

# 4-H Decorative Painting Proficiency Program A Member's Guide

## OVERVIEW

The 4-H Decorative Painting Proficiency program helps you learn what you need to know about your 4-H project. Your project leader will assist you in setting and achieving your goals. Through your project, you will acquire an understanding of the principles of artistic design: color, space, line, design, texture, and space. You will also learn how to make good use of your leisure time in constructive activities as well as learning to make useful, artistic items.

There are many resources to help you learn more about your project:

- The University of California Davis has free resources available online by visiting: <http://anrcatalog.ucdavis.edu/4HYouthDevelopment/>. This site lists a variety of project materials and resources recommended for use in your project.
- The Shasta County 4-H Resources and Lending Library at our county 4-H Office includes other books, videos, and reference materials that can be checked out by members and leaders.
- Check to see if there are organizations in your community that conduct educational activities and shows. Local artists can be an excellent source of help and information.

There are five levels in the Project Proficiency Program. You may choose how many levels you wish to complete:

- ◆ Level I – “Explorer”, you begin to learn about many different aspects of decorative painting.
- ◆ Level II – “Producer”, you practice and refine the many skills involved in your painting.
- ◆ Level III – “Consumer”, you become an experienced producer of decoratively painted crafts.
- ◆ Level IV – “Leader”, allows you to show your own leadership potential.
- ◆ Level V – “Researcher”, you carry out a demonstration or experiment on some aspect of decorative painting, and prepare a paper or portfolio.

As you work through the proficiency program, your leader will date each skill item as you complete it. When all items in a proficiency level are completed, your leader will sign the Certificate of Achievement.

# DECORATIVE PAINTING

## Level I - Explorer

Date  
Completed

- \_\_\_\_\_ 1. How would you sand your wood properly?
- \_\_\_\_\_ 2. Name 3 kinds of brushes and what they are used for.
- \_\_\_\_\_ 3. Demonstrate the proper way to load up your brush.
- \_\_\_\_\_ 4. Explain: What is sand-seal-sand?
- \_\_\_\_\_ 5. Demonstrate how to side load, do liner work, floating and a comma stroke.
- \_\_\_\_\_ 6. Show your leader how to transfer your pattern on using tracing paper and graphite.
- \_\_\_\_\_ 7. Why do you varnish your wood piece?
- \_\_\_\_\_ 8. How do you stipple? Explain.
- \_\_\_\_\_ 9. What do you use Q-tips for?
- \_\_\_\_\_ 10. What kind of soap do you use to clean your brushes and do you use cold or warm water?
- \_\_\_\_\_ 11. What 2 brushes do you want to use when you are base coating?
- \_\_\_\_\_ 12. Explain how you are supposed to hold a brush.
- \_\_\_\_\_ 13. How do you speckle your project?
- \_\_\_\_\_ 14. How do you double-load paint in your brush? Explain.
- \_\_\_\_\_ 15. What is a deer foot?

Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

Project Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**DECORATIVE PAINTING**  
**Level II - Producer**

Date  
Completed

- \_\_\_\_\_ 1. How would you create a border line around your project and what brush would you use?
- \_\_\_\_\_ 2. Prepare at least 10 things that you've learned this year.
- \_\_\_\_\_ 3. Attend at least 1 painting class.
- \_\_\_\_\_ 4. Invite at least one decorative painting teacher to come and teach you one or more different techniques that you haven't learned throughout your painting year.
- \_\_\_\_\_ 5. Submit 7-9 ideas on what you want to paint.
- \_\_\_\_\_ 6. What are 5 standard techniques of painting?
- \_\_\_\_\_ 7. List 10 things that you learned this year.
- \_\_\_\_\_ 8. What does it mean to crackle?
- \_\_\_\_\_ 9. Demonstrate how to use brush extender.
- \_\_\_\_\_ 10. Explain how to do fly speckling.
- \_\_\_\_\_ 11. What does it mean to do brush blending?
- \_\_\_\_\_ 12. Demonstrate how to do skills in floating, color and degree of shadowing.
- \_\_\_\_\_ 13. How would you add details properly?
- \_\_\_\_\_ 14. What is blue masking tape used for?
- \_\_\_\_\_ 15. What do you need to be able to paint on clothes or t-shirts?
- \_\_\_\_\_ 16. Explain how to do pen work.
- \_\_\_\_\_ 17. How do you brush blend?
- \_\_\_\_\_ 18. Explain how you would recognize and develop form on an object.
- \_\_\_\_\_ 19. What are the principles of value, temperature and intensity?
- \_\_\_\_\_ 20. Give a demonstration at club level.

Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

Project Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**DECORATIVE PAINTING**  
**Level III - Consumer**

Date  
Completed

- \_\_\_\_\_ 1. What is texture medium?
- \_\_\_\_\_ 2. How do you use stencil brushes?
- \_\_\_\_\_ 3. What does the stay-wet palette do to your painting?
- \_\_\_\_\_ 4. List 7-10 supplies needed. (for advance)
- \_\_\_\_\_ 5. What type of background do you do with glazing medium?
- \_\_\_\_\_ 6. Contact a craft/tole painting shop and compare the name brand, quality and also prices of brushes. Which do you find the best buy?
- \_\_\_\_\_ 7. What is color theory?
- \_\_\_\_\_ 8. Demonstrate how to stroke rose petals.
- \_\_\_\_\_ 9. What are some techniques for painting animals?
- \_\_\_\_\_ 10. How would you do lettering?
- \_\_\_\_\_ 11. What is staining?
- \_\_\_\_\_ 12. How do you do multi loading?
- \_\_\_\_\_ 13. Explain how to antique.
- \_\_\_\_\_ 14. List a variety of surfaces that you would paint on.
- \_\_\_\_\_ 15. What does wet sanding/waxing do to your project?
- \_\_\_\_\_ 16. Demonstrate how you would soft blend stroke work using a pyramiding technique.
- \_\_\_\_\_ 17. How would you add details on your own design?
- \_\_\_\_\_ 18. What are some details that would make your animal more realistic?
- \_\_\_\_\_ 19. What brush would you use to do 1 stroke?
- \_\_\_\_\_ 20. How do you know what kinds of varnishes to use for different projects?
- \_\_\_\_\_ 21. Give a demonstration at County Presentation Day.

Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

Project Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**DECORATIVE PAINTING**  
**Level IV - Leader**

Date  
Completed

- \_\_\_\_\_ 1. Serve as Junior or Teen leader in this project for one year.
- \_\_\_\_\_ 2. Assist younger members in making, selecting and constructing a project.
- \_\_\_\_\_ 3. Prepare teaching materials for use at project meetings.
- \_\_\_\_\_ 4. Develop and put on a demonstration or judging event or train a junior team for such an event.
- \_\_\_\_\_ 5. Speak on a project-based subject before an organization other than your 4-H group.
- \_\_\_\_\_ 6. Assist at a local arts and crafts fair or show.
- \_\_\_\_\_ 7. Assist younger members about learning a specific technique in the project.
- \_\_\_\_\_ 8. Develop your own special project related activity. Chart your progress, plan the activities, analyze successes and problems, and report on your findings.

Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

Project Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## DECORATIVE PAINTING

### Level V - Researcher

Date  
Completed

- \_\_\_\_\_ 1. Report on the results of a demonstration comparing measurable differences in management procedure. (Experiment)
- \_\_\_\_\_ 2. Prepare a paper of 300 words or more on one of the following topics:
- Evolution of techniques
  - History of specific style of painting
  - Markets and methods of marketing arts and crafts products
  - Development of a painting process
  - Effect/use of color, shape, form, pattern, etc.
  - Other
- \_\_\_\_\_ 3. Prepare a speech or illustrated talk to orally summarize your findings and present at a club, project meeting or other educational event.

Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

Project Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Certificate of Achievement

*This certifies that*

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*has completed the Decorative Painting Proficiency*

*in Shasta County.*

*Explorer*

*Producer*

*Consumer*

*Leader*

*Researcher*

\_\_\_\_\_  
*Date*

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