriateness of the topic for the member and good taste. The purpose of this category is to encourage members to give a speech in which they seek out accurate information, organize it into a useful form and competently present it.

Impromptu Speech: involves speeches that the member has written him/herself at the competition. One at a time, the members will randomly draw a piece of paper with a topic on it. The topics will be developed from the pre announced categories for the event. From the time that the member is given the topic, he/she will have three minutes to prepare a speech.

Interpretive Reading: allows the speakers to read any published written work, that is age appropriate and in good taste. (Examples may include, but are not limited to: children's stories, poetry, essays, speeches, articles, excerpts from novels that stand alone, etc.) Reciting the 4-H Creed would be allowed here at the County Event.

Share the Fun: groups perform acts such as skits and other presentations that focus on health, safety, community pride, recreation or citizenship. This is a group activity and is not open to individual participants.

Cultural Arts: involves individual members and groups who perform a costumed dramatic reading, musical, dance, or other such performing art. This category is open to individual participants, groups, projects, clubs, etc.

Audio-Visual Presentation: include any informational or instructional program presented with slides, video, or digital representations. A presentation must take advantage of the medium. It should not be a substitute for another kind of presentation, such as a demonstration or prepared talk. Only individuals may enter slide/video/digital presentations.

Problem Solving Presentation: format provides senior members the opportunity to use a prepared fact pattern as the basis for developing an action plan. During the competition the member will present the action plan using posters, overhead projector slides or computer generated slides. The selected medium must be used to effectively deliver the main points of the plan. Fact patterns may include social issues, business issues and 4-H program issues. Appropriate fact patterns will be developed for each age group.

Scientific Demonstration: uses the steps used by scientists to answer questions and solve problems. The scientific process includes the following steps: 1) Ask a question 2) Form a hypothesis of what you expect the answer to your question to be. 3) Test the hypothesis by conducting an experiment. 4) Analyze the results of the tests and information you have gathered. 5) Draw conclusions regarding the hypothesis from the tests. 6) Communicate the results.

I.M. PRESENTATION DAY—REGISTRATION - MANDATORY

DUE FEBRUARY 19 (4-H office)

NAME: _____	NAME: _____
CLUB: _____	CLUB: _____
PHONE: _____	PHONE: _____
GRADE (as of 12/31/08): _____	GRADE (as of 12/31/08): _____
AGE (as of 12/31/08): _____	AGE (as of 12/31/08): _____

<p>Type of Presentation:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Demonstration <input type="checkbox"/> Illustrated Talk <input type="checkbox"/> Scientific Demonstration <input type="checkbox"/> Educational Display <input type="checkbox"/> Prepared Speech <input type="checkbox"/> Impromptu Speech <input type="checkbox"/> Interpretive Reading <input type="checkbox"/> Share the Fun <input type="checkbox"/> Cultural Arts <input type="checkbox"/> Audio-Visual Presentation <input type="checkbox"/> Problem Solving Presentation <p>INDIVIDUAL or TEAM (circle one)</p>

<p>Grade Division:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Primary (K-3) <input type="checkbox"/> Junior (4-5) <input type="checkbox"/> Intermediate (6-8) <input type="checkbox"/> Senior (9-12) 	<p>Subject or Title of Presentation:</p> <p>_____</p> <p>_____</p> <p>Bringing a live animal? ___ Yes ___ No</p>
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<p>Help Needed:</p> <p>_____ YES, I would like to be a room coordinator/MC.</p> <p>_____ YES, I would like to be a judge. (___ Youth ___ Adult)</p> <p><small>**We are in need of judges. A judge can be an adult or youth (9th grade or older who has received a gold on a presentation).</small></p>

REGIONAL, STATE AND NATIONAL NEWS

4-H Hall of Fame

Do you know of a 4-H volunteer, supporter, staff member or other 4-H pioneer deserving of recognition for their significant contributions and dedication to 4-H programs? Nominations are now being accepted for the *Class of 2009 4-H Hall of Fame*. Each nomination can be sent to the CA State 4-H Office, attn: Mignonne Pollard at mypollard@ucdavis.edu. The deadline to submit nominations to the state office is: February 13, 2009. Contact the 4-H Office.

Submit Your 4-H Story

The State 4-H Office is looking for innovative and impactful 4-H stories. Stories feature 4-H groups, projects or activities on the State 4-H Homepage (www.ca4h.org). The State 4-H Office will even write the story for you! If you have a story, please contact Emily Lane, State 4-H Office student assistant, at erlane@ucdavis.edu. Current stories may be found at: <http://www.ca4h.org/4HDelivers.asp>.



2009 State 4-H Fashion Revue

The 2009 State 4-H Fashion Revue committee needs your input and help! There are many opportunities for committee positions for both teens and adults. You don't even need to know how to sew! 2009 State 4-H Fashion Revue is returning Saturday, May 31 as part of State Field Day at UC Davis. Divisions and classes will remain the same as previous years except the Challenge class which is an apron made from Simplicity pattern #9565. All counties are encouraged to hold qualifying events or publicize alternate methods for delegate selection. Complete details will be posted in December to the state 4-H website at <http://www.ca4h.org/projresource/fashion/>. Please contact Sue Moore, 4-H staff liaison, at samoore@ucdavis to be part of the state committee.

2009 4-H Beekeeping Essay Contest

4-H members may enter the 2009 4-H Beekeeping Essay Contest. The 2009 essay topic is "The Dance Language of Bees." Essays are due February 13, 2009. More information is available at <http://www.ca4h.org/4hresource/ir/Forms/2009BeekeepingEssay.pdf>



Does Your Garden Project Need Funds?

For those interested in gardening projects and activities, the *Fiskars' Project Orange Thumb* is a grant opportunity available to twenty chosen organizations. Selected groups will receive over \$1,500 in garden tools and \$800 in garden materials. Applications are due February 17, 2009. Contact the 4-H Office for information to apply.

33rd Annual Agricultural and Environmental Sciences Field Day

The University of California, Davis College of Agricultural and Environmental Sciences is pleased to announce the 33rd Annual Agricultural and Environmental Sciences Field Day. This year's event will take place on March 6th and 7th, with an estimated 3,000 FFA and 4-H students in attendance. The UC Davis Agricultural and Environmental Sciences Field Day consists of 26 judging events and leadership contests that are all facilitated by current UC Davis undergraduate students. Registration deadline: February 13: Agriscience Fair and Job Interview materials due and February 20: Registration closed. Please register as soon as possible to ensure space for your teams. Ali Zike can be contacted if you have any questions regarding this year's Field Day at: fiellday@ucdavis.edu, or visit our website for more information at: <http://caes.ucdavis.edu/StudInfo/clubs/NewsEvents/Events/fieldday>. We look forward to seeing your club on March 6-7th!

Clover Safe Notes

Clover Safe Notes are always updated and expanded. This month there are new Clover Safe Notes on the following topics: (1) Campfire Safety (2) General Tractor Safety and (3) Plants Poisonous to Animals. There are five additional topics. Please go to the link for information on how to improve project safety: http://groups.ucanr.org/ehs/4H/Clover_Safe_Notes.htm

2009 California 4-H State Leadership Conference

August 6 - 9, 2009

Present a mini-track or workshop at the 2009 California 4-H State Leadership Conference, August 6 - 9, 2009, "SLC: It's a BIG Deal." Mini-Track (2.5 hours on Friday, August 7) and workshop (1.25 hours on Saturday, August 8) proposals are now being accepted. Sessions should focus on science, engineering and technology (SET), community service, citizenship or leadership topics. Proposals are due Friday, February 27, 2009. Forms are available at the 4-H Office.

State Presentation Day

May 30, 2009

Are you ready to conduct a 4-H Presentation? Many types of presentation await you: demonstrations, science demonstrations, displays, speeches, readings, and more! The 4-H Presentation Manual, 2009 Impromptu categories and list of 2009 Sectional 4-H Presentation Days is now available online at <http://www.ca4h.org/leadership/spd/>. If you receive a gold at your county and sectional 4-H presentation days, plan to present at the 2009 State 4-H Presentation Day on May 30, 2009 at UC Davis!

REGIONAL, STATE AND NATIONAL NEWS CONTINUED

2009 State 4-H Field Day

May 30, 2009 - UC Davis

Mark your calendars now to attend the 2009 State 4-H Field Day on May 30, 2009 at UC Davis! The 8th annual State 4-H Field Day will be an event for the entire family, with both competitive and fun activities! Present a demonstration, participate in the fashion revue, take the plant science test or draw a logo for 2010! Bring a new or used stuffed animal to help us reach our goal of 250 teddy bears to donate to local children's hospitals! Learn more about the State 4-H Field Day at <http://www.ca4h.org/projresource/fieldday/>.

Would You Like to Have Input at the State Level?

Apply to serve on a Statewide 4-H Advisory Committee! 4-H members (ages 14 and older), 4-H volunteers, program stakeholders and County 4-H Staff are invited to apply to one of eight Statewide 4-H Advisory Committees. Committees offer insight, review and input for the operation and management of the Statewide 4-H Program. Committees meet face-to-face various times of the year, and may schedule conference calls, and utilize email to conduct committee business. Travel to meetings may be reimbursed through the State 4-H Office. Applications are due postmarked by **May 31, 2009**. More information is available at <http://www.ca4h.org/council/advisory.asp>.

Looking for an Amazing 4-H Opportunity?

Longing to experience other cultures but can't find the time or money to travel? Bring the world home by hosting a summer month-long international exchange student through the California 4-H Youth Development International Exchange Students arrive from Costa Rica, Finland and Japan in **June and July 2009**. Welcome a teenager from another country to be part of your family for 1 month and have the best summer of your life. Information is available at: <http://www.ca4h.org/exchange/> or by contacting Pat English at 530-754-8520 or penglish@ucdavis.edu. In addition, California will be participating in the Australia Outbound Program. More information is available on the website.

Family Strengthening Awards

The 2009 4-H Families Count: Family Strengthening Awards have been announced. Through funding by the Annie E. Casey Foundation, five cash awards of \$15,000 each will be provided to the selected outstanding programs. Programs applying need to have a rural component, involve families and work with a disadvantaged audience. Information is available at: www.4-H.org and applications are due **May, 15, 2009**. You may contact

Sharon Anderson, sanderson@fourhcouncil.edu for more information.

2009 Flex Your Power Community Outreach Campaign

The 2009 Flex Your Power Community Outreach Campaign is offering grant programs to community-based organizations who want to have an active role in educating their community on ways to save energy and the environment. Grants for \$12,000 will be awarded to as many as 20 non-profit agencies. One agency in the LA or San Diego area will be eligible for a \$24,000 grant being offered. Team members will be provided with training, handouts, exhibits and technical assistance with their outreach activities. If you are interested in applying, please contact Alanna Sloan at asloan@rs-e.com for more information, sample proposals and an application.

Livestock Judging Contest to be Held

The Livestock Judging Contest that serves as the California 4-H State Qualifier will be held at California State University at Fresno on Saturday, April 18, 2009. Livestock judging is a process of evaluating, selecting, placing, and learning the various livestock species. Counties are invited to send one or more teams of 3-4 youth to participate in this event. Registration is due by February 1, 2009. More information is available at <http://www.ca4h.org/projresource/livestock/>

Christopher Columbus Awards Program

The Christopher Columbus Awards Program is available to middle-school age youth who are interested in working in teams with an adult coach to use science and technology in providing solutions to an issue they care about. Teams will compete for a \$25,000 grant, a trip to the program's National Championship Week, and \$2,000 savings bonds amongst other prizes. Entries are due **February 9, 2009**. For more information, visit:

<http://www.christophercolumbusawards.com>.



February 2009



This is your copy of Tips 'n Topics issued by the University of California Cooperative Extension of Shasta County.

Pat Weliver, 4-H Program Representative

Sun Mon Tue Wed Thu Fri Sat

1	2	3	4	5 Co-Wide Rocketry 6 pm 4-H Office	6	7 CSU Swine Education Day
8	9	10	11	12 Co-Wide Poultry 5:30 pm 4-H Office	13	14
15 <i>Steer Tagging & Heifer Paperwork</i> <i>Shasta College 9-11 am</i> <i>Shasta Livestock</i>	16	17	18 Valley Council Meeting 7:00 pm	19 IM Presentation Registrations Due Valley Presentation Day Registrations Due Co-Wide Rocketry 6 pm 4-H Office	20 Co-Wide Rabbit 6 pm 4-H Office	21 GIS/GSP 9am Shasta College Genealogy 1:30 pm Redding Library
22	23	24	25 IM Council Meeting 7:00 pm Burney	26 Co-Wide Knitting 3:30 pm 4-H Office Co-Wide Poultry 5:30 pm 4-H Office	27	28 CSU Sheep Education Day

1851 Hartnell Avenue
Redding, CA 96002

Phone: 530-224-4900

Fax: 530-224-4904

Website: ceshasta.ucdavis.edu

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COUNCIL MEETINGS

-VALLEY-

**Wednesday, February 18
7 - 9 p.m.**

-INTER MOUNTAIN-

**Wednesday, February 25
7 p.m.**

**Location: Gepetto's Pizza
37277 State Hwy 299E, Burney**

All leaders and youth 14 years
and older have voting rights.

Please come and take part!

Where to list 4-H participation on PDR 08-09

<u>Date:</u>	<u>Activity/Event:</u>	<u>PDR Category:</u>
2/7/09	CSU Swine Education Day	3 - Events Attended
2/21/09	CSU Beef Education Day	3 - Events Attended
2/28/09	CSU Sheep Education Day	3 - Events Attended
3/1/09	IM Presentation Day	6 - Communication Skills
		3 - Events Attended
3/7/09	Valley Presentation Day	6 - Communication Skills
		3 - Events Attended