

4-H Tips 'n Topics



University of California Cooperative Extension, Shasta County 4-H
<http://ceshasta.ucdavis.edu>
1851 Hartnell Avenue, Redding, CA 96002 530-224-4900 Fax: 530-224-4904

Volume 8, Issue 6

FEBRUARY 2008

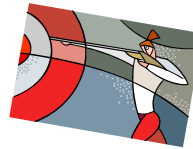
4-H SUMMER CAMP DATE CHANGE NOW JUNE 26TH—29TH

Please mark your calendars with the new dates for this year's "4-H is Out of This World" summer get-away (camp). The facility is not a traditional camp setting; it's more of a resort. If you attended last year it's the same place, Sherperd's Ranch out of Whitmore. The new All Stars are making plans that will take you "Out of This World!" So, watch this newsletter for the announcement of counselor and camper applications. Don't forget to ask your club to designate funds to help off-set the fees.

08 Shasta District Fair Award Sponsorships

If you would like to sponsor a plaque (\$25), buckle (\$125) or cash premiums for a class or division please contact the 4-H Office at 224-4900 for a list of available sponsorships. You may also contact the fair office at 378-6789.

SHOOTING SPORTS INFORMATION



Statewide Postal Shoot

Siskiyou County is again sponsoring the Statewide 4-H Postal Shoot. Shooting sports members who wish to participate can do so through their project leaders. Cost is \$4.50 per category. Forms and fees must be to the Shasta County 4-H office by **Friday, February 29**. Contact the 4-H office for more information.

Applications Available for National 4-H Shooting Sports Teen Ambassador

The 2008 National 4-H Shooting Sports Teen Ambassador application form is now posted on the National website at <http://www.4-hshootingsports.org>. Look under "Just for Youth"... "Teen Ambassadors."

Deadline: February 15

Shooting Sports Volunteer Leader Course Archery Discipline - 890 Bush Street, Ukiah

Saturday, May 3, 2008 8:00 a.m.—5:30 p.m.

Sunday, May 4, 2008 8:00 a.m.—4:30 p.m.

Upon successful completion of this course, 4-H leaders will be certified in the shooting sports discipline of Archery. They will be certified as volunteer leaders and eligible to serve as shooting sports leaders for clubs or counties. There is a \$20 fee for the course and you must register by April 25th. To get more information or register for the class contact Linda Edgington at lgedgington@ucdavis.edu or call (707) 463-4495.



IMPORTANT DATES

- **FEB. 2** - CSUC SWINE DAY
- **FEB. 2** - I.M. JUDGING FIELD DAY
- **FEB. 9** - VALLEY PRESENTATION DAY
- **FEB. 10** - SDF MANDATORY STEER TAGGING
- **FEB. 11** - ALL STAR MEETING
- **FEB. 12** - OFFICE CLOSED
- **FEB. 13** - 4-H/FFA BBQ MEETING
- **FEB. 18** - OFFICE CLOSED
- **FEB. 20** - VALLEY SWINE LEADERS MTG.
- **FEB. 20** - VALLEY COUNCIL MEETING
- **FEB. 23** - CSUC SHEEP DAY
- **FEB. 24** - STATE RECORD BOOK WORKSHOP
- **FEB. 26** - COUNTY WIDE HUNTER SAFETY MTG.
- **FEB. 27** - NEW LEADERS ORIENTATION (MCARTHUR)
- **FEB. 27** - IM COUNCIL MTG
- **FEB. 28** - COUNTY WIDE HUNTER SAFETY MTG
- **MAR. 1** - IM PRESENTATION DAY
- **MAR. 22** - VALLEY FAVORITE FOODS DAY

INSIDE THIS ISSUE

Livestock/County Wide Information	2
Club & Project Connection	3
Regional, State and National News	4
Valley Favorite Foods Day Information	7
Valley Favorite Foods Day Registration	9
Recipe Card	10
Valley Presentation Day Information	11
Valley Presentation Day Registration	12
February Calendar	13

4-H OFFICE HOLIDAYS

February 12	Lincoln's Birthday
February 18	Presidents' Day

LIVESTOCK INFORMATION—SALES, SHOWS, MEETINGS, TAGGING, ETC.

Valley Swine Leaders Meeting

There is a swine leaders meeting scheduled for **Wednesday, February 20** at 7 p.m. at the 4-H office in Redding. For more information, please contact Gretchen Gurriere at 232-1430.

CSU Chico Livestock Educational Days

There are several upcoming livestock learning events and animal sales at Chico State Farm

- **February 2**
Swine Education Day
Registration at 8 a.m.
- **February 16**
Beef Education Day
(not geared toward youth)
Registration at 8 a.m.
- **February 23**
Sheep Education Day
Registration at 8 a.m.



4-H/FFA Beef Tagging & Weigh In

Youth wishing to participate in the Shasta District Fair with their steers **MUST** attend the tagging and weigh in at the following locations on **Sunday, February 10**.

- Shasta College 9 - 11 a.m.
- Shasta Livestock Yard 1 - 3 p.m.



Horse ID for Shasta District Fair

Any 4-H member who wishes to participate in the Shasta District Fair Horse Show must have a complete Horse ID form on file. If you filed one last year and will be using the same horse this year you need not complete another form. If leasing a horse, a new form must be filed each year. **Forms must be in to the 4-H office by February 8.** Contact the 4-H office for forms.

2008 Beef Princess Entry Forms Now Available

If you, your parent or grandparent are actively engaged in the production and sale of beef cattle or the promotion of the beef industry, then you are eligible to compete for Beef Princess. To learn more about requirements, duties and judging criteria, please contact the 4-H office at 224-4900. Application deadline is **February 12th**.

Attention 4-H Horse Leaders and Members

All horse leaders, members, and parents are encouraged to sign up for the 4-H Equine Education Listserve for the latest news about state 4-H equine events and programs. The link is available at: <http://ca4h.org/projresource/horse/>. 4-H groups are invited to submit regional 4-H horse events, information, and dates for posting on the calendar by contacting Jeanne George at jlgeorge@ucdavis.edu. The dates for the 2008 4-H equine state events are as follows:

April 5 & 6 - The State 4-H Horse Classic - Equine Educational Contests, CSU Fresno. To participate 4-Hers must be enrolled in the horse project by February 5th (60 days).

June 26-29 - The State 4-H Horse Classic - Horse Show, Santa Cruz Fairgrounds, Watsonville. To participate, 4-Hers must be enrolled in the horse project and own or lease their horse by February 28th (120 days). More information about these events were posted on the equine web site in January.

Poultry Show Hosted by CoWide Poultry Project

The Shasta County Poultry project is hosting a multiple county APA judged 4-H poultry show on **Saturday, March 29** at Shasta College. Coop-in begins at 8:30 a.m. with no limit on the number of birds entered, however cage space is limited and will run on a first come, first serve basis. Cost is \$3 per bird with **registrations due March 14**. **NO LATE ENTRIES!** A concession booth will be available with breakfast and lunch items. So, prepare those birds and get your entry form in. For more information and a registration form contact the 4-H office, Leann Stearns at 226-0413, or visit the 4-H website.

COUNTY WIDE NEWS

YOU'VE BEEN CHALLENGED!

Twin Palms 4-H is challenging all the Shasta County clubs in a terrific community service project to support the Ronald McDonald House. It's easy! Collect the pop-tabs from soda cans, fruit cans, soup cans, etc., now through April. A prize will be awarded to the club with tops weighing the most. How many pounds can your club collect?

CLUB AND PROJECT CONNECTION

Happy Valley 4-H

Submitted by Colin Wogoman - Happy Valley 4-H Reporter

The Happy Valley 4-H club had a very successful Christmas Caroling/ Food drive event. The club collected enough food and toys to help 20 families in our area with food for each family which included turkeys, turkey pans, potatoes, two boxes of food for each family and toys for the kids. The 4-H members gathered at Shasta Pizza in Happy Valley. They helped us out by letting us take over the pizza parlor to wrap and box up all the food we collected. Happy Valley Elementary school helped us out by having a contest for each grade level at the school and donating it all to our event. We caroled all around Happy Valley on a big truck Muse Trucking donated to us for the night, we had it full of carolers and had the biggest turnout we have ever had! The Happy Valley Fire Department led the "parade" with fire engines and even Santa! After we had finished caroling, we went to the fire department to warm up with cookies and hot chocolate. Many members helped out and we really felt good knowing we helped out people in our community who needed it. Thanks to Muse Trucking, Happy Valley Fire Department, Happy Valley Elementary School, The National Wild Turkey Federation, Shasta Pizza and the community of Happy Valley, for helping the Happy Valley 4-H have the most successful Toy/ Food drive so far!



Twin Palms 4-H Club Goes Bell Ringing!

Submitted by Dani Plake, Twin Palms 4-H

On December 12th Twin Palms 4-H went bell ringing in front of Raley's on Lake Boulevard. It was very fun and exciting. The club members that showed up were: Callie Froese, Alli Williams, Stratton Cloninger, Skylar Cloninger, Aspen Henderson, Audrey Wallers, Tiffany Plunk, and Dani Plake. Every one of those club members helped us raise \$156.52 to donate to Salvation Army.



Twin Palms and the Blanket Drive

Submitted by Dani Plake, Twin Palms 4-H



Twin Palms donated over 15 blankets to a Haven Humane Shelter. Everyone thought that it was nice that we are donating blankets to an animal shelter and help keep the animals warm during the winter time! It was a very easy community service and I'm glad we got a chance to help the animals in the shelter.

Christmas Caroling

Submitted by Anna Simoniet, Twin Palms 4-H

Hello, my name is Anna Simoniet. I was the Chairman for Twin Palms 4-H Christmas Caroling. On December 21st, we went caroling at many places. They were: Touch of Heaven, Vista Hills, Shasta Health Care Center, and Ridgewood. The club members that attended were Tiffany Plunk, Audrey Wallers, Ruth Bailly, Dani Plake, and me. The thing I thought that touched the carolers the most was that some of the seniors started to cry when we were singing to them. It was a lot of fun and I hope to do it again next year.



Take the Citizenship Challenge

The Citizenship Service-Learning Advisory Council has issued a Citizenship Challenge to all 4-H clubs in California. Take up the challenge and carry out a service-learning project as part of your club's year plan. Then, let us know what you've done so we can share your work on the web site. More information is available at: <http://www.ca4h.org/citizenship/>.

4-H You See Davis Days

The Collegiate 4-H Club at UC Davis will be presenting "4-H You See Davis Days" for high school students on **April 14-16**. Mark your calendars and watch for more information to follow.

UCDAVIS

Camping Conference Offered

The 4-H California Camping Task Force invites 4-H volunteers, staff and youth to explore new ideas, build enthusiasm for their programs and expand their camping tool kit at the 2008 4-H Camping Conference, **April 18-20** at the Jack L. Boyd Outdoor School in Fish Camp. This year's program includes a component on staff development and participants will leave with knowledge and materials to assist them in training camp staff members. All adults and youth involved in camp administration, including day, resident, and special interest camps, are invited to attend. Cost is \$120 for the weekend. Conference brochure and registration form available at <http://www.ca4h.org/>.

Present a Workshop at the 2008 4-H State Leadership Conference!

Present a track, mini-track or workshop at the 2008 4-H State Leadership Conference! Educational sessions are being sought in citizenship, healthy living, science, engineering and technology. Tracks (5 hours) or mini-tracks (2.5 hours, repeated) take place on Friday, August 1, 2008 while workshops (1.25 hours) take place on Saturday, August 2, 2008. Proposals are due by **February 29, 2008**. More information is available at <http://www.ca4h.org/conference/slc/index.asp>

Take Your Leadership Skill to the Next Level

Become a 2008-2009 4-H State Ambassador! Youth (ages 16-19) and adult advisors are now being sought to provide statewide leadership. Ambassadors act as 4-H representatives, conduct team projects, and plan the 4-H State Leadership Conference. Applications are due **March 31, 2008** and available at <http://www.ca4h.org/leadership/ambassador/index.asp>

2008 State 4-H Field Day

Information for the State 4-H Presentation Day, Fashion Revue, Horticulture Contest, Judging Event and other activities during the field day are now on line. Find more information at <http://www.ca4h.org/projresource/fieldday/>

Are you interested in helping put on a state 4-H event? The *State Fashion Revue* Committee still has openings for teens and adults. Contact Kylie Deal, Teen Chair, at registersfr@sbcglobal.net or Sue Moore, 4-H Staff Liaison at samoore@ucdavis.edu or 209-533-6990. State Fashion Revue will be held **May 31, 2008** on the U.C. Davis campus as part of State Field Day. Look for event information to be posted soon at: <http://ca4h.org/projresource/fashion/>.





2008 National 4-H Conference



National 4-H Headquarters/ USDA is accepting workshop proposals for youth workshops at the 2008 National 4-H Conference. The theme for the 2008 National 4-H Conference, Green A.I.D., reflects the following question, "As society becomes more environmentally conscious, how can the 4-H Youth Development Program *aid* in enhancing socially significant and relevant programming to increase the environmental awareness of our clubs, our communities, our country, and our world?" A major goal of the National 4-H Conference is to offer participants a meaningful personal and professional development experience. Given this year's theme, a wide variety of topics are expected to expose delegates to existing 4-H environmental programming and other innovative approaches to eco-awareness in which 4-H programs can play a significant role. For more information and the workshop proposal visit: <http://4hconf.4-h.org/> or contact Lisa Hampton, at natl4hconf@csrees.usda.gov or 202-401-5165. Proposals were due by January 28, 2008 at the National 4-H Headquarters office.

UC Davis Veterinary Medicine Future Day



Veterinary Student Outreach, the UC Davis Veterinary Medicine's student club, is hosting active 4-H and FFA high school students at the UC Davis Veterinary Medicine Future Day. The event will be held at the Vet School on the Davis campus in late February. The aim is to promote further learning, encourage possible careers, and explore the science of veterinary medicine. The day will be filled with talks and discussions with current students and a tour of the teaching facilities and veterinary clinic. This event has limited space and the group is asking for recommendations for two students from surrounding counties by **February 5, 2008**. In addition, please identify an additional student in case room permits. Additional information may be obtained at: <http://www.ca4h.org/4hinfo/calendar/VSOFutureDay.pdf>

Cow Palace April 3—6 2008

After an evaluation of the show and programs, a few changes will take place for the 2008 show. The open stock show will not be offered due to the decline of entries and loss of revenue. Focus will be on the junior stock show and related educational activities. Some of the additions to the program are: a non-livestock category that includes a speech contest, a photo display, educational display, etc. There will not be an auction; however, the Supreme and Reserve Supreme Champion Market Animals will be awarded cash prizes during a presentation in the main arena. The awards ceremony will not be a ticketed event. It will open to the public. There will be a junior dog show this year. Premium books and entry information will not be mailed, but will be available on the website at www.grandnationalrodeo.com.

Are You Raising a Market Animal? Then Take the Online Survey - Improved Bio-Security Measures

Because backyard flocks and herds serve as potential vectors of disease, 4-H Animal Science projects represent potential bio-security risks. As a consequence, the State 4-H Office and several county programs have been working closely with Veterinary Medicine Extension over the past few years on innovative initiatives to address this critical issue. Our goal through these efforts is to strengthen our Animal Science Program through the adoption and implementation of timely and relevant materials and strategies. One aspect of bio-security that is extremely important is predicting the spread of disease through computer modeling. To do this accurately, researchers must develop a program that can calculate where, when, and how a disease might spread using data on typical patterns of animal movement. Although such models exist for industry, there is much yet to learn about the potential of disease spread in the event of an unforeseen outbreak among animals from backyard flocks or herds. California 4-H has a robust Animal Science Program that we want to protect from disease. To help accomplish this, we have worked with Veterinary Medicine Extension to design a survey for youth who raise market animals that that can help provide researchers with the type of data necessary to help develop a new disease spread model. This survey is completely voluntary, but we are asking 4-H youth in California who raise market animals to go to <http://ca4h.org/wrp/survey/>, read the information provided, and consider completing the survey to help with this important research. The results from this survey will strengthen 4-H Animal Science in California through enhanced bio-security measures that will help ensure the health and safety of 4-H youth and their project animals for years to come. If you have questions about the survey, please contact Martin Smith, Associate CE Specialist in Veterinary Medicine Extension, at mhsmith@ucdavis.edu.

GRANTS, SCHOLARSHIPS, FUNDING, RECOGNITION, AND AWARDS

Youth Foundation Scholarships

The Youth Foundation is offering Hadden Scholarships of \$2,500 to high school seniors with a 3.5 or better grade average who can document financial need, are U.S. citizens, and are seeking higher education at an accredited four-year U.S. college or university. The scholarship committee selects the recipients after carefully evaluating character, scholastic records, financial need, extra-curricular activities, and employment experience. Youth Foundation encourages young people to establish permanent attitudes of self-reliance, confidence, self-discipline, responsibility, volunteerism, and exemplary character thereby benefiting their own lives, and more importantly, the lives of others. More information is available at the web site: <http://fdncenter.org/grantmaker/youthfdn/guide.html>.

Application Deadline: February 28, 2008

Geospatial Technologies Award

In an effort to engage the next generation of Earth scientists, the Institute for Global Environmental Strategies (IGES) is now accepting entries for the 2008 Thacher Scholars Award, to be given to secondary school students demonstrating the best use of geospatial tools or data to study our home planet. Geospatial technologies have numerous uses in science research, ranging from climate prediction to archaeology. They can improve human understanding of the Earth system, including interactions among the atmosphere, biosphere, geosphere and hydrosphere. And they can improve quality of life by supporting weather prediction, natural hazards monitoring, transportation, land-use planning, agriculture, coastal management, public health and emergency response. For more information, please visit: <http://www.strategies.org/education/index.aspx?sub=education&sub2=scholars&sub3=scholars2008>

Deadline: April 4

Plum Youth Grants Offered

Did you recently create a sustainable project, program or organization? Do you need \$500 to further the growth and success of your program? If you answered, "YES!", you are eligible to apply for a Plum Youth Grant. Plum grants are given out weekly. Yep, that's right--we said WEEKLY! Get more information at: http://www.dosomething.org/grant_list.

National Beef Ambassador Program Open to Youth 17—20 Years of Age

Here's your opportunity to educate consumers and students about beef nutrition, food safety and stewardship practices of the beef industry. Five winners will be selected and awarded \$1,000. For more information stop by the 4-H office or call 224-4900.

2008 GIS Grant

ESRI is pleased to offer a 2008 GIS Grant for 4-H programs. Under the 2004-2007 GIS Grant, ESRI has awarded 4-H Clubs in over 500 U.S. counties with ArcView and ArcPad software and Virtual Campus training. GIS technology was used by youth to help make a difference in their community service projects. The application period will run from January 1, 2008 through February 28, 2008.

2008 4-H Introductory Grant Application:

[2008 Introductory Grant Application](#)

[2008 Introductory Grant Guidelines](#)

2008 4-H Intermediate Grant Application:

[2008 Intermediate Grant Application](#)

[2008 Intermediate Grant Guidelines](#)

Please send your completed application and letter of support to 4-GIS_external@esri.com no later than **February 28, 2008**. You will receive an email acknowledgment that your application has been received.



4-H Beekeeping Essay Contest

Sponsored by the Foundation for the Preservation of Honey Bees, Inc., the rules and essay topic for this year's contest is *The Results of Honey Bee Pollination in my Community*. There will be three cash prizes for the national winners:

1st - \$250 2nd - \$100 3rd - \$50

Each state and national winner will receive an appropriate book about honey bees, beekeeping, or honey.

Completed California essays must be postmarked by **February 15, 2008**.

The winning state essay will be forwarded to the national competition. Results will be announced by **May 1, 2008**.

Website for Latino Resources

Looking for resources and scholarships for Latino students?

Link to <http://www.latinocollegedollars.org/>.

Statewide 4-H College Scholarship

High school seniors and those in college are eligible to apply. Scholarships are available in a number of various categories and award amounts. Applications are available at <http://co4h.org/4hresource/jr/scholarship/index.asp>.

Deadline: April 30.

VALLEY FAVORITE FOODS DAY

REGISTRATION DUE (mandatory): Monday, March 3 (No late entries accepted)

WHEN: Saturday, March 15

WHERE: Prairie Elementary School, 20981 Dersch Road, Anderson

THEME: A Taste of Italy

COORDINATED BY: Golden Acres 4-H - Jean Harp

SCHEDULE (Approximate times)

9 - 9:45 a.m. Check-in and set up entries. **NO LATE ARRIVALS.**

9:30 a.m. Judges' Orientation

10 - 11 a.m. Judging begins in all categories. **All adults are to stay out of the judging area.** Each member is to sit by their food entry, serve each judge a sample, and answer any questions. *Members with multiple entries should watch for the judges as to which entry is judged first.* Members must remain with the entry, if feasible, until all judging is completed for that specific category. Members with multiple entries may not be able to stay with each particular entry. *When members are dismissed from their final class, they are to go to the Foods Quiz area.* **Following the completion of all judging, the foods will be open for viewing and picture taking.**

Exceptions - Members are not to remain with their entries for Edible Centerpieces, Card Table Displays, or Decorated Cakes. They go to the Foods Quiz area to take part in the fun activities, heading to a waiting area when they are finished.

Foods Quizzes - All members are invited to take part in this quiz to see how knowledgeable they are about foods and related subjects. This quiz will be open at 10 a.m. *Bring a pencil and take the challenge!*

11:30 a.m. Buffet lunch is served after all judging is complete. **Each family attending is asked to bring an additional salad or main dish for 10 people.** Extra dishes are important so everyone attending (parents, siblings, etc.) will have enough to eat. Members are also encouraged to use their "Favorite Foods Day" entries for this lunch. Please do not eat your entry until the potluck begins. Everyone will need to bring their own place setting (plates, cups, utensils, etc.). Drinks will be provided. During check-in your additional food dish can be kept cold/warm in the kitchen until lunch.

Noon Awards Ceremony

NOTE: **Participants may not leave until the awards ceremony is complete if they wish to receive credit for attendance.**

IMPORTANT INFORMATION

EVENT ELIGIBILITY: This event is open to all 4-H members. Please check the category rules for entry restrictions.

RECIPE CARD: Page 10 of this TNT. **A signed copy of the recipe must accompany each submitted entry form. These will not be taken to the event.** *Community leader must sign categories 6, 11 & 12. Project leader must sign categories 1, 2, 3, 4, & 7. No signature needed for categories 5, 8, 9, 10 & 13.*

MENU CARD: Prepare one for each entry except 8 & 13. Type or neatly print on the sample menu card on page 10. Menus must be nutritionally balanced. Circle your entered Favorite Food item. Place the recipe for the entry on the back of the card. Be sure to include your name, project, year in project, club and grade. Bring to the event and set on table with place setting. These will also be collected at the end of the event.

CARD TABLE DISPLAYS: Formal and informal will be combined. *Please work with members ahead of time on their table settings and displays.* Each participant is responsible for setting up his or her own display(s).

UNIFORMS: Uniforms are acceptable, but not required. Clothing must be neat and clean.

PLEASE NOTE: Adult leaders and parents will **NOT** be allowed in the competition area until all judging is completed. There will be activities planned for parents in a separate room during the judging period. All Stars, Junior/Teen Leaders and older members will be available to help younger members and answer questions following check-in. Leaders and parents are to help fill out any required paperwork in advance. Allow enough time if you have entries in more than one category.

FOOD PREPARATION: Foods may be prepared using any source. No food preparation will be allowed at the event. They must be complete and ready for judging when brought in. All foods must be prepared with fresh ingredients. If presenting hot foods and prepared prior to the event day, properly refrigerate or freeze, then properly warm for presentation. Pack dishes properly - hot dishes stay hot and cold stay cold. *Items may be kept in the facility refrigerator or oven upon request.* **Cream pies are prohibited for health reasons.**

AWARDS

Danish system of judging (blue, red and white ribbons) will be used. Medals awarded to top scoring entry in each category, each division. Primary participants will receive one participation pin. Entries will not be released until awards ceremony is completed.

GRADE DIVISIONS AND CARD COLORS

Primary (K-3): PINK Junior (4-5): WHITE Intermediate (6-8): YELLOW Senior (9-12): GREEN

CATEGORIES

- | | | | | |
|--------------|-------------------|---|-----------------------------|---------------|
| 1. Main Dish | 4. Low Fat Foods | 7. Food Preservation | 10. Primary Member Division | 12. Appetizer |
| 2. Salad | 5. Decorated Cake | 8. Edible Centerpiece | 11. Breads | 13. Cookbook |
| 3. Dessert | 6. Market Animal | 9. Card Table Display - formal & informal | | |

CATEGORY ELIGIBILITY, RULES & REQUIREMENTS

Category 1- 4 Members may compete in ONE of these categories. Open to **Foods & Nutrition** members only.

Category 5 Open to **Cake Decorating** members only.

Category 6 Open to **Market Animal** members only (poultry, rabbit, & meat goat included)

Category 7 Open to **Food Preservation** members only.

Category 8 Open to **any** 4-H member, including vegetable gardening.

Category 9 Open to **Home Arts/Furnishings, Creative Arts & Crafts, and Foods & Nutrition** members.

Category 10 Open to **Primary** members only.

Category 11 Open to **any** 4-H member, *does not satisfy fair requirement*

Category 12 Open to **any** 4-H member, *does not satisfy fair requirement*

Category 13 Open to **Foods & Nutrition** and **Food Preservation** members only.

Category 1-4 Bring one complete place setting for the course being served. This includes: plate(s), napkin, place mat, utensils, and beverage glass(es). Members have the option of using paper, glass, pottery, wicker, plastic, etc. The place settings or centerpieces are expected to fit the theme. **Be sure to bring an appropriate serving utensil for your food entry to serve the judge.** Menu card **MUST** be nutritionally balanced. Small centerpieces and decorative touches are optional.

Category 5 Decorated cakes should follow the theme. All cakes will be judged for appearance only. Recipe method is not a consideration. Include a menu card showing use of cake. Cake forms may be used.

Category 6 Any 4-H member enrolled in a Market Animal project (beef, sheep, swine, meat goat, rabbit, or poultry) may enter a food item using meat from their market animal species. A nutritionally balanced menu card and recipe **MUST** be included along with a complete place setting. The place setting and menu are expected to fit the theme. *Participation here DOES meet SDF Contract requirements.* **Entry in this division must have more than one step in the preparation process.** Example: slice of ham (*not acceptable*) vs. casseroles with broccoli, rice and ham (*acceptable*).

Category 7 Entrants prepare and serve a dish or bread using the food they have preserved. Bring a complete place setting for the course being served. Include menu card and recipe.

Category 8 Create a sculpture from foods like cheese, crackers, vegetables, nuts & fruits, and edible flowers. Creations may be on wicker, foam, paper plates, plastic, etc. Be sure the theme is followed and at least 5 fruits and/or vegetables are used. A card giving directions on how the centerpiece was assembled is required.

Category 9 Decorate a card table to illustrate "A Taste of Italy." **No food is to be placed on these tables!** Entrants must furnish their own card table, tablecloth, or place mats, dishes, and utensils. Entries will be judged on overall appearance, color design, and texture coordination. Each display must have a menu card which will state whether it is a luncheon, dinner, or party.

Category 10 Primary members should enter their item under this Primary category.

Category 11 Prepare your bread using the appropriate utensils and dishes for serving. You must include a menu card with your recipe. A place setting for your bread should follow the theme.

Category 12 Prepare your appetizer using the appropriate utensils and dishes for serving. You must include a menu card with your recipe. A place setting for your appetizer should follow the theme.

Category 13 You may want your cookbook to be spiral or loose leaf, allowing an addition each year. You may want to staple and make a new one each year. This category is to challenge your imagination and have fun at the same time. The cover, title, page and index will be judged on decoration, age appropriateness, how well presented, cleanliness, neatness, and the knowledge of the project. Content will be judged on category areas (main dish, salads, etc.) which may include recipes prepared in your cooking classes, recipes you've tried, or family recipes. Personalized comments on the recipes is part of the judging. The cookbook can be typed or handwritten (black or blue ink).



VALLEY FAVORITE FOODS DAY

REGISTRATION - MANDATORY

DUE MARCH 3 (4-H office)



NAME: _____

CLUB: _____

GRADE (as of 1/1/08): _____ PHONE: _____

PROJECT(S): _____ YEARS IN PROJECT(S): _____

GRADE DIVISION (circle): Primary (K-3) Junior (4-5) Intermediate (6-8) Senior (9-12)

Please check the category(ies) you are entering. See page 10 for recipe card.

- | | |
|----------------------------|---|
| _____ 1. Main Dish | _____ 8. * Fruit and Vegetable Sculpture |
| _____ 2. Salad | _____ 9. Card Table Display - Formal and Informal |
| _____ 3. Dessert | _____ 10. Primary Member Division |
| _____ 4. Low Fat Foods | _____ 11. * Bread |
| _____ 5. Decorated Cake | _____ 12. * Appetizer |
| _____ 6. ** Market Animal | _____ 13. Cookbook |
| _____ 7. Food Preservation | |

* Open to any 4-H Member (Vegetable Gardening projects are encouraged to enter here.)

** Meets Market Animal Fair Contract requirements.

NOTE: A copy of your recipe **MUST** be signed and submitted with this entry form. Be sure to bring an additional recipe card on the event day. See page 7 for instructions. A signature is required for all categories except 5, 8, 9, 10 & 13.

SCORING CRITERIA

Categories 1- 4, 6, 11 & 12

Neat in appearance	10
Personal cleanliness	5
Pleasant, Interesting	5
Menu nutritionally balanced	10
Menu: Food color combo.	5
Menu: Texture of foods	5
Recipe posted on card	5
Flavor of food prepared	20
Food: Good color	5
Food: Good texture	5
Attractive place setting	10
Order of utensils & dishes	10
Theme	5
Points Poss.	100

Category 7

Scoring is the same as Categories 1-4, 6, 11 & 12, with correct utensils eliminated and proper food preservation added.

Category 5

Overall design, relates to theme	20
General appearance	20
Selection of colors	15
Preparation	15
Border	10
Frosting	10
Icing originality	10
Points Poss.	100

Category 8

Follows theme	25
Appearance	15
Only edible items	10
Shows imagination	10
Recipe (directions)	10
Design	30
Points Poss.	100

Category 9

Follows theme	25
Menu nutritionally balanced	10
Attractive place setting	40
Original Design	25
Points Poss.	100

Category 13

Cover	5
Title Page	5
Index	5
Content:	
Categories	20
Neatness	15
Sources Sited	5
Samples of cooking rules, safety, sanitation, utensils	15
Creativity:	
Pictures & graphics	10
Personalization	10
Layout (use of space)	10
Points Poss.	100

(RECIPE)

(FOLD)

(MENU)

Name: _____

Project: _____

Club: _____ **Grade:** _____

Year in Project: _____

Menu-(Circle Favorite Food Item):

INTER MOUNTAIN PRESENTATION DAY

REGISTRATION DUE (mandatory): Tuesday, February 19 (No late entries accepted)

WHEN: Saturday, March 1

WHERE: East Burney Elementary School, 37403 Toronto Avenue, Burney

COORDINATED BY: Burney 4-H



IMPORTANT INFORMATION

EVENT ELIGIBILITY: This event is open to all 4-H members.

UNIFORMS: Uniforms are acceptable, but not required.

GRADE DIVISIONS: Teams will be assigned rooms by *oldest member*.

Primary	(K-3)	Intermediate	(6-8)
Junior	(4-5)	Senior	(9-12)

AWARDS

Danish system of judging is used with gold and silver medals or blue ribbons awarded. Primary participants will not be ranked, but will receive participation pins. Those receiving a gold award will be eligible to compete at the *Regional Level* on **Saturday, April 26th**, in Modoc. Gold medalists at Regional Level will qualify for competition at the *State Level* on **Saturday, May 31**.

SPECIAL EQUIPMENT

4-H members are responsible for arranging any special equipment or facilities they may need for their presentations! This includes a TV and VCR for videos, slide projector and screen for slide presentations, tri-folding standup display for the Tabletop Displays, etc. Any special considerations for "Share the Fun" must be arranged by the 4-H members, including sound systems, pianos, tumbling mats, etc.

TIME LIMITS

A demonstration can range in length from 3 minutes for an individual primary presentation to 15 minutes for a senior individual or team presentation. The complexity of the topic, and the age of participants should dictate the appropriate length. Team members should divide work and speaking parts. An uneven distribution of work or speaking parts will impact the scoring of the "Presentation" skill.

SCHEDULE (Approximate times)

9 - 9:30 a.m.	Registration - then report to gym
9:30 a.m.	Judges & MC's Orientation
10:00 a.m.	Welcome & Rules in gym
10:15 - 10:30 a.m.	Members to Set-up Presentations
10:30 a.m.	Presentations
12:00 p.m.	Awards

HELP NEEDED

We are looking for older members to serve as Master of Ceremonies (MC) and Room Coordinators. They may also give presentations. We also need adult or youth (9th grade or older who have received a gold on a presentation) judges. If interested be sure to mark the section on the registration form.

PRESENTATION DESCRIPTIONS

Below are some brief descriptions of the different types of presentations. Each community club was provided a copy of the judging rubric forms and a more detailed description of the types of presentations. Talk with your community leader. You can also find a presentation manual on the State 4-H website at www.ca4h.org.

Demonstration: teaches a skill by the "show how" method. Posters or equivalent visual aids are used by the member to enhance the teaching process. The demonstration will include a title, materials, process, and summary posters or visual aids.

Illustrated Talk: teaches a concept or skill that would be impractical to demonstrate in a classroom setting. Posters or equivalent visual aids should include at least an introduction/title card, process card and a summary card. Models or other visual aids can be used to enhance the presentation.

Educational Display: an organized visual presentation of a program or a concept. A display should be designed to convey its message in a limited amount of time. Educational displays do not include science fair exhibits, other depictions of process, project exhibits or collections. Card Table Display – Approx. 30" x 30" and features a tri-fold poster board that includes a title, the member's name and 4-H club and a depiction of the program or concept. Panel Display – 48" x 48" and is a vertical, free standing display that is presented on an easel. The display includes a title, the members name and 4-H club and a depiction of the program or concept.

Prepared Speech: may only be given as an individual activity. This format requires that the member write and deliver his/her own speech. The speaker will either persuade or educate the audience on a single issue or topic dealing with society or individuals. The topic is only limited by the age appropriateness of the topic for the member and good taste. The purpose of this category is to encourage members to give a speech in which they seek out accurate information, organize it into a useful form and competently present it.

Impromptu Speech: involves speeches that the member has written him/herself at the competition. One at a time, the members will randomly draw a piece of paper with a topic on it. The topics will be developed from the pre announced categories for the event. From the time that the member is given the topic, he/she will have three minutes to prepare a speech.

Interpretive Reading: allows the speakers to read any published written work, that is age appropriate and in good taste. (Examples may include, but are not limited to: children's stories, poetry, essays, speeches, articles, excerpts from novels that stand alone, etc.) Reciting the 4-H Creed would be allowed here at the County Event.

Share the Fun: groups perform acts such as skits and other presentations that focus on health, safety, community pride, recreation or citizenship. This is a group activity and is not open to individual participants.

Cultural Arts: involves individual members and groups who perform a costumed dramatic reading, musical, dance, or other such performing art. This category is open to individual participants, groups, projects, clubs, etc.

Audio-Visual Presentation: include any informational or instructional program presented with slides, video, or digital presentations. A presentation must take advantage of the medium. It should not be a substitute for another kind of presentation, such as a demonstration or prepared talk. Only individuals may enter slide/video/digital presentations.

Problem Solving Presentation: format provides senior members the opportunity to use a prepared fact pattern as the basis for developing an action plan. During the competition the member will present the action plan using posters, overhead projector slides or computer generated slides. The selected medium must be used to effectively deliver the main points of the plan. Fact patterns may include social issues, business issues and 4-H program issues. Appropriate fact patterns will be developed for each age group.

Scientific Demonstration: uses the steps used by scientists to answer questions and solve problems. The scientific process includes the following steps: 1) Ask a question 2) Form a hypothesis of what you expect the answer to your question to be. 3) Test the hypothesis by conducting an experiment. 4) Analyze the results of the tests and information you have gathered. 5) Draw conclusions regarding the hypothesis from the tests. 6) Communicate the results.

I.M. PRESENTATION DAY
REGISTRATION - MANDATORY
DUE FEBRUARY 19 (4-H office)

NAME: _____	NAME: _____
CLUB: _____	CLUB: _____
PHONE: _____	PHONE: _____
GRADE (as of 1/1/08): _____	GRADE (as of 1/1/08): _____
AGE (as of 1/1/08): _____	AGE (as of 1/1/08): _____

Type of Presentation:

- Demonstration
- Illustrated Talk
- Scientific Demonstration
- Educational Display
- Prepared Speech
- Impromptu Speech
- Interpretive Reading
- Share the Fun
- Cultural Arts
- Audio-Visual Presentation
- Problem Solving Presentation

INDIVIDUAL or **TEAM** (circle one)

Grade Division:	Subject or Title of Presentation:
<input type="checkbox"/> Primary (K-3)	_____
<input type="checkbox"/> Junior (4-5)	_____
<input type="checkbox"/> Intermediate (6-8)	
<input type="checkbox"/> Senior (9-12)	
Bringing a live animal? ___ Yes ___ No	

Help Needed:

_____ YES, I would like to be a room coordinator/MC.

_____ YES, I would like to be a judge. (___ Youth ___ Adult)

****We are in need of judges. A judge can be an adult or youth (9th grade or older who has received a gold on a presentation).**



FEBRUARY 2008



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>This is your copy of Tips 'n Topics issued by the University of California Cooperative Extension of Shasta County.</p> <p><i>Pat Weliver</i> Pat Weliver, 4-H Program Representative</p>					1	2 I.M. Judging Field Day CSUC Swine Day
3	4	5	6	7	8	9 Valley Presentation Day Sequoia Middle School
10 SDF Mandatory Steer Tagging	11 All Star Meeting 6:30 p.m.	12 Lincoln's B-Day  Office Closed	13 4-H/FFA BBQ Meeting 5:30 p.m.	14	15	16
17	18 Presidents' Day  Office Closed	19	20 Swine Leaders 6:00 p.m. Valley Council Meeting	21	22	23 CSUC Sheep Day
24 State Record Book Workshop 10 a.m. - 3 p.m.	25	26 County Wide Hunter Safety Meeting 6 - 8 p.m.	27 New Ldr Orientation 5:30 I.M. Council Meeting 7:00 p.m.	28 County Wide Hunter Safety Meeting 6 - 8 p.m.	29	

1851 Hartnell Avenue
Redding, CA 96002

Phone: 530-224-4900
Fax: 530-224-4904

Website: ceshasta.ucdavis.edu

University of California Non-discrimination

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (covered veterans are special disabled veterans, recently separated veterans, Vietnam era veterans, or any other veterans who served on active duty during a war or in a campaign or expedition for which a campaign badge has been authorized) in any of its programs or activities. University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Staff Personnel Services Director, University of California, Agriculture and Natural Resources, 300 Lakeside Drive, 6th Floor, Oakland, CA 94612-3550, (510) 987-0096. More information may be found at the [University of California Affirmative Action Office](#).

VALLEY COUNCIL

Wednesday, February 20
7 - 9 p.m.

INTER MOUNTAIN COUNCIL

Wednesday, February 27
New Leader Orientation 5:30 p.m.
Council Meeting 7 p.m.

****LOCATION:** IM Community Center,
37477 Main Street, Burney

All leaders and youth 14 years and older
have voting rights.

Please come and take part!

Where to list 4-H participation on 07/08 PDR

<u>Date:</u>	<u>Activity/Event:</u>	<u>PDR Category:</u>
2/2/08	IM Livestock Judging Field Day	2 - 4-H Project/ Skill Activity (Judging Contest)
	IM Livestock Judging Medalist (not certificates)	7 - Honors and Recognition
1/26/08	IM Favorite Foods Day	3 - 4-H Events Attended
	IM Favorite Foods Medalist (not ribbons)	7 - Honors and Recognition
	IM Favorite Foods Demo Medalist	7 - Honors and Recognition